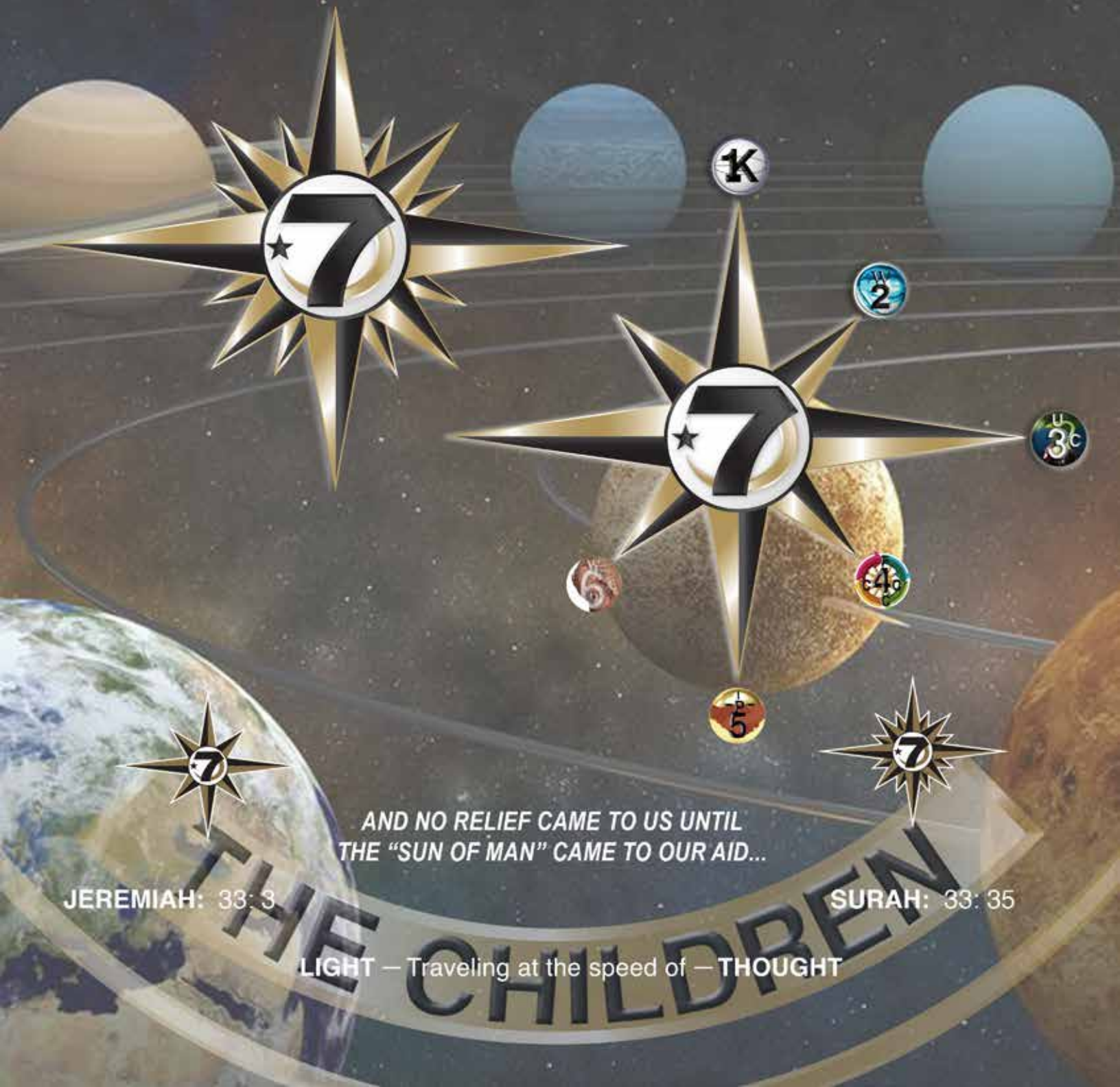


THE SUN OF MAN SUNS OF MEDINA

A FIVE PERCENT DIGEST



AND NO RELIEF CAME TO US UNTIL
THE "SUN OF MAN" CAME TO OUR AID...

JEREMIAH: 33: 3

SURAH: 33: 35

LIGHT — Traveling at the speed of — THOUGHT

THE CHILDREN

BEHOLD THE SUN OF MAN

The Sun of Man: A 5% Digest is an exercise in understanding from cover to cover, and all its knowledge and wisdom must be drawn up to reveal the understanding within it because every person must swim their own 9,000 miles. Universal Shaamgaudd Allah left specific instructions for the cover not to be deciphered for others. Each person must come to their own understanding—which they must be comfortable with—using their Supreme Mathematics. You must ask yourself who, what, where, when, why, and sometimes how, about everything you ingest mentally and/or physically. Nowadays, information travels nearly at the speed of light via the internet, misinformation, subjective realities, and alternative facts run rampant. And let's not even get into how contagious social media is. When these misleading posts go viral, we wind up with a virus-infected population because most of our youths' mental space is being invaded by PAC Math and Space Invader lessons in the form of memes, tweets, and videos. The 85% know that it rains, hails, and snows, and also hear thunder above their heads, but they do not try to learn who it is that causes all this to happen by letting the 5% teach them. He believes in the 10% on face value. Don't be that guy!

