

THE  
**SUN OF MAN**  
**SUNS OF MEDINA**



A  
FIVE  
PERCENT  
DIGEST



*AND NO RELIEF CAME TO US UNTIL  
THE "SUN OF MAN" CAME TO OUR AID...*



**PROVERBS 17: 17**  
**HEBREWS 12: 11**

**SURAH 103: 1-3**

**LIGHT** — Traveling at the speed of — **THOUGHT**

In the name of a Man called ALLAH, His Decorum & Intellectual courage, we the Suns of Medina salute our readers with the word Peace.

As always, we remain optimistic in regards to your well-being and that of those you cherish the most. In doing the work of our father, Allah, we the 5 Percent tirelessly labor to bring about a more equitable world full of love, peace and happiness through the freedom, justice and equality that's afforded to all that seek accurate knowledge to execute precise wisdom to gain supreme Understanding.

October is one of the months when the babies conceived in the dead of winter are born. With that in mind, we would like to send the happiest of degree day shout outs to; Born Self, Gamel (PBUH), A-Allah (PBUH), Jusheem, Bishme Melquan, El Rahe, Supreme Magnetic, Cee Allah, ShaBe, Allah Infinite (InfMega), A-Sun Truth, C Latiff, Young Allah Sha Sha, Hakim Shabaaz, I-Islam, Shakira, Cequasia, Honesty-U-Asia, MyAsia Unique, Earth lasia, Powerful Jaabar, Shatee, Lord Born Justice, I Majestic, Earthly Embrace, I-Ditect-U, Shawndu, Born Reality, LeAsia (A.I.), my nephew Young lysee, my beloved brothers Ayreial, Gamar, & Siheem, my sister Edelyne, my mother-in-law Precious, my namesake Mahdi (Brown Seed), my nieces Ayanna Lee & TrulyMedina, my cousins Adolfo & Eric, and my daughter MaiQueen to name a few. Happy Physical Anniversary to them and everyone else born in this month. We're extremely grateful to be alive to celebrate the lives and accomplishments of our loved ones, mashallah. Don't take it for granted because no one is promised tomorrow.

On the other side of that coin, our deepest condolences go out to the families of , Caleb Martell Clark, Erick Figueroa, Queen Heaven Earth, Queen Vivian, the exile (aka the boxer), and Queen Willeen Jowers, as well as all other families that has experienced loss of life since my last missive. Death has reminded me of one the most important parts of the Sun of Man's mission. The importance of cleaning ourselves up, and how fasting and/or sobriety plays a major part. The list (penned by our brother GyKee Mathematics) of brothers and sisters who fell victim and have paid with their lives continues to grow, it's a daily operation...

**“They continue daily to teach the 85% that all this that you see, such as rain, snow, hail and earthquakes, comes from that mystery God that no one will ever be able to see, until he dies.”**

Truly, a sad reality of our Nation's history that bring many thoughts to the forefront of my mind, like:

My conversation with Gykeem Mathematics about a 40-day mission, and what he had to do to come out of it.

My conversation with Jusheem in regards to the choice doctors gave him to save an eye.

My main man, Aleim Supreme dropping alcohol and cigarettes cold turkey.

Domé Sánchez, Virtuous' Ol' Dad, who told me I wasn't qualified to do what his son does, but that I should keep away from drugs. He was so proud of his Sun of Man.

Virtuous and his peers being asked about their drug use by U.S.A. who loved their response and said, "Y'all belong to me now."

Allah's dream about Spaghetti Month.

The lugubrious circumstances around Black Messiah, Universal Shaamgaudd and Hasheem's demise...

When uncle Kaheen pummeled me with his hat while he asked me why the brother that fed me my first taste of nose candy didn't teach that to his own kids.

Humanity's battle against sickness and disease has been a relentless struggle throughout history. From the plagues of the past to modern-day pandemics like COVID-19, we've seen both triumphs and tribulations. Science has yielded vaccines and antibiotics, extended lifespans, and improved global health. As natural medicine has also made headway in prevention and protection against many of these illnesses. Yet, addiction, often regarded as a disease, remains a formidable foe. Substance abuse and behavioral addictions continue to afflict individuals, families, and communities. The war on addiction necessitates, not only medical intervention, but also compassion and support to address the underlying causes. Ultimately, our journey against disease and addiction reflects our enduring pursuit of a healthier, more empathetic world.

Moving right along, sobriety, even in short spurts, carries immense importance in the journey of knowledge of self, and overall well-being. While many may associate sobriety primarily with abstaining from alcohol or drugs, as mentioned by Universal Shaamgaudd in his Spaghetti Month article, it encompasses a broader spectrum that includes temporary breaks from various indulgences, which you are the best knower of. Every man has to carry his own cross or stand in his own square because you are the best knower of your selves.

**"If you can't fast from it, leave it alone!" ~Allah "the Father"**

Fasting and short spurts of sobriety offer a break from the fog of intoxication, enabling individuals to think clearly. This mental clarity can enhance decision-making and problem-solving abilities, allowing for a more productive and efficient life. Just as we were taught to have partners or complimentary seeds, we were taught to travel in pairs and while 1 is going through a cipher, the second has his back, and the third watches them both. Abstaining from substances, processed foods, gluten, or excessive sugar, and salt during brief periods can provide a much-needed respite for the body. This contributes to improved digestion, reduced inflammation, and a boost in overall physical health.

Abstemiousness can help individuals regulate their emotions more effectively. It allows them to confront underlying issues and stresses without masking them with substances (food, drugs, alcohol, relationships, sex, etc.) fostering emotional resilience. Short bouts of fasting/sobriety offer a valuable opportunity for introspection. Without the numbing effects of substances, people can better understand themselves, their motivations, and their goals, leading to personal growth. By abstaining from costly indulgences, individuals can save money and make more prudent financial decisions. This can alleviate stress related to economic concerns. A sober mind can positively impact relationships with family, friends, and colleagues. Clear communication and emotional stability can reduce conflicts and enhance connections. A sober mind is often more creative. Brief periods of sobriety can help unlock artistic and innovative potential, leading to increased inspiration and productivity. Consistently fasting instills self-discipline and willpower. This strength of character can be carried forward into various aspects of life, including career and personal growth. Repeated substance use can lead to a tolerance that necessitates increased consumption for the same effects. Short breaks allow the body to reset, reducing the risk of addiction and dependence. Achieving sobriety, even temporarily, reinforces a sense of control over one's life. It demonstrates that individuals have the power to make choices that benefit their well-being.

Enjoy the rest of this issue, we hope you find the information thereof applicable and useful in everyday life. Keep in mind that there is no mystery God and that all of the above is caused by the Sun of Man.

Until our minds meet again,

Peace! MAHDI, Your Brother and Companion



First and foremost, I would like to greet you in the universal gesture of PEACE! I fast and build that this writing will clear up some confusion regarding time, and the misappropriation of it.

Before I get into that thought, you must first get a basic introduction into the “*World of 6*.” Now, this *world of 6* I am mentioning is not a mythological realm safe guarded by a mysterious red devil with a tail, horns, and pitchfork. No, this world I am speaking on is the artificial habitat where the blind, deaf, and dumb reside at their lowest mental state. The same place where all insects and creatures are regulated by universal law. First, let’s make a clear distinction of what the word “world” means—it is not bound to meaning the Earth. In fact, *world* is used to indicate a place or the area within the Planet earth. World can also indicate a place or area that is outside the planet earth, and referring to physically non-existent places such as, hence the term “*dream world*.” This is the mental aspect or state of the unconscious masses experiencing a partial form of reality.

