

# The Fountain

MARCH 2023

Have you ever wondered what people are talking about when they say they're giving something up for Lent? Do you want to understand what Lent is and how it relates to Easter?

Lent is the 40 days (not including Sundays) from Ash Wednesday to the Saturday before Easter. Lent is often described as a time of preparation and an opportunity to go deeper with God. This means that it's a time for personal reflection that prepares people's hearts and minds for Good Friday and Easter.

## What Are the Key Days During Lent?

Ash Wednesday is the first day of Lent. You may have noticed people with a smudged, black cross on their foreheads. Those are ashes from the Ash Wednesday service. The ashes symbolize our grief for the things we've done wrong and the resulting division of imperfect people from a perfect God.

Maundy Thursday is the day before Good Friday. It commemorates the night before Jesus died, when He shared the Passover meal with His closest friends and followers.

Good Friday is the day Christians remember Jesus' death. The "Good" reflects how Jesus' death was a sacrifice on our behalf so we can receive God's forgiveness for our wrongs, or sins.

Easter Sunday is the joyful celebration of Jesus rising from the dead to give us the opportunity of eternal life. While people still die, Jesus made the way for people to have a relationship with God in this life and to spend eternity with Him in heaven.

## What Happens During Lent and Why?

The three main things people focus on during Lent are prayer, fasting (abstaining from something to reduce distractions and focus more on God) and giving, or charity.

Prayer during Lent focuses on our need for God's forgiveness. It's also about repenting (turning away from our sins) and receiving God's mercy and love.

Fