

THE SUN OF MAN SUNS OF MEDINA

A FIVE PERCENT DIGEST



AND NO RELIEF CAME TO US UNTIL
THE "SUN OF MAN" CAME TO OUR AID...

GALATIANS: 5: 13

SURAH: 25: 63

LIGHT — Traveling at the speed of — THOUGHT

BEHOLD THE SUN OF MAN

As you probably know, The Sun of Man: A 5% Digest is an exercise in understanding from cover to cover, and all its knowledge and wisdom must be drawn up to reveal the understanding within it because every man must swim his own 9,000 miles. Universal Shaamgaudd Allah left specific instructions for the cover not to be deciphered for others. Each person must come to their own understanding—which they must be comfortable with—using their Supreme Mathematics. You must ask yourself who, what, where, when, why, and sometimes how, about everything you ingest mentally and/or physically. Nowadays, information travels nearly at the speed of light via the internet, misinformation, subjective realities, and alternative facts run rampant. And let's not even get into how contagious social media is. When these misleading posts go viral, we wind up with a virus-infected population because most of our youths' mental space is being invaded by PAC Math and Space Invader lessons in the form of memes, tweets, and videos. The 85% know that it rains, hails, and snows, and also hear thunder above their heads, but they do not try to learn who it is that causes all this to happen by letting the 5% teach them, he believes in the 10% on face value. Don't be that guy! Lastly, I would like to remind our readers of the purpose of this 5% digest as decreed by its founder and his successor.

- To unite our Nation as one, and return to the original teachings of Almighty God Allah.
- To serve as a warning to those who wish to bury these teachings, or turn them around to serve their own personal goals or those of other organizations.
- To address and face the issues that many of us would like to avoid, not deal with, or confront because it is painful to take a rigorous, honest look at ourselves for what it's really worth.
- To provide Good Orderly Direction to the ones who have a sincere and honest desire to want the most out of this life here and now.

This Sun of Medina rendition of the illustrious 5% digest known as the Sun of Man provides some vocational resources and will speak to some of the observations of the Months of April and May. April Fools Day, Alcohol Awareness Month, Autism Acceptance Month, Earth Day, Financial Literacy Month, Sexual Assault and Prevention Month, April Showers Bring May Flowers, May is when you Master It, and Mental Health Month. These issues are important to our cause as they affect our family, friends, and fellow nation members. In continuation of the community partnerships established by Allah through his relationship with the City of New York via Mayor Lindsay and Barry Gottehrer. We here at the Sun of Man would like to revive the spirit of service within our nation to work in tandem with agencies and organizations that provide programs and opportunities for the youth to have ownership of their health, education, and finances. Who, in addition, broaden the horizon of their trade and or career choices through mentorships and exploration, and in general are at the forefront of our plight for lifting the bar in quality of life for all the human families of the planet Earth.

Any questions, requests, or concerns, please
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In the name of Mahdi, one of the “4 billion 400 million” who came to North America from the Antillean Archipelago on my mother's lap. I greet you, our beloved readership Peace! And in the name of Allah, he that so loved the world, that He gave His life, so that his Suns could shine and that whosoever receiveth their light should not perish, but have everlasting life.

As always, the readers, their families, and all other living beings have our best interests—physical, mental, emotional, and spiritual—in mind at Sun of Man. We beseech you to undergo routine health examinations as preventive measures that enable prompt intervention and treatment. Please consider enrolling in a program or a support group if you're battling addiction.

This Parliament marks the 58th year or the 57th Anniversary of our nation's Universal Parliament which commenced on April 30th, 1967, and is known as the “Sermon on the Mount”. All praises are due to Allah for its establishment and much respect to all those who put their best foot forward to show up every month. Congratulations to all April babies who celebrated their Physical Anniversary or Degree Day (Birthday) this month and also to all of those born in May who are about to do so. We sincerely hope that this year is full of memorable occasions and successful outcomes. Moreover, we would like to honor all mothers, expectant mothers, and women in general who fulfill any kind of matriarchal duty for the upcoming “Mother’s Day Celebration”. At this time I would also like to apologize to my big sisters Niasia and Hahdijah whom I neglected to mention when I spoke of Earth Blessings during the Earth Appreciation Parliament in March. Also MaryAnn, the matriarch of the Broadhead Clan, our nation’s first Earth. I had a lot on my mind that day. You are appreciated beyond what words can express! Peace to you all on Mother's Day, with such sincere love, for everything that you are and do. All hail the Queens.

We also have to give it up for our brother Damiel (from L.A. CA.) and his colleagues for bringing and presenting 36 teenagers on Thursday, March 28th, to the Street Academy aka Allah School in Mecca, from two of Los Angeles’ premier high schools Dorsey and Crenshaw (who are rivals in every respect) during their Black cultural tour with EF Tours (Education First). Oh, what a glorious day that was for us that got to meet and build with these youths. Peace to the Gods Gykee (Air Force) and Niheem (Navy) on their completion of basic training, BRAVO! Hats off to Messiah Swinson on being signed to the NFL’s Green Bay Packers, a toast to your success. A special commendation to the Core 5 and their extension for fundraising close to 75% of their first month's target goal before it was even presented at our March Parliament. Kudos! Cheers to the Righteous Family Network on the grand opening of The People’s Flea Market and The Righteous Family Market in West Atlanta! May it be a phenomenal success. A salute to the H-Medina (HO TX.) faction for establishing themselves within the Texas Department of Corrections to support our brothers behind the wall! Lastly, to the United Family of Stars, congratulations on a successful (Children’s Day Fundraiser) bus ride to the African American Museum on Dumar Wa’de Degree Day, Saturday, February, 17th. The reviews were off the charts! All Praises Due!!

April has been an interesting month, to say the least, maybe even a little bizarre. We (in NY) experienced an Earthquake and got to see the Total Solar Eclipse of 2024. I was sitting with my mother when I felt an Earthquake for the first time in my life. I felt uncertainty as my center of gravity shifted as if I was on a rollercoaster before I felt the Earth actually quake. I watched the eclipse with my Earth Ngina and my

Granddaughter Marlee. It was pretty cool, like a mass science project where millions of people did the knowledge and shared their observations. So far, so good! And I am excited to see what May will bring.

O my dear brothers, how embarrassing it is how far we, as a people and/or nation, have fallen from His grace! As an all-wise nation that does everything right and exact, we know what must be done and the time and place that applies to everything in life. Managing the optics is the only way to control the narrative. Every decision we make throughout the day is influenced by optics, starting from the minute we wake up. Why? Because, whether we like to acknowledge it or not, how other people see us and our reputation means a great deal, especially to those who remain diligent about our father's business as taught to us by his heirs. It brings to mind Amar's article "A Good Name" from the March 2023 issue of this publication and a story Allah B told me about Allah giving him a gut shot which devastated him. Allah charged him with making sure the school grounds were pristine for some guests He was expecting but when He (Allah) arrived at 2122 7th Avenue, a brother was doing the dope fiend lean across the street, close to the northeastern corner. I could only hope these words were not in vain. The integrity of our names, presence, and flag (badge of honor) in the community is practically null and void. Once upon a time, our predecessors had the keys to the city and the red carpet treatment. Who have we become?

Peripheral brothers who are not of God but rather God-damn fools have always existed among us. Let's put the foolishness to rest to show Why Allah is the Master and prove Allah's Power is Real. May is when you master it, and this month started with the jovial custom of April Fools. As it is in the beginning, so shall it be in the end because spaghetti is always on the hook. April Fools' Day happens on April 1st each year and is celebrated in many countries around the world. Its exact origins are still a mystery. An ancient April Fools' Day custom is to play practical jokes or practical pranks on others. Folks typically yell "April Fools!" after the practical joke to reveal the outcome. In all my history of I.S.L.A.M, I've heard some stories that many bought into, like the physical expiration of the devil's civilization in 1984, and then the Y2K collapse. Nowadays, some advocate that some of us will be turned into zombie-like creatures because of science-fiction-like side effects of the COVID-19 vaccine. But nothing is worse than all those who believe their own lies and think that they're slick enough to get their b.s. past Allah. Nonetheless, time will tell, and as the old saying goes "He who laughs last, laughs the Loudest." and "Allah is the Best of Planners."