Everything is real; however, the *world of 6* can be very misleading. As I spoke on earlier, this is the very world that 85% of the population—the very ones who are easily led in the wrong direction and hard to be led in the right direction—are bound to. Yacub with his law on birth control, caused separation and through a said process grafted the colored man from the *Original Man*. This separation, that was enforced first, was that of a mental power—a lack of distinction between fantasy (lies) and reality (truth). Thus, he gave birth to a world that was like no other one that was founded on trick-knowledge. Everything that was natural, became grafted into unnatural. The truth was concealed and supplanted with lies. These lies were cultivated into the minds of the people until they became fruitful and were consumed by the masses willingly over time. All those that married onto the mind of this trick-knowledge became bound mentally and physically to its indoctrinations and illusions. These indoctrinations were carried out and enforced by the devil himself—not the spook that is spoken of in old religious folklore. The devil I’m speaking on is the one who resides near all those who remain unconsciously blind, deaf, and dumb. The said person who was appointed by Yacub to rule for 6,000 years. This devil is none other than the colored man, the very one who was grafted from the *Original Man*. *Man* isn’t just a physical description, before *man* meant anything physical, he was rooted in thought hence the term *manas* (mind), where the English word *man* derived from. We know “colored” is an alteration of something; therefore, *colored man* simply means altered or grafted mind. This is why the devil isn’t just inclusive of the Caucasian white man, but *any man, which is made weak and wicked, or any live germ grafted from the original is a real devil*. Thus, this was the determined idea that Yacub gave to his followers—a world that was built on attraction, separation, cultivation, domination, deception, and conception. These were the very tools and principles that the devil utilized to see to it that Yacub world was MADE manifest. Hence, the term MADE. Remember, you can’t make God nor can you make any decisions for God. Only the devil can be made and instructed, as well as all those who fall victim to his rules and regulations and the other 21 ciphers that are not mentioned in this lesson.

One of the very tools that the devil has used to deceive the masses is TIME itself. Think about all the different simulations and worldly programs that are constructed around and bound by time, such as education, celebrations/holidays, laws, institutions, employment, living arrangements, finances, programming (T.V./radio), etc., and the list goes on. Now, understand that a lack of knowledge is what allows the 85% to fall victim to all the above mentioned.

Now, what I am about to say will go above many people’s heads; however, I was taught to tell the truth and shame the devil. Time in-fact does not exist; it is man-made and created through the *Original Man*’s calculations that existed in one’s mind and experiences. Yet, many people fall victim to the bounds of

time because they do not understand this science. I was first taught the science of the clock by my brothers, Sirius Mathematics Allah and Self Saviour Allah, who were taught this science by our brother, Trueborn My Allah. This is a family jewel that my tree, which I am rooted in, actually has and teaches. Now, I bring forth my own understanding of the clock in aims of clearing up some confusion about time. In today's reality, time is measured through a clock. Now, as society advances, we have moved from a physical (analog) clock to a digital one. In order to grasp this science, you will first need to establish the common foundation of utilizing an analog clock, that is one that goes from 1-12 o'clock and has two or three physical hands. Those hands go as follows: the hour hand, the minute hand, and the second hand. The hour hand represents the 85%, these are the masses that are blind, deaf, and dumb. The hour hand only changes every hour, even though it gives the perception that it changes every 15 minutes, for when you physically watch a clock, every 15 minutes it shifts position. However, this is an illusion. Why is it an illusion? Because that still has no effect on the HOUR! The hour doesn't change until a full hour—60 minutes—passes. Therefore, it is an hour behind and has the shortest reach to the truth. This is the mindset of the 85%, who are fooled into "believing" that they are on time, prepared, and in the mist of the truth, when in reality they are the furthest from it. They go through life thinking they are making their own choices, when in reality they are following the path that was predetermined for them. Hence, the hour doesn't change until the minute hand goes through its full course first. Which shows and proves that they are not only behind and have a lack of knowledge, but they are being easily misled into the false reality, that they are present, because they're minds are everywhere, but in the TRUTH. They walk into the next hour blind, deaf, and dumb with a lack of Knowledge involving everything around them.

Now, let's talk about the minute hand which represents the 10%, *otherwise known as the bloodsuckers of the poor*. These are the people who know the truth and conceal it to further their agendas. The minute hand has the longest reach just like the 10% have the most influence on the 85%, and keeps the truth from them as far as possible. As the saying goes, "out of arms reach" as well as "out of sight, out of mind." They keep the 85% blind, deaf, and dumb by keeping their minds occupied on all the wrong things, especially things that are irrelevant to the present moment. *Moment* is also the root word found in momentum. By keeping the 85% blind to the present moment, they become blind to the reality of moving forward (growing and developing) at a correct rate or speed which makes it even easier for them to be controlled and led astray. 6 is equality in our *Supreme Mathematics*. However the devil uses limited equality to govern the realm of 6 by not letting the 85% become equal in knowing the truth. There is a form of psychological manipulation known as hypnosis, which is not just a form of unconscious movement, but unconscious submission, which is always being televised and displayed through the CLOCK! However, even though the 10% are ahead of the 85%, they are still behind the true and living—that is the 5%. The minute hand stops for a minute or as I like to say *60 seconds* showing and proving that they are still caught up in the *world of 6*. And, anything that cannot rise above 6 has to distill back to 6!

Last, but NEVER least, because the first shall be last and the last shall be FIRST, the second hand is the true and living, the 5%, *poor righteous teachers of the planet Earth* who do not believe in the teachings of the 10%. The second hand never stops! It's in continuous motion just like the 5% is in continuous motion, making its travels, teaching civilization to all the human families of the planet Earth, and so on. The second hand is not led by the minute hand, just like the 5% are not dictated nor bound by any of the 10%'s trick-knowledge, especially time! Just like the 85% (hour hand) are easily led in the wrong direction by following the path that the 10% (minute hand) set out for them, they can just as easily take on the path of the 5% (second hand) by allowing the 5% to teach them civilization. However, they cannot follow the lead of two people, they have to choose civilization for themselves, and stop believing the lies of the 10% that continue daily to cultivate society.

Even further, the *Original Man* who is *Allah* (God), the Blackman, with the proper knowledge of self can never be found on the clock because he is the 13th man, the 25th hour, and the 61st second!!! Once again, time is rooted in the *Original Man's* experience of what he chose to share in his travel through the Universe utilizing SUPREME MATHEMATICS—going from knowledge to born then adding on to the cipher, an infinite process that never ends.

Islam is, in fact, Supreme Mathematics. The 9th degree in the (1-10) states, "What is the 'said' birth record of the Nation of Islam? The Nation of Islam has no said birth record..." The Original Man has no said birth record, he was always here and shall always be here, the true and living component of Supreme Mathematics, what is known as Living Mathematics. And, just like he has no beginning he has no ending either. Allah's World Manifest will forever be manifested as it already was—before the birth of the made devil, during the "time" of the devil's rule, and forever after the day when **YOU** decide to take the devil off your mind! In the words of my great brother God Supreme, "You can't name a time when God didn't exist, just like you can't name a time that wasn't now... NOW, NOW, NOW!" Which brings me back to the matter at hand. You can't name a time that wasn't the present moment. Time is a figment of the imagination distorted with actual experiences. The only reality that exists is the present moment because this is the only "time" when energy and matter is actually **ACTIVE!** We utilize experiences to write history in advance and progress forward not stumble backwards—a "said" experience that keeps on going—this is why you can't time "time". Because the Original Man has no said birth record, and time is rooted in **YOU**, how are you going to calculate that?