Lastly, I would like to remind our readers of the purpose of this 5% digest as decreed by its founder and his successor;

- To unite our Nation, as one, and return to the original teachings of Almighty God Allah.
- To serve as a warning to those who wish to bury these teachings, or turn them around to serve their own personal goals or those of other organizations.
- To address and face the issues that many of us would like to avoid, not deal with, or confront because it is painful to take a rigorous, honest look at ourselves for what it's really worth.
- To provide Good Orderly Direction to the ones who have a sincere and honest desire to want the most out of this life here and now.

As we approach another Tri-master, which is the 18-month period between the sixth month of a year ending in six i.e. '06, '16, '26 to the twelfth month of the following year i.e. '07, '17, '27, Universal Shaamgaudd Allah's writing about the trimaster was focused on substance abuse. In his Spaghetti Month article, he clearly stated that you are the best knower of what you have to fast from. The importance of being in the driver's seat of habit formation in your own life cannot be overstressed, the life you save may be your own, and the example you set could save the world.

The younger you begin to consistently exercise your discipline muscles the stronger they will be. The younger you identify your passion and purpose, the sooner you can focus on them and start mastering them. Make every second count, set your intention, and remain mindful of your actions. Remember, every great discovery starts with a curious mind and the courage to pursue it. Stay curious, stay proactive, and you'll create a brighter future. That is the blessing of the youth, as they say, time is on your side, so use it wisely. Nonetheless, we all have to start where we are and put in the time, life is for the living, so let's all live intentionally to show and prove that we are indeed "ALIVE!" The blessing of us all, is that there is no time like the present, it's all about here and now.

Any questions, requests, or concerns;

Email: SunOfManRemastered@gmail.com

DM: <https://www.instagram.com/sunofmanremastered/>

In the name of the Suns of a Man called Allah—more specifically His Suns of Medina—I, Mahdi, greet all the human families of the planet earth, in highest regards with the word “Peace!” Peace being the mindset of all those who have knowledge and understanding, who are comfortable and at ease with what must be done—the good, the bad and the ugly. We, the 5%, hope that all living beings find peace of mind, health and strength with minimal suffering, all the days of our lives.

Happy Degree Day to all July and August babies. The original man renews his history every 25,000 years. Three hundred sixty-five rotations is equal to one revolution, a year to every mile. Years, months and days? You do the math. So be grateful, celebrate and relish in these milestones each and every day, and each and every way. Tomorrow is promised to no man, so do not take for granted not one breath, **honor yourself by living with purpose.** The Knowledge of Self only shows you the path, you still have to blaze the trail, **by walking it to the beat of your own drum daily. The flesh has to go through its cycles, ashes to ashes and dust to dust. From knowledge through born, so the knowledge could add a cipher again and again until every degree adds a cipher, so that the knowledge could add two, then three, then four ciphers,** etc. And with that being said, our deepest condolences go out to the families of our dear brothers and sisters whose everlasting life could no longer be contained in their physical bodies. We will rejoice in their lives as they knew we would because they did not live in vain. Rest assured, as surely as the timelessness of Allah's godhood, the living energy within them, as in us all, will continue to exist. And here on Earth, their tireless efforts in execution of Allah's will within the struggle towards a greater qualitative existence will prevail.

All praises due to Allah (the God of my brothers who were blessed to know Him intimately and those who accept His teaching throughout time and space), for the privilege to host these summer rallies for our universal family, here in Medina instead of universal parliaments in Mecca. It's truly an honor to have you all visit our childhood home, the “broken land” where we received the knowledge of His will. Also, for His Suns, in particular **Gerrel, for proposing the idea to The Father, and ABG#7 for doing his duty as the Bilal, here, in the early sixties and unremittingly forevermore.** Over 30 years ago, our July rally was designated as Children's Day in Medina. We are eternally grateful to **the Firstborn of Medina who ordained it, our founders, Shatiek, AllahShaSha, Virtuous and the others** (who shall remain nameless), the Brooklyn bureaucracies who supported our endeavors including the various Mayors, Brooklyn borough Presidents, NYC Parks Commissioners, Councilmen/women and all the collaborators and contributors that have graced us throughout the years. Thank you!

Children's Day was founded with the idea to unite the children, hold space for them to mingle and share their knowledge to brainstorm new ideas and solutions. To show them that we wholeheartedly trust them to build confidently within the righteous way, which was taught to us by those who were taught directly from the man Himself, Allah, because it's up to the young to build, to be born, and as he stated in the Otisville interview “bring about another new world.” Allah God brought the knowledge to the Children, so they could change the world with intention! It's our duty to empower them to choose and pride themselves to be civilized and righteous, in the interest of challenging the unjust systems that keep us in bondage through inequality.

Peace,

MAHDI

One who sees God and Devil clearly for who they are.

All praises due to Allah and Justice—the Black and Brown—for giving us the Knowledge and Wisdom to maintain this civilization known as the 5%!

Peace,

We, at the Sun of Man: Suns of Medina, A 5% Digest, want to extend a warm welcome to the 5% Nation's 36th Annual Children's Day in Medina Parliament to our families, friends, and guests. This is an opportunity for the children of our Nation and communities at large to come together to celebrate childhood, eat, play, and be merry. **Adults who attend are expected to be of service in any way they are able. There are events that require adult supervision and involvement. The food, and various giveaways, are free and strictly for the youth.** How we are able to do this despite our personal commitments is irrelevant. What is most important is *why* we do it.

The question is “why”. What is the jewel, you ask? Well,...

Most children in America are feeling the heat of summer and enjoying their free time off from school. July is the month in which a child has the most free time. The stresses of May/June finals, promotion, and graduation have passed—hopefully, they don't have to do summer school—and the August preparation for the upcoming semester has not yet begun. Trips to visit relatives and remote places are the norm for families who can afford to do such things in today's economy. The rest remain in the house not doing much. The ones who are old enough to go outside unsupervised, get summer jobs, and/or soon find a tract of mischief. They learn about the world by what they see on the block. **A world that is cold, callous, and uncaring.**

We, the 5%, understand that the easiest way to relate to any child is by showing them you care. After all, Allah was able to build a Nation based on this idea. In fact, **many of us who came into this Knowledge young was because some older brother showed us that he cared about us and our mental state of being.** This was a new approach to the world. Most families referred their “troubled” youth out to be treated by either clergy or clinicians. The alienation we see in the young today is a direct result of that. How many young people have you heard about that are on medication for anxiety, bi-polar disorders, schizophrenia, and the like? Most parents have no understanding of these times and the degrees of anguish and anxiety young people are experiencing. So, they refer their young to the clinicians to “cure” them or the clergy to “cleanse” them. **The clinicians are either textbook geniuses, at best, or educated guessers, at worst, while the clergy has only religious guidance to give. Perception is reality. The child being referred out of the home produces a disconnect and feeling of neglect. Hence, a lack of care.**

Understanding is the greatest thing in the world. It is with understanding that one can visualize something relayed verbally. We refer to the children as *the understanding*. Not so much because they are greater than those that came before them, but **by watching them grow, you can SEE the past,**

present and future. Whereas, an older person will only look back at the history they made, and dread the fate that awaits them.

Know this... Fathers and Mothers have been celebrated for a long time. Yet, so many don't celebrate the child for making them parents. Today, we give all we have and all within our powers to bring the children of our Nation and communities together to let them know they are celebrated, too.

THE BABIES ARE THE GREATEST possibility for change! The proof is in what you put in.

As I close, I will leave you with a few quotes. The Sun (father) and Moon (mother) have attractive powers, so draw it up.

I read in a book what a white man said one time, and I take all book knowledge and use it to benefit myself. I don't care who I heard it from. He said; The wealth of a country is the children. Not the money. Once upon a time, there was no money. The wealth of any country is the children. ~Allah "The Father", Otisville interview Nov. 15, 1967

The true wealth of a nation lies not in its gold or silver, but in its learning, wisdom and in the uprightness of its sons. ~Kahlil Gibran, circa 1924

If you don't know the plan then you don't know the man!

Peace!

Your brother in service to the youth,

IBahiem

A WORD TO THE WISE

If you don't get it, here's a handshake.

Peace,

Virtuous Allah.

In the name of Allah and His righteous sons, I greet you with "Peace!"

Again, we are at the point on the Gregorian calendar marked "July", written in as the 7th month, and the month in which we were always reminded by our tio and others, "**The Jews lied and crucified Jesus Christ.**" We were informed to go read the story in the bible of Jesus and how this applied to:

"Just-U-Love (Hell or Right)–Why?"

This is the seventh month, the number seven (7) in our Supreme Mathematics is Allah God, and our National Anthem states that *God came to teach us of the righteous way*. That "us" is the first generation 5%, and they were the ones who saved those who came after them with the teachings and corrections of Almighty God Allah. As we honor them, everyday, not just in JUNE, we do as they did and honor all those who have come after us and accepted the teachings with pure hearts in its simplest form—with no strings attached or ulterior motives. That brings me to:

**"Just-You-Love-Why"
"Just-You–Hell-Why" and/or
"Just-You-Right-Why"**

The month we, the youth within the teachings and our peers, were given praise as the *children* of the 5% Nation, where we were allowed to bring our fruit (students), family members, and all those who have respected the truth as it was being taught. Now, the number "7" and the letter "C" play a significant part in what and how we were told to draw up the relationship of "July" being the month for the "Children". The answer sits right on the tip of your nose once you have drawn it up in its simplest form.

