

BEHOLD THE SUN OF MAN

As you probably know, The Sun of Man: A 5% Digest is an exercise in understanding from cover to cover, and all its knowledge and wisdom must be drawn up to reveal the understanding within it because every person must swim their own 9,000 miles. Universal Shaamgaudd Allah left specific instructions for the cover not to be deciphered for others. Each person must come to their own understanding—which they must be comfortable with—using their Supreme Mathematics. You must ask yourself who, what, where, when, why, and sometimes how, about everything you ingest mentally and/or physically. Nowadays, information travels nearly at the speed of light via the internet, misinformation, subjective realities, and alternative facts run rampant. And let's not even get into how contagious social media is. When these misleading posts go viral, we wind up with a virus-infected population because most of our youths' mental space is being invaded by PAC Math and Space Invader lessons in the form of memes, tweets, and videos. The 85% know that it rains, hails, and snows, and also hear thunder above their heads, but they do not try to learn who it is that causes all this to happen by letting the 5% teach them. He believes in the 10% on face value. Don't be that guy! Lastly, I would like to remind our readers of the purpose of this 5% digest as decreed by its founder and his successor;

- To unite our Nation, as one, and return to the original teachings of Almighty God Allah.
- To serve as a warning to those who wish to bury these teachings, or turn them around to serve their own personal goals or those of other organizations.
- To address and face the issues that many of us would like to avoid, not deal with, or confront because it is painful to take a rigorous, honest look at ourselves for what it's really worth.
- To provide Good Orderly Direction to the ones who have a sincere and honest desire to want the most out of this life here and now.

On the cusp of the fifth and sixth months, this issue of the Sun of Man: Suns of Medina edition is dedicated to our beloved nation as a tribute to the Father and His dream. A man who gave all within His power to SHOW His selflessness and PROVE that everything is real. This issue also marks the 39th Anniversary since the founder of this digest published one of his seminal articles entitled, "Allah-U-Arkbar," which details the succession of images, ideas, emotions, and sensations that occurred in the mind of Allah as He slept that illuminating night. We have included it among this month's agglomeration of commentaries, in hopes it would provide the young with clarity, make understanding born to all those struggling with the comprehension of His vision, and bring remembrance to all those who once knew, but fell victim before they understood how all of the above is, was, and will always be caused by the Sun of Man.

As we approach another Tri-master, in approximately 30 months, the importance of being in the driver's seat of habit formation in your own life cannot be overstressed. The life you save may be your own, and the example you set could save the world. We fast and pray that you will find this issue inspirational in transcendence towards a better you beyond what you could imagine, each and every day, each and every way. Enjoy! Peace!

Any questions, requests, or concerns, please Email: <u>SunOfManRemastered@gmail.com</u> DM: <u>@SunOfManRemastered</u> on Instagram

In the name of Mahdi, I greet all our dear readers and supporters, Peace! It is truly an honor to be able to address you, the next generation of 5%, and your peers. I am overjoyed with gratefulness to serve at the privilege of the heirs of this digest (as named by Gykee Mathematics in the person of Saviour U), and the grace of the families that make up this wondrous nation. All praises are due to Allah for His foresight in preparing a way (through His suns) for His descendants, like myself, to flourish into our own selves, righteous men, in tune with His will through Supreme Mathematics.

Once again, we, at the Sun of Man, have your best interests at heart and want nothing more than for you to be healthy so that you can enjoy love, peace, and happiness with those you care about and the rest of the world. To paraphrase and emphasize the words of one of my life's greatest influencers, life coach, mentor, and brother, God's Kee; "We must continually keep in mind, to look ahead to our fundamental development with strength and vitality. Allah didn't want us to regress or remain unchanged. Yes, you will ultimately age, but long-term effects of persistent substance usage will become apparent, and you will understand who bears the consequences." So, please take heed to the writing on the wall, and for many, mausoleums, tombstones, urns, memorial banners, etc. Let's act like we know and do like we know! May is Mental Health Awareness Month and June is Men's Health Month.