**WORD TO THE WISE, ANY FOOL CAN WASTE  
TIME BUT ONLY A WISE MAN CAN KILL IT !!!**

**Until Our Minds Meet Again...**

**(P)roper (E)ducation (A)llah (C)orrects (E)rrors !**



*Your Brother in Trial and Tribulations.*  
**BORN ALMIGHTY ALLAH !**  

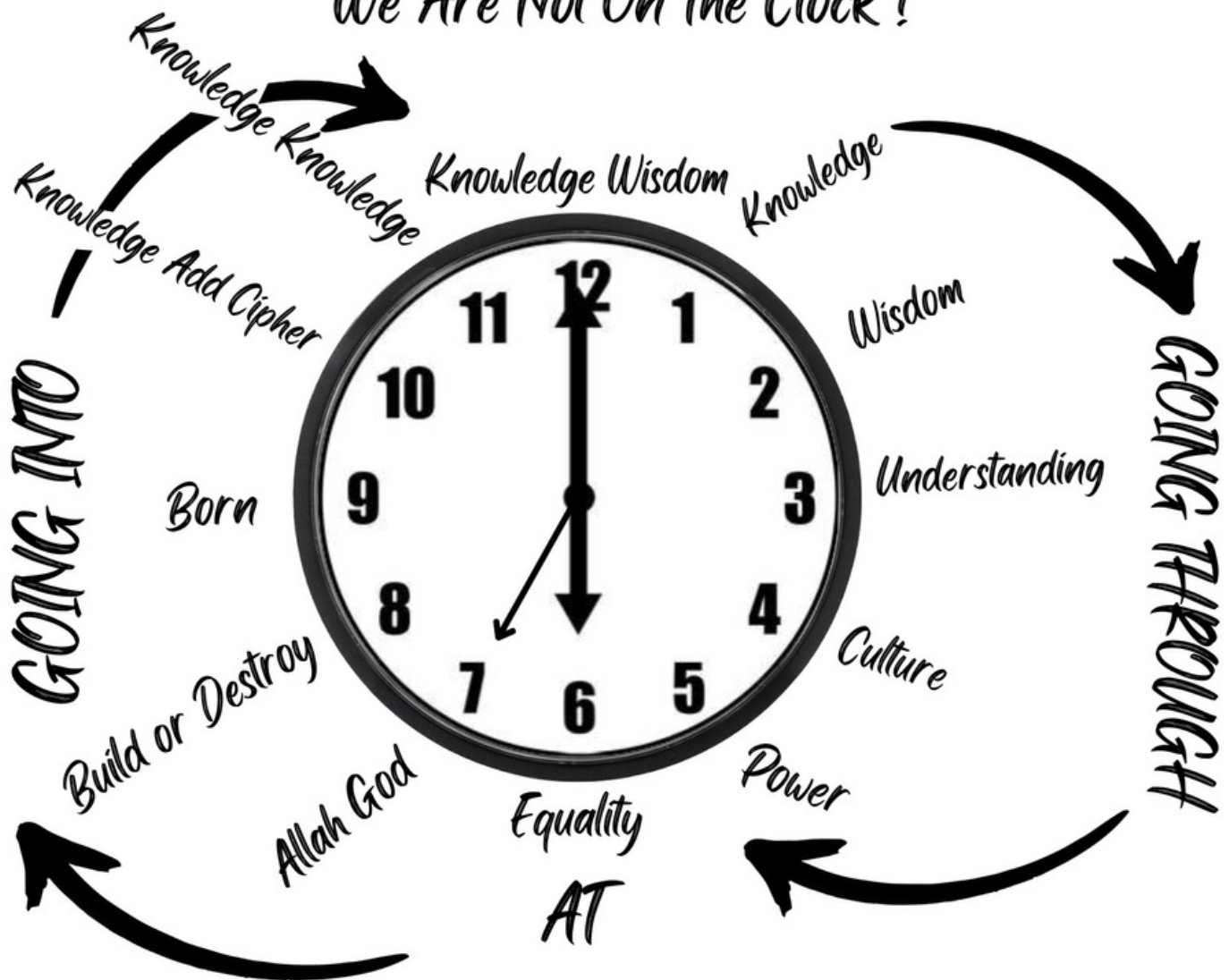
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*The Understanding Seed Of Perfection.*  
**THE SUPREME EXAMINER**



# The Science Of The "CLOCK"

We Are Not On The Clock !



Hour Hand : (Whatever Hour)

Represents the 85%  
Who Are Easily Misled  
(Stops For Hour)

Second Hand :  
Represents The 5%  
Who Are Not Caught  
Up In Time  
(NEVER STOPS)

Minute Hand :

Represents the 10%  
Who Mislead The 85%  
(Stops For A Minute)



## WHAT AND HOW IS RENEWABLE ENERGY MADE?

Peace.

Willfully this manifestation of my mind reaches you in good health, happiness, and peace of mind.

Based on my work, and the skills I've developed in this area of professional development, I want to share a little bit about the science behind what I do. My daily work is around **renewable energy**, and in particular, **solar powered electricity**. I enjoy my work for several reasons, and one of them is because it aligns with many components of our way of life. I will explain how.

### **What is renewable energy, and why is it called alternative energy?**

Before I answer this, let's start off with what energy is. Energy is defined as the ability to do work. There are 6 basic forms of energy: **chemical, electrical, mechanical, nuclear, radiant, and thermal**.

Chemical energy is energy stored in the bonds of **atoms** and **molecules**. Electrical energy is energy of moving **electrons** or **ions**. Mechanical energy is energy stored in objects and the movement of objects. Nuclear energy is energy stored in the **nucleus** of an **atom**. Radiant energy is energy that moves in waves, or as particles (e.g., **photons**). Thermal energy is energy of moving molecules within a substance (e.g., heat).

Each of these energy forms can be classified into one of two types: **potential** or **kinetic**. Kinetic energy is defined as the energy of motion. Potential energy is described as stored energy. Potential energy is passively stored and ready to be released. Think about a bow and arrow. When someone pulls the string of the bow, and holds it, the energy is stored and ready to be released. Kinetic energy is actively moving. So, think of when the person releases the bow to project/let the arrow fly.

There are at least eleven common sources of energy that we use to provide electrical power to appliances, households, communities, towns, cities, states, and entire countries. These are **bioenergy, coal, fuel cells, geothermal, hydropower, natural gas, nuclear, ocean** (part of hydropower), **oil, solar, and wind**.

These eleven sources can be put into two groups; **renewable energy** sources and **nonrenewable energy** sources. Renewable energy sources are continually replenished by the sun's radiant energy, and are an important resource for clean (non-polluting) energy

conservation. These energy sources, such as solar and wind, are also known as sustainable energy sources, which do not cause long-term damage to the environment. Non-renewable energy sources cannot be naturally replenished over a person's lifetime. These energy sources, such as **fossil fuels (coal, oil, natural gas)** are also known as non-sustainable energy sources. They also produce the pollution that is causing climate change, which I will address in another manifestation.

Non-renewable energy sources are the primary source of energy used globally. Renewable energy sources provide alternative sources of energy to provide the same exact amount of power, without producing the pollution that the primary sources of energy produce as a **byproduct**.

Either directly or indirectly, ALL of these energy sources receive their energy from the Sun. Wind is created by uneven heating of the planet. As warm air rises, nearby cooler air moves in beneath the warmer air. Most energy sources begin as potential energy. However, hydropower, solar energy, and wind energy sources begin as kinetic energy. Some sources of energy may start as one or the other, depending upon the form of fuel used. One example is geothermal energy. Geothermal energy may use the heat stored within the earth, which would be potential energy. Yet, geothermal energy may use underground steam, which would be kinetic energy.

Many of these sources of energy need to undergo some type of energy conversion.

Bioenergy, coal, fuel cells (part of bioenergy), natural gas, and oil all begin in a chemical form. **Biogas** is burned to heat, power engines, and generate electricity (by steam turbine), and chemical reactions of **biomass** can create electricity (this is what happens inside of a battery). Some examples of biomass and biogas fuels are ethanol (from plants such as corn) and **methane** (which is what you may know as "Natural Gas", and comes from animal waste). The byproduct of these forms of energy is mainly **carbon dioxide**, which is one of the main culprits of **climate change**.

Coal is a combustible black or brownish-black sedimentary rock, formed as rock strata called **coal seams**. Coal is mostly carbon with variable amounts of other elements, chiefly **hydrogen, sulfur, oxygen, and nitrogen**. Coal's conversion process happens when it is burned to heat and generate electricity (by steam engine).

For the past century, the electricity used to power most states in the U.S. is generated by burning coal, which produced heat that heats water and creates steam, that is then used to turn the wheels of a **steam turbine** (think of a wind turbine that moves by steam instead of wind). There are 3 types of coal. They are **anthracite, bituminous, and lignite coals**. The byproducts of burning coal are carbon dioxide, sulfur dioxide, and nitrogen oxides (I will also write another manifestation about these byproducts, pollution, and environmental racism). Of all of the fossil fuels, coal is the dirtiest and produces the most and worst pollution. Yet, as I mentioned, it is currently the main source of electricity nationally and globally.