7-Allah God, the man with the understanding, the vision to see (C) clearly that the letter "C" is for the *children* and that the understanding is for them. **As we were celebrated for our accomplishments and achievements as young 5%**, along with the children within the communities we all came from. We were instructed to **do the same with those we introduced to the knowledge of Allah's Supreme Mathematics and the culture of the 5%**, to show and prove that the *knowledge* and *understanding* can be seen as one and the same. We were reminded that **a seed is a seed**, and as I stated at the start of this introduction of what the number 7 is and means in simplicity, that is where it stands with simplicity.

The seven (7) and the star (*), that is the *knowledge* and the *understanding*, which was bestowed upon Medina by Allah, as it was given to us. July is the month we celebrate the children (young), show them how much they mean to us, how we see them, we hear them, and we, what? Understand them. That is

all we, as children, ever wanted, and it was all our brothers wanted when Allah came to them when *the knowledge and wisdom of the original man was first found* to them.

So, let's give honor to our children, and their children, and to children all over the planet earth, to show and prove that Allah is God, always has been and always will be. Let the children be the future, for they are the ones who will save the, what? World!

In the name of Allah,
your Brother for forever and a day,

Divinejustice (D'Jaa),

Peace!

A UNIVERSAL VIEW

As summer continues, the daily periods of sunlight continue to shorten from their longest on the summer solstice on June 20, 2024. On Sunday, July 21, (the day of the full Moon), morning twilight will begin at 4:52 AM, sunrise will be at 6:00 AM, solar noon at 1:15 PM when the Sun will reach its maximum altitude of 71.4 degrees, sunset will be at 8:28 PM, and evening twilight will end at 9:37 PM. By Monday, Aug. 21, (the day of the next full Moon), morning twilight will begin at 5:24 AM, sunrise will be at 6:26 AM, solar noon at 1:11 PM when the Sun will reach its maximum altitude of 63.6 degrees, sunset will be at 7:57 PM, and evening twilight will end at 8:58 PM. The last full Moon was Sunday morning, July 21, 2024, appearing opposite the Sun (in Earth-based longitude) at 6:17 AM EDT. The Buck Moon will appear full for about three days around this time, from Friday evening through Monday morning, making this a full Moon weekend.

The Maine Farmers' Almanac began publishing "Indian" names for full Moons in the 1930s and these names are now widely known and used. This one is called the Buck Moon. Early summer is normally when the new antlers of buck deer push out of their foreheads in coatings of velvety fur. They also called this the Thunder Moon because of early Summer's frequent thunderstorms. In late spring, male deer start to grow new antlers, and these new antlers, coated in velvety fur, can be fully visible by July. It is considered **a time of growth, renewal and regeneration**, because this is the time when deer renew their antlers and this point represents **personal growth and transformation**. We, the 5%, do not believe in the teachings of the 10%, or any coincidences for that matter because we comprehend the last sentence of the 8° of the LFML#2 (aka 1-40), "In fact, all of the above is caused by the Son of Man." It is no accident that this Moon will take us into the next month "Allah You God, when we were taught to Raise Our Rods." **The alignment of the stars, and the order of Supreme Mathematics are according to natural laws, it is what it is.** As above, so below, so not only do you have to trust the process, you must engage in the process and this is what it means to Build. Everything happens for a reason, make no mistake about it. There is no mystery God. Accept it or reject it.

Peace,
MAHDI

In the name of Allah, Justice C, and The 5% Nation. Peace!

Welcome to Children's Day in Medina. We (the 5%) are here to show and prove Why our Love is Just for You (the children and youth).

Just-Your-Love-(is)Why

JULY. The 7th month of the Gregorian calendar year. The 5% teach that this is the Allah God month:

Justice-You-Love-Why, Justice-You-Hell-Why, or Justice-You-Right-Why

The month of July presents us with a few choices, **what will you choose?** Just-You-Love? Just-You-Hell?? Or, Just-You-Right??? And you MUST KNOW AND UNDERSTAND "WHY?" Those of Us with Understanding (not with mere Knowledge and Wisdom) have, and will continue to LEAVE HELL (not Love it) by showing and proving that we are RIGHT & EXACT. **Leave Hell, Love Heaven, and Live Right and Exact.** We don't teach anyone to Love Hell. Why would we do that when we found them in Hell and introduced them to Heaven? That's backwards, and it doesn't make sense at all. The age-old erroneous saying, "You gotta love hell to come out right" has a manipulative undertone similar to that of George Orwell's doublespeak in his book 1984, "War is Peace, Freedom is Slavery, Ignorance is Strength, and $2 + 2 = 5$."

That is not living nor teaching mathematics. That's free-styling to appear to know what you're talking about; however, when put under examination it makes no sense. The 5% makes it ALL make sense. How you see it is great for you; however, it doesn't mean it's right and exact. **Embracing Allah's mindset means you Love Yourself, You Know Yourself, and for those of us with a few miles in this world, We Love the children and the youth, and that we have and want to share Allah's Knowledge, Allah's Wisdom, Allah's Understanding, Allah's Culture, Allah's Power, Allah's Equality, that You're Allah's God (young men), as well as Allah's Reflection (young woman), fulfilling Allah's decree to Build or Destroy, Allah's Born Alive in You, and now knowing this you add it all onto other Ciphers,** which is none other than a person place and thing. Keep it simple. Don't add to Allah's teachings, and Don't take away from Allah's teachings.

