

# THE FRIENDSHIP TEST

Here are 20 child-friendly questions designed to help a young child reflect on whether someone is truly a friend. These questions focus on feelings, behaviour, and trust in a gentle and age-appropriate way:

1. Do they make you feel happy when you're together?

- ☐ Friend      ☐ Not Friend

2. Do they say nice things to you?

- ☐ Friend      ☐ Not Friend

3. Do they share their toys or games with you?

- ☐ Friend      ☐ Not Friend

4. Do they let you play with them?

- ☐ Friend      ☐ Not Friend

5. Do they listen when you talk?

- ☐ Friend      ☐ Not Friend

6. Do they laugh *with* you, not *at* you?

- ☐ Friend      ☐ Not Friend

7. Do they help you when you're feeling sad or hurt?

- ☐ Friend      ☐ Not Friend

8. Do they say sorry when they do something wrong?

- ☐ Friend      ☐ Not Friend

9. Do they stop if you ask them to?

- ☐ Friend      ☐ Not Friend

10. Do they want you to feel included?

- ☐ Friend      ☐ Not Friend

11. Do they treat you kindly every day, not just sometimes?

- ☐ Friend      ☐ Not Friend

12. Do they ask how you are feeling?

- ☐ Friend ☐ Not Friend

13. Do they leave you out on purpose?

- ☐ Friend ☐ Not Friend

14. Do they try to boss you around all the time?

- ☐ Friend ☐ Not Friend

15. Do they tell others not to play with you?

- ☐ Friend ☐ Not Friend

16. Do they keep your secrets safe?

- ☐ Friend ☐ Not Friend

17. Do they cheer for you when you do something good?

- ☐ Friend ☐ Not Friend

18. Do they talk behind your back?

- ☐ Friend ☐ Not Friend

19. Do they make you feel good about yourself?

- ☐ Friend ☐ Not Friend

20. Do they want to spend time with you because they like you?

- ☐ Friend ☐ Not Friend