



# MOVING TIGERS

JOIN MOVING TIGERS AT H-BOMB FITNESS THIS FALL AND WINTER!

DESIGNED FOR 2ND-8TH GRADERS

MONDAYS, WEDNESDAYS, THURSDAYS AT 11 A.M.

REGISTER ONLINE OR SCAN THE QR CODE BELOW

Program focuses on:

- Exercise science
- Strength building
- Injury prevention



Drop-in \$15  
8-Class Punch Card \$80



Sign Up Here



OR VISIT OUR WEBSITE [HBOMBFITNESS.COM](http://HBOMBFITNESS.COM)



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