Some historians claim that April Fools' Day first appeared in France in 1582 when the nation switched from the Julian to the Gregorian calendar as a result of the Council of Trent's mandate in 1563. Both the Julian and Hindu calendars observed the start of the new year on or around April 1, which was the spring equinox. Individuals who were slow to acquire the information, or who continued to celebrate the holiday from March, 25th until April 1st without realizing that January 1st was now the official start of the year, were made fun of and called "April fools." The sad reality is that many fail to see that they're fooling no one but themselves.

Moving right along, Autism Acceptance Month is observed in April each year to raise awareness and acceptance of Autism Spectrum Disorders (ASD). The term "spectrum" describes how the condition manifests itself differently in each person. While social interaction issues are among the common symptoms experienced by individuals with autism, there are variations in the timing, intensity, and

specifics of these symptoms. While some individuals with autism cope better with independent living than others, and some require more care than others, all individuals with autism are autistic. From its beginnings in 2008, the practice has developed into a significant worldwide event within the autism community. 2011 marked the official beginning of Autism Acceptance Month. The UN General Assembly officially designated April 2nd World Autism Awareness Day, but it's crucial to note that before that. Defending autistic people from the widespread stigma they face in society is the main goal of this day. In the struggle for a better living for those with ASD, Autism Acceptance Month helps in the following ways: Encouraging empathy, empowering self-advocacy, fostering a sense of community and solidarity, pushing for systemic and policy change, and combating stereotypes and stigma.

April is also Alcohol Awareness Month. Individuals, families, and communities continue to suffer greatly as a result of alcohol-related issues. According to research, alcohol usage is a major preventable cause of death in the US, with an estimated 178,000 fatalities annually attributable to alcohol use. Furthermore, alcohol abuse has been linked to over 200 illnesses and injuries. In observance of Mental Health Awareness Month, May serves as a time to emphasize the ways that addiction and mental illness can impact all members of our society, including families, patients, healthcare professionals, and the general public. It also serves to decrease the stigma associated with behavioral health concerns. May we all take time to take care of ourselves and support our loved ones the best we can.

ALLAH'S POWER is REAL & MAY IS WHEN YOU MASTER IT!

It's all Fair in Love and War

Allah's Power Rules, Regulates, and Rights all Reality in which I Live virtuously, Love unconditionally and Laugh frequently. The square root of 16 is 4, meaning, we the 5% or those who know our equality, recognize each other through our language, customs, how we live, and interact with the world. There is no mystery about God, the proof is in the Puttin' because all of the above is caused by the Sun of Man. Who is the 5% in this poor part of the Planet Earth? We are a people whose Culture is I.S.L.A.M—I Self Lord and Master meaning, I (God) Supremely Live (in) Accordance (to) (Supreme) Mathematics. Showing and proving each and every day, each and every way because Mathematics is Islam, and Islam is Mathematics. Supreme Mathematics is both the common language and the foundation for decision-making, and daily living for Allah and his 5 Percent.

Each man must prepare himself (swim his own 9,000 miles), and build bonds with his complimentary seeds (black, brown, yellow, and/or white) to ensure his success in his purpose &/or goals to live a long prosperous life. Although most things are easier said than done, we, the 5%, qualify ourselves by choosing the high road to show and prove rather than show and tell. My brother Virtuous often says, "I can show you better than I can tell you" which reaffirms that "actions speak louder than words" because the proof is undoubtedly in the Pudding! You have to make it walk and talk, no and, if, or but about it. You are responsible for your own preparation, ideally through the ages of 13-16. After that, you have to qualify yourself by adulting, being a model citizen, and being a productive part of society. As our esteemed brother ABG#7 Allah's said in his YouTube video entitled "Everybody thought that the lessons are the root of the 5%"

“The lessons are for the kids, once you're an adult all you have to know is your Mathematics and how everything is made, so once you know your Mathematics, how are you going to know how everything is made unless you go to college? That's what he told us. That's the way Allah taught, he didn't give us a parable, he gave us a challenge! Because you can't sit there and be for real talking about, you know how everything's made and you don't even know how to make a Goddamn egg sandwich.”

Certainly, many of us find that our oneness with Allah becomes especially real and powerful during times of pain, death, and survival. These moments often awaken the necessary seriousness and a deep sense of purpose within us. The instinct to protect and serve loved ones can lead to incredible acts of courage and creativity, even when the rules seem to no longer apply. Recognizing the distinction between what should be done and what must be done. As we march forward into the spring, having a clean house (or record) allows for Allah's Power to Reveal Itself (A)Live to give the world a glimpse of Why Allah (is the) Master! Hence, many of the firstborn and first fruit had to turn themselves into the Judiciary of New York to shake the devil off their backs and free themselves to do His will.

In the face of such challenges, when we find ourselves thinking outside the box, pushing the limits of what's possible. It is peremptory to remain honorable and righteous with unwavering loyalty and devoutness to the Supreme of All Beings. I was told by my brother Aleim Supreme that He promised his righteous Suns that they will not be dismayed and read in the writings of Universal Shaamgaudd that all that transgress against us will pay a hundredfold minimum. Even when the rules of engagement have been clearly spelled out, the idea that "all is fair in love and war" speaks to the extraordinary lengths to which humans will go to protect their values and care for those they hold dear. By any means necessary, because we know what must be done, and why we are responsible. Allah's mindset inspires acts of selflessness, ingenuity, and resilience, showing the remarkable depths of the human spirit in the most trying of circumstances. Marriage to Allah or cultivating His mindset within you requires you to be a man (adult) and put childish things away. Only through the supreme equality manifested out of the pureness of your heart, shall you see your best self, because to forsake your brother is to abandon Him and the only way to 7 is through six.

THIS IS NO BOYS CLUB

And this ain't no home for wayward boys

Please understand that while we are a brotherhood, many of us are not of the same caliber. Just the facts: Allah always has been and always will be and some never have been and never will be. No big I's or little U's. There are doers, talkers, and spectators just as there are givers, takers, and bystanders. Every year, at our Children's Day Rally, we have a visible demonstration of grown men who arrive empty-handed and without a child, but looking for a plate.

My brother Trueborn My Allah asked me to share this quote with y'all, “You live the culture for yourself, you build the nation for the whole.” A civilized and righteous man, in the truest sense, carries himself with integrity, strength, and vision. He navigates life with a clear sense of duty, aligned with purpose, guided by principles of righteousness, discipline, and perseverance. He views the world with a clearer and more profound perspective than that of a young person. Being a man is a lifetime process of

self-awareness, humility, and progress rather than a static accomplishment. For every man who aspires to reach his full potential, it is the fortitude to face obstacles head-on, the capacity for genuine love, and the pursuit of a purposeful existence through the knowledge of self. Too many brothers are mired in the nostalgia of their childhood, calling themselves building, whose words lack substance, and whose actions are not aligned with the meaning of civilization and/or the science of everything in life. It is the business of time to keep on ticking and man's duty to change and grow with it. Remaining steadfast but in tune with who, what, when, and where you're dealing with so that maybe you can understand why and how everything was and/or is made including your origin in the world. Young brothers and sisters, please do not be influenced by dumb ass old mot#erfu€kers just because they are older. Our wisdom is born from knowledge, not age (experience). A lot of these dudes are Jive Percenters or Five Pretenders. Do not accept anyone or things on face value. A hard head makes a soft ass. Take it from the Magi, nothing is as it seems.

I remember the first time someone told me “*There ain't no boys club*”, it was my dear brother JustGod who happens to be the knowledge seed that asked me to fast, and had me research and report why I wasn't going to consume swine and its byproducts, and walked me through Supreme Mathematics, Supreme Alphabets, and the Student Enrollment. I caught myself thinking I was going to bomb his ass during a baby shower at my beloved brother AllDivine's (PBUH) rest in Crown (Kusa) Heights because he went M.I.A. My black seed and I were traveling with Allah Sha Sha and L. Simmons, deep in the heavens. You should have seen us pop out the sliding door of the minivan like we were B.A. Baracus and Murdock from the A-Team. Lol, you just had to be there. Be that as it may, we went at him and he gazed at us with a perplexed stare like we were tripping, and made knowledge born. I didn't understand what he meant back then and didn't get it until a later time when firstborn Siheem explained to me that *this ain't a home for wayward boys*.