A **fuel cell** is an **electrochemical cell** that converts the chemical energy of a fuel (often hydrogen) and an **oxidizing agent** (often oxygen) into electricity through a pair of **redox reactions**. Fuel cells are different from most batteries because they require a continuous source of fuel and oxygen (usually from air) to sustain the chemical reaction, whereas in a battery, the chemical energy usually comes from substances that are already present in the battery. In a fuel cell, a thin **membrane** (usually the metal **platinum**) separates the hydrogen molecule's electrons from protons to create electricity during **electrolysis**. Think of it like this: when you have H<sub>2</sub>O, and you separate the two hydrogen atoms from the one oxygen atom, you create energy/electricity by using the platinum to separate them. Biomass fuel creates hydrogen gas (by electrolysis of **organic compounds** and water, which requires a primary energy source) and **oxygen** (which is the continuous source of fuel in this case) is used from surrounding air. The byproducts of a fuel cell are water and heat, which as you know are not harmful.

**"Natural gas"** is a fossil fuel. Like other fossil fuels such as coal and oil, natural gas forms from the plants, animals, and **microorganisms** that lived millions of years ago. There are 3 types of "natural gas", which are methane, **propane**, and **butane** gases. Until recently, "natural gas" was the cheapest way to create energy/electricity, and its byproducts, though harmful, are less harmful than coal. It can also be transported from place to place, which renewable energy cannot. This makes it ideal in places that do not have the infrastructure to harness renewable energy, or are difficult to access, like Alaska. The main byproduct of "natural gas" is carbon dioxide. I keep putting it in quotes because the phrase "natural gas" was created as a marketing tool to sell methane, butane and propane. Those are the real names.

When I say "oil", I'm specifically talking about **petroleum**. Petroleum, also known as **crude oil**, is a naturally occurring yellowish-black liquid mixture of mainly **hydrocarbons**, and is found in **geological formations**. The name petroleum covers both naturally occurring unprocessed crude oil and petroleum products that consist of refined crude oil. Petroleum is burned to heat, power engines, and generate electricity (by steam turbine) just like coal and "natural gas". Crude oil is refined into **gasoline, heating oil, diesel oil, jet fuel, asphalt**, and **petrochemicals** that are used to produce plastics, fertilizers, and paints. The byproduct of petroleum are other hydrocarbons.

**Hydropower** and wind energy begin as mechanical forms of energy.

Hydropower refers to energy from moving water. The moving water drives a **turbine generator** to produce electricity. Examples of this include **Niagara Falls** energy system, and the **Bonneville Power System** in the Pacific Northwest. In both cases, the moving water traditionally comes from dammed rivers. There are no byproducts, but the installation of dams can harm **aquatic life**. Certain species, such as salmon are being endangered by dams, which can be considered a byproduct. Billions of people depend on aquatic life as a source of food and income.

Wind power refers to energy from moving wind, driving a turbine generator to produce electricity, in a similar way that a steam turbine does. Wind power has been used for thousands of years, mainly in agriculture. Like hydropower, wind power doesn't have any byproducts. Yet, like hydropower, it has had an impact on certain birds and bats, which are definitely considered byproducts by certain communities and scientists/nature conservationists.

The following energy sources may begin in several forms: geothermal, **nuclear**, **ocean** and **solar**.

Geothermal energy is heat that is generated within the Earth. Like I mentioned earlier, geothermal energy may use the heat stored within the earth (potential energy); or geothermal energy may use underground steam (kinetic energy.)

Nuclear energy is the energy in the nucleus, or core, of an atom. Atoms are tiny units that make up all matter in the universe, and energy is what holds the nucleus together. There is a huge amount of energy in an atom's dense nucleus. In fact, the power that holds the nucleus together is officially called the "**strong force**." The energy in the nucleus can be in the form of **radiant or thermal energy**. **Neutron fission** produces heat that is controlled in a **nuclear reactor** to generate electricity (by steam turbine). Currently, the only functional, scalable application of nuclear energy is via **fission**, or atom splitting, and comes from **uranium**, **plutonium**, or **thorium**. The byproduct of nuclear energy is **radioactive waste**, which is harmful and/or deadly to humans and other living organisms. In 1979, part of the Three Mile Island facility suffered a meltdown and was never reopened. In 1986, the Chernobyl facility in Ukraine, experienced a steam explosion at one of the power plants four nuclear reactors, which caused a fire, called a **plume**. For kilometers around the facility, the forest dried up and died. Fish from the nearby river had so much radioactivity that people could no longer eat them. Cattle and horses in the area died, as well as cancers and other diseases that developed over years in the 100,000 humans that lived nearby.

Nuclear energy can also be produced through **fusion**, or joining (fusing) atoms together. The sun, for example, is the result of nuclear fusion as hydrogen atoms fuse to form **helium**. Because all life on our planet depends on the sun, you could say that **nuclear fusion** makes life on Earth possible. Fusion has no byproducts, and hasn't been achieved until recent years, but at very small scale, which is why it isn't being deployed globally. It could be the best source of energy once it is mastered.

Ocean energy (which is a form of hydropower), also known as marine energy or marine power, refers to the energy carried by ocean waves, tides, salinity, and ocean temperature differences. The movement of water in the world's oceans creates a vast store of kinetic energy, or energy in motion. Just like the previously mentioned forms of hydropower, ocean energy has no byproducts, but the installation of buoys that bob up and down, sway back and forth, and pitch side to side in waves, underwater turbines that spin fast

currents and tides, etc., can harm aquatic life, which billions of people depend on as a source of food and income.

Last, yet certainly not least, is solar energy. Solar energy is radiant light and heat from the Sun that is harnessed using a range of technologies such as solar panels to generate electricity, solar thermal panels (including solar water heating), concentrating solar-thermal power technologies (which use the same technology as steam turbines used by coal), and solar architecture (known as passive solar housing for example). Solar energy is any type of energy generated by the sun, and is the most abundant source of energy. Solar energy is created by nuclear fusion that takes place in the sun. Fusion occurs when protons of hydrogen atoms violently collide in the sun's core and fuse to create a helium atom. This process, known as a PP (proton-proton) chain reaction, emits a huge amount of energy. The sun's energy has no byproducts; however, the equipment used to harness the sun's energy have environmental impacts that are harmful to people and the environment. This includes the mining of silicon (the blue/black glass part of the solar panels), as well as the difficulty of recycling solar panels at the end of their "life span".

I was a Workforce Development Case Manager when the opportunity came to learn about the science of the things I've explained. All of the above only became interesting to me because of my appreciation of the Build/Destroy degree in the 1-40. The last line in particular, because as mentioned earlier, ALL of the sources of energy mentioned are caused by the Sun. As the last line in the Build/Destroy degree says, "All of the above [in its explanation of the Earth's hydrological cycle] is caused by the Sun of Man." I see the importance of understanding what and how all things are made and work, in order to sustain life on this planet, and the needs of human civilization to all of the human families of the planet Earth (man, woman and child).

Willfully, this explanation is useful to you in some way. I guarantee someone will question or condemn something that I said. That's OK. Though my name is Knowledge, I'm aware that I don't know it ALL.

With much love and appreciation, may you experience an abundance of peace,

Knowledge Divine

"Black Man, Green Plan"

My sources for this manifestation are the Lab Volt Energy Fundamentals training book, National Geographic, the National Renewable Energy Laboratory, and Wikipedia, as well as my own personal experience. My goal in writing this is that the young people who live our way of life see the beautiful benefits that your lessons can unlock, via your application of Supreme Mathematics.

All praises due to Allah, the Man. Peace!

In the Name of Allah Fu-Quan, first and foremost, I extend my universal salutations to my yellow seed of understanding, Trueborn My Allah, for his constant supreme equality. Also, all praises due to Allah and His firstborn, who eventually became US!

My honorable name is Rickey McGee, and my righteous name is Allah Fu-Quan. I'm from Black Medina in Master Allah (Roxbury, MA), and through the guidance of Shakim Magnetic Allah of Black Medina, I chose myself to be chosen in the year Born Allah-God by dedicating myself to see the Supreme Mathematics and the Supreme Alphabets—the Gold Keys and Silver Keys as the root, which would create the path for me to understand my oneness with the universe. I was Knowledge Born (19) when I got the Knowledge, and now I'm Free Power (45).

