

Alz Run 2025

Age Group Results 5K

Place	Bib	Name	Nat.	Age	Club	Pace	ChipTime	GunTime
5K								
15 Under								
1.	375	Keeler, Ella		13		9:17	28:53	28:53
2.	549	Haas, Summer		13		9:28	29:28	29:28
3.	553	Dunkel, Kylee		12		9:36	29:52	29:52
4.	442	Urban, Nora		15		10:04	31:17	31:17
5.	561	Healey, Victoria		9		10:26	32:27	32:27
6.	562	Healey, Scarlett		11		10:38	33:04	33:04
7.	537	Shedek, Coralie		12		11:27	35:35	35:35
8.	559	Jean-Francois, Clare		10		11:27	35:37	35:37
9.	387	Krausman, Abby		11		11:51	36:52	36:52
10.	324	Campbell, Bentlie		8		12:53	40:05	40:05
11.	330	Clark, Audrey		9		13:29	41:54	41:54
12.	560	Jean-Francois, Cora		8		14:44	45:49	45:49
13.	457	Willis, Olivia		11		16:14	50:27	50:27
14.	456	Willis, Brynn		14		16:14	50:27	50:27
16-23								
1.	377	Kiefer, Charli		17		9:22	29:10	29:10
2.	343	Feldmann, Mallory		20		9:49	30:33	30:33
3.	328	Chase, Kate		17		10:18	32:03	32:03
4.	416	Richter, Rachel		19		11:26	35:33	35:33
5.	345	Feldmann, Madison		20		12:39	39:21	39:21
6.	419	Roeth, Amanda		21		15:38	48:37	48:37
7.	547	Menke, Emma		20		15:55	49:28	49:28
8.	379	Kiefer, Joey		18		16:05	50:00	50:00
9.	352	Grubb, Daphne		20		16:27	51:08	51:08
10.	444	Wardour, Sophia		23		16:38	51:42	51:42
11.	455	Willis, Raychel		17		17:06	53:10	53:10
12.	382	Kiefer, Sami		20		23:44	1:13:47	1:13:47
24-29								
1.	353	Haefner, Olivia		25		11:59	37:16	37:16
2.	369	Johnson, Hayle		29		14:19	44:30	44:30
3.	341	Eriksen, Abby		24		16:05	50:00	50:00
4.	460	Wolf, Kaci		24		16:28	51:12	51:12
30-35								
1.	367	Jeske, Kelly		35		7:07	22:08	22:08
2.	401	Neuhaus, Amanda		30		9:11	28:33	28:33
3.	427	Smith, Kaitlyn		32		9:12	28:38	28:38
4.	407	Pelegrin, Elizabeth		33		9:21	29:04	29:04
5.	348	Gerlich, Anna		30		11:18	35:08	35:08
6.	421	Schmitt, Melissa		35		11:33	35:56	35:56
7.	390	Link, Melissa		30		12:17	38:13	38:13
8.	347	Gaul, Lucinda		31		12:47	39:44	39:44