A WORD TO THE WISE

It's A Daily Operation

*In idle hands,
the devil finds his play.
Crafting mischief where
aimlessness holds sway.
Squared up, in the name of,
we're strong and true.
Where Allah ignites man
with purpose anew.*

*Success,
a beacon in the night.
Guiding the lost,
towards righteous light.
Yet detachment whispers,
a tranquil call.
To see this day
surrendering all.*

*Virtuous hearts beat
with a determined stride.
In Supreme Mathematics
we find our guide.
For in stillness,
the truth unfolds clear.
Knowing one's godhood,
devoid of all fear.*

It's the courage to keep going that matters—success or failure are not definitive.

M.A.C—Your humble reliever! PEACE!

APRIL:
Financial Literacy Month

Peace. I hope the month of April finds you all in good health and good mind.

As the month of April is Financial Literacy Month (thank you Mahdi!), it would make sense to slightly touch on the topics of savings, debt reduction (if this applies), and investing, which ultimately leads to wealth creation. We know and understand that “the greatest wealth of any nation is the children!” At this juncture, we are referring to monetary wealth—how one can develop better-saving strategies and over time become financially independent. The following is a simple guide to getting your finances in order.

Savings

Once you are generating income, open a checking and/or savings account. Allocate a certain percentage of your income into these accounts and commit to that percentage. Any change in % should be an increase vs a decrease. The idea here is to establish a cushion of funds that are readily available to you in case of an opportunity or emergency (they do happen).

Debt

If you have debt, commit to eliminating it. The faster the better. So long as you have debt, **you are NOT Free**. Pay it off as soon as you can—the quicker the better. Understand the root of your debt problems, so you never encounter them again. In most cases, the accumulation of debt is due to bad choices we make regarding money. Most money problems are generally rooted in the way we perceive money, its purpose, and its uses. The less debt you have, the more liquidity (available cash) you can have at your disposal, which in turn can be used for more fruitful endeavors. Money is simply a tool used for the exchange of goods and services. “It is only a tool, it will take you wherever you wish, but it will not replace you as the driver,” Atlas Shrugged (Rand, 1957). Once debt-free, you can move towards **financial** independence at a greater speed.

Investing

Once savings are accumulated and debt equals 0, I would begin learning the mechanics of investing, and its many forms. From real estate (property ownership and/or development), to venture capital (funding of new ideas, acquiring ownership stakes in the companies that you fund), to my personal favorite which is stock investing. Investing (or trading) in stocks has been one of the greatest ways to create wealth. Understanding and applying how the money game is played puts you at an economic advantage relative to those who let their cash sit idle. Investing is simply the science of putting your money to work to obtain some type of return. At this stage of the game, money is your employee; putting it to work in medium to high-yielding environments where risk is minimal, but the upside is exponential. Example: An investment in Tesla in 2014 yielded more than 1000% over the course of 10 years. Compare that to the return obtained on a high-interest rate savings account yielding 4.5% annually. It would take multiple generations to obtain that same 1000% return in a savings account. A lesson can be learned from these same banks. Banks exist to facilitate business by lending out funds; those same funds you deposit into your accounts. They borrow at low rates and lend at high rates, thereby keeping the difference. They simply work the cash you deposit into higher-yielding instruments; primarily U.S. Treasury bonds that yield a higher rate of return than the return they pay you.

No investment comes without risk. It behooves you to familiarize yourself with risk management protocols. With any business, you must be prepared to control and manage losses. If your investments are not “working” as they should or the way you expect them to, exit and re-evaluate the situation. You want to buy in favorable conditions and sell/avoid in unfavorable ones. It is YOUR job to know and understand these market environments. Keep your losses to a minimum. Any 50% loss in a stock (or any investment for that matter) means you need to make 100% to just break even. Investing is not rocket science, an MBA or degree in business is not required. Visit Amazon and purchase: *How to Make Money in Stocks* by William O’Neill. It is a great starter book on investing/trading. There are tons of courses online (YouTube, Udemy, etc) as well.

Build your investment acumen and avoid debt altogether. I hope this writing provides value to those interested.

Ayreal

BARCA

A MERCHANT OF TYRE

On Buying and Selling

I believe that neither the Romans nor the Jews understood Jesus of Nazareth, nor did His disciples who now preach His name. The Romans slew Him and that was a blunder. The Galileans would make a god of Him and that is a mistake. Jesus was the heart of man. I have sailed the Seven Seas with my ships, and bartered with kings and princes and with cheats and the wily in the marketplaces of distant cities; but never have I seen a man who understood merchants as He did. I heard Him once tell this parable: “A merchant left his country for a foreign land. He had two servants, and he gave each a handful of gold, saying: ‘Even as I go abroad, you also shall go forth and seek profit. Make just exchange and see that you serve in giving and taking.’” And after a year the merchant returned. “And he asked his two servants what they had done with his gold. “The first servant said, ‘Behold, Master, I have bought and sold, and I have gained.’ “And the merchant answered, ‘The gain shall be yours, for you have done well, and have been faithful to me and yourself.’ “Then the other servant stood forth and said, ‘Sir, I feared the loss of your money; and I did not buy nor sell. Behold, it is all here in this purse.’ “And the merchant took the gold, and said, ‘Little is your faith. To barter and lose is better than not to go forth. For even as the wind scatters her seed and waits for the fruit, so must all merchants. It was fitter for you henceforth to serve others.”

When Jesus spoke thus, though He was no merchant, He disclosed the secret of commerce. Moreover, His parables often brought to my mind lands more distant than my journeys and yet nearer than my house and my goods. But the young Nazarene was not a god, and it is a pity His followers seek to make a god of such a sage.

Excerpt from: *Jesus the Son of Man, by Khalil Gibran*

Peace, in the name of Allah and Justice, I come in the name of MyWisdom Born. I will you are all in Supreme mental and physical health! When my brother Mahdi asked me to write a build on Sexual Assault Awareness and Prevention Month, I was a little hesitant because of how sensitive this topic is, and not wanting to offend anyone in any shape, way, or form. After reaching out to my sister and companion, we built together on this topic and agreed it was important to bring awareness in light of the month of April and its ties to Sexual Assault Awareness and Prevention.

No Means NO!

Note, 1 in every 5 original women has experienced sexual assault in some kind of manner. Also, the Department of Justice has concluded that 1 in every 4 original women will be sexually assaulted before they turn 18. Sexual assault (SA) is not just specific to women. Boys and men make up approximately 9% of SA findings in the U.S. Research on male childhood sexual assault concluded that sexual assault in boys and men is extremely common, yet under-reported. Men who have experienced SA at some point in their life, are less likely to speak on it than women are.

What exactly is Sexual Assault? It is any form of sexual behavior or contact brought on by anyone without consent. The reality is, there are many different kinds of sexual assault, the most common being rape, unwanted touching, forced participation in oral sex, and child molestation. Studies have shown that more than 50 percent of sexual assault occurs inside of the home. I would encourage every household with children to establish safe words, emergency contacts, and some form of self-defense. In addition to this, building with your children and giving them the tools to teach them about their sexual anatomy, who can and cannot see their body parts, and monitoring who they are around—can aid in bringing awareness and prevention of sexual assault. The National Sex Offender Public Website (www.nsopw.gov) is a free site where you can look up registered sex offenders in your area.

A preventable measure while enjoying yourself is being mindful and aware in monitoring your alcohol consumption. In no way am I suggesting that a person consuming alcohol or drinking past their limitations is an invite to SA. **The truth is, it can happen to anyone, regardless of whom or what.** However, part of knowing how to act at home and abroad is a thought process. **Acting comes from thinking.** Knowing how to act at home and abroad, shows and proves that Knowledge comes before Wisdom. The determined idea is to be able to leave home and go abroad for enjoyment, not to fall victim to wicked ways and actions. In college, I was taught the importance of establishing a buddy system when going outside. This is a process in which a group of two or more go out together so that they can monitor and help each other if needed. It is no different than, every Black seed having a Brown and a Yellow seed. Sexual Assault comes from any man or woman (mind) which is made weak and wicked, or any perverted determined idea. Being weak-minded and weak-willed is a result of allowing devilishment to rule over you. We know that the Sun and Moon have attracting powers on the planet Earth; however, the distillation comes from mist, layers, and currents. No means no, even if at some point it was consented to. Consent, in basic terms, is permitting something to happen. If a sexual act amongst people was consented to at one

point and either party has changed their mind, then it is that decision that stands. It is as simple as yes means yes, and no means no!