Although I knew Gods and Earths in Black Medina (Shakim, Sun Allah, Born Wise Allah, etc.), I took my 3-day fast, the same day I was wrongfully indicted on 1st degree murder charges because I immediately realized that I needed more than the wrong foods, that encouraged me to be a slave to a mental death & power, if I wanted to be successful in my undertakings (liberation of my mind and now my body). For Wisdom Equality (26) Miles (years), from the date of this writing, I've moved as a True and Living God who has Loved this culture enough to go through the Hell in Yacub's prison house to ensure that our Nation was to be protected from the low wisdom (lies) of the 85% and the 10%, who serve in administrative roles on this poor part of our planet. I've taught this culture everywhere I've traveled, and there was never a place that I didn't leave an active cipher of Gods building.

I'm currently fighting to overturn my wrongful conviction, as I have been for the last 26 miles (years). Through the application of these teachings, I've been able to organize with communities all across the state around issues that have severely curtailed the advancement of the Original People in the jungles (inner cities) of this country. Now, in addition to that, I am bringing awareness around my fight to free my physical from this prison house, and indeed it all starts with doing the knowledge. I am now asking for the Gods and Earths, in addition to all Human Families of the Planet Earth to go to Facebook & Instagram\* and do the knowledge to our campaign. Also, do the knowledge to #TheHarrietTubmanProject @ Facebook & Instagram\* to see some of the others that we are determined to help get home to their families as well. I fast and build that you will give all that you have and all within your power to righteously add on where you can. [Change.org/rickeymcgee](http://Change.org/rickeymcgee) is where you can sign the petition to aide and assist in securing my freedom.



Peace Family,  
Allah Fu-Quan  
Black Medina Warrior

\*Please keep in mind that there have been are a few fake pages made that are asking for money. Our official page DOES NOT ASK FOR ANY MONEY. Please don't be fooled by the fake pages.

## **REGION 4 GROWTH AND DEVELOPMENT CONFERENCE/NOW CEE FAMILY DAY 2023**

In the name of Almighty God ALLAH, the Best Knower, to whom all praises are eternally due, do I, Allah King Wize, greet you my beloved Brothers and Sisters in the universal language of PEACE!

It is with supreme humbleness and great honor that I share with you the weekend of September 15th, 16th, and 17th, 2023, in the Queen City of the Gods (Charlotte, North Carolina). This was a monumental event written into our Nation's glorious history. It all came about within a few months of direct-action, planning, and execution with my black seed Brother of Knowledge, Born Reality. The idea was sparked in April 2023, that somebody needs to take on this high responsibility of the regional conference. My black seed and I decided to take up the responsibility to carry on the tradition of the Region 4 Conference as well as the Now Cee (North Carolina) Family Day. It was a determined idea met with challenges, opposition, and time restraints. However, we ascend from the Almighty Mind of ALLAH through His sons, our big Brothers; therefore, we were not time bound.

Gods and Earths from all over our great Nation came and showed their support. I must say that the Suns of Medina came out of Medina strong. The Gods from Mecca, Pelan, and Desert were on the scene as well. Not to take away from anybody else who showed their support and traveled to the Queen City of the Gods, to show their love and support for their Nation. I must say that the Suns of Medina held a special place in my heart during this monumental weekend. Not only were the Gods from Medina on the scene strong, but the Earths from Medina were also there as well. Keep in mind it is approximately 636 miles from Brooklyn, New York to Charlotte, North Carolina. The Brothers and Sisters traveled a good distance!

Gods and Earths traveled from as far as Arizona and Ohio to show their love and support for their Nation. It was a great success, in accordance with the standards set by others who have carried on the responsibility of the Regional Growth and Development Conference, which is fundamentally based on organizational precedent set by our beloved brother, Universal Shaamgaudd Allah, and our beloved former National Representative, Dumar Wa'de Allah. These two trailblazers and pioneers in Nation building set high standards for us to study and learn from.

With all Praises Due to Almighty God Allah and His sons, the weekend was set off on Friday the 15th, with a warm welcoming meet and greet. The next morning, Saturday the 16th, the conference began at 9 am. An all-star lineup of speakers and presenters started with Lord Jamel of Medina. The God presented a powerful build titled "Supreme Nation Building," where he thoroughly outlined key points of national interest. He emphasized

that as a collective we need to develop our own national curriculums in specific areas as education, financing, conflict resolution, etc. The God also presented a model for a national economic plan called a Members Benefit Plan with 5 Points: Resource Pool, Quick Cash Loan Program, Capital Contribution Initiative, Life and Business Insurance, and Heir Apparent Inductees.

The older God Zyhier, his Queen Shameeka, and the God I-Majestic gave a historical account of the Regional Growth and Development Conference. Although they were not with us in person, they were able to give their build through a PowerPoint presentation on Zoom. They explained the origin of the Regional Growth and Development Conference, breaking down the different regions, that now extend into 11 regions, that include Central and South America. Zyhier and Shameeka also presented information on the state of health for Five Percenters. Following their presentation there was a God and Earth panel on God and Earth relationships. This panel consisted of two Gods and Earths who have been together for many years, months, and days—Power Now and True Equality Mother Earth of South Cee (South Carolina), and Allah Mathematics and Divine Wisdom Earth of Now Justice (New Jersey).

Throughout the conference, various topics were built on from the areas of economics, public relations, communication, health, and education. Going into the afternoon, the Office of Cultural Management on behalf of Allah School in Mecca, was represented by I Be Allah's Mathematics, God Allah Shah, and Divine Prince. Divine Prince gave a national statement on the Nation moving towards a National Conference. I Be Allah's Mathematics gave an overview on the work being done at the Office of Cultural Management in advocating on behalf of Brothers and Sister who are incarcerated. God Allah Shah provided insight on the mission and purpose of the Office of Cultural Management.

In the Queen City of the Gods (Charlotte, North Carolina), the Gods have been putting in a lot of work on the grassroot level working with the youth. The Gods have been successful with the Save Our Children Movement, Inc. through its KEFA (Kinetic Education Food Arts) Academy, teaching the youth in an after-school program and a summer camp. In accord with public relations and communication, the Gods in the Queen City have established a strong relationship with public officials. One of the county commissioners came to the conference and shared his history and experience with the Gods, I War and Born Reality. As Almighty God Allah showed and proved His friendships in all walks of life, this has been our blessing to emulate what He showed and proved. To enter all systems and remain the same.

As we live in the age of information and technology, we must be mindful of how to protect ourselves in the areas of technology. Thus, a brother named Jay came as a guest of mine to share some information on cyber security and the educational and job opportunities in that field. Two young students from the KEFA academy built on their experience with the Gods and what they have been learning at the summer camp and after school sites. The



young God, Prince Powerful, gave a presentation on security, elaborating on his experience as a security guard.

The keynote speaker was Now Allah from Medina. Now Allah was the host of the first Region 4 Conference held in Godsborough (Greensboro, North Carolina) in 2003. Here, twenty years later in the Queen City, in 2023 our big Brother, Now Allah, came and gave a dynamic presentation on the history of the Gods coming to Now Cee (North Carolina). He shared a lot of history on his experiences with the Gods and establishing strong holds throughout the state of North Carolina.

The yellow seed from Medina, Trueborn, came and presented a supreme build on the importance of teaching the young and keeping the teachings right and exact. He shared some of his history on their impactful work in H-Medina (Houston, Texas), as well as the work being done at the Sun of Man-Suns of Medina 5% Digest. The God emphasized the importance of the Nation having a national calendar, so that we can be aware of the different Nation events, so that we can make sure that we are scheduling them mathematically for maximizing support and attendance from those in their cities and regions. As some Nation events have been held on the same days, which can split the attendance. The God emphasized how a national calendar can help solve those types of issues.

The God Power Now, of South Cee (South Carolina), presented an informative build on financial literacy and how to build a relationship with the banks. Queen Jakeesha Earth, from Medina, gave a thought-provoking presentation on economics, sharing her experience in the world of finance. All in all, the Region 4 Conference was a success because of all of the above.





I would like to take this time to give supreme acknowledgement to all those who contributed in any way to making sure that the weekend of the 15th through 17th, of Self Equality Power Truth, was monumental. The Nation in: Mecca, Medina, Pelan, the Desert, Cee Truth (Connecticut), H-Medina (Houston, TX), Victory Allah (Virginia), Now Cee (North Carolina), Power Hill (Philly), Power Born (Pittsburg, PA), South Cee (South Carolina), ...pardon self for any who I forgot to name.