NATIONAL MEN'S HEALTH MONTH

In a recent conversation with my brother, D'Jaa, we spoke about the trauma that our frontline warriors experienced in service of the youth. The current events surrounding the violence and senseless killings among our youth are at an all-time high. The anger, resentment, and trauma that's been building up for over 6,000 years, with these last 500 or so years being the straw that broke the camel's back, the youth are lost and using negative outlets for all these pent-up emotions. Letting go is so hard because we can never forget, but moving forward into the future requires that we live in the moment, which is always now, without clinging to the past or the idea of any particular future. It's imperative for our well-being that we support each other, and provide each other space to be vulnerable. If you lack trust in the brotherhood or are not getting what you need to work through your thoughts from us, please seek professional help. I use all my resources and can attest that although it may seem futile, with time you will notice positive changes in your life. I know that in our history it was once said that God does not have any emotions. I'm here to tell you that unless you acknowledge those feelings and sit with them in contemplation, you are blind to yourself and the self-work that must be done. For Men's Health Month, do what you will, but here are some other important facts about men's health to know:

- The overall mortality rate is 41 percent higher for men than women, and it's higher for men for 8 out of 10 leading causes of death—including heart disease, cancer, stroke, and diabetes.
- 31 percent of men suffer depression in their lifetime, and 9 percent of men have daily feelings of depression or anxiety. But, only 1/4 talk to a mental health professional, and only 1/3 take medication. Pay attention to signs of depression, and don't be afraid to seek help.
- Prostate cancer is the second leading cause of cancer deaths for men in the United States. A man is 2 to 3 times more likely to get prostate cancer if his father, brother, or son had it. Talk to your doctor about having PSA (prostate-specific antigen) and DRE (digital rectal exams) levels checked.

• Erectile dysfunction affects nearly 30 million men of all ages across the United States. If you're having problems, see a urologist, and make sure it's not an early warning sign for something more serious, like heart disease, high blood pressure, or high blood sugar.

This Memorial Day weekend Parliament, we want to reflect on the lives of all those who made the ultimate sacrifice in service of the United States, the land of milk and honey, where Allah manifested Himself in the flesh. If you don't understand, read "Allah Blessed America!" by Universal Shaamgaudd Allah. As we come into June, which is full of celebrations and observances, we would like to highlight that it's African American Music Appreciation Month and National Men's Health Month. In New York on May 9th, our Boricua brethren are hosting the National Puerto Rican Day Parade on the same day we, the 5%, will host The Father's 54th Annual Educational Show and Prove. We also have Father's Day on the 16th, Juneteenth on the 19th, and the summer solstice on the 20th (which is the astronomical event that marks the longest day of the year and the start of summer in the Northern Hemisphere). And to top it all off, our Nation's Universal Parliament comes home to the Head of Medina (Fort Greene, Brooklyn) for the summer months, where we Rally at Fort Greene Park.

We trust that all mothers had a wonderful Mother's Day, and expect that fathers will relish in loving appreciative gestures on their day. Happy Father's Day to all the fathers of civilization and Gods of their universes who make, own, and cream their planet Earth. To all the new parents, may all the stars align to bring your growing family health, love, and plenty of sleep. Happy Physical Anniversary or Degree Day (birthday) to all of you who celebrated in May, and all who will celebrate in June. Degree days are a new start, a fresh beginning, and a time to pursue new endeavors with new goals. Move forward with confidence and courage. You are all very special. May your degree day and all of your days be amazing. To all the Graduating Classes of 2024, dream big, aim high, and remember this is just the beginning. Congratulations! Big ups to the Core 5 and their extension on achieving their first month's \$20K goal, keep up the good work. A standing ovation to God Khalik (Newark, NJ) the principal of Weequahic High School was honored and recognized by the Newark Board of Education May 23rd for guiding his school to achieve Middle States Accreditation. This is an immense accomplishment as they just came off the New Jersey state education department list of schools under state control for underperforming. They are now recognized by the United States Education Department of high schools in good standing and academic performance. Accolades to the New York Knickerbockers on putting up more "W's" than they have in over 25 years.

