



SPEAK INTO THE LIGHT

Building Skills. Strengthening Communities.

NEWSLETTER

JANUARY

2026

HAPPY NEW YEAR

As we begin 2026, Speak Into the Light continues to offer programs and resources designed to support young adults, families, and the broader community. Below is an overview of what is currently available and what is scheduled for the year ahead.



Thrive From the Ground Up URBAN SUSTAINABILITY & COMMUNITY LEARNING

Registration Opens: April 2026

Workshop Schedule:

- June 2026
- August 2026
- October 2026

Thrive From the Ground Up workshops provide hands-on learning centered on sustainability, food access, and environmental stewardship. Each session offers practical skills and community-based education.



Certifications & Workforce Development

Speak Into the Light offers workforce certifications that support career readiness and professional growth.

Certifications Available:

- CPR, First Aid & AED
- OSHA Safety
- ServSafe
- Dispatching & Logistics
- Additional workforce

Certifications offered throughout the year!

YASS (YOUNG ADULT SUPPLEMENTAL SKILLS)

FOR YOUNG ADULTS AGES 18-26

The YASS program provides ongoing support focused on skill development, workforce readiness, and personal growth. Participants engage in opportunities that strengthen confidence, build transferable skills, and connect them to pathways that support long-term stability.

➡ Program information and participation opportunities are shared directly with eligible youth and families.

ESSENTIAL PANTRY

AVAILABLE BY REFERRAL

The Essential Pantry provides access to basic household and food essentials through a referral-based request process. This service is designed to support individuals and families experiencing temporary need.

➡ Pantry support is coordinated by request and appointment.

➡ To request a referral or learn more, please contact Speak Into the Light directly.