Peace, Love, and Happiness,  
Your Brother in the family of ALLAH,  
Allah King Wize

In the name of Allah, Justice, and the 5% Nation, I greet our readers in PEACE.

## FACE VALUE

The teachings of almighty Allah and the 5% Nation are as simple as 1,2,3 and A, B, C. The life experience of truly being Allah-God gives you the ability to predict the future—good and bad. The Original Asiatic Black Man, with the proper knowledge of himself, is the maker. And, in being “the maker” of the Holy Quran and Bible (history) it’s incumbent upon us to lead the people in the right direction. The people (85%) are followers—easily lead in the wrong direction. Knowing this, we (the 5%) must constantly be a force and power that the people see and hear, so that they can be lead in the right direction. If you’re not seen and heard then you’re not one of us. The people come from a mindset of belief. Initially, we have the people believe in us—whether you like it or not that’s what they do. After they take the time to investigate what we told them, their belief becomes a fact (Knowledge). The fact motivates them to want more and that’s exactly what we give them—more facts to investigate. They start off believing in God and that belief transforms into knowing God, and knowing God transforms into them beginning the process of them knowing themselves (Knowledge of Self). The 5% have an everlasting obligation to the people. Our duty as the civilized never ends. We must teach, teach, and teach some more!!!

Knowledge is to know and Understanding is to see things for what they really are and not what they may appear to be. When you say you know and understand, that means that you have taken the time to investigate whatever it was that was presented to you in order to separate fact from fiction. If you don’t take the time to do that, and you just run with whatever you heard and at that time thought you saw, then it’s fair to say your just taking that person, place, or thing on face value. Which in turn means, if you were asked to show & prove what it is you heard or saw, you in fact would not be able to. All you would be doing is repeating something you heard or giving a false narrative of what you presumed to be. Something your own perception came up with, which in fact may be flawed because you didn’t get the totality of the cipher for you to give a factual account that would be rooted in word is life. The 5% nation does not teach or promote guesses, freestyles, or claim jumping. We teach and promote the Truth as is.

There have been many things stated from some of our prominent Brothers and Sisters throughout the years that when taken from Knowledge to Born, don’t add up. Supreme Mathematics don’t lie, people do!

One thing that we’re not going to do is air out our family’s dirty laundry here at the Sun of Man in an attempt to discredit any of our Brothers and Sisters that have come before us, came with us, or came after us. Yet and still, certain ciphers must be addressed so that the prestige of our Nation can be preserved and upheld. We will not sit idle and allow the teachings of Allah to be changed, altered, or diluted in order to appease the emotions of others. That’s never going to happen! We are not a docile Nation of pushovers, nor do we

go with majority rules if in fact the popular opinion is rooted in error. I'm now going to take the time to share a few things with our universal family—the 5% Nation. This is Allah's Nation first and foremost. Each and every one of us was exposed to His teachings through someone else. Neither you nor I created this Nation; however, we made a conscious decision to embrace these teachings and in turn gave our word that we would give these same teachings to others the same way we received them, adding nothing and taking nothing away; thus, keeping these teachings original and alive. Somewhere along the line, individuals began to alter these teachings to fit their personal lives and agendas using the saying, "Well, that's how I see it!" or "That's my own understanding." The problem with those bold statements is that if your understanding of how you see it isn't rooted in the Knowledge, Wisdom, Understanding, and Culture of Allah, then it's a strong possibility that you have changed, grafted, altered, mixed, diluted, and tampered with His teachings. There's a very thin line between innovation and change! There is not one of us who has or ever had the authority to change Allah's teachings. Our uniqueness as individuals empowers us to have a self-styled way of delivering these teachings, in our deliverance we must not attempt to change them, nor allow others to change them.

Allah left Temple No. 7 in March of 1963. He marched Himself out of there. From March of 1963 to October of 1964 is a 19-month period. Let's all take the time to use our minds and realistically think about how much has taken place within our lives throughout the last 19 months. How many people have we spoken to, how many places did we go, and how many things did we do? October 10, 1964 (10/10) was a date given by Firstborn Prince Allah, and that was that. That's what you wanted, so that's what you got—a date for you to begin from. However, as Firstborn Prince Allah was well known for letting the people know not to take anything or anyone on face value as one of his well noted mantras was, "You must do your own research, as I did!!!" Do you know when Firstborn Prince said that at a universal parliament? Do you know why he said it? Do you understand why so many people just ran with it?

One thing I'm not going to do is allow anyone disrespect Firstborn Prince. And, another thing I'm not going to do is allow anyone to make him out to be someone he's not. If you had the opportunity to actually be around him (not just hearing him build at a parliament/rally or listening to one of his tapes he sold y'all, more on that topic in a future article), then you would know how he handled people and his unorthodox methods of teaching, as well as how he would make a "sucka" pay the poor rate. It is what it is! You want to run with something that is false; then, hey that's on you. I'm not with none of that nonsense. In fact, did you know that Firstborn Al-Jamil had the knowledge in December of 1963? How about Knowledge Allah (aka Dihoo, one of the creators of our Nation's anthem) when he said that Black Mack and Junebug changed their names to Kareem (later, Black Messiah) and Naheim (later, Bisme Allah) in early 1964? What about black seed Sha Sha meeting Niheem (from Fort Greene) in mid 1963 and meeting Knowledge Allah (Dihoo) in early 1964, before he (Sha Sha) even met Firstborn Prince? What about early 1964, when Allah met with Eye God and the rest of the Harlem 6 and told them y'all

go in there and teach and y'all will free y'all selves? Did y'all know that in the spring of 1964, Um Allah changed his name to Kareem Akbar after two of the firstborns (Kareem and Akbar)? How about Omala getting the knowledge from Firstborn Prince right after her degree day (October 4th)? Allah B (Born Allah) said he got the knowledge in September of 1964, and God Supreme got the knowledge from Firstborn Prince in April/May of 1964, and when he met Firstborn ABG #7, they both already had the knowledge. How about Black Messiah meeting Allah in 1963, y'all didn't get that history? Reality Allah (aka Black Seed), that use to be with Prince, is still around. God Supreme, whose is one of Prince's first fruit, is still around. Aleim Supreme (the ladies dream) is still around, and ABG #7 are still around, just to name a few. As a matter of fact, even y'all man (who's man?), Malik Abu Shahid Shamar El-Shabazz said the Nation was older than October 1964. Nobody was sitting around writing down, oh this is what happened on such and such day. The fact is that Firstborn Prince, whom I come through, would say whatever he wanted and many just ran with it after he told them don't take nothing and no one on face value.

The teachings of Allah and the 5% Nation are for the youth of this country to empower themselves, become responsible members of our society and bring about changes that benefits all the human families (black, brown, yellow, white, half original, and red). A 5%er (man or woman) is to be of service to the people. The 5% Nation is not a group of criminals, drug addicts, alcoholics, or incarcerated people. We do have some 5%ers that have committed crimes and are paying their debt to society, as well as some 5%ers that have fell victim to the abuse of drugs and alcohol, yet and still those type of activities are not the teachings of Allah and His 5% Nation.

October 10, 1964, along with a list of other things, including calling the 5% Nation the "Nation of Gods and Earths" title was created for the Brothers and Sisters that went to prison and were faced with segregation/solitary confinement behind being a part of the "5% Nation." In the early 1990's, the 5% Nation was deemed a security threat group by the New York State Department of Corrections. Powerful Ruler Nation Allah created the National Office of Cultural Affairs (NOCA) while he was in prison. He gave Born King the authority to come home from prison and begin assisting Gods in prison in getting that erroneous label destroyed. The idea was to show and prove to the department of corrections that we have land (Allah School), we have names (righteous names), we have a language (Supreme Alphabets), we have a flag (universal flag), and we are a Nation (Nation of Gods and Earths, aka NGE/NOGE). This saved many from being locked in a cell for 23 hours-a-day. We thank those Gods for creating this office and getting that label up off us; however, the 5% Nation is not rooted in prison. All of that is prison teachings. Leave it where it belongs—in prison! The honor days, the so called birth day, is good for that realm and that's it. We used what we had in order to get what we wanted. What we wanted was the Gods to stop being locked in a cell for 23 hours-a-day, and to have the basic rights of practicing our way of life while paying our debt to society. I was one of those Gods at one point in my life.