It was just Allah's Love that showed and proved to the youth of His time WHY it was/is so important to be civilized and righteous in this world. We (the 5%) embrace the love given by Allah to His 5% and that's why we are here today giving all we have and all within our power to equalize His greatness.

In The Name Of Allah!

Our way of life is to live His supreme mathematics and supreme alphabet day in and day out. Never forsaking the love that was bestowed upon us. Through the good and the bad, the right and the wrong, We (the 5%) will remain steadfast and be who we say we are through actions that can be verified by words.

YOU ARE WHO YOU ARE BECAUSE OF WHAT YOU DO NOT WHAT YOU SAY.

Enjoy the summer months of 2024. Love yourself, and allow yourself and your peers to embrace what you have learned. The teachings of Almighty God Allah will forever remain relevant as long as WE (the 5%) continue to be relevant. Teach, teach, and teach some more. As our Firstborn ABG#7 told us years, months, and days ago, “God can’t teach God nothing.” You must be amongst those who know not. Meaning the uncivilized not the savage. Again, those with understanding will understand those without won’t have a clue.

We, the 5%, exemplify and provide Good-Orderly-Direction for the young because we aren’t going to allow our people to Get Old and Dumb. Allah will forever be God. Children and youth of today WE, the 5%, LOVE YOU.

Peace

God Trueborn My Allah



The Nation's EGO

Just as any other person or group of people that are adamant about what they know and believe to be true, we as 5%, are adamant about what we know, teach, and understand, too. And how we teach it and live it may come across people, among other things, as disrespectful, arrogant, egotistical, etc. Our Nation is about **Gods/men teaching boys to be Gods/men, and girls to be women/Earths**, and because we have **so many opposing factors to combat**, our passion is expressed much in the way that anyone expresses their passion for a thing they are committed to. We are not of self-doubt, under-confidence, self-deprecation, etc. Sometimes, profanity may come out; however, don't get it twisted. **The use of profanity is not only a sign of limited vocabulary, it is also a sign of passion.** The context will tell.

The older Gods and Earths (be they your parents or someone that is teaching you), and other positive people in your life, are here to **help build you, your self-esteem, your ego.... And we are very passionate about what we know, teach, and understand to be *the truth, the whole truth, and nothing but the truth!*** And our truth is taught freely!

The greatest wealth of any nation is its children. And we are passionate about teaching the youth, because that's what keeps us young and alive, too. We get to live vicariously and infinitely through you. Don't pay us no mind, it's **Just Us Living Youthfully** (through You)!

The Gods, of Allah's 5%, used to and may still say *father* means to "fat-her". Well, what about his offspring? He has to fat them, too? And, he has to do that regardless if he is together with their mother or not. He still has to teach them, "each and every day, each and every way!" **Just because the Earth/mother/woman is the natural nurturer doesn't mean that the God/father/man is not a natural nurturer also.** Where did she get it from? Let me show you how Supreme Mathematics works. Today's mathematics is Wisdom Build (28th), and $\frac{1}{2}$ of 28 is, what? 14. Where did she acquire *MGT (Muslim Girl's Training) and GCC (General Civilization Classes)* from? Back in the day, God nurtured the Earth, so that he could hunt, gather, farm, work, provide, etc., while the Earth would stay at home and turnkey it to the young Gods and Earths—*how to keep house, how to rear their children, how to take care of their husbands, sew, cook and, in general, how to act at home and abroad.* However, we live in times where a single or both parents are providers; therefore, guess what? The single or both parents have to be nurturers, too. Some people may not like the various terms for a parent wearing both hats. We know that the male or female cannot provide 100% of what the other parent provides; however, they do the most that they can to fill the void of the other parent, and to give that young God or Earth the most of parents' (best of both worlds) upbringing as possible. **As Gods and Earths (parents), they want to raise you, their little boys and girls, to be big men and women, and eventually into great Gods and Earths.** They do not, and you should not need nor want the streets, media, the arts, entertainment, past, present, or future experiences, agenda pushers, etc. shaping and molding you into

the different things we see in society that are contrary to our teachings, morals, and way of life, which we would love to see you living in the near future.

On Sunday, June 30th, many of you may have tuned into the BET Awards 2024. As per any of the live shows, there are plenty of things that go on that are not broadcasted; so, you may have wondered what Usher continued on to say after he was cut off. You may want to go on social media and find it in its entirety, but there were some things that he said that resonated with me. To loosely quote Usher, while not addressing the politics of the entertainment industry, he said something to the extent of, **this is the Year of the Fathers, where all the fathers have to stand up for their sons and daughters, and be the men they could be for them.** As I previously stated, regardless, if your father and mother are together or not, your father has to be there to uphold his part of being responsible for you. They are both responsible for you—**the Sun (father) and Moon (mother) have attractive powers on you.**

Usher later mentioned EGO, and how he rebranded it as **Expressing Goals Outwardly**, no matter what people may see, no matter what people may feel, no matter... because that's the only way it will become a reality, you have to see it... This is what I committed to. You're going to have a cast of people that are going to be with you and a cast of people who are going to hate you. So long as you stay connected to what you feel, what you love, what you are committed to, something amazing will happen, and God will show up. He always does...