Until our minds meet again,
Your Sister in Righteousness,

MyWisdom Born

Navy Bean Soup

Ingredients

16 oz dried navy beans or other white beans
1 large yellow onion chopped into bite-size pieces
2 large carrots chopped into bite-size pieces
2 stalks of celery chopped into bite-size pieces
2 tbsp olive oil
2 cloves garlic crushed
4 sprigs thyme tied, or ½ tsp dried thyme
½ tsp cumin
½ tsp turmeric
2 bay leaf
1 tsp salt
1 tsp freshly ground black pepper

Instructions

- Add dried white beans to a large pot, then enough water to cover the beans by 1 inch. Allow beans to soak for 8 hours. To save time, feel free to quickly soak beans.
- Heat olive oil in a large soup or stock pot over medium-high heat. When oil is hot, add chopped onion, carrot, and celery. Sauté for 6-8 minutes, stirring occasionally.
- Use a colander to drain and rinse soaked beans. Add beans to the stock pot of sautéed vegetables and stir to incorporate. Add a bundle of thyme sprigs (or dried thyme), garlic, and freshwater to cover beans by 1 inch.
- Bring to a boil, cover pot, and lower heat to simmer; Cook for 4 hours or until beans are soft, but not mushy.
- Season to taste and serve with crusty bread.

Optional

- Add cooked protein or veggies of choice.
- Finish with some evoo, cayenne pepper, fresh cilantro, or parsley.

Buen Provecho! M.A.C

Peace to my brothers and sisters who are the stewards of the nation born from the mind of a magnificent man named Allah. My name is Knowledge Divine Allah, your friendly nation environmentalist (Allah B gave me that honorable title before he left us physically).

In recognition of Earth Appreciation Month being in March, and Earth Day being this month, I want to touch on a few things, because some may not see the importance of environmental stewardship. I find it mind-boggling, yet I understand. In my journey, I did not always see the world this way. Fortunately, I realized that at the core of our, the 5 percent's teaching are environmentally responsible messages.

How Knowledge Divine? Well, the Knowledge degree in the student enrollment says that the original man is the maker, owner, and cream of the planet Earth and as we continue to walk through 120, we see the word Earth over 25 times. On Nov 15th, 1967, Allah said in the Otisville interview, "The Earth is to be built on". However, does that mean that you identify as someone who cares about the planet you live on? Maybe so. Maybe not. I guess the simplest way to put this is, do you care about the place you live? Some will say absolutely! Others, not so much. As the maker and owner of something, stewardship plays a big part in its maintenance. What does it mean to be a steward of the planet Earth? What does it mean to maintain or do maintenance on the planet Earth? When you say that the Babies are the Greatest, do you consider the state of the Earth that you're leaving for the Greatest to live in? Are you considering the impact of your decisions on the future of life on this planet, including the children of the future? If money is a major issue (MIAMI), maybe not as much, however, income ought not to be the determining factor on how or if you do one of your duties.

Earth Day

Founded in 1970 as a day of education about environmental issues. The holiday is now a global celebration that's sometimes extended into Earth Week, a full seven days of events focused on green living and confronting the climate crisis. The brainchild of Wisconsin Senator Gaylord Nelson and inspired by the protests of the 1960s, Earth Day began as a "national teach-in on the environment" and was held on April 22 to maximize the number of students that could be reached on university campuses because it was between spring break and exams. Yet, I see Earth Day and the concept of caring for the environment differently. When I was introduced to renewable energy in 2012, I did not see ANYTHING about ANY of the ORIGINAL PEOPLE. It wasn't until I learned about the legacy of the environmental justice movement that I began to see the work that had been done by Black and Brown people to protect our people from what's known as environmental racism. Just for context, the Environmental Justice movement began when an attorney, who was a black woman, filed a class action lawsuit to stop a private sanitary landfill from being established in a middle-class Black neighborhood in the Houston suburbs. The attorney's husband was a sociologist professor at Texas Southern University, and After a thorough research process, they learned that, although Black people made up only a quarter of Houston's population, all five of its city-owned landfills, six of its eight city-owned incinerators, and three of its four privately owned landfills were located in Black neighborhoods. The research on this case led to other communities fighting to protect themselves from being the dumping grounds of toxic chemicals. The next big environmental justice fight was in Warren County, North Carolina in 1982. Protests had erupted over NC's decision to dump soil with cancer-causing chemicals in a poor Black farming community in Warren

County. It was during these protests that Dr. Ben Chavis coined the term "Environmental racism". All of this led to President Bill Clinton signing Executive Order 12898 on Environmental Justice in 1994.

It was the Original people in the wilderness of North America who recognized the use of racist policies being weaponized to harm them. So this component of environmental consciousness was about protecting the lives of the Original people from the toxic chemicals that were silently killing them in their communities. The work was done by Dr. Robert Bullard, a sociology professor at Texas Southern Univ. who's considered the Father of Environmental Justice, deemed that the Environmental Justice movement did not begin with his research in Houston in 1979. He said that the Environmental Justice movement began with Dr. King's March with sanitation workers in Memphis during which he was assassinated. These sanitation workers were also fighting to protect themselves from being exposed to toxic waste and deplorable working conditions. Bullard explained his findings in *Dumping in Dixie: Race, Class, and Environmental Quality*. So this is one angle on the square of how I see the duty of the civilized including environmental protection.

We, the Original people, are the first farmers on the planet. Our societies created agriculture. We innovated farming techniques, and animal husbandry (the branch of agriculture concerned with animals that are raised for meat, fiber, milk, or other products. It includes day-to-day care, management, production, nutrition, selective breeding, and the raising of livestock), grafting plants to create new varieties, and much more than I have the space to list. Egyptians (aka the people of KMT/Ta-Merry) developed basin irrigation, a system that diverted floodwater into fields and canals, ensuring a steady water supply for crops throughout the year. They invented tools like the ox-drawn plow to prepare the land for planting and efficient techniques for sowing seeds. They were skilled at horticulture, cultivating fruits, vegetables, and herbs used for various purposes. The Egyptians were agricultural pioneers who leveraged the Nile's bounty to build a thriving civilization. Their techniques and innovations laid the foundation for future agricultural advancements between 8000 B.C.E and 4300 B.C.E. Man-made incubators, called Egyptian egg ovens, date back to the 4th century BC and were used to mass produce chickens. Yet, to tell the whole story of agriculture, it starts with the people of Syria, Lebanon, Israel, Palestine, modern-day Iraq, Kuwait, and Iran around 12000 years ago. They pioneered the development of domesticated crops, methods for sowing seeds, nurturing crops, and harvesting efficiently, and creating tools like hoes, sickles, and grinding stones specifically for agricultural use, and animal husbandry. The hunter-gatherer people of New Guinea had domesticated nut trees, bananas, and starchy plants like taro from 10,000 to 7,000 years ago. One archaeologist discovered drainage ditches and crude fields there as well, which are signs that they tended plants. They also pioneered techniques like mounding cultivation (creating raised planting areas)

The Aztecs introduced hydroponic farming to the world. Around 1100 AD, they built floating platforms called "chinampas" that allowed them to grow crops over shallow lake beds. Later in the 14th century, they created a system that allowed them to grow crops on the marshy land surrounding their capital. They built rafts with reeds and soil, planting crops on top. The roots would then grow through the soil and into the water below, allowing the plants to receive the necessary nutrients for growth, creating a productive and efficient wick system. The Indigenous people of North America, created an innovative agricultural practice in Eastern North America - planting corn, beans, and squash together. This symbiotic relationship

benefited all three crops: corn provided support for climbing beans, beans fixed nitrogen in the soil for corn, and squash helped suppress weeds, known as the Three Sisters Method. Native American farmers developed sophisticated techniques like crop rotation, controlled burning to clear land and manage vegetation, and irrigation systems in arid regions.

