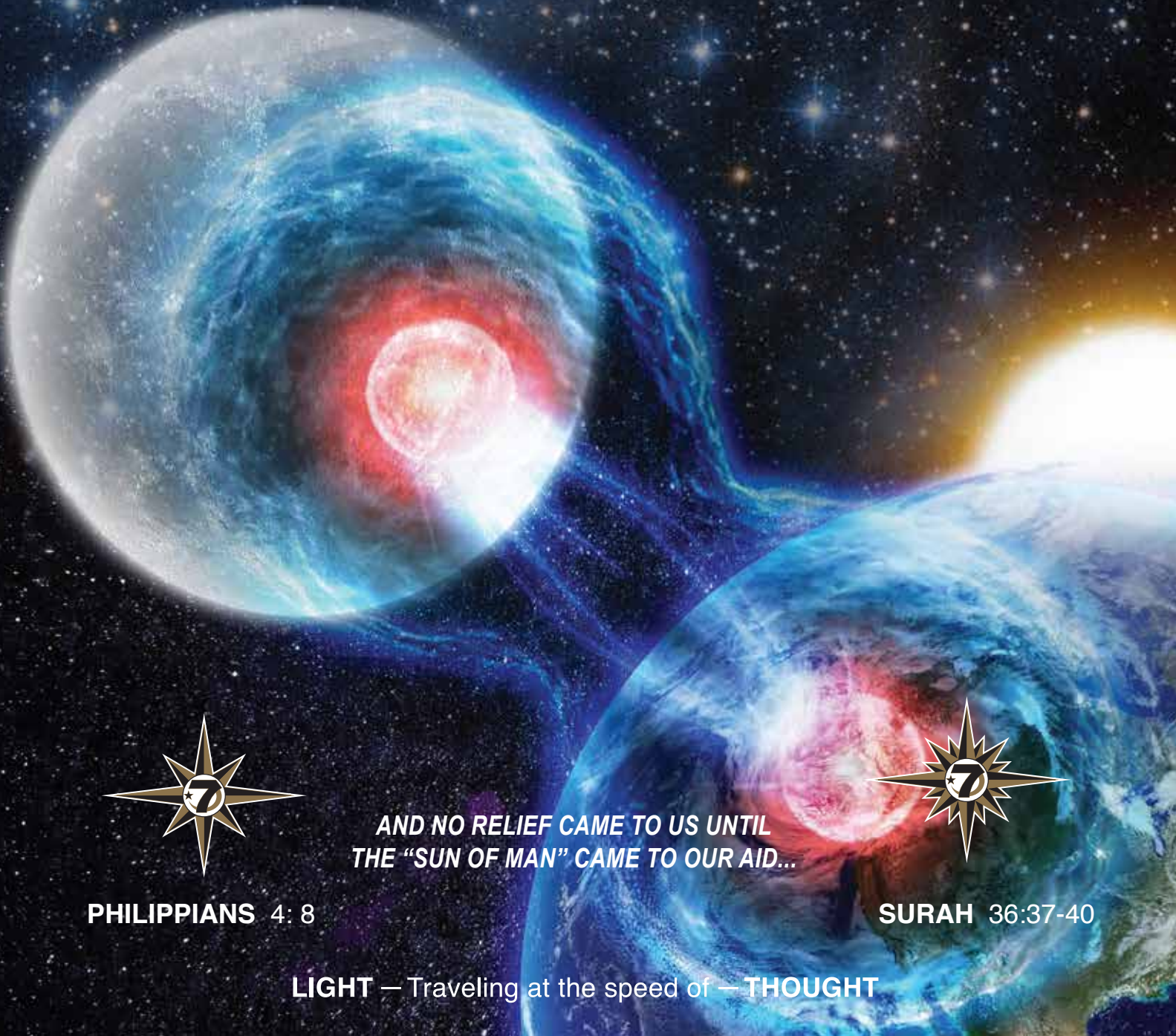


THE SUN OF MAN SUNS OF MEDINA



A
FIVE
PERCENT
DIGEST



PHILIPPIANS 4: 8

*AND NO RELIEF CAME TO US UNTIL
THE "SUN OF MAN" CAME TO OUR AID...*



SURAH 36:37-40

LIGHT — Traveling at the speed of — **THOUGHT**

In the name of the Master Architect & His Divine Instruction to "TEACH ON", I Salute You All, our family, friends and community with the word PEACE!!! We, the Suns of Medina hope that all our readers are experiencing life at it's maximum equality, of sound mind and disease free. As for us, we are beyond grateful for the opportunities to work our father's business and reap the rewards thereof by showing and proving how simple it is.

First, we would like to welcome you all to our first Medina rally of 2023 and give praise to Allah for allowing us to host our nation's summertime universal gatherings, thanks to our brother and/or uncle Gerrel for asking him for the honor and privilege.

We would also like to take a moment to honor, congratulate and extend felicitations to Allah's cream, the 5% within the graduating classes of 2023 and their peers who walk along side them. You all, are the fulfillment of Allah God's vision and what this thing of our's is all about. Every generation brings about a change, from log cabins to skyscrapers, the future belongs to those that prepare them themselves. This is your time to dream big, work hard and build relationships while having what should be, the most fun of your life. Always keep in mind that the road to success is paved in failure because it doesn't matter how many times you fall, what matters is that you always get back up. So learn from your mistakes and try not to repeat them, always moving forward and onward. Steadfastness, perseverance, fasting and praying are the keys to accomplishment. We would wish you luck but you don't need it because luck is when opportunity, preparation and timing are perfectly aligned, and this is your time. So as my brother Allah B would say, "Get to the money".

Lovingly,
your brother & companion,

MAHDI

P.S. July Rally is Children's Day in Medina, Fort Greene Park, Myrtle Ave. between St. Edwards Street and North Portland Ave. Please bring your children and their friends. There will be food and activities.



A TREE IS KNOWN BY THE FRUIT IT BEARS



ALL PRAISES DUE

IN THE NAME OF ALLAH, OUR FATHER, THE TRUE AND LIVING GOD AND LORD OF ALL WORLDS, AND HIS SUN ALLAH INTELLIGENCE, DO I GREET YOU ALL IN THE MOST-HIGHEST RESPECTS OF THE UNIVERSE WHICH IS PEACE!

"The 24 Scientists"

Revelation, Chapter 4: verse 4 states, "And round about the throne were four and twenty seats: and upon the seats I saw four and twenty elders sitting, clothed in white raiment; and they had on their heads crowns of gold." The scripture goes on to say there was a sea of glass like unto a crystal. A crystal is mentioned here because a crystal is used to foretell an unforeseen or future event; to give a crystal clear picture of what is to come. Which are the days we are living in now. These days are represented by the 4 beasts spoken of in this same chapter. One was a lion, the other a calf or ox; the third was a beast with the face of a man, and the last was an eagle. Each had 6 wings about them meaning they couldn't fly nor rise no higher than 6, which is the number of the beast!

The lion represented the beast whose sexual appetite and thirst for the flesh was overwhelming. He is known as the king of the jungle and will have you trapped in 6, living a jungle life, a slave of the flesh, and one's carnal desires.

The calf or the ox is the castrated bull. This animal can heave up to a ton and represents the male with his manhood cut from under him (no balls) and pulling a ton of emotions with him. All brawn and no brains, trapped in 6 (or sex), and a deviant unable to escape the gravity pull of his sexual perversions!

The third is the beast man. Living a beast way of life and using trick-knowledge to keep others blind to themselves and trapped in 6 with him.

The eagle is the beast of the sky keeping you high on drugs, high on money, high on fame and a false sense of superiority until you are no longer high and can fly no more! Trapped in 6, in a cloud of confusion and self-destruction. The result of this behavior is death— be it a mental death or a physical one!

The 24 scientists, who have taught us how to become Gods on the Earth and to rise above 6 on every occasion, are who the 5 Percenters pay homage to. Those who never got stuck on the clock (24 hrs) or trapped in time to become a part of everything ungodly, for they gave ALL they had and ALL within their powers to show and prove Allah is the God, always has been and always will be; who took them out of the grave or world of 6, and gave them the Knowledge of Self. These 24 scientists are as follows:

Black Messiah	Uhoso	Raleak
Al Salaam	Bali	Sha Sha
FB Prince	Taleak	Gykee Mathematics
Uhura	Akim	Goddef
Bishme	Universal Shaamgaudd	Ali
Akbar	Siheem	Ahmad
ABG#7	Knowledge God	
Al Jamil	Hasheem	
Kiheem	Byheem	

These are the first Master Builders of rain, hail, snow and earthquakes, for the water can rise no higher than 6 and the weight of the Earth no heavier than 6 (sextillion tons)! And, as long as the Suns of Allah or the Gods of the Earth keep shining the light or speaking the Truth, we will keep the people out of a sea of ignorance, while evaporating all clouds of deception!!!

Peace to all the human families of the planet Earth! Peace to the Gods and Peace to Earths!

Drafted revised and Composed solely by Almighty God—Allah Intelligence. Peace!

Add-on...

COMMENT: I have a problem with the eagle symbolizing human addiction and the height of their addiction soaring like an eagle. The eagle has always represented dignity, unity, and pride. I can't wrap that around my head, not yet.

RESPONSE: PEACE! This is no ordinary eagle. See, this eagle had 6 wings. Now that's the part that needs Understanding right there. Allah said, "Understanding is for the 5 Percent!" Some only have Knowledge and Wisdom, while the 5 Percent look deeper to extract or pull out the best part, which is the Understanding!

Now what eagle needs 6 wings when it already has 2 wings to fly with? The number 6 has a deeper meaning. Revelation, Chapter 13: verse 18 states, "Here is Wisdom—Let he who hath Understanding count the number of the beast; for it is the number of a man; and his number is 6 hundred threescore and 6."

The verses in chapter 4 are talking about human beings who have become like beasts of the field, deceived by the beast man whose number is 6! This beast man will have you living a beast way of life if you get trapped in his world. These worlds involve every form of negative behavior imaginable. Deception, lies, fornication, drugs, stealing, adultery, murder, and the list goes on. These are the "Last Days" spoken of in the Book of Revelations by St. John the Divine. And, in the Last Days the beast man will roar like a lion, soar or fly like an eagle, become as strong as an ox, and take trick-knowledge to its highest level to trap as many as he can, because he knows his time is up!

So, don't fall victim to the trap no matter how powerful the temptation. Hold fast to the laws of Allah (God), stay on your square, and your reward will be great in the End, for the expiration date of the beast man is upon him! However, he doesn't want to die alone, so he seeks to bring as many as he can into this hellfire with him. The hellfire I speak of is a world or condition that is burning itself out on a daily basis! A world of destruction that destroys itself and all those in it!

These Last Days, which is the time we are living in now, represent the END of the devil's civilization! In other words, the World has come to an End! The World of 6 that is, which marks the beginning of the New World Order, which is Allah's World Manifest! Wherein, Allah sends his Suns or Gods (the 24 scientists) to heal and save the world from the sickness and plague that comes from living a beast way of life! These Gods will bring about the remedy or (sweet solution) to the deaf, dumb, and blind who have been trapped in the world of 6 and blinded by its illusions! For the 24 Scientists and the Gods have been instructed to teach and keep teaching and eventually the old evil world will come to an end and the new world of Truth and Light will come to the forefront. Producing life giving methods of salvation and liberation; restoring humanity back to their natural way of life, which is Peace—the most-highest respect in the Universe!

—Peace to the Gods and Peace to the Earths!

Just-You-Now-Equal

To Renew or Repeat

In the Name of Allah. Lord of All the Worlds!

LFML#2 (1-40)

1° Who made the Holy Quran (Koran) or Bible? How long ago? And, will you tell us why does Islam RENEW its history every 25,000 yrs.?

Isaiah 41:23

“show the things that are to come hereafter that we may know that ye are God(s)”

Holy Quran 28:85

"My Lord knows best who has brought true guidance and who is in clear error"

History is made by the Original Man (mind) with The Supreme Knowledge and Understanding of the times he is living in and what must be done.

"For each time there is one who is born to know"

That one, who was born to know amongst us, made history as was predicted in the Book of Malachi of the OLD TESTAMENT to the world. Now, in his NEW TEST OF MEN (Testament) he revealed himself as the Supreme Being ALLAH.

This New Test of Men was rooted in Equality hence his self-revelation in the 60s. Thereafter, followed by the Coming of the Sun/Son of Man and the opening of the 7th seal of the 70s. History **MADE AND RENEWED**.

Allah came with the knowledge He had acquired. A wisdom (words and actions) that was His own, and an Understanding that is supreme because it was a first and most high.

He (Allah) understood the only way to save the world was to “turn the hearts of the fathers to the sons and the heart of the sons to the fathers,” for if not, the earth would be plagued with lawlessness. Did we not see that come to be?

He (Allah) understood that education was the only way to uplift and empower the Black and Brown nations and the riches of those nations were their young.

He (Allah) understood the need for a collective effort by every seed or nation of the planet to spread civilization.

He (Allah) understood the Birth Record of all things from their inception (1) to their revelation (9). This He proved by predicting the "Invasion" of America by Foreign Invaders—foreign Students coming to get all the knowledge and take it back to their own people. Didn't we see that come to be? Didn't we see a decline in what is known as Domestic Industries; therefore, domestic products brought on by all this?