In other words, at some point in time, your father/mother/enlightener got the Knowledge of themselves—they were **built** up (8) and eventually they **learned how to build** (18). $1 + 8 = 9$, what happened 9 months later? They were, what? *Born!* On average, it should only take about 9 months to commit 120° to memory. Then, they turn-keyed that Knowledge by **building you up** (28). $2 + 8 = 10$, and *the Knowledge of the Cipher is to*, what? Enlighten you! And as *they continue, daily to teach* you and watch you grow and develop, they get to **see the fruit of their labor** (38). **When you have positive people around you bettering themselves and working hard at bettering you, it feeds your ego. They are pouring their best selves into you.** Therefore, those trying to bring negative things/energy in your life/circumference become irrelevant. Your self-esteem is too high for them to touch it. Their *arms are too short to box with God!* The God/Earth that your parent(s)/enlightener instilled in you will show up. It always does, because the numbers/Supreme Mathematics don't lie! $3 + 8 = 11$, **WORD IS BOND, REGARDLESS TO WHOM OR WHAT! The God/Earth in you will be known, heard, and seen everywhere. The Truth that is Unknown (2024), will become the Truth Known (2024)—the difference between Wisdom that is Cultivated and Wisdom that has Freedom.**

You have to **Express your Goals Outwardly**, to yourself in the mirror, on a daily basis to make them a reality. Don't be afraid to be adamant, outspoken, egotistical, etc. about what your parents/enlightener has/have taught you. It will become real, you will see it, and so will everyone else because this is what you committed to, and this is what you brought to fruition. **Yes, we have and have to have an EGO!** We are adamant, egotistical, arrogant, and all of those things, because **while everyone else is manufacturing devil** [drug addicts, twerkers, gang members, prostitutes, LGBTQ+(LMNO)P, career

criminals, schools to prisons pipelines, ZeusTV, Sexyy Reds, Lil Nas Xs, etc.], **we're building/making Gods and Earths!**

We, as a Nation, **Express our Goal Outwardly (EGO); we are here to save the babies, to take good care of them, to educate them, and some day, they will grow up to be great Gods and Earths!**

Additive & Preservatives: A few hours ago—at the time of this writing—we physically lost the God, **Master Najee Allah**, and our young sister, **Ebony**, daughter of our brother, Dupreme Allah from the Core 5. And a few days ago, we got word of the murder of the young brother, **Sharan Black Prince**, son of Iniah Freedom. **Condolences to the families, and the 5% Nation. The will of Allah is still being fulfilled everyday.** I would be remiss if I didn't mention the physical loss of our Brother/God/King/Father/Son/Uncle/Grandfather/Teacher/Friend, and then some..., the only **Black Sun**, and as he would ask, "What's the beat?" And our Sister/Earth/Queen/Mother/Daughter/Aunt/Grandmother/Teacher/Friend, and then some..., **Queen Aquasia Earth**, and as I would ask, "¿Que lo que, con que lo que, mi Hermana?" My deepest, most heartfelt condolences to both families. Sorry for OUR loss. All praises due to the God Blacksun and Aquasia Earth. **It is very difficult for me to prepare for and think about any Children's Day without having these two warriors somewhere in the cipher.**

Vol. 2 (1969-1979): Second Call

Peace to the Gods and Earths of this beautiful Nation. This is my SECOND CALL. Those of you who got Knowledge of Self and were around after June 13, 1969 up to 1973, and would like a chance to enter a chapter in The True History of Allah and His 5% Vol. 2 (1969-1979). This is an opportunity for you to submit it, and have it included in Volume 2. If you're qualified to write someone's story, that has gone back to the essence, this is the time to put their history out. Gather any pictures, articles, proof, etc. Your/their history and story will have to be verified before publication. Therefore, if you know that you/they were not around, please do not waste my time. Please submit your chapter to Understanding Allah at GruniUn7@Gmail.com by September 30, 2024—ABSOLUTELY NO EXCUSES!!! I will make extensions as I see fit. In the subject bar, enter Second Call and your or the person's name. The other calls will be announced in the upcoming SOM issues. So, heads up, if you received the Knowledge of Self post the assassination in 1969 and up to Dec 31, 1979, I would suggest that you start writing, gathering your artifacts, proof, etc. And if you're qualified to write someone's story, that has gone back to the essence, this is an opportunity for you, too. However, please do not begin to submit anything yet.