The culture of Original people worldwide, deeply respected and revered the land and its bounty. Our orientation to land and what ownership means is what separated our civilizations from the ones that, post 1441 A.D. conquered and destroyed them. All of these cultures relied on organic produce and animals, were free of pollution, their practices were biodegradable, and their way of living was sustainable. This is another angle of the square as to why caring about the environment we live in is important: it sustains us. In hindsight, the reason why Africans were kidnapped and brought to the Americas was because of their legacy of agricultural mastery in West Africa. Most Africans forced overseas were farmers or pastoralists. This legacy of mastery can be seen in the contributions of Dr. George Washington Carver at Tuskegee University, as well as his work for Henry Ford. Yet this experience with agriculture in slavery has damaged the connection to land and nature for generations of Original people in the Western world.

Nowadays, there is a burgeoning movement of young people doing farming and urban gardening throughout the U.S. We are embracing our connection to land, and soil, growing our food, grazing our animals, processing our harvest, and more. This reclaiming of our heritage as masters of land healing, crop cultivation, understanding the biodiversity of living organisms and the symbiotic nature of life on our planet is becoming more understood by our people in the western hemisphere. This is an important angle of the square, determining our future and control of our resources.

Now, to my favorite part: the connection between love for the planet we live on and the strong women of our Nation and Culture. Since the earliest days of our culture, the sisters have played a tremendous role in centering healthy eating, the use of alternative medicine, home births, natural products, and self-sufficiency. Many of the Earths work in healthcare. This all has a direct connection to the legacy of being healers and nurturers, which we also identify as components of the wonderful nature of our planet; particularly when comparing it to the circumstances happening on the other planets and in the numerous galaxies. Globally, women bear the brunt of the health, economic, and environmental consequences of pollution, ecosystem degradation, toxic exposure, and natural disasters. As climate devastation (I don't say climate change because the climate has already changed; we passed the 1.5 degrees Celsius tipping point months ago) intensifies, it amplifies these disparities, with Black and Indigenous women, especially those coming from low-income communities being the most severely impacted. Women's intimate knowledge and experience as caregivers to families and communities, and as custodians of natural resources make them well-equipped to innovate and execute equitable, efficient, and enduring solutions. According to the UN, the inclusion of women in the planning of climate resilience processes is crucial to the effectiveness of those strategies. It is globally recognized that women's leadership is one of the greatest leverage points for increasing our collective climate resilience. Regardless of the unique conditions of the planet's regions, when women thrive, the Earth thrives. So, in my love and appreciation for the Earths in my Nation, I strive to show and demonstrate this same love for the planet I live on, depend on for a home, and that sustains life. To me, saying Peace to the Earth truly has a dual meaning. Willfully, no one misunderstands that I'm not a sucker for love. Anybody can get it. Ask about me.

However, these are facts that can be researched on your own. As always, I'll provide some of the sources of information I've used in this manifestation. Saying how much you love the Earths and not loving the Earth you live on seems silly. As a matter of fact, as the maker and owner of something, part of that includes maintaining it and being a steward of it. Knowing every square inch of something and preserving the best part for yourself means you know how to keep the best part the best part. Being Lord of All the Worlds must include the world you live in, right? As the king of this world, how do you treat your kingdom? And what type of world are you leaving the Babies? Do you see being civilized as being ecologically responsible? Do you strive to eat chemical-free food? Are you paying attention to the pollutants that are harming the planet and your health? As it is above, so shall it be below, meaning there is no separation.

Happy Earth Day!

Peace to the Gods and Earths!

Knowledge Divine Allah

PS: My sources include Wikipedia, Slavevoyages.org, Wiley Online Library, Low Country Digital Library, Hydroponichorizons.com, "Rooted In The Earth Reclaiming the African American Environmental Heritage " by Diane D. Glave, Edurite, Kurzgesagt, African History and Environmental History by William Beinart., Khanacademy.org, and oxfordbibliographies.com.

Vol. 2 (1969-1979): First Call

Peace to the Gods and Earths of this beautiful Nation. This is my FIRST CALL. I'm giving priority to those of you who were around (walked and talked with Allah), between day one until June 13, 1969, and did not get a chance to enter a chapter in The True History of Allah and His 5%. This is an opportunity for you to submit it, and have it included in the beginning of Volume 2. If you're qualified to write someone's story, that has gone back to the essence, this is the time to put their history out. Gather any pictures, articles, proof, etc. Your/their history and story will have to be verified before publication. Therefore, if you know that you/they were not around, please do not waste my time. Please submit your chapter to Understanding Allah at GruniUn7@Gmail.com by June 30, 2024—ABSOLUTELY NO EXCUSES!!! I will make extensions as I see fit. In the subject bar, enter First Call and your or the person's name.

The other calls will be announced in the upcoming SOM issues. So, heads up, if you received the Knowledge of Self post the assassination in 1969 and up to Dec 31, 1979, I would suggest that you start writing, gathering your artifacts, proof, etc. And if you're qualified to write someone's story, that has gone back to the essence, this is an opportunity for you, too. However, please do not begin to submit anything yet.

Peace and lots of Love,
Your Brother and Companion,

Understanding Allah

HQ 38:26.

Proverbs 25:28

“The original man who is Allah makes his history or Koran to equal his home circumference...”

The home of man is the mind. For every child born comes forth from a thought and must “return” home to a thought. Circumference is that which surrounds a person, place, or thing. Therefore your “home circumference” is that which your mind is surrounded by or wrapped around because the history you make is based on how you think. In light of that, I would like to share some understanding that is pre-emptive, pre-dictive, and for some pre-mature. All meaning it is arriving before its time to wrap our minds around the reality of power derived from self-control.

As we close out April and prepare for May, I would like to remind my nation that Allah intended for us to be strong. A force to be reckoned with. Free from not only religion and the wrong foods but also the many snares and traps designed to master the original man (mind).

MAY

MASTER ALLAH WHY

Me And You-Master All Yours-Spaghetti Month

The name May comes from the Greek name *Maia* which comes from a root word meaning “mother, nurse, midwife.”

The verb May came from the Old English *mæg*, ultimately related to a Germanic root meaning “to be able, to be strong, to have power.”

May is Health Awareness Month

May is the 5th month. 5 is power

M is for Master. Draw it up!!

Memories are a big part of the holiday celebrations of May. Cinco de Mayo, Mother's Day, and Memorial Day all deal with the remembrance of a history or memorializing a person or event.

For the 5% Nation, it is also a time for remembering. The month of May holds particular importance in our history. It was during the Memorial Day weekend of 1965 that Allah was arrested and subsequently sent to Matteawan State Hospital for the Criminally Insane. Because He (Allah) knew he would go through hell for saying He was Allah, He began preparing His 5% to be strong in His absence. He taught them from the Bible, the story of Samson and Delilah-(Judges ch 16), and the sway of loose women on a righteous man. He warned some of their excess indulgence with intoxicants and the need to periodically abstain (Fast) to renew themselves.

“The way to master something is to leave it alone”

It was also in the month of May that He told them of a dream he had in which he and his brother Harry (aka A-Allah) went fishing and forgot the bait. Instead, they used spaghetti and caught more fish that day than any other. Through his understanding, he taught them the importance of learning all they can by keeping their mouths shut. After all, a fish is caught because he opens his mouth. As a result, May became known as “Spaghetti Month” amongst the 5% nation and was used as a time for fasting from those things that make you weak (able to be hooked). For some it was intoxicants. For others sex. For yet others, it was the rhetoric of idle conversation in which you are neither learning nor teaching. Whatever is your false bait(spaghetti) that gets you caught up in the devil's civilization? Because weakness is the prerequisite to wickedness that “any man” is subjected to.

The numeral 5 looks like a hook. Yet an empty hook that will remain empty as long as one understands the equal power of attraction in all things. This way they will know when to “raise up” and when to indulge.

In addition to the above, one of Allah's sons, Universal Shaamgaudd, the original author/editor-in-chief of The Sun of Man, shared more about “spaghetti” month with my peers and me. He said that Allah said

**“That every black seed should have a brown & yellow seed,
every brown seed should have a black and yellow seed and
every yellow seed should have a black and brown seed.
Thus, uniting the seeds.”**

Furthermore, we should do things in 3s.

One doing the knowledge.

One doing the wisdom.

One having the understanding.

This way if a disagreement arises between 2 the 3rd will come with the solution.

Note:

Fasting and self-control are ongoing endeavors.

As our big brother Siheem would say,

“Spaghetti is always on the hook no matter the month”

So do everything in moderation and with understanding.

Peace

Your brother

Bahiem

Peace. In the Name of Allah and his Sons, who came as Deliverers amongst the Confused and Misguided, bringing Clarity to those of us who would listen and Accept the Truth of Allah's Supreme Mathematics as it was Given.

April Showers Bring May Flowers!
Allah-Power-Rule-I-Love (Hell or Right)

The first letter in April is (A) that's Allah. The first Letter in Flowers is (F), which is Father, and WE are His FIVE Percent. We are in the month of April, the 4th month of the Gregorian calendar, yet the 1st month of an older calendar which consisted of 28 days and 13 months which marked the start of the Spring Equinox or the New Year. This month expresses many different things and explains the things that come in fours. Taking the heads of four devils; think of our brothers who went through hell and gave their lives for this—for us to be here today; alcohol/drug addiction (substance abuse), mental illness, prison (death), and betrayal; North, East, West, and South; Yacub, Musa, Jesus, and Mohammad. These are all different states of mind that spring up or distill back out of the nature of all men alike, at different times in one's lifetime, depending on the current of air that they are in. The cold, hot, warm, swift, and changeable are all part of these changes that cause all the above to happen. They explain rain, hail, snow, and earthquakes during the four seasons in man's life, which man has to walk through to see his flowers (blessings).

Culture is one's way of life, for us, the 5%, it's I Self Lord and Master or I-God. By knowing “but brings” it, and understanding “what makes” it, we can draw up what are the flowers that come after the showers. FLOWERS are one's reaping or rewards for accomplishing one's goals. Flowers are known to be given to those we love on occasions that signify celebration, love, appreciation, and death. Yet, the word flowers contains "7" letters, and that speaks of setting the speed that all must travel while going through the 4 cardinal directions, which are north, east, south, and west. Giving (receiving) one's flowers is gaining clarity of all the above, which is caused by one's behavior while going through what one must go through to complete any cipher (good or bad). SPRING up through the showers, holding the weight of the circumstances, and the flowers are setting the speed at which one came out of those circumstances. The planet Earth consists of 196,940,000 sq miles of land and water, in which a man has to learn to live out what he has set the speed for, in the words of our good brother Virtuous, “You made your bed, now lay in it.”

1969- Circumstances.

4- This is what was left, a legacy.

0,000- Living it out.

There's so much more I would like to touch on, yet leaving room for thought.

Peace,

Divine Justice (D'Jaa)

| Exam Title | Exam No. | Open Competitive/Promotion/ Qualified Incumbent Exam (QIE) |
|---|----------|---|
| Apply Beginning 7/6/2023 | | |
| CALL CENTER REPRESENTATIVE | 4022 | Open Competitive |
| HOUSING ASSISTANT | 4050 | Open Competitive |
| QUALITY ASSURANCE SPECIALIST TRAINEE | 4084 | Open Competitive |
| REPORTER/STENOGRAPHER (DA) | 4086 | Open Competitive |
| SPECIAL OFFICER | 4312 | Open Competitive |
| SPECIAL OFFICER (NYC H+H) | 4315 | Open Competitive |
| YOUTH DEVELOPMENT SPECIALIST | 4111 | Open Competitive |
| Apply Beginning 7/12/2023 | | |
| BRIDGE REPAIRER AND RIVETER | 4206 | QIE |
| COUNTY DETECTIVE | 4208 | QIE |
| HOUSING ASSISTANT (BILINGUAL) | 4212 | QIE |
| INSPECTOR (BOILERS) | 4213 | QIE |
| INSURANCE ADVISER (HOUSING AUTHORITY) | 4214 | QIE |
| MARINER | 4219 | QIE |
| QUALITY ASSURANCE SPECIALIST (BUILDING REPAIRS) | 4223 | QIE |
| SERVICE INSPECTOR (DOT) | 4225 | QIE |
| SUPERVISOR OF CHILD CARE | 4226 | QIE |
| Apply Beginning 8/2/2023 | | |
| ADMINISTRATIVE EDUCATION ANALYST | 4002 | Open Competitive |
| ADMINISTRATIVE EDUCATION ANALYST (PRO) | 4501 | Promotion |
| CONTRACT SPECIALIST | 4038 | Open Competitive |
| INSPECTOR (CONSTRUCTION) | 4053 | Open Competitive |
| INSPECTOR (ELEVATOR) | 4054 | Open Competitive |
| INSPECTOR (HOUSING) | 4056 | Open Competitive |
| MARINE ENGINEER (UNIFORMED-FIRE DEPARTMENT) (PRO) | 4532 | Promotion |
| PLUMBER'S HELPER | 4112 | Canceled |
| PLUMBER'S HELPER (CUNY) | 4113 | Canceled |
| POLICE OFFICER | 4366 | Open Competitive |
| PUBLIC HEALTH NURSE (SCHOOL HEALTH) | 4082 | Open Competitive |
| Apply Beginning 8/9/2023 | | |
| ASBESTOS HANDLER | 4201 | QIE |
| ASSISTANT RETIREMENT BENEFITS EXAMINER | 4203 | QIE |
| ASSOCIATE CHEMIST | 4204 | QIE |
| ASSOCIATE PUBLIC INFORMATION SPECIALIST | 4205 | QIE |
| CYBER SECURITY ANALYST | 4209 | QIE |
| LABORATORY ASSOCIATE | 4215 | QIE |
| MARINE OILER (FERRY OPERATIONS) | 4218 | QIE |
| QUALITY ASSURANCE SPECIALIST | 4222 | QIE |
| SENIOR DETECTIVE INVESTIGATOR | 4224 | Canceled |
| WORKERS' COMPENSATION BENEFITS EXAMINER | 4228 | QIE |
| Apply Beginning 9/6/2023 | | |
| ACCOUNTANT | 4000 | Open Competitive |
| ACCOUNTANT (PRO) | 4500 | Promotion |
| ADDICTION COUNSELOR (NYC H+H) | 4001 | Open Competitive |
| ADMINISTRATIVE INVESTIGATOR (PRO) | 4504 | Promotion |
| ASSOCIATE INSPECTOR (HIGHWAYS AND SEWERS) | 4015 | Open Competitive |
| ASSOCIATE INSPECTOR (HIGHWAYS AND SEWERS) (PRO) | 4512 | Promotion |
| CORRECTION OFFICER | 4300 | Open Competitive |
| ELECTRICAL ENGINEER | 4039 | Open Competitive |
| ELECTRICAL ENGINEER (PRO) | 4526 | Promotion |
| LANDMARKS PRESERVATIONIST | 4062 | Canceled |
| MECHANICAL ENGINEER | 4068 | Open Competitive |
| MECHANICAL ENGINEER (PRO) | 4539 | Promotion |
| POLICE ADMINISTRATIVE AIDE | 4073 | Open Competitive |
| POLICE COMMUNICATIONS TECHNICIAN | 4303 | Open Competitive |
| SCHOOL SAFETY AGENT | 4309 | Open Competitive |
| Apply Beginning 9/13/2023 | | |
| ARCHITECTURAL INTERN | 4200 | QIE |
| ASSISTANT MEDIA SERVICES TECHNICIAN | 4202 | QIE |
| CARRIAGE UPHOLSTERER | 4207 | QIE |
| DEPARTMENT LIBRARIAN | 4210 | QIE |
| HOUSEKEEPER | 4211 | QIE |
| LEGAL SECRETARIAL ASSISTANT | 4216 | QIE |
| MARINE OILER (DC) | 4217 | QIE |
| PROJECT MANAGER INTERN | 4220 | QIE |
| PUBLIC HEALTH EPIDEMIOLOGIST | 4221 | QIE |
| TELECOMMUNICATIONS ASSOCIATE (VOICE) | 4227 | QIE |