He (Allah) understood that the youth of America particularly Black and Hispanic had to be paid (stipend) in order to get an education or training. And, many had joined the so-called Hippie Peace Movement and just wanted to get high.

He (Allah) understood the use and abuse of alcohol and drugs in His community. He saw how crime was reducing the quality of life and vowed to stop it!

To make His understanding understood to the world He (Allah) chose young men to plant the new seed of knowledge within. To them, He gave directives (commandments);

1. Be civilized at all times.
2. Teach/Save the babies.
3. Love each other as brothers.

John 13:34-35

Holy Quran 49:10

SOME WOULD KEEP AND OBEY. SOME WOULD NOT

Holy Quran 47:16

Hence, history was made!!!

"He (Allah) makes history to equal his home circumference..."

The HOME from which we come and to which we return is the

MIND.

The CIRCUMFERENCE of anything is the area encircling it.

The HOME CIRCUMFERENCE of a person is that which the mind is wrapped around.

As proven in His existence, His mind was wrapped around civilization and saving the young from destruction. As any man or nation will manifest what their mind is wrapped around.

As I close, I say, "BE MINDFUL OF THAT WITH WHICH WE HAVE BEEN BLESSED, FOR SOON THE WORLD COMES TO ACCOUNT AND WE SHALL BE IT'S JUDGE."

2 Peter 1:12

"Wherefore I will not be negligent to you always in remembrance of these things. Though you know them and be well established in their present truth"

In the meantime, until our minds meet again, I leave you as I came in the Supreme Peace of Knowing and Understanding

Your Brother and Companion,

IBahiem

In the name of Allah-U-Justice, Allah and Justice. Peace! I will and desire that all is well with you and your family, immediate and extended. This is the 6th month, the Equality (Equal-Is-That-You?) month, which is Just-You-Now-Equality (June).

6 Equality (The 3 Types):

The Equality of Allah God

The Equality of Society

The Equality of the Devil

6 x 3 = 18

18° (1-40) Q. What Is The Duty Of A Civilized Person?

A: The duty of a civilized person is to teach he who is uncivilized, civilization, righteousness, the knowledge of himself and the science of everything in life. Love, Peace, and Happiness.

The **Equality of Allah God** is the camaraderie and brotherhood that is displayed amongst the 5%. The uniting of the seeds (black, Brown, and yellow) in the name of almighty God Allah. To not only want for your brother what you want for yourself; just the same, to want for your brother what you have already obtained, be it mentally, physically or financially. The likeness of almighty God Allah is the oneness and bond created through the supreme maximum Equality we give to each other. If you don't know and I do, I'm going to teach you. If I don't know and you do, you're going to teach me. This is the balance of push and pull. I give, you give, we prosper individually and collectively. What appears to be many is really only ONE, the one that wins! Because it is us and only us that have WON through obtaining the knowledge of ourselves by accepting, living, and giving the teachings of almighty God Allah.

The **Equality of Society** is rooted in our ability and obligation to be cordial in all walks of life. Upholding our duty to, not only teach all human families on the planet earth (black, brown, yellow, white, half original and red) the knowledge and wisdom of their origins in this world; yet, to also be at peace and respectful with all those whom do not accept our teachings as we convey them. Each individual must make a conscious decision to chose themselves based upon what has been presented to them. They have the opportunity to accept or reject these teaching; however, we respect each and every individual that we come in contact with, be they Black or white. The 5% Nation acknowledges human dignity and that every person has a purpose and place on this planet and we are not here to judge anyone for their choices in life, weather we agree with those choices or not. Come as you are and we'll meet you where you're at.

The **Equality of the Devil** is the limitations we place upon people, places, and things. The 5% Nation has the keys to unlocking all of the mysteries of the universe; and with that being said, we are able to determine our relationship to everyone and everything within the universe. There are people that we do not want to be around because they're hold nothing of substance that can possibly enhance our personal lives or civilization as a whole. There are places we're not going to go because we are either not welcome or it holds no purpose in our duty and advancement. There are things we're not going to do because it would go disaccording to the laws of living mathematics. We have the rights and responsibilities as the true and living Gods to preserve the best part of everything in life for ourselves. We want Love. We want Peace. And, we want Happiness; therefore, we are mindful of what we do, what we say, where we go, who we go with, and in general what works for us and our advancement in this day and time.

