

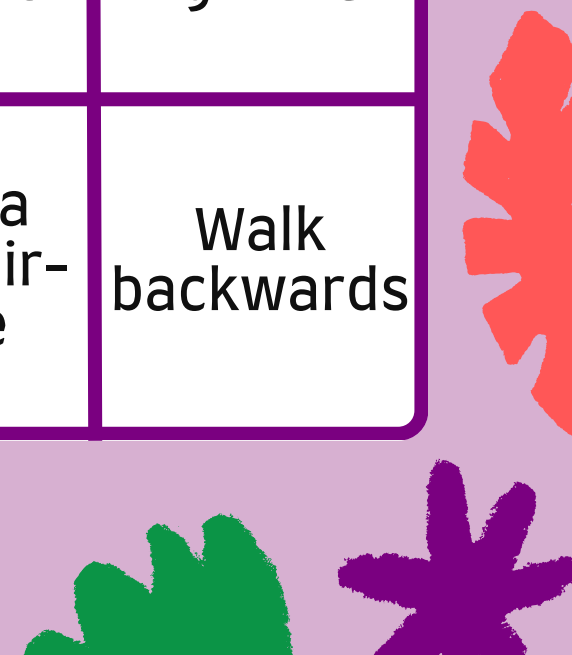


ACTIVKIDS UK BINGO

Age 6-11



Dance for 1 min	10 star jumps	10 squats	Air guitar
High knees	Balance on one leg	Tell your best joke	Draw a picture
Read a book	Eat a fruit or vegetable	Bake something delicious	Give someone a high five
Make a secret handshake	Hop 5 times	Make a paper air- plane	Walk backwards



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