This is not a theory, this is not a guess, this is not “how I see it or my understanding.” These are actual facts. Do your own research and stop taking people, places, and things on face value. Be able to show and prove, beyond a shadow of a doubt, in no limits of time, that whatever it is that comes out of your mouth is 100% right and exact. This article is meant to open up the eyes of those who want their eyes open, so that they can see clearly. If you’re offended by anything or don’t agree with something, you have the ability to come and speak to me about anything. None of us are above examination.

These dates can be verified in our book *The True History of Allah and His 5%; The Greatest Story Never Told by the Gods and Earths Who Were [really] There*. To be continued....

Until the next time, Peace.

Trueborn My Allah

IN THE NAME OF ALLAH; THE SUPREME OF ALL BEINGS; THE MASTER OF THE DAY OF JUDGEMENT AND LORD OF ALL WORLDS; I, HIS SUN, ALLAH INTELLIGENCE, GREET YOU IN THE HIGHEST RESPECT OF THE UNIVERSE, WHICH IS PEACE!

### The Right Foods

May this transmission of energy find all those who receive it in the best of health, both mentally as well as physically. Now, moving right along, I want to take the reader with me on a trip down memory lane. I want the reader to get a glimpse or a birds-eye view of how we would Build in my day and time to Show and Prove how the Knowledge of Allah was resurrecting our young minds when I was a newborn in this Nation.

As I stepped into the Cipher it went something like this: "Peace! I see today's mathematics as Wisdom Wisdom (22), all being born to Culture or Freedom (4). Wisdom Wisdom is saying my wise words must be parallel with my ways and actions in order for my Culture or way of life to be Victorious! The 22nd letter in the Alphabet is V, that's Victory, and to gain Victory is to set yourself Free or to Free yourself from falsehood and lies by living out the Culture of Islam!" Now, Islam given to me as a young 5 Percenter meant, I Self Lord And Master or I Sincerely Love Allah's Mathematics. This is the way of life that refined our eating habits because you couldn't eat the wrong foods and Love Allah's Mathematics. Because the wrong foods were unclean and you had to be cleaned up in order to live this Culture or way of life. This is why Culture and Refinement go hand in hand! This was one of the first laws and main requirements given to us as young 5 Perceners, which was the Dietary Law. Pork was #1 on the list for us to stop eating. Even after our grandparents, our parent's religious leaders, and neighborhood grown folk had told us that pork was in everything, and that there was no way around it. We had the Gods who were there to crush that lie! We learned what ingredients were pork/swine or derived from it, and when we went to the store, we would read the ingredients on food wrappers and boxes to see if it had pork or pork derivatives in it. Lard, animal shortening, and gelatin were number 1 on the list back then. We also made the store owners break down the meat slicers and clean them off thoroughly with soap and water before they cut the meat to make our sandwiches with. This is Actual Fact! As crazy as it sounds, we were young determined fiery Five Perceners. Universal Shaamgaudd, the creator and designer of our Universal Flag, had restaurants downtown Medina (Brooklyn) that made wholesome foods that went according to our dietary law. The Gods in the Heart of Medina (Bed-Stuy) shut down a Chinese restaurant and told the owner he couldn't sell no more food out of his store unless he stopped selling swine! Thus, the first No Pork Chinese restaurant was established in the Heart of Medina, where Gods and Earths from all 5 boros of the city would come and eat. We learned about soaps, shampoos, lotions, and other cosmetics that had swine in them, and wouldn't buy or use them either. Our women wouldn't wear make-up because we heard it had swine in it too. We didn't have help from nobody, b.u.t. the Gods and Earths who did diligent research on these products and put the word on the street. Once that happened, it would spread like wildfire throughout the city and everybody would be in

the know. And, if you weren't in the know, it could be embarrassing for you depending on where you were at. The Flatbush Gods would wait for you to eat a McDonalds hamburger, then scream and chant in unison, "Swine! Swine! Swine!" A public display of humiliation and embarrassment in front of patrons and peers. I witnessed this with my own eyes when the word on the street was that McDonalds bread buns had pork in them. On the buses, in the trains, in the schools, and the parks, the pig and anything associated with it was vilified! There used to be a poster that said "Wanted for Murder—Mr. Hog," with a picture of the pig or the hog on the front of it. And, his crime was murdering people with all the diseases and health issues associated with consuming this filthy animal. I must say, I thought this was a very profound way to make this animal "Public Enemy number 1" because as young Gods, it kept us on the lookout for this silent killer whenever we bought something to eat!

This is just a short narrative on how the Culture helped Refine our eating habits to keep us healthy strong and free from sickness and "dinner table diseases" while coming up as young Gods and Earths. Not only physically, b.u.t. mentally as well because we stayed away from religion, which keeps you as a slave of a mental death and power. Back then, there were all kind of groups pushing their religion or culture to the people. And, the majority had nothing nice to say about the Gods, because they were all waiting for some kind of mystery, while the 5 Percenters were opposed to that and taught against it. "Who is that mystery God? Ans. There is no mystery God. The Son of Man has searched for that mystery God for trillions of years and was unable to find this so-called mystery God. So, they have agreed that the only God is the Son of Man, so they lose no time searching for that that does not exist."

Every religion is waiting for some sort of mystery to bring them their salvation. Some alien or mothership of some sort; a resurrected Kemetic or Christian god; a Babylonian Indian or ancient Aztec god; a mantra, a tantra, some stones, or holy water. A centrifugal force, a polarity, a chi energy force, a witch doctor, a Tarot card reading—they all teach some form of mystic trichinosis! Not the 5 Percenters. We're not waiting on nothing spooky to come and save us, for we know the True and Living God is the Supreme Being Black Man with Knowledge of Self!

This Culture is the only True form of Salvation for all the Human Families of the planet Earth!

PEACE!

Side note: Allah also had other laws, rules, and regulations that are mentioned in our dietary law. As referenced in an original Sun of Man issue written by Universal Shaamgaudd himself, he tells us that Allah taught him not to deal with the pig in any form or fashion. Not to feed it to anybody or handle it in any form; that it was a natural garbage disposal that was never meant for human consumption. He taught us to avoid scavengers



like tuna fish. He said these were fish that were the “pigs of the sea” because they consumed the waste and garbage dumped into the oceans. He didn't forbid tuna, b.u.t. that we shouldn't consume it more than twice a year. Allah didn't eat tuna at all! We were taught to avoid shrimp, which are the worms of the sea. Also, lobsters, crabs, clams, oysters, and we shouldn't consume any fish over 50 lbs. in weight; and, how we should eat better quality fish such as rainbow and salt water trout, salmon, and Portuguese Sardines, just to name a few.

Another thing, and this is my add on, we don't mix Supreme Mathematics and Supreme Alphabets because that would bring about the worst kind of confusion! People who sit around and add up each letter in a word to get to the single digit of that number is what the Elders called “Pac Math” or “Space Invader Lessons” because those lessons were invading your mental space! I call it “Jailhouse Mathematics” because I saw/see a lot of people that come home from jail who teach that. Which lets me know it's something people do when they have a lot of time on their hands—manufacturing a grafted form of Mathematics while sitting in exile in some penal colony like Pelan or Patmos is not the Culture of the 5 Percenters! This is just to clear up all the poor knowledge trying to find its way into this Culture, coming off as some kind of “high science.” Now, as Gods and Earths, we do show and prove the relationship SM and SA have with each other because they co-exist in bringing about a divine transformation of the individual to a God or Earth. For Supreme Mathematics actually gave birth to Supreme Alphabets. Words like Wisdom, Power, God, Born, etc., not only exist in SM they are also in SA given us the flexibility to live out this Culture in any Cipher or World we living in. To speak it and record it! For Supreme Mathematics teaches you how to speak the language while Supreme Alphabets teaches you how to write the language!

PEACE TO THE GODS AND PEACE TO THE EARTHS!

In service to the people,  
Allah Intelligence

Peace, In the Name of Allah, who came as Himself, and who sent His Suns to every corner of the planet Earth to teach the truth.