AFRICAN-AMERICAN MUSIC APPRECIATION MONTH

The United States celebrates African-American music every year during Black Music Appreciation Month. On June 7, 1979, President Jimmy Carter declared that June would be BlackMusic Month. The bill was never passed after Carter's statement until 2000 when Congress was convinced by activist Dyana Williams' ten-year campaign. Along with Kenneth Gamble and Ed Wright, Williams was crucial to the conception and establishment of Black Music Month. Music and song formation have served as a means of preserving African culture since colonization began. Slavery played an important role in the development of Black music. While colonization attempted to dilute and erase African culture, Africans continued to tell their tales via music. Black Music Month honors their evolution into genres such as jazz, rock & roll, R&B, salsa, merengue, rap, dembow, bomba, soul music, funk, hip-hop, and more. The 5% continue these same traditions with Hip Hop, celebrating a legacy of empowerment, knowledge, and consciousness. Our culture recalibrated Hip Hop into, not just a musical genre but, a powerful

movement for enlightenment and change. The emphasis on knowledge of self, respect, and unity continues to inspire new generations of artists and fans.

FATHER MAY I? It's JUST-US-NOW to EXEMPLIFY His MAXIMUM EQUALITY!

As the old saying goes, "March winds and April showers bring forth May Flowers" and if you're wondering what's next, on the Mayflower came pilgrims. So Just-You-N-Equality is about the Oneness of Allah that exists within our brotherhood and families to maintain the continuity and integrity of the teachings of Allah, the undeniable God, who always has been and always will be. In case any of you missed the memo, His teachings are founded on militant-style, self-discipline, and education in the pursuit of happiness through civilization and righteousness.

On May 17th, our righteous brother Firstborn ABG#7 held a Q & A session to clarify misinformation about Allah, the 5%, our teachings, and our goals. Sadly, many of the questions asked revealed how much more teaching, and training must be done within our ranks. To all the good brothers that have come among us, memorized the lessons, and have been doing the self-work to become their best selves, but remain dissatisfied searching for more, please go find your tribe, and join them. Some of the words, I was taught, Allah expressed to some of the brothers of a similar mindset of His time were, "Go start your own nation." "Go to the temple or Mosque." And, "If you see something better, run to it." As civilized people, we could all work together towards our common goals, but please do not try to change what the man Himself has set forth. Regardless of the words expressed, the nonverbal cues revealed volumes about the mindset of many of our brothers and sisters. Nonetheless, this is the season that we, the 5%, choose to highlight who and what we are in this world. Although it's a daily operation, in commemoration of His assassination, we let the world, particularly all those who believe there is a difference between the father and the son, see us come together for an extravaganza like no other!

My brother Amar, lovingly known as "my black seed," recalls the Educational Show and Prove from his youth. The spectacle included a science fair, a martial arts exhibition, a children's talent show, and a variety of other activities. With support from Aleim Supreme, God Supreme, and Dumar Allah, this program was successfully spearheaded by Allah B and Prince Allah (Dessert).

Now, on its fifty-third anniversary, the Father's Educational Show and Prove continues to this day. The Educational Show and Prove was founded at the Harlem Preparatory School, a college-bound program many Gods and Earths were enrolled in and were catapulted into college through. The Show and Prove then moved to Harriet Tubman Elementary School, remained there for forty-plus years, and post the pandemic, was reestablished at PS 92 Mary Mcleod Bethune Elementary School. The feedback from the science fair shared by the parents, and those who interacted with the participants, expressed that the projects displayed original thinking, inquisitiveness, and a vast amount of cognitive engagement in the research. Many celebrities graced our stages, and honed their skills and talent—in the name of Allah—throughout the years. The Show and Prove is intended to demonstrate our Nation's progress, development, and advances. The entire purpose is to demonstrate how His legacy continues via us. As the True and Living Gods, it is our responsibility to gain a deep understanding of our lives and circumstances. By embracing the path of civilization and righteousness, we show and prove our authentic selves, wasting no time, we value every moment, recognizing its fleeting nature and infinite worth. This conscious, deliberate living by Supreme Mathematics becomes our testament to the divine, showcasing our

