

Information for Seniors From International Sites

Senior Health Resources	https://medlineplus.gov/seniorshealth.html
Making the Move to Assisted Living	http://www.helpguide.org/articles/senior-housing/assisted-living-facilities.htm
More on Assisted Living - Downsizing	https://www.goodcall.com/home/senior-guide-downsizing/
Boomers Road Map to Aging	http://www.homecity.com/how-to-prepare-for-senior-years
Moving Tips for Seniors	http://www.yourstoragefinder.com/moving-tips-for-seniors
Guide to Seniors Nutrition	https://www.retailmenot.com/blog/nutrition-guide-for-senior-citizens.html/
Legal Planning for Alzheimer's & Dementia	https://www.justgreatlawyers.com/legal-planning-dementia-alzheimers
Business Ideas After Retirement	https://www.commercialcapitaltraining.com/business-resources/business-ideas/retirement-business-ideas/
Tips for Seniors to Declutter & Organize	https://www.yourstoragefinder.com/declutter-and-organize-your-home-seniors-special-needs
Drug Dangers	http://www.drugdangers.com/
Depression & Addiction Rehab	https://www.inpatientdrugrehab.org/depression/
Addiction Centre	https://www.addictioncenter.com/
Seniors & Addiction	http://forterustreatment.com/seniors-and-addiction/
Lots of Information & Recalls of Dangerous Drugs	http://recallreport.org/
Spring Cleaning	https://www.thesimpledollar.com/a-frugal-spring-cleaning-checklist/
Fall Prevention & Mobility	https://www.yourstoragefinder.com/fall-prevention-organization