



Snow Family Medicine

AdvaTX Post-Care Instructions

- Do not perspire for 24 hours of treatment.
- Do not use AHA's, BHA's, Retin-A, or Renova for 72 hours after treatment.
- Avoid direct sunlight for 72 hours after treatment. If outdoor activities are planned, wear a wide brimmed hat and 60 SPF.
- Wash your face morning and night with a cleanser.
- Continue use of vitamins, treatment products, hydrator, and sunscreen unless otherwise directed by your doctor or skincare professional.
- If redness or sensitivity occurs, wash your face, and apply a cool compress or ice pack. If sensitivity continues for more than 12 hours, contact your physician or skincare provider.
- 60 SPF should be worn every day for 7 days after treatment.
- If you are prone to oral herpes, the treatment you have just received may cause a breakout, ask your doctor for a prophylactic treatment such as Valtrex. (5 days before your treatment and 5 days after are optimal.)
- Do not peel or pick at loose skin or crusting, this will cause severe scarring and discoloration to affected area.
- If crusting occurs, apply petroleum jelly to the affected area until it is healed.
- Keep skin well hydrated with appropriate moisturizer.

If you have any questions or concerns, please call our office at 321-655-5515