All Equality is not equal. We have the power to determine what aspect of 6 is displayed according to situation and circumstance. The Equality given by almighty God Allah to His sons was given to us and through that equality Allah Lives forever and ever.

Peace

Trueborn My Allah.

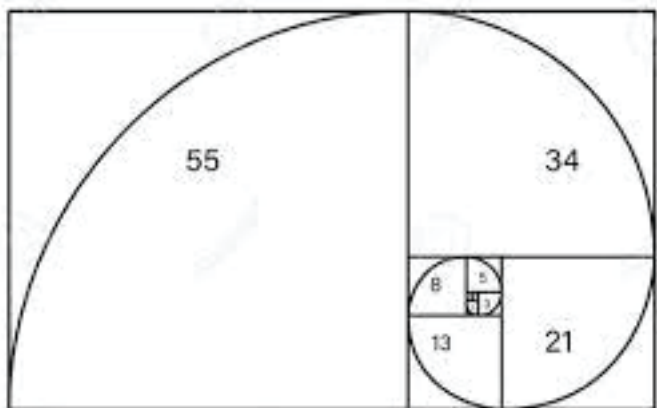
The yellow seed from Medina

With the breath of life that is spoken from the mind to our ears and hearts, I humbly greet you, in service to and for you, the Original People who is and always will be Allah, PEACE.

As I sat and took a quiet moment in the morning of New Year's Eve 12/31/2022, something came to mind that I made a mental note of wanting to expand further. This opened my mind and made me realize that once we come into the Knowledge of ourselves we learn about responsibility in a way that is like no other form of enlightenment. From Supreme Mathematics to our lessons, it all deals with a weight that can cause many to buckle and some to fall. I've learned, win or learn - there is no lose due to the fact that we do not repeat our history, we renew it. When I look up the word "renew" on Merriam-Webster.com, which I find it amusing because, at times I make my children pull out my old Webster's Encyclopedic Unabridged Dictionary from 1987, that I used to use when I was younger, which weighs like 5lbs, and here I am looking up a word with the ease of the internet. Back to "renew", my rule of thumb is never to use the word to define the word. I also force myself not to use the word "like" when describing something. Since it is written in black and white, and at times may have multiple definitions, renew had seven definitions as well as one verb. The 4th definition was "to repeat", self explanatory either you create the culture or are cultivated. What stuck out the most were both of these, "to resume" and "to grant or obtain (an extension)."

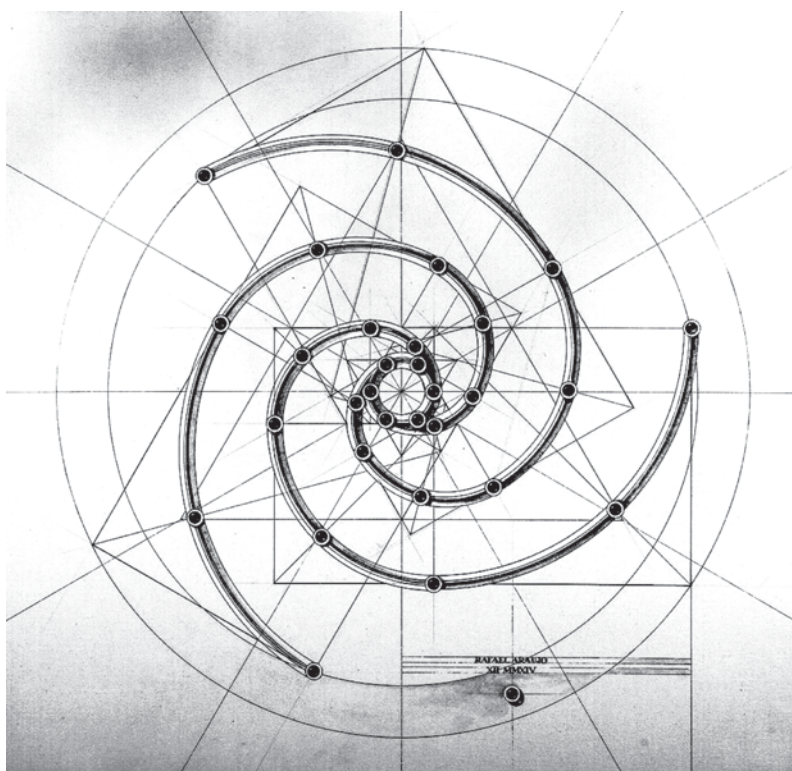
I've always envisioned renew to be the same as going from Knowledge to Born on to Knowledge. I don't like using "back" since it doesn't really state growth. To take something through the process of Knowledge to Born automatically shows movement forward and growth. To use the word "back" is counter productive. When keeping Allah God on our mind, we automatically tap into the best that is in us. So how can we not move forward, upward and outward? Since we build in ciphers (God builds in ciphers), we, the Righteous Teachers have a view from the top down.

When you're able to look at it from another angle, it's a spiral which I like to relate it to The Golden Ratio, The Fibonacci Spiral, The Golden Spiral, or it is also known by many other names. This is a ratio based on a sequence of numbers that create mathematical patterns. These groups of numbers appear in the make-up of things from the number of pedals on a flower to the number of bones in our hands. We can build on this another time, but look it up for yourselves if you aren't familiar with it. Research it, even though information is just one click away, one click is not enough, so draw it up to break it down.



Golden Ration (above image) - a sequence of numbers 0,1,1,2,3,5,8,13,21 that are added together to make the next number.

An image from a coloring book showing the ratio in line with a spiral.

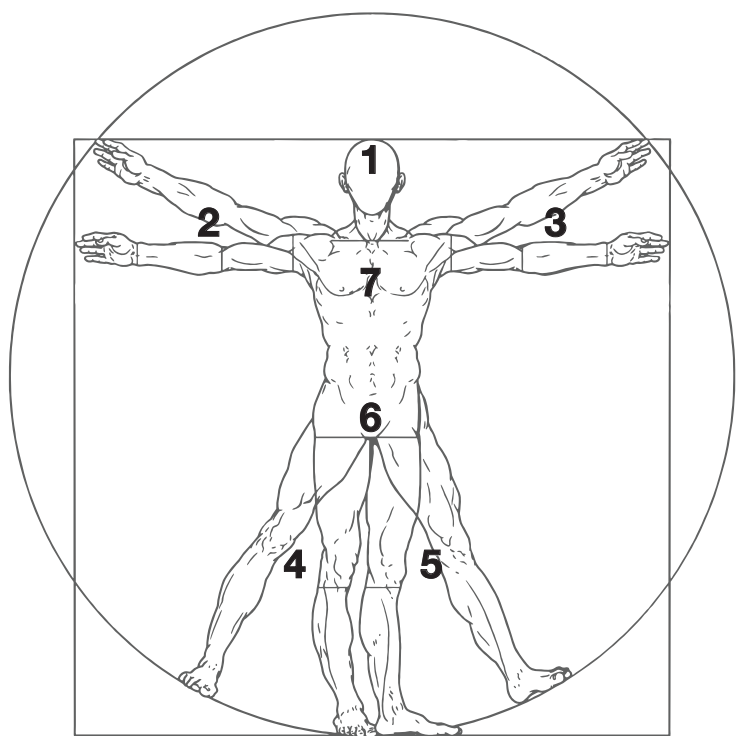


There's a saying that comes to mind, "if you don't use it, you lose it." We are complex beings that deal with and navigate through a multitude of things throughout our daily schedules. At many times, we might feel alienated while we persevere through life losing sight that each of our "daily dealings" are tailored to our specific make up. In that, we are not alone. This is why when we build and go through the process of Knowledge to Born on to Knowledge, we tap into the best we have to offer. Our Universal Flag will always give praises due to, which is why it lets you know who it comes in the name of. It intensifies what we look at, while helping project us to the world. We are all human first, we grow into ourselves, and are constantly defining who we are as a person, as a people, and as a nation. So, I humbly ask of you to listen carefully, observe thoroughly, and be mindful of the language you use when building. This is the science of attracting and repelling.

In the meanings for renew, the first was "to make like new, to restore to perfection." Followed by "regenerate" and then "revive." Now, to see that perfection is associated with the word renew is wonderful (full of wonder). We, as individuals, with all due respect, are not perfect. We as a people strive for perfection by walking a righteous path that has not been traveled until we take the first step. The perfection is in how we act as a Nation. Being that what we do, is in the name of Allah, we must beholden to others for what we do and on top of that hold each other accountable—not by judging, but by leading with examples and understanding we still learn as we go. Perfection is not the end state of being, it is the consistency in which we move and act daily. It is in the doing and undoing, the learning in order to pivot and adjust to work with our surroundings making them into ideal situations that allow us to thrive. Now, I was not here when the Father walked among us. But (be you true), I am here due to how He brought and taught the First Born and Older Godss together to be there for each other. I would not be here today if it

were not for that foundation that has allowed me to build using the creative spark within me that is in constant motion, attracting and repeling while simultaneously interacting with all things surrounding me.

It is said that music is more of a primal form of understating since it moves us at the core with harmonious vibrations. We focus on strengthening the mind and at times we can encounter an imbalance due to what we say and hear. Our senses are continuously being bombarded to a point that we subconsciously tune things out. The regenerative part of renewing is focusing on the durability and sensitivity of the mind, while balancing emotion so it doesn't get put on the back burner and we lose empathy. Sound as we know is made of vibrations that we have found creates rhythmic patterns physically. It effects our physical make up. Thought and sound, the vibrations we cause, are both actions that provide sustenance for ourselves and others enriching our bodies. We all transition from the leaner to the learned, from a youth to an elder, from an individual to a couple helping foster the younger generations into existence—be mindful and fast. There is no wrong or right way to do things there is only THE WAY of doing things.

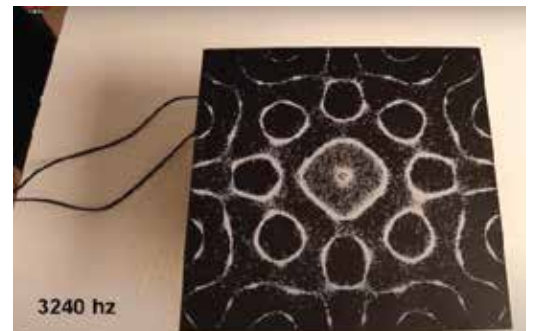


Something shared with me when I was younger. Both the square and the cipher are 360 degrees. There are only 2 ways to build, 1) as an indiviual and 2) as a collective group.

With younger generations ushering in changes, it is imperative to build with your neighbors and with your community. Revival is a part in the continuance or obtaining an extension. To what you ask? For ourselves. I've stated before that our Universal Flag's east & west points are open arms. I recall when I was coming up, I was told that when we extend ourselves one step toward God, God takes 10 towards you.

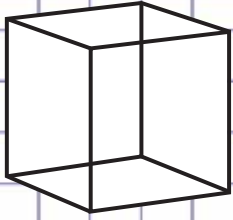
Our lessons have both Christian and Islamic text in them. I literally have Muslim neighbors on one side and Christian neighbors on the other. I've traveled to lands that it was easier to state eating a Buddhist's diet to ensure they didn't serve me the wrong foods than saying I do not eat pork. I've been fortunate enough, through travel, to have gained a great deal of life experiences that showed me the importance of building and maintaining my divine equality by interacting with other cultures. It makes it easier to relate and see how the dots are connected throughout the world. Show the children the books, teach them the difference between "knowing" and "believing," as well as "faith within oneself" vs "blind faith" in that they know not what. Do not mystify, simplify so the children will not separate. Do not give them the hard facts, but give them facts by sticking to the basics. Math will never change, but alphabets are fluid. Why? Because language is a currency that changes and manipulates atmospheres. Our Supreme Alphabets would not apply to the Ethiopian or Russian alphabet, or alphabets within Asian countries. English is our second language, but (be you true) equality, rooted in the Knowledge of ourselves is our first language. How we translate it into being is what sets the tone and attracts.

Before I let go, I want to touch upon sacred geometry, since I touched upon the golden ratio. It's good to have an awareness of things. Understand that certain forms of sciences can get you lost, so it's best to test the waters first before diving in. Sacred geometry appears in many forms of visual works. We know at what speed both light and sound travel, so there's nothing esoteric about these shapes. When we take a deeper look, we can see they are found all throughout nature, even in our DNA, and they are the foundation for understanding how to build. Don't get caught up in the mystery, look at it, study things in their true nature, their most simple forms, and they will reveal themselves to you. These mathematical shapes are visceral, so they reach us at our core because we are now connected to it. They are symbols based on energy. Naturally, we understand them which is why they attract our gaze when we see them, but we get lost in the attempt to explain them. I came across some videos that introduced me to it about 15 years ago on YouTube. It would show multiple frequencies of sound creating patterns with sand through vibration. Since sound is a form of energy we can feel, it's a lot easier to detect than having the ability to bend light to see them with our eyes. You will also come across these patterns when you learn what Chakras are through yoga. There are 7 Chakras and they are used to symbolize a being's energy flow throughout the body. This is found within Hinduism and Buddhism.