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|--|----------|--|
| Apply Beginning 10/4/2023 | | |
| CALL CENTER REPRESENTATIVE | 4023 | Open Competitive |
| CAPTAIN (CORRECTION) (PRO) | 4519 | Promotion |
| EMERGENCY MEDICAL SPECIALIST-EMT | 4041 | Open Competitive |
| EMERGENCY MEDICAL SPECIALIST-TRAINEE | 4042 | Open Competitive |
| MARINE ENGINEER (UNIFORMED-FIRE DEPARTMENT) (PRO) | 4533 | Promotion |
| OCCUPATIONAL THERAPIST (DOE) | 4069 | Open Competitive |
| PHYSICAL THERAPIST (DOE) | 4071 | Open Competitive |
| PROJECT MANAGER | 4076 | Open Competitive |
| RESIDENT BUILDINGS SUPERINTENDENT | 4087 | Open Competitive |
| RESIDENT BUILDINGS SUPERINTENDENT (PRO) | 4544 | Promotion |
| SENIOR CONSULTANT (PUBLIC HEALTH SOCIAL WORK) | 4116 | Open Competitive |
| SUPERVISOR (SANITATION) | 4551 | Promotion |
| SUPERVISOR OF TRAFFIC DEVICE MAINTAINERS | 4108 | Postponed |
| SUPERVISOR OF TRAFFIC DEVICE MAINTAINERS (PRO) | 4563 | Postponed |
| TRAFFIC ENFORCEMENT AGENT | 4318 | Open Competitive |
| WELDER | 4110 | Open Competitive |
| WELDER (PRO) | 4564 | Promotion |
| Apply Beginning 11/1/2023 | | |
| ADMINISTRATIVE HOUSING MANAGER | 4003 | Canceled |
| ADMINISTRATIVE HOUSING MANAGER (PRO) | 4502 | Promotion |
| ASSISTANT CHEMICAL ENGINEER | 4007 | Postponed |
| ASSISTANT CIVIL ENGINEER | 4009 | Postponed |
| ASSOCIATE CALL CENTER REPRESENTATIVE (PRO) | 4508 | Canceled |
| BATTALION CHIEF (PRO) | 4517 | Promotion |
| CRIME ANALYST | 4117 | Postponed |
| EMERGENCY MEDICAL SPECIALIST-PARAMEDIC (PRO) | 4527 | Promotion |
| FIREFIGHTER (PRO) | 4528 | Promotion |
| HIGH PRESSURE PLANT TENDER | 4047 | Open Competitive |
| HIGH PRESSURE PLANT TENDER (CUNY) | 4048 | Open Competitive |
| LEAD ABATEMENT WORKER | 4063 | Open Competitive |
| PLANT MAINTAINER, (HOSPITALS)/TENDER (NYC H+H) | 4072 | Open Competitive |
| SPECIAL OFFICER | 4313 | Open Competitive |
| SPECIAL OFFICER (NYC H+H) | 4316 | Open Competitive |
| SUPERVISOR OF STOCK WORKERS | 4106 | Open Competitive |
| SUPERVISOR OF STOCK WORKERS (CUNY) | 4107 | Open Competitive |
| SUPERVISOR OF STOCK WORKERS (CUNY) (PRO) | 4561 | Promotion |
| SUPERVISOR OF STOCK WORKERS (PRO) | 4562 | Promotion |
| Apply Beginning 12/7/2023 | | |
| ADMINISTRATIVE HOUSING SUPERINTENDENT | 4004 | Open Competitive |
| ADMINISTRATIVE HOUSING SUPERINTENDENT (PRO) | 4503 | Promotion |
| ADMINISTRATIVE PARK AND RECREATION MANAGER | 4005 | Open Competitive |
| ADMINISTRATIVE PARK AND RECREATION MANAGER (PRO) | 4505 | Promotion |
| ASSISTANT HOUSING MANAGER | 4010 | Open Competitive |
| ASSISTANT HOUSING MANAGER (PRO) | 4507 | Promotion |
| ASSISTANT PLAN EXAMINER (BUILDINGS) | 4011 | Postponed |
| ASSOCIATE INSPECTOR (CONSUMER AND WORKER PROTECTION) | 4014 | Open Competitive |
| ASSOCIATE INSPECTOR (CONSUMER AND WORKER PROTECTION) (PRO) | 4511 | Promotion |
| ASSOCIATE LABORATORY MICROBIOLOGIST | 4016 | Open Competitive |
| ASSOCIATE LABORATORY MICROBIOLOGIST (PRO) | 4513 | Promotion |
| BRIDGE OPERATOR | 4021 | Open Competitive |
| CLIMBER AND PRUNER | 4033 | Postponed |
| CORRECTION OFFICER | 4301 | Open Competitive |
| ENVIRONMENTAL POLICE OFFICER | 4321 | Open Competitive |
| EXTERMINATOR | 4043 | Open Competitive |
| EXTERMINATOR (CUNY) | 4118 | Postponed |
| HOUSING EXTERMINATOR | 4051 | Open Competitive |
| HOSPITAL CARE INVESTIGATOR (NYC H+H) | 4049 | Open Competitive |
| LABORATORY MICROBIOLOGIST | 4061 | Open Competitive |
| LABORATORY MICROBIOLOGIST (PRO) | 4531 | Promotion |
| MARINE ENGINEER (UNIFORMED-FIRE DEPARTMENT) (PRO) | 4534 | Promotion |
| POLICE OFFICER (PRO) | 4540 | Promotion |
| SUPERVISOR HIGHWAY REPAIRER | 4104 | Canceled |
| SUPERVISOR HIGHWAY REPAIRER (PRO) | 4559 | Promotion |

