

# Excellent Immune Booster Cubes

		per 100g	per 7.5g
Energy	kcal	108	8
Energy	kJ	453	34
Protein	g	2.5	0.2
Fat	g	2.3	0.2
Saturates	g	0.9	0.1
Monounsaturates	g	0.2	0.0
Polyunsaturates	g	0.9	0.1
Trans	g	0.0	0.0
Available Carbohydrate	g	15.5	1.2
Starch	g	13.7	1.0
Sugars	g	1.8	0.1
Added Sugars	g	0.0	0.0
Polyols	g	0.0	0.0
Dietary Fibre	g	7.6	0.6
Sodium	g (mg)	0.01 (13)	0.00 (1)
Salt	g (mg)	0.03 (33)	0.00 (2)
Moisture	g	65.6	4.9
Alcohol	g	0.0	0.0
Organic Acids	g	0.0	0.0
Nitrogen	g	0.40	0.03
Cholesterol	mg	0	0
Potassium	mg	1026	77
Calcium	mg	59	4
Magnesium	mg	69	5
Phosphorus	mg	100	7
Iron	mg	12.7	1.0

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Copper	mg	0.36	0.03
Zinc	mg	1.1	0.1
Chloride	mg	1	0
Manganese	mg	1.2	0.1
Selenium	µg	0	0
Iodine	µg	0	0
Retinol	µg	0	0
Carotene	µg	9	1
Vitamin D	µg	0.0	0.0
Vitamin E	mg	0.04	0.00
Thiamin (Vitamin B1)	mg	0.04	0.00
Riboflavin (Vitamin B2)	mg	0.04	0.00
Niacin (Vitamin B3)	mg	1.3	0.1
Tryptophan/60	mg	0.0	0.0
Vitamin B6	mg	0.04	0.00
Vitamin B12	µg	0.0	0.0
Folate	µg	6	0
Pantothenate	mg	0.06	0.00
Biotin	µg	0.1	0.0
Vitamin C	mg	13	1
Vitamin A	µg	1	0