

# Senior Resources IN ROANE COUNTY, WV

## Roane Committee on Aging

The Roane County Committee on Aging has been providing services to the seniors in Roane County since 1972. Their goal is to provide services that enable seniors to live in their homes independently for as long as possible and enjoy supportive social connections.

### Contact Information:

Roane County Committee on Aging, Inc.

811 Madison Avenue

Spencer, WV 25276

Telephone: 304-927-1997

Fax: 304-927-2273

Julie Haverty, Executive Director

Email: [jhaverty@rccoawv.org](mailto:jhaverty@rccoawv.org)

Website: [www.rccoawv.org](http://www.rccoawv.org)



## Nutrition Services at Roane Committee on Aging

### Home Delivered Meals:

To receive meals from RCCOA delivered to your home, you must meet the following service guidelines: -Live in Roane County -Be 60 years old or older -Be homebound, unable to drive -Have no one to prepare meals for you

There are no income limitations for this service. Donations are accepted, but not required.

### Grab and Go Meals:

To receive grab and go meals from RCCOA, you must meet the following service guidelines:

-Be 60 years old or older -Call RCCOA cafeteria prior to 10:00 a.m. to reserve daily meal  
-Pick up reserved meal between 11:00 and 12:30 on day of reservation

Donations are accepted, but not required.



### Congregate Meals:

To receive have a meal in-person at the RCCOA cafeteria, you must meet the following service guidelines:

-Be 60 years old or older -Call RCCOA cafeteria prior to 10:00 a.m. to reserve daily meal  
- Arrive in-person at noon for lunch service -Those under 60 may purchase a meal for \$5.25

**For more information about RCCOA Nutrition Services,  
contact Beth Bowen at (304) 927- 1997.**



# Senior Resources IN ROANE COUNTY, WV



## RCCOA Senior Activity Schedule

### Bingo:

Monday-Friday, 10:45-12:00

### Pool/ Ping Pong Table:

Monday- Friday, 8:00-2:00

### Exercise Room :

Monday- Friday, 8:00-2:00



### Quilting Group:

Tuesdays (upstairs, elevator available)

### Knitting Class:

Thursdays, 12:30-2:30

## In-Home Services at Roane Committee on Aging

**In-Home care providers are trained employees who have passed criminal background checks. Services are provided based on assessed need and availability of trained staff .For more information on programs or to discuss potential eligibility, please call 304-927-1997.**

### Lighthouse Personal Care:

- \* Must be 60 or older and live in Roane County
- \* Must require much or total assistance with activities such as bathing, dressing, grooming
- \* Cost for service is based on a sliding scale of recipient's and spouse's income
- \* Hours of service are based on a Plan of Care that is developed by an RN after a home visit
- \* Average hours of service are 2 - 2.5 hours/day on days that personal care is needed.

### Family Alzheimers In-Home Respite (FAIR):

- \* Must live in Roane County
- \* Must have diagnosis of Alzheimer's or a related dementia
- \* Provides a trained person to stay with loved one (care receiver) while the family caregiver does errands or appointments
- \* Cost for service is based on a sliding scale of the care receiver's income
- \* Hours of service are based on needs of the family caregiver and the care receiver

### Title 3B Homemaker Services:

- \* Must be 60 or older
- \* Must live in Roane County
- \* Must require much or total assistance with light housekeeping
- \* Provides assistance with light housekeeping one day/week for 2 hours



# Senior Resources IN ROANE COUNTY, WV

## Miletree Center

Miletree Center is a skilled nursing facility offering post-hospital, short-term rehabilitation as well as long-term and respite care. We accept Medicare, Medicaid, and most private insurances. Our staff is dedicated to serving the medical and rehabilitation needs of individuals recovering from illness or injury. Miletree Center is an AHCA Bronze Quality Award Winner!

### Services:

Short-Stay Care      Long-Term Care      Respite Care      Palliative Care  
Rehabilitation Therapy      Physical Therapy      Occupational Therapy      Speech Therapy  
Orthopedic Rehabilitation - including joint replacement, injuries and amputation  
Attending Physicians      Registered Nurses      IV Therapy      Bariatric Specialties  
Colostomy Care      Dementia Care      Podiatry Care      Vision Care      Wound Care  
X-ray      Hospice care      Pain Management      Dietary and Nutrition needs management  
Discharge planning      Individual Treatment Plans      Medication Management  
Recreation activities      VA Contracted

### Amenities:

- Private and Semi-Private Rooms
- Fully air conditioned
- Beautiful Garden(s) / Courtyard(s)
- Conveniently Located
- Beauty Salon / Barber Services
- Cable Television
- Dining Room
- In-room dining options
- Alarm system to aid in the security of residents with cognitive deficits
- Computer with internet access
- Housekeeping
- Laundry facility on-site
- Mail and Newspaper Service
- Phone service
- Telephone
- Wireless Internet



### Contact:

825 Summit Street, Spencer, WV 25276

<https://www.genesisihcc.com/miletree>

Main Phone Number: 304 927-1007