Peace & lots of Love,

Your Brother and Companion,

Understanding Allah, M.Ed

First Annual Children's Day In H-Medina

*Peace! I come in the righteous name of **Born Almighty Allah**, the Yellow Seed from H-Medina. I fast that this article reaches you in your heights of health, mentally and physically. The babies are the greatest! Seeing that Children's Day is approaching, I wanted to share a brief history of how Children's Day was established on this part of the Planet, formerly known as "He and Her Truth Known" (Houston, Tx), and was changed to H-Medina shortly after this Glorious Day.*

Our first **Children's Day** was spearheaded by the God **Sirius Mathematics Allah** and me, **Born Almighty Allah**, along with a collective effort from the **H-Medina cipher**. It started out with the God and I having brief conversations dealing with the wellness of our youth, as well as the establishment of our official Youth Office here in H- Medina in the month of **July 2022**, which was spearheaded as a 501c3. Now, the funny thing is that at this time, **the cipher was actually known as, "He and Her Truth Known"**. However, we established the **Youth Office** here as the, "**H-Medina Youth Office**". For reasons being, **the southwest region of Houston was where the original teachings first came by way of Trueborn My Allah**, and spread to other various parts of Houston; not only that, but **the southwest has always been known as a concrete jungle, where you had to have heart and strength to thrive—a place that breeds warriors like no other**. For this reason, it became known as **H-Medina** given its **parallel to Medina (Brooklyn, NY) Land of the Warriors**. When dealing with our cipher's history, **H-Medina has always been the heart of He and Her Truth Known**. Over the course of several months, the God Sirius Mathematics and I started having build's regarding working to **establish a Children's Day in H-Medina**.

One day, in **early February of 2023**, the God Trueborn was building with me about the idea that he and the Gods had been building on, a flag for all the children that are a part of this cipher. It was around this time, **Sirius Mathematics and I** started putting more energy into **brainstorming ideas for a possible Children's Day** in the near future. We, then, began collecting the correct spellings of all our babies born into this Nation, by way of the True and Living Gods and Earths that are a part of this cipher. It was at this time **Trueborn, Sirius Mathematics, Self Saviour Allah, and I** started discussing **utilizing a 16-point Children's Day flag to commemorate the babies as well as our Medina roots**. Several weeks later, **we all had agreed** on the use of the 16-point flag, and by this time all names had been collected. Now, it was time for me to go to the drawing board on how, exactly, I was going to design this new flag for the babies. I created a basic template of my idea, including everything we discussed, and a few add ons that came to mind. Then, I showed it to my brothers, and they were satisfied with the template, so we were all in agreement this was going to be the flag.

Next, our brother **Trueborn got us connected with the God Saekuan Allah**, one of our flag makers in this Nation. I gave the God a call, and manifested what I was striving to get done. From there it was a *Go!* In April, while visiting New York, the God **Allah Lyfe and I met up**. I told the God I needed to get with Saekuan, so we ended up traveling to the God's rest. I was able to formally introduce myself—in the physical—to the God, and we sat and kicked it for a couple hours. Then, after we had established an agreement on how we (the cipher) wanted the flag manifested, I was out. During the course of two months, we exchanged brief conversation about the progress of the flag. It was around the beginning of this time (late April) that we had finally established the concept of having a Children's Day in Houston, and agreed that on this day we would present the flag to the babies. It was at this time, as well, that I had started preparing the flyers for our Children's Day. Saekuan took the concept I had given him, and added on with his own artistic insight on how to go about making a flag the babies would enjoy. Half way through the creation of our Children's Day flag, **Saekuan** had reached out to me and told me, **"God, you know you're going to have to show and prove this Flag, right?"** I responded, **"I know God, WE ready!"** Then, **I began going into detail on the science of the 16-point flag applying to the babies, and it also being a commemoration to their Medina roots. With that, the God said, "Peace!"** Now, at this time, I had started creating the design for our Children's Day t-shirts, which resulted in the cipher coming to an agreement about having the event in **H-Medina at the Alief Community Center Park**. The t-shirts would have a **16-point flag, the Houston, TX skyline, and the words, "2023 CHILDREN'S DAY in H-MEDINA"**.

Children's Day was a month away by the time I started the production of our t-shirts. The God **Sirius Mathematics and I, along with a collective effort from the rest of the cipher (H-Medina)**, began to **contribute the gold (money)** that we already had discussed—months in advance—for the event. We went through **many different ups and downs** trying to organize the event, **to see to it that everything was done right and exact**. From the location, weather, games, food and drinks—we were on top of everything. We made sure **everything was done properly and to the babies' best interest**.

Now, two weeks before Children's Day, our flag was complete, and the God, Trueborn, got with Saekuan to retrieve it. He shipped it overnight to us, along with a wooden piece of art with "Allah" on it, and Children's Day towels. We opened the box at the God, Born Mathematics Allah's, barbershop.

Two weeks later, **July 30th, 2023, we held our First Annual Children's Day in H- Medina**. The turnout was amazing, and exceeded even our expectations. **The H-Medina cipher really came through in regards to contributing towards the event, as well as helping spearhead it, and see it all the way through. The babies were in full effect—running, playing and building among their peers—all while enjoying some delicious food, and having a ball in the presence of their universal family,...** and the rest is history!