growth and ultimate unity with the Father through the Son. So, to answer the question, yes you may, if you feel so inclined, because we don't teach by force, accept it or reject it, every man is responsible for his own self, and will be held accountable for his words and deeds to deal with the consequences thereof. Come on wit' it, lollipop!

SHOW AND PROVE A CALL TO ARMS

To The Best Part, Our Future Leaders,

The world we live in today is in desperate need of change. It's crying out for *justice*, *truth*, and *understanding*. And who better to answer this call than you? You are the generation with the power to transform our society, to bring light where there is darkness, and to create a world where everyone can thrive. This is not just a possibility—it is your destiny. The 5% Nation, founded on the principles of *civilization*, *righteousness*, *and the knowledge of self*, offers a path to self-actualization that is not only profound but also incredibly empowering. It teaches us that each of us holds a unique power to bring about change. It teaches us that we are not merely passive observers in the world, but active participants who can shape the future.

The first step on this journey is the acquisition of knowledge. Knowledge is the key to understanding the world around us and the first tool in dismantling the barriers that hold us back. The 5% Nation emphasizes the importance of education—educating ourselves about our history, our potential, and the truths that society often hides. When you arm yourself with knowledge, you gain the power to see through the illusions that keep us oppressed, and to inspire others to do the same. Knowledge alone is not enough. It must be coupled with wisdom—the ability to apply what we have learned to make sound decisions, and to act in ways that uplift ourselves and our communities. Wisdom is about making choices that reflect our highest selves and our deepest values. It is about leading by example and showing others the way to a better, more just, and equitable world. Understanding is the third pillar, and it is crucial for building bridges and fostering unity. By striving to understand each other's experiences and perspectives, we can overcome divisions and create a society based on mutual respect and cooperation. We, the 5%, teach that understanding is the best part born from the marriage of knowledge and wisdom, which leads to love and that love is the ultimate power for change.

As children, teenagers, and young adults, you have a unique and powerful voice. You are at the forefront of cultural and social movements. You are the trendsetters, the innovators, the dreamers. The teachings of the 5% provide a framework for turning those dreams into reality. By embracing these principles, you can become the change-makers that our world so desperately needs. Imagine a world where all youth seek *knowledge*, act with wisdom, and foster understanding. Imagine the ripple effect of such a movement; it is within our grasp, and it begins with you. Dive deep into the teachings of the 5% Nation. Learn about your history and your potential. Seek out *knowledge* and question everything. Use your wisdom to make decisions that reflect your highest self. Be a role model for your peers. Practice understanding in your daily interactions. Build bridges, not walls. Share what you have learned. Spread the message of the 5% Nation, and encourage others to join the movement, even if they are not "us" per se. The power to change the world lies within each of us, and together, we are unstoppable. By working on yourself through the teachings of the 5%, you can help create a future that is bright, just, and full of possibilities. The world is waiting for you to step up. Will you answer the call?

Mahdi for The Suns of Medina

ALLAH-U-AKBAR

In the name of ALLAH, the true and living God one to whom all praises are due, forever and hereafter, and In the name of his son the Universal Saviour God and Divine Deliverer do I greet you my beloved Brothers and Sisters in the most holy and highest respects of the universe which is PEACE!

First, as always I hope this SHOW and PROVE issue of the Sun of Man finds you and yours in the best of health, as I couldn't be finer if I were in China! China!