We are in a new time and era faced with wars, diseases, crimes, inflation, and all of the above, which is caused by the other man, NOT the Original Man.

The month is October and October is Cipher-See-the Truth or Square or The Truth of the Square is Seen within the Cipher!

What goes around comes around. What goes up must come down. What goes in must come out. And, as it is above, so shall it be below! The sun of man causes all of the above to happen.

When dealing with Knowledge being added onto the Cipher, it shows many things. Those of us who recall know that everything in TEN had to be looked at with a fine-toothed comb. Who, what, where, when, why and how—the anagram of who. All of these are questions one should ask themself before they ask anyone else.

Every lesson and degree within our 120 Lessons ask these questions to get one to think about everything within the Cipher (people, places, and things), so that they may See the TRUTH or SQUARE.

O- Circle

C- Triangle

T- Square



“Who is that mystery God?”

Who, what, where, when, why, and how are the questions that must be asked in order for one to bring clarity to themselves and to those they are teaching this truth to. If all one has ever known was how to abbreviate the months of the year, without any clarity or understanding, then what good is it to that individual. Take a close look within your lessons and apply the Supreme Mathematics and Supreme Alphabets because they are the keys. Without these Supreme Keys, one cannot and will not be able to OPEN anything to SEE the TRUTH with in the SQUARE. There are many things and much which most have never heard or been privileged to hear due to not being present or just not being in the right Circle (Cipher). This is why as the Suns of Medina, by way of Mecca, from the mind and mouth of Allah, we at the Sun of Man bring you the absolute truth as it was given to us directly to bring all minds as ONE.

CIPHER (O), where All are One and One is All!

SEE (C), when all Comprehends Alike as One.

TRUTH (T) teaching the Truth in the North, East, West, and South of the SQUARE.

May the Truth be the Truth no matter to whom or what. No matter if you did not hear it or heard it another way or got it different or just do not bear witness to the Truth, as it was given, know that The Truth is always Seen through the Cipher. Peace!

In the Name of Allah,

Divine Justice of Medina

In the name of Allah, Lord of all these Worlds...

### **Cipher See the Trick or Truth (OCT)**

And declare, "The truth has come and falsehood has vanished. Indeed, falsehood is bound to vanish." ~Holy Qur'an (Surah Al-Isra) 17:81

Therefore, putting away lying let every man speak truth with his neighbor fore we are members one of another. ~Ephesians 4:25

As we move at a terrific speed into the season of the Fall and close out this 10th month of the Gregorian Calendar, known as October, we must be ever vigilant in acknowledging the truth of the world around us (Knowledge of the Cipher-10). This month, the battle of truth over lies is more prevalent than any other time of year. There are three instances in which our intelligence is challenged this month.

The first Instance is in the name of the month itself. The prefix oct-, octa-, or octo- is Latin for 8. Yet, the month falls in the 10th position of the 12-month calendar year.

### **10. Who/what is that mystery...?**

The Roman Empire in its campaign for World Domination not only hi-jacked Christianity, it established a Yearly (Anno) calendar based upon that Domination (Domini). And, just as in Christianity, these months were intertwined with Caesars egos and paganistic remembrances. Their first calendar was that of the Observational Lunar (moon) calendar, which meant they looked in the night sky and looked for the renewal of the moon to signify the changing of months. So, a 10-month calendar with anywhere from 29 to 30 plus days was established. This was a faulty means of measure because it left a period of time before the Spring (Life) moon. So, the 2nd Caesar of Rome, by the name of Numa Pompilius, added January in honor of the god Janus, and February which comes from Februarius and the Roman festival of purification called Februa/Februalia. These he added to the calendar to make up that time before they ushered in their New Year in March.

The next assault on our intelligence in this month deals with Columbus Day, and the so-called "discovery" of the Americas. At this point in history, most of the civilized world is aware that entire Nations of people lived and thrived in the Americas long before the arrival of Columbus. Over the past 531 years, since the supposed discovery, it has been proven on numerous accounts that the agenda of domination sanctioned by the "Roman Catholic" church was an intricate part of this lie. A lie (trick) that ushered in many atrocities against the natives and acted as a segue for chattel slavery.

Up next, we have Halloween, which will be upon us in a few days. This day is celebrated in most places with a heavy death theme. This is mainly because for the Celts, who were

a collection of European tribes who believed in death as part of their life. They believed that as winter brought the death of greenery and the hibernation of wildlife, that the “veil” between life and death is lifted allowing for the dead to roam the earth. For them, it was a “Holy day” in which they could celebrate with friends, family, and even those deceased. This, they called the Festival of Samhain or the Day of the Dead (Día de Los Muertos) and is still celebrated in most parts of the world.

Now, here comes the TRICK over the TRUTH...

The prefix HALLOW- means HOLY, as in the Christian Lord’s Prayer, “Our Father who art in heaven. Hallow be thy name...” The suffix -EEN is the same as EVENING. Therefore, the true definition of HALLOWEEN is HOLY EVE or HALLOWED EVENING. How does that differ from the evil-themed holy-day we know today? The Celtic Church proved to be a formidable opponent to the expanding Roman Catholic Church. The religion of the Celts, much like the Catholics, was Pagan in origin and up until the establishment of the Papacy (office of the Pope), the two churches were able to co-exist throughout Europe. But the Celts refused to accept the growing power of the Pope and denounced their belief in the Omens of the Druids. Nonetheless, the all-engulfing power of the Roman Catholics and the coming of one Pope Gregory IV established a “holiday” of their own on November 1st called All Saints Day, which eventually spread along with the church. The festival of Samhain, in essence was absorbed into the religious society that was growing all over the planet. October 31st became the “eve” of the Hallows or eve of the Holy Saints. Remember, because the Roman Catholic Church was pagan in origin, they allowed the masquerades to continue to this day, just with a “saintly” twist.

Now, the next trick of the truth is one of modern times. One that has nothing to do with the churches; however, one that deals with a degree of historical discrepancy that is beginning to cause division in this Nation. It is not new, yet the effects are becoming apparent for all to see (Cipher See the Truth). Regardless to who may debate it, the birth of this Nation was not October 4th, 7th or the 10th.

**17. What is the meaning of civilization? Ans. ONE having knowledge, wisdom, understanding, culture, and refinement and is not savage. Pursuit of happiness.**

All it took was ONE who was born alive with the idea. It is known by some that Allah left the Mosque sometime in the Spring of 1963. Whether He was asked to leave or left on His own, the fact is that He left. This would coincide with the reports of the "leader of the NOI is a Whiteman," which hit the News around that same time. Upon His leaving Temple No. 7, He was known to have brought “students” with Him. Among them were Ebeka (Rasul), Gumel, and His brown seed of that time Shahid (John). There were even some young brothers who were not registered Muslims, but were under the temple’s teachings, like “Karriem” (who would become the Black Messiah) who would SEE Allah in His comings

and goings and refer to Him as “The strange Muslim”. He was SEEN and later HEARD in that year when the two actually met. There is testimony to these things in both the living and the remembered.

The relationship of teacher and student is like father and son, and the level of dedication, cohesion, and reverence that was shown to Allah on 12/10/64 (the day after He was shot in the basement) could not have happened in the mere 60 days since 10/10/64. Remember, He was dealing with a group of young boys. Many of which were dropouts and otherwise non-studious, meaning they wouldn't study a damn thing in life. Yet, on that day "the greeting" was given, and ABG—then, Bilal—met Allah who in-turn gave Prince the 34th Degree. That's advanced teaching because you can't teach someone about reforming the devil until "a devil" is defined. That type of knowledge could not be given in one visit.

So where did this come from?

Bear in mind that a person celebrates the people and things they pay homage to. I would bet a dollar to a doughnut that most who celebrate that October 10, 1964 is the Nation's anniversary are of the lineage of knowledge (tree) that leads back to one man. And, it isn't Allah! For, if it were, we would have an equal understanding (63).

This was manifested for a coming generation of 5%ers to have a sound knowledge that deals with the sequential order of mathematics. Think 5 times before you speak! And, if you don't know ask... don't assume and most importantly, don't lie!

PAY ATTENTION and See the Truth in the Cipher.

Don't Fall for the Trick over the Truth!

Peace, Your Brother,  
IBahiem