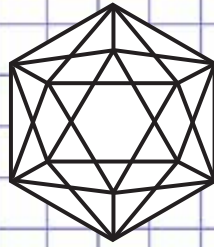


There are 5 shapes that make up the foundation for sacred geometry and they are called the Platonic Solids. These shapes are made up by taking a specific geometric shape and wrapping it around itself to create a 360° shape. These shapes are formed by placing one on top of each other or overlapping. In history you will come across landmarks known around the world that were created using these principles. In early architecture you will see these shapes become more apparent becoming more decorative in the use of patterns. A lot of the early studies of sacred geometry were done by stone masons who to learn this science since they were handling these grand projects with the utmost care. When the opportunity to visit building structures here or around the world that go back in history I suggest you do so. Not only will you see beauty but you will acknowledge the level of expertise needed to build these precise shapes.

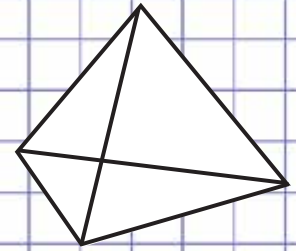
The 5 Platonic shapes do not include the Sphere or the Star Tetrahedron



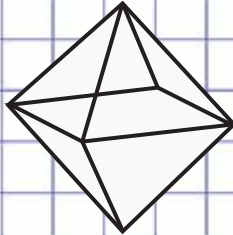
HEXAHEDRON
Made of 6 squares
(Earth)



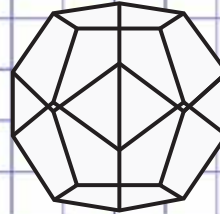
ICOSAHEDRON
Made of 20 Triangles
(Water)



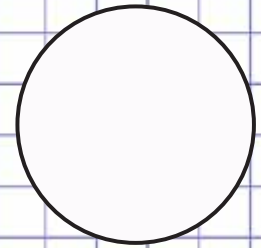
TETRAHEDRON
Made of 4 Triangles
(Fire)



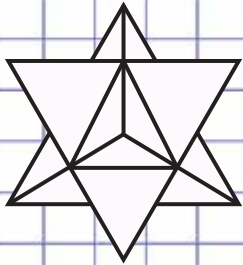
OCTAHEDRON
Made of 8 Triangles
(Air)



DODECAHEDRON
Made of 12 Pentagons
(Ether)

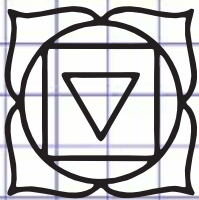


SPHERE
(All)

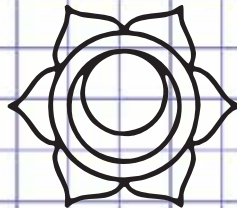


STAR TETRAHEDRON
Made of 24 Triangles
(Love)

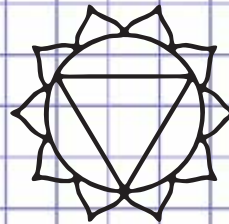
Below will be the 7 Chakras (energy points within the body)



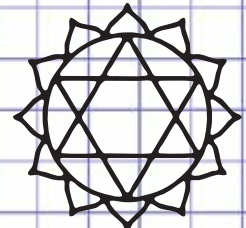
MULADHARA
Root Chakra



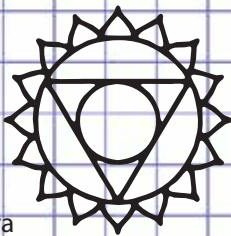
SVADHISHTHANA
Sacral Chakra



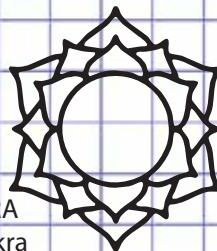
MANIPURA
Solar Plexus Chakra



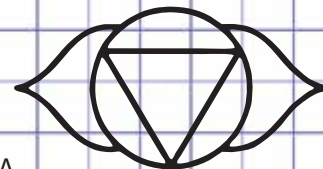
ANAHATA
Heart Chakra



VISHUDDA
Throat Chakra



SAHASRARA
Crown Chakra



AJNA
Third Eye Chakra

All of this was written in the month of January 2023, a calendar and new year to which we know who the author of it is, that has an ending and beginning, but we, with this Knowledge, strive to perfect ourselves, the realm of equality in order to always keep God on the righteous path.

Be mindful of the clock, of time, once we paid attention to the cipher and we wore it on our wrists. Today, it's nearly nonexistent while we focus on a digital plane. Be mindful of time, waste not want not, learn how to use it to avoid it using you. Time waits for no man—busy hands, quiet the mind.

Peace
Saviour Allah God