I had said I was going to chill this issue, however, I would still like to share this little jewel with you. When we were young FIVE PERCENTERS, the Father had a dream, it was in May and in this dream, He saw a woman fishing in a lake. Now in this lake were fish, not your ordinary fish, these fish were Allah and His young Five Percenters. Now the bait on the hook was not a worm, it was SPAGHETTI and the motion of the water made the spaghetti sway like it was a live worm. Now the Father and the fish who had the UNDERSTANDING swam around the bait and the ones who didn't get HOOKED!

The Father taught us that this meant for us to RAISE our RODS! In other words, no intercourse, no fornication (sex) for the 31 days of MAY, for this is when our greatest temptations would come.

So every MAY some of us would raise our rods and I must admit, I have met some of the most beautiful women of my life in the month of MAY. Now as we grew, we understood that the spaghetti was not just the woman, it was the temptations of the world of equality; drugs, booze, cigarettes, gambling, etc. whatever your weakness may be, and if you are who you say you are, it should be no great problem to show and prove your own self-satisfaction to raise off of one of these things for 31 days of any month and if you can't, you're HOOKED! For one is the best knower of one's weakness, after all, that's what showing and proving are all about.

So while the rest of the world is asking...

"WHERE'S THE BEEF??"

YOU'LL KEEP YOUR EYES ON THAT SPAGHETTI!

UNTIL OUR MINDS MEET AGAIN, PEACE LOVE AND HAPPINESS: U.S. ALLAH

A WORD TO THE WISE

MAY IS WHEN YOU MASTER IT!!!

In the name of Allah, the Lord of All Worlds. He, to whom praises and recognition are due for having sight beyond sight, Wisdom beyond His years, and an understanding to last for all times. It is in His name, in the person of IBahiem, that I greet you my reading audience in the highest form of greeting which is, "Peace!!!"

I hope that everyone had a prosperous and healthy month of May exploring abstinence in those things that make us waiver in life. Just as proof follows a promise, so does our Show and Prove follow our month of abstaining.

In the last issue of the Sun of Man, Suns of Medina Edition, my brother, Mahdi, eloquently made it clear that behaviors, relative to personal vices, previously practiced in and around Parliaments and rallies will no longer be tolerated. To my knowledge, there were no rebuttals made at the parliament, nor through any of the conduits of communications that we have; so, it is my understanding that this stands as a general law. Those of us who are at home in Region 1, have the duty of informing those who may come from out of the city or state of the new protocol. There may be some resistance in some ciphers, yet this is about elevating our Nation in the eyes of the world and showing the proof in the promise. To those who doubt (but...but), the wisdom will descend like hail. For those who understand and abide, comes the victory of opening "our" doors to the young and pure at heart.

Matt. 22:14, Prov 24:3 Surah 39:9, Surah 39:1, Surah 59:22

Over the years, since the spring of 1963, many have come into the folds of the Nation of the 5%. Of the many, only a few have chosen to remain. And, of those that remain, even fewer have chosen themselves to be steadfast in building for/of this Nation—5% of the Five Percent if you will. Those who are "all-wise and know who the true and living God is." Those who have the understanding of Allah-God—His order, His will, and His plan. That is 61 years from our collective day one. "16" is the mirror image of "61", and in the 16th degree of the 1-40, it tells us that the 5% comes in 2 forms. All-wise and the *other*-wise. The all-wise know who the living God is and teach that. They know who the living God is because they met Him, learned from Him, and then paid forward what He had taught them.