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Place	Bib	Name	Nat.	Age	Club	Pace	ChipTime	GunTime
9.	402	Neuhaus, Sarah		33		13:17	41:18	41:18
36-42								
1.	528	White, Natalie		38		8:54	27:42	27:42
2.	333	Cogan, Corin		38		9:32	29:38	29:38
3.	552	Haas, Laina		42		9:59	31:04	31:04
4.	422	Schmitt, Jessica		38		10:25	32:25	32:25
5.	554	Dunkel, Carmen		42		11:29	35:42	35:42
6.	543	Lawver, Ayssa		40		12:27	38:44	38:44
7.	338	Dirks, Nichole		38		13:13	41:04	41:04
8.	329	Clark, Heather		37		13:29	41:54	41:54
9.	361	Hefel-Ensberg, Nicole		36		13:44	42:43	42:43
10.	362	Hefel-Ensberg, Sara		38		13:44	42:43	42:43
11.	534	Smith, Megan		37		15:19	47:37	47:37
12.	349	Githaiga, Danee		41		15:43	48:51	48:51
13.	358	Haverland, Maddy		39		17:11	53:27	53:27
14.	454	Willis, Danielle		37		17:47	55:17	55:17
43-49								
1.	371	Johnson, Liza		43		7:23	22:59	22:59
2.	567	Hoover, Kimberly		43		9:20	29:02	29:02
3.	322	Burds, Jenny		46		9:46	30:23	30:23
4.	410	Phillips, Sara		45		9:58	30:59	30:59
5.	315	Avery, Christina		44		11:19	35:10	35:10
6.	385	Klostermann, Kathy		46		12:18	38:16	38:16
7.	452	Wiewel, Ericka		43		12:27	38:43	38:43
8.	384	Klein, Gail		49		12:47	39:44	39:44
50-55								
1.	411	Pirc, Jan		54		9:44	30:15	30:15
2.	433	Streuslin, Pamela		54		10:29	32:35	32:35
3.	414	Richter, Kristy		52		11:11	34:47	34:47
4.	346	Freiburger, Jenny		50		14:29	45:02	45:02
5.	392	McAuliffe, Cheri		54		15:26	47:59	47:59
6.	418	Roeth, Doris		55		15:43	48:51	48:51
7.	435	Sullivan, Lisa		54		15:54	49:25	49:25
8.	445	Wardour, Tracy		55		16:38	51:42	51:42
9.	368	Johnson, Nicole		50		17:14	53:34	53:34
10.	380	Kiefer, Nikki		50		23:43	1:13:42	1:13:42
56-62								
1.	437	Tebon, Brenda		58		8:44	27:09	27:09
2.	462	Zenner, Sarah		61		9:46	30:23	30:23
3.	432	Stierman, Pam		59		9:59	31:02	31:02
4.	568	Hansen, Lisa		58		12:34	39:03	39:03
5.	417	Robinson, Donna		62		15:19	47:37	47:37
6.	565	Thier, Krista		58		15:26	47:59	47:59

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Place	Bib	Name	Nat.	Age	Club	Pace	ChipTime	GunTime
7.	431	Steffen, Sonya		58		17:40	54:55	54:55
8.	412	Pope, Rhonda		59		17:40	54:55	54:55
9.	332	Cogan, Dawn		57		17:47	55:17	55:17
10.	429	Sprinkel, Laura		62		19:20	1:00:05	1:00:05
63-69								
1.	406	OShea, Deb		67		12:09	37:48	37:48
2.	314	Anderson, Cindy		69		13:16	41:15	41:15
3.	339	Dufty-Sprinkel, Vicki		64		17:46	55:15	55:15
4.	326	Campbell, Jim		64		17:48	55:19	55:19
5.	325	Campbell, Sheila		64		19:33	1:00:47	1:00:47
80&Over								
1.	403	Neuwohner, Ginny		80		15:25	47:55	47:55
15 Under								
1.	372	Johnson, Colin		12		6:53	21:25	21:25
2.	564	Hesselbacher, Augie		13		7:08	22:11	22:11
3.	563	Healey, Grayson		13		7:38	23:46	23:46
4.	336	Cogan, Ledger		11		8:59	27:58	27:58
5.	426	Silvia, Finlay		12		9:22	29:08	29:08
6.	458	Willis, Liam		8		9:29	29:29	29:29
7.	550	Haas, Colt		15		10:22	32:15	32:15
8.	551	Haas, Case		9		10:54	33:54	33:54
9.	350	Githaiga, Elijah		12		12:06	37:37	37:37
10.	335	Cogan, Pryce		8		13:25	41:43	41:43
11.	374	Johnson, Luke		8		14:43	45:47	45:47
12.	378	Kiefer, Gauge		14		16:12	50:21	50:21
16-23								
1.	544	Fangman, Derek		21		5:48	18:03	18:03
2.	351	Goldsmith, Sam		16		6:31	20:16	20:16
3.	398	Millius, Drew		23		8:45	27:15	27:15
4.	425	Silvia, Ian		16		9:14	28:42	28:42
24-29								
1.	557	Eyres, Michael		29		5:30	17:08	17:08
2.	342	Farfan, Nick		26		9:21	29:06	29:06
3.	344	Feldmann, Jake		27		9:54	30:48	30:48
4.	366	Iversen, Joseph		24		10:13	31:48	31:48
5.	566	Snyder, Brady		27		11:27	35:36	35:36
6.	459	Winkler, Tyler		29		14:19	44:30	44:30
7.	389	Lima, Rafael		25		17:14	53:34	53:34
8.	409	Peterson, Jeremy		29		17:15	53:37	53:37
30-35								
1.	420	Runde, Tyler		32		7:23	23:00	23:00
2.	531	Eyres, Martin		31		9:17	28:51	28:51