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|---|----------|---|
| Apply Beginning 1/3/2024 | | |
| ASSISTANT CITY ASSESSOR | 4008 | Canceled |
| ASSOCIATE FRAUD INVESTIGATOR | 4013 | Open Competitive |
| ASSOCIATE FRAUD INVESTIGATOR (PRO) | 4510 | Promotion |
| ASSOCIATE TAXI AND LIMOUSINE INSPECTOR (PRO) | 4514 | Promotion |
| CALL CENTER REPRESENTATIVE | 4024 | Open Competitive |
| COMPUTER ASSOCIATE (OPERATIONS) | 4034 | Open Competitive |
| COMPUTER ASSOCIATE (OPERATIONS) (PRO) | 4523 | Promotion |
| COMPUTER SYSTEMS MANAGER (CUNY) | 4036 | Postponed |
| CONGREGATE CARE SPECIALIST | 4037 | Open Competitive |
| CONGREGATE CARE SPECIALIST (PRO) | 4525 | Promotion |
| HEATING PLANT TECHNICIAN (HOUSING AUTHORITY) | 4046 | Open Competitive |
| HEATING PLANT TECHNICIAN (HOUSING AUTHORITY) (PRO) | 4529 | Promotion |
| POLICE ATTENDANT | 4074 | Open Competitive |
| POLICE COMMUNICATIONS TECHNICIAN | 4304 | Open Competitive |
| PROBATION OFFICER TRAINEE | 4075 | Postponed |
| RUBBER TIRE REPAIRER | 4088 | Open Competitive |
| SCHOOL SAFETY AGENT | 4310 | Open Competitive |
| Apply Beginning 2/7/2024 | | |
| ADMINISTRATIVE SUPERINTENDENT OF HIGHWAY OPERATIONS | 4006 | Canceled |
| ADMINISTRATIVE SUPERINTENDENT OF HIGHWAY OPERATIONS (PRO) | 4506 | Canceled |
| ASSOCIATE CALL CENTER REPRESENTATIVE (PRO) | 4569 | Promotion |
| BRICKLAYER | 4020 | Open Competitive |
| BRICKLAYER (PRO) | 4518 | Promotion |
| CLAIM SPECIALIST | 4032 | Postponed |
| EXTERMINATOR (CUNY) | 4125 | Open Competitive |
| LANDMARKS PRESERVATIONIST | 4121 | Open Competitive |
| MARINE ENGINEER (UNIFORMED-FIRE DEPARTMENT) (PRO) | 4535 | Promotion |
| MOTOR VEHICLE SUPERVISOR | 4114 | Open Competitive |
| MOTOR VEHICLE SUPERVISOR (NYC H+H) | 4115 | Canceled |
| MOTOR VEHICLE SUPERVISOR (PRO) | 4565 | Promotion |
| MOTOR VEHICLE SUPERVISOR (NYC H+H) (PRO) | 4566 | Promotion |
| PARALEGAL AIDE | 4070 | Open Competitive |
| POLICE OFFICER | 4307 | Open Competitive |
| SANITATION ENFORCEMENT AGENT | 4089 | Open Competitive |
| SCHOOL BUSINESS MANAGER (DOE) | 4119 | Open Competitive |
| SEWAGE TREATMENT WORKER | 4090 | Open Competitive |
| SUPERVISING DEPUTY SHERIFF (PRO) | 4549 | Postponed |
| SUPERVISING HOUSING GROUNDSKEEPER | 4097 | Open Competitive |
| SUPERVISING HOUSING GROUNDSKEEPER (PRO) | 4550 | Promotion |
| SUPERVISOR OF ELECTRICAL INSTALLATIONS AND MAINTENANCE | 4105 | Open Competitive |
| TRAFFIC ENFORCEMENT AGENT | 4319 | Open Competitive |
| Apply Beginning 3/6/2024 | | |
| ASSOCIATE HOUSING DEVELOPMENT SPECIALIST | 4122 | Open Competitive |
| ASSOCIATE HOUSING DEVELOPMENT SPECIALIST (PRO) | 4570 | Promotion |
| CITY TAX AUDITOR | 4029 | Open Competitive |
| CHILD PROTECTIVE SPECIALIST SUPERVISOR (PRO) | 4520 | Promotion |
| CIVIL ENGINEER | 4030 | Open Competitive |
| CIVIL ENGINEER (PRO) | 4522 | Promotion |
| CIVIL ENGINEERING INTERN | 4031 | Postponed |
| COMPUTER SYSTEMS MANAGER | 4035 | Open Competitive |
| COMPUTER SYSTEMS MANAGER (PRO) | 4524 | Promotion |
| GRAPHIC ARTIST | 4123 | Open Competitive |
| INSTRUMENTATION SPECIALIST | 4058 | Open Competitive |
| LABOR RELATIONS ANALYST TRAINEE | 4060 | Open Competitive |
| MATE (FERRY) | 4067 | Open Competitive |
| MATE (FERRY) (PRO) | 4538 | Promotion |
| QUALITY ASSURANCE SPECIALIST | 4124 | Open Competitive |
| SOCIAL WORKER | 4091 | Open Competitive |
| SPECIAL OFFICER | 4314 | Open Competitive |
| SPECIAL OFFICER (NYC H+H) | 4317 | Open Competitive |
| SUPERVISOR COMMUNICATION ELECTRICIAN (PRO) | 4555 | Canceled |
| SUPERVISOR ELECTRICIAN | 4101 | Canceled |
| SUPERVISOR ELECTRICIAN (CUNY) | 4102 | Canceled |
| SUPERVISOR ELECTRICIAN (CUNY) (PRO) | 4556 | Promotion |
| SUPERVISOR ELECTRICIAN (NYC H+H) | 4103 | Canceled |
| SUPERVISOR ELECTRICIAN (NYC H+H) (PRO) | 4557 | Promotion |
| SUPERVISOR ELECTRICIAN (PRO) | 4558 | Promotion |

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| Exam Title | Exam No. | Open Competitive/Promotion/ Qualified Incumbent Exam (QIE) |
|---|----------|---|
| Apply Beginning 4/3/2024 | | |
| ADMINISTRATIVE PROBATION OFFICER (PRO) | 4568 | Promotion |
| CALL CENTER REPRESENTATIVE | 4025 | Open Competitive |
| HOUSING MANAGER | 4052 | Open Competitive |
| HOUSING MANAGER (PRO) | 4530 | Promotion |
| INSPECTOR (HOISTS AND RIGGING) | 4055 | Open Competitive |
| INSPECTOR (PLUMBING) | 4057 | Open Competitive |
| MARINE ENGINEER (UNIFORMED-FIRE DEPARTMENT) (PRO) | 4536 | Promotion |
| POLICE OFFICER | 4308 | Open Competitive |
| RECREATION DIRECTOR | 4085 | Open Competitive |
| STATIONARY ENGINEER | 4093 | Open Competitive |
| STATIONARY ENGINEER (CUNY) | 4094 | Open Competitive |
| STATIONARY ENGINEER (CUNY) (PRO) | 4545 | Promotion |
| STATIONARY ENGINEER (ELECTRIC) | 4095 | Open Competitive |
| STATIONARY ENGINEER (ELECTRIC) (PRO) | 4546 | Promotion |
| STATIONARY ENGINEER (NYC H+H) | 4096 | Open Competitive |
| STATIONARY ENGINEER (NYC H+H) (PRO) | 4547 | Promotion |
| STATIONARY ENGINEER (PRO) | 4548 | Promotion |
| SUPERVISOR II (SOCIAL SERVICES) | 4560 | Promotion |
| Apply Beginning 5/1/2024 | | |
| ASSOCIATE EDUCATION ANALYST | 4012 | Open Competitive |
| ASSOCIATE EDUCATION ANALYST (PRO) | 4509 | Promotion |
| CITY ASSESSOR | 4028 | Open Competitive |
| CITY ASSESSOR (PRO) | 4521 | Promotion |
| CORRECTION OFFICER | 4302 | Open Competitive |
| DISTRICT SUPERVISOR (WATER AND SEWER SYSTEMS) (PRO) | 4567 | Promotion |
| FIRE PROTECTION INSPECTOR | 4120 | Open Competitive |
| POLICE COMMUNICATIONS TECHNICIAN | 4305 | Open Competitive |
| PUBLIC HEALTH ADVISER | 4077 | Open Competitive |
| PUBLIC HEALTH ADVISER (NYC H+H) | 4078 | Open Competitive |
| PUBLIC HEALTH ADVISER (PRO) | 4543 | Promotion |
| PUBLIC HEALTH ADVISER (SCHOOL HEALTH) | 4079 | Open Competitive |
| PUBLIC HEALTH ASSISTANT (SCHOOL HEALTH) | 4080 | Open Competitive |
| PUBLIC HEALTH EDUCATOR | 4081 | Open Competitive |
| QUALITY ASSURANCE SPECIALIST (FOODS) | 4083 | Open Competitive |
| SCHOOL SAFETY AGENT | 4311 | Open Competitive |
| SUPERVISOR CARPENTER | 4098 | Canceled |
| SUPERVISOR CARPENTER (CUNY) | 4099 | Canceled |
| SUPERVISOR CARPENTER (CUNY) (PRO) | 4552 | Promotion |
| SUPERVISOR CARPENTER (NYC H+H) | 4100 | Canceled |
| SUPERVISOR CARPENTER (NYC H+H) (PRO) | 4553 | Promotion |
| SUPERVISOR CARPENTER (PRO) | 4554 | Promotion |
| Apply Beginning 6/5/2024 | | |
| AUTO MECHANIC | 4017 | Open Competitive |
| AUTO MECHANIC (CUNY) | 4018 | Open Competitive |
| AUTO MECHANIC (DIESEL) | 4019 | Open Competitive |
| AUTO MECHANIC (DIESEL) (PRO) | 4515 | Promotion |
| AUTO MECHANIC (PRO) | 4516 | Promotion |
| CASEWORKER | 4026 | Open Competitive |
| CHILD PROTECTIVE SPECIALIST | 4027 | Open Competitive |
| ELIGIBILITY SPECIALIST | 4040 | Open Competitive |
| GLAZIER | 4045 | Open Competitive |
| JOB OPPORTUNITY SPECIALIST | 4059 | Open Competitive |
| MAINTENANCE WORKER | 4064 | Open Competitive |
| MAINTENANCE WORKER (CUNY) | 4065 | Open Competitive |
| MAINTENANCE WORKER (NYC H+H) | 4066 | Open Competitive |
| MARINE ENGINEER (UNIFORMED-FIRE DEPARTMENT) (PRO) | 4537 | Promotion |
| POLICE OFFICER (PRO) | 4541 | Promotion |
| PRINCIPAL POLICE COMMUNICATIONS TECHNICIAN | 4542 | Promotion |
| STAFF ANALYST TRAINEE | 4092 | Open Competitive |
| TRAFFIC ENFORCEMENT AGENT | 4320 | Open Competitive |
| URBAN PARK RANGER | 4109 | Open Competitive |
| Apply Beginning 6/24/2024 | | |
| FIREFIGHTER | 4044 | Open Competitive |

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