Of the many, some are "other-wise," meaning that they have the wisdom of other(s) besides the living God, whose respective name is Allah. They have other wisdom because they do not know the living God—not directly nor by proxy. They maintain the ways of religion, worshiping something they know not what, sometimes unbeknown to themselves. "What is his own self?" (ELC1, 13°)

They try daily to incorporate these things into our Nation's teachings, thus causing separation and confusion among newcomers, the young, the older, and/or firstborn. **Egotism and arrogance are the earmarks of their wisdom and culture, which lack refinement.** Allah knew He had "good" suns and "bad" suns, and dealt with them with the **equality of brotherhood**. No force. His plan was to make them aware of the world, and how to master it through **the application of Supreme Mathematics.** It was through this type of understanding and a compassionate heart that Allah was able to reach the "good" and the "bad," and **unite them in the supreme equality of understanding.** He knew that He didn't have to come to the young as anyone else but Himself—a brother, a father, and a guide with the truth.

One thing that our Big Brother, Allah Freedom, reminds me of periodically is that Allah did not want His teachings changed in any way. He faced His own challenges from the Nation of Islam (muslims) and the Knights of Columbus Masons (and Muslim sons) that made Him stand firm on His square. Those who were around in the immediate years after His assassination had to deal with the archangels of Robert Walker, and his firstborn Muslims (The Ali's) that made those brothers **stand firm on their square.** In my time, we had to deal with the Moorish Science Temple (The Beys) and **stood firm on our square.** In the early 2000s, we had to deal with the gang invasion. A time when it was hard to tell 5% in the streets from gang members. Language and behaviors commingled so that it was hard to distinguish what REAL Islam looked like in the street. Not much has changed. We failed as a Nation to stand firm. That's why we lost the attraction of the young. Gangs have existed for a long time. That is the youthful energy bursting forth wanting to create (build) something, but with no guidance that energy soon becomes mischief and desires to destroy people, places, and things.

The piece with the magnetic will always attract the piece without. This is a physical law with no if, but nor maybe about it.

WHY ISLAM?

In the beginning, there was no beginning. Something always existed. Even if it was a speck of dust (atom), it existed and therefore was existence itself. And, within each speck (atom) was the *intelligence to stimulate life* and matter. The stimulated matter became the Sun, and its intelligence created 9 planets. Life was stimulated on the planet formed at a perfect distance of approximately 93 million miles. Through this planet, known to us as Earth, that same *intelligence* manifested itself as Man through a cycle of 9 months (birth). This manifested as a micro-cosmic replica of the universe from which he came. Similarly, man had to go through a period of self-realization to find not only his origin in this new world but also his place in the universe.

Throughout the span of the trillions of years of the Original Man's existence, he has used his intelligence to search far and wide, high and low, for his origin in this world. As a part of that search Man created myths, superstitions, folklore, witchcraft, and eventually religion. Religion became the be-all and end-all, for many, and for a small percentage, a levy of power. Power derived from deception and the keeping of secrets, such as in the confessional of the Roman Catholic Church. This was a deception that led man further from himself and created a reliance upon a mystery god that freed him of all his shortcomings, rescued him from peril, and blessed him with a plentiful bounty if he is obedient. This was a spiral of ignorance and mystery that led the world into the age of darkness. A darkness that only the light of intelligence could penetrate.

2 Corinthians 4: 6

The light that emerged from the darkness of religion was ISLAM. Not the religion of the Muslim, which has run its course like all other religions ending in bloodshed and the failure to lead man to God (himself). I am speaking of the *Islam* that existed before time itself; the Islam that is older than the Sun, moon, and stars; the Islam that established civilization and renewed the history of the planet; the Islam that the devil cannot keep and obey because he uses his intelligence to deceive; the Islam that has no record of anyone coming back from a physical death; the Islam that is the culture of the Original Man.

Intelligence Stimulating Life and Matter

"So the last shall be the first, and the first will be the last"

Matthew 24: 37

It was *intelligence stimulating life* that made the contributions of trigonometry, and chemistry, as well as major advances in medicine, astronomy, engineering, and agriculture. It was intelligence-stimulating life that manifested Fard and Elijah. Even greater, it was intelligence stimulating life that allowed Allah to see Himself, and create a Nation that has withstood the test of time. Therefore, allow your *intelligence to stimulate* your *life and* what *matters* to you.

