



# MOVING TIGERS

**JOIN MOVING TIGERS AT H-BOMB FITNESS THIS FALL AND WINTER!**

**DESIGNED FOR 2ND-8TH GRADERS**

**MONDAYS, WEDNESDAYS, THURSDAYS AT 11 A.M.**

**REGISTER ONLINE OR SCAN THE QR CODE BELOW**

**Program focuses on:**

- **Exercise science**
- **Strength building**
- **Injury prevention**

**Drop-in \$15**  
**8-Class Punch Card \$80**



**Sign Up Here**



**OR VISIT OUR WEBSITE [HBOMBFITNESS.COM](https://hbombfitness.com)**

**455 W. MAIN ST., CARLTON, OR**

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