Shout outs to **Self Ruler Allah** for manning the grill that day! We had an **epic tug-o-war contest** that had to go about 3 tie-breaking rounds. A **sack race** that challenged the babies speed and coordination, as well as **Jumbo Tic-Tac-Toe**, and a few other smaller games. I passed out **Children's Day t-shirts** to everyone in attendance. **Prizes** were given out, and every baby received a **goodie bag** with their very own **Supreme Mathematics coloring book**, which was **created by I-Moon Mathematics**, the moon of the God, **Born Mathematics Allah**. Extra shout out to **I-Moon Mathematics and Mercedes**, the young moon of Master Rule Allah, for helping organize all the goodie bags for the babies—**dealing in Supreme Equality!**

To say the babies had a blast is an understatement. **I don't think there's any picture out there that could fully capture the fun and joy of that day.** We capped the day off by gathering all the babies together to **present them with their very own flag**, which had each and every one of their names on it in an artistic fashion that made it a true masterpiece. **There we were Gods, Earths, and the BABIES at the heart of H-Medina with the sun beaming down on us as we stood holding the flag.** A flag which is **white with gold, shining tassels radiating like no other.** One that had 16-points in the center that represents the travels our babies make as they learn and teach. It read, **“In The Name Of The Children”** with **“TRIBE OF JAABBAR”**, our tribal name across the top, and **“Intellectual Warriors”** written underneath. Last, but not least, **“He and Her Truth Known”** was placed at the bottom of the flag. We chose a white flag because most people acquaint the **white part** of our Universal Flag with the **“white clouds of deception”** based on what **U.S.A. (Universal Shaamgaudd Allah)** wrote in the **SOM (Sun of Man)**. However, we know and understand the science of *the cream of the planet Earth*, which represents the best parts of life, for it is the cream that rises to the top! **A SEED IS A SEED! The seeds that we plant in our everyday walk of life are in fact the best parts due to being rooted in this culture!** Those best parts being our children who are the youth. Therefore, we created something that represented them to the fullest as each baby's name was artistically placed throughout the flag representing the stars and moons shining bright within our Universal Family! Twenty-nine children to be exact, all born into this Nation on this great part of the planet! If you look closely, you can see how the God Saekuan artistically created a solar flare/electromagnetic wave emitting from the 16-point flag using the babies names, showing them a physical representation of just how great they truly are. For they will be the ones to carry this Nation on its high tides in the very near future, taking all that is potential energy and making it manifest throughout all parts of our planet, and showing and proving the greatness of our Nation by being the PEACE that attracts and distributes all beacons of light that this planet is in need of!

With that being said, there was no better day to commemorate our children as well as their Medina roots, than the day that was manifested to highlight the greatness in all of them. **Children's Day in H-Medina was a HUGE SUCCESS!**

THE BABIES HAVE ALWAYS BEEN THE GREATEST!

I would just like to give one last praise, and salutations to ALL the Gods and Earths on this part of the planet, H-Medina (Houston, Tx), for doing their part in coming together for the greater common goal, which IS and ALWAYS will be the CHILDREN. We really showed out with this one in planning, coordinating, and carrying out every single agreement until it came into fruition, and this is the reward—seeing the smiles on these babies faces, and hearing the joys of laughter echoed all throughout the park.

I would also like to thank everyone who came out and got to experience the 5% Nation at its highest equality. It was definitely a wonderful experience. The games were fun, the food was delicious, and most importantly, these children made history and will remember this day and cherish it for the rest of their lives. Once again, thanks to my Universal Family for being who you are, and keeping your word bond by showing and proving what this Nation is really about. It was a beautiful experience, and I'm so grateful to have been a part of it all. This is what our Nation is truly about, making things tangible for our children, and the youth all around us, that way they can see the greatness and divinity in themselves, and be able to walk away with the best parts ...**LOVE, PEACE, and HAPPINESS!**

Shout out to ALL the babies for being who they are, showing and proving to us what success looks like. This Children's Day was spearheaded on behalf of Y'ALL: **Born Self, Kimaya, I-Moon Mathematics, Mecca Love Born, Empress, Yris True, Shateek, Divine Justice, Born Divine, Zig Zag Z, Everlasting Master, Myami, Gykee Born, KiSun, Jordynn, Suncere, Samir, Legaci, Savior I Divine, Prince Messiah, Honesty U Asia, Zakiya Precise, Ny'Asia Medina, My'Sun Born, Zion Sincere, Knowledge Born, Magnetic-I-Moon, and King Justice.**

ALL PRAISES ARE FOREVER DUE TO Y'ALL!!! Keep being GREAT while continuing to learn, elevate, and enjoy life...This is what MATHEMATICS is truly about, PEACE!

Until Our Minds Meet Again...

(P)ROPER (E)DUCATION (A)LWAYS (C)ORRECTS (E)RROR !



Your Brother in Trial and Tribulations.

BORN ALMIGHTY ALLAH !

The Understanding Seed Of Perfection.

THE SUPREME EXAMINER

H-MEDINA