In the meantime, I leave you as I greet you,

Peace, Your Brother, IBahiem

A WORD TO THE WISE

We can acquire wisdom through three different approaches:

The most noble approach, which belongs to the 5%, is through knowledge;

The simplest approach, which belongs to the 10%, is through imitation;

And the most painful approach, which belongs to the 85%, is through experience.

All the best, M.A.C

O Disbelievers

Do not be disheartened, do not be dismayed,
For every hardship, every price that's paid,
Is a lesson in disguise, a step in the grand scheme,
To awaken your purpose, to rekindle your dream.
Trust in the process, wisdom is the way,
For the night is darkest before the day.
In trials and tribulations, we grow and we learn,
Through the fires of struggle, our weaknesses burn.

Each moment, a message, each breath, a sign, That we are not alone, that we are divine. Crafted with purpose, endowed with grace, In the mosaic of life, we each have a place. Rise, oh people, from the mire of despair, Shake off the shackles, breathe in the air. For you are more powerful than you understand, Guided by Allah, held in His hand.

Remember, my dear 5%, you are chosen, you're blessed, In every struggle, in every test, Is the seed of greatness, the spark of a plan, Crafted by Allah, the Compassionate, the Man. Oh, non-believers of the 10%, lift your gaze high, See the horizon, the limitless sky. For you are His children, crafted with care, Designed for greatness, beyond compare.

Let go of the past, step into the new,
With Supreme Mathematics as your compass, you'll always be true.
To the path of self-discovery, to the road of your fate,
With Allah's guidance, you'll never be late.
Rise up, poor righteous teachers, with hearts full of grace,
Trust in the journey, embrace your place.
For Allah is the Author, the Master, the Guide,
With His suns as your markers, walk with pride.
Together, we'll flourish, together, we'll stand,
In the light of His teachings, hand in hand.
For the path of righteousness, the path of love,
Is written for us, from the heavens above.

Until our minds realign, MAHDI

JUNETEENTH

There was never a specific date on which slaves were released. The Emancipation Proclamation, issued in September 1862, theoretically freed slaves throughout the Confederacy, although it was only effective in territories controlled by the Union. Only a small number of slaves were originally freed, with the rest receiving freedom as Union troops approached, and many remaining imprisoned until the war's end. And when the 13th Amendment finally went into effect, it was almost a formality. Slavery existed in just a few of the surviving states and territories in the union, and not in any significant quantity. On June 19th, people commemorate the abolition of slavery in the US. There are other names for it, including Black Independence Day, Juneteenth Independence Day, Jubilee Day, Freedom Day, and Emancipation Day. On that day in 1865, around 2,000 Union soldiers arrived in Galveston Bay, Texas, signaling the arrival of freedom, Major General Gordon Granger declared the end of slavery and the Civil War. The more than 250,000 Black slaves in the state were declared free by executive edict, according to the army.

Many people believe that the Thirteenth Amendment to the United States Constitution marked the formal abolition of slavery in the country. However, it simply abolished chattel slavery, which is when an individual is considered the personal property of another. While technically abolishing the most recognized form of slavery, the Thirteenth Amendment also allowed slavery to evolve into something else, which continues to have devastating consequences for original people today. Since the Thirteenth Amendment's ratification in 1865, the exception clause has allowed slavery to continue for generations under punitive institutions. Following the Civil War, many southern states adopted Black Codes, which limited Black labor by mandating apprenticeships and labor contracts, typically with former slave owners. Black Codes also introduced convict leasing and vagrancy laws that encouraged the arrest, incarceration, and consequent re-enslavement of Black people. These laws criminalized poverty, unemployment, and homelessness in order to meet the labor requirements of former slave owners after emancipation. Noncompliance with Jim Crow rules frequently resulted in jail for Black Americans, and infractions of these laws and consequent arrests might occur as simple as eating at a kitchen counter or entering a public venue through the front entrance. Following the conclusion of the Jim Crow era, the War on Drugs exacerbated mass imprisonment by disproportionately populating America's jails with Black Americans (particularly Black men) and imposing racial control through the criminal justice system. Following Jim Crow's demise, America's racial caste system was redesigned with the notion of colorblindness in mind.

