

FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 5:30PM Gentle 7PM Gentle	3	4 5:30PM Rogue 7PM Yoga Strength	5	6	7
8	9 5:30PM Wall 7PM Wall	10	11 5:30PM Yoga Strength 7PM Rogue	12	13 6PM Glow Together Sound Bath & Facial	14 Happy Valentine's day
15 6PM Scared Glow Sound Bath & Facial	16 Happy President's Day 5:30PM Gentle 7PM Gentle	17	18 5:30PM Rogue 7PM Yoga Strength	19	20	21
22	23 5:30PM Gentle 7PM Gentle	24	25 5:30PM Yoga Strength 7PM Rogue	26	27	28