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Place	Bib	Name	Nat.	Age	Club	Pace	ChipTime	GunTime
3.	542	Lowther, Evan		34		9:47	30:25	30:25
4.	438	Tomkins, Jason		33		10:03	31:15	31:15
36-42								
1.	376	Kerstein, Justin		37		7:05	22:03	22:03
2.	370	Johnson, Dan		42		7:11	22:21	22:21
3.	316	Beckman, Brian		41		8:19	25:51	25:51
4.	334	Cogan, AJ		40		8:44	27:10	27:10
5.	317	Beckman, Wayne		36		9:28	29:26	29:26
6.	453	Willis, RJ		37		11:18	35:08	35:08
7.	451	Wiewel, Matthew		40		12:27	38:43	38:43
8.	323	Campbell, Andrew		39		12:54	40:06	40:06
9.	535	Smith, Chad		41		15:22	47:46	47:46
10.	413	Reth, Chris		42		15:52	49:19	49:19
43-49								
1.	532	Shedek, Tom		43		7:05	22:02	22:02
2.	391	Lucas, Josh		45		9:06	28:19	28:19
3.	383	Kirby, Travis		48		9:07	28:22	28:22
4.	424	Silvia, Brian		47		9:19	28:58	28:58
5.	441	Urban, Andrew		45		9:29	29:30	29:30
6.	443	Waddington, Rich		47		9:48	30:30	30:30
7.	558	Jean-Francois, Jimmy		43		9:59	31:03	31:03
8.	530	Krabbenhof, Keith		45		13:27	41:50	41:50
9.	357	Haverland, Paul		45		17:08	53:16	53:16
50-55								
1.	450	Welu, Dennis		55		9:34	29:45	29:45
2.	415	Richter, Duane		53		9:52	30:43	30:43
3.	461	Yeager, Tony		55		10:15	31:54	31:54
4.	446	Wardour, Jason		55		15:53	49:24	49:24
56-62								
1.	436	Sullivan, Daniel		58		8:33	26:35	26:35
2.	354	Hancock, Kevin		57		9:22	29:09	29:09
3.	381	Kiefer, Kraig		57		16:12	50:22	50:22
4.	430	Sprinkel, Patrick		56		19:34	1:00:49	1:00:49
63-69								
1.	355	Hansen, Greg		63		9:54	30:47	30:47
2.	434	Streuslin, Bill		66		10:44	33:23	33:23
3.	546	Yonda, David		67		10:51	33:46	33:46
4.	428	Sprinkel, Greg		65		17:47	55:17	55:17
70-74								
1.	331	Cogan, Randy		70		10:31	32:42	32:42
75 & 79								
1.	321	Bries, John		75		10:21	32:12	32:12

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Age Group Results 5K

Place	Bib	Name	Nat.	Age	Club	Pace	ChipTime	GunTime
2.	364	Henry, Rod		75		11:45	36:33	36:33
80&Over								
1.	555	Reimer, Ken		84		16:32	51:23	51:23

Number of records: 150