Per the teachings of the 5%, education, and self-control have always been essential components of human dignity and freedom for original people here in America and all over the planet Earth. Notwithstanding that the educational system established during the industrial era's demand for a disciplined and skilled labor force, emphasizes efficiency, obedience, and productivity which also serves as a pipeline to prison (slavery), it's what we have to work with. We, the 5%, understand that education starts at home during a child's formative years with those who love us and have our best interests at heart. Many of our kin have successfully avoided the pitfalls and traps and become productive members of society.

By preventing people from gaining knowledge and agency, systematic oppression has attempted to keep them in a state of perpetual subjugation throughout history. But original people have shown and proved that education is, has, and always will be a very effective liberation instrument, empowering them to question social conventions, fight for their rights, and follow their dreams. Additionally, education gives us the information and abilities we need to negotiate complicated systems and promote justice. By being aware of our rights and past, we can act as

change agents and confront establishments and behaviors that perpetuate discrimination. A new generation of 5% activists, academics, and community organizations committed to furthering the causes of freedom, justice, and equality fostered by education, which develops leadership abilities. But to truly maximize our equality and equity, self-discipline is just as important as education. The qualities of self-discipline include the capacity to withstand distractions and temptations, to endure hardships, and to have a clear sense of purpose. It necessitates civilization, righteousness, and the knowledge of self acknowledging one's advantages and disadvantages, and making an effort to keep getting better.

In essence, the mutually beneficial relationship between education and self-discipline frees our people from being used as tools and slaves. When combined, these two pillars offer the means and perspective required to end tyranny and unleash the potential of original people here in America and all over the planet Earth. In the pursuit of freedom for everyone, let us acknowledge the teachings of Allah, his 5%, and all civilized people who exemplify the power of education and self-discipline as we continue to war toward a more just and equitable society. The Juneteenth NYC Celebration and Parade in Harlem starts at 11:00 AM on Saturday, June 15th, 2024, and meets at 116th and 7th Ave (ACP Blvd.). The Street Fair is from 12:00 pm to 6:00 pm on 116th between Lenox Ave and 5th Ave. The Queen Earthly Jewels has done a wonderful job representing the 5% in the parade with her 22-point Team in recent years. Please reach out to her directly for further details or leave her a message at Allah School (212) 665-4175.

Your Brother In The Struggle for Freedom, Justice, and Equality, MAHDI

A UNIVERSAL VIEW

In the Northern Hemisphere, the summer solstice falls in June, marking the 'longest day' and 'shortest night' of the year. On this day, the number of hours of daylight is at its peak, while the number of hours of darkness is at its lowest. However, while most people think of the summer solstice as a day, it is actually an exact moment in time. This occurs when the hemisphere you are in is most inclined towards the Sun. The cycle of day and night is produced by our Earth's rotation on its axis which takes approximately 24 hours. The Earth completes a full year's orbit around the Sun at the same time. The Earth's rotational axis, however, does not coincide with the axis of motion around the Sun. Rather, it has a minor tilt of 23.44°. Because of this tilt, the North side of the Earth is gently tipped towards the Sun, and the South is tipped away from it for half of the year. During the remaining half of the year, the opposite holds true. The summer solstice occurs in the Northern Hemisphere at the precise moment when the hemisphere is most inclined towards the Sun. The winter solstice occurs in the Southern Hemisphere, in contrast. The winter solstice in the Northern Hemisphere occurs approximately six months after the summer solstice in the Southern Hemisphere. The equinoxes and these significant dates in the year aid in defining Earth's seasons. This year's Summer Solstice is on June 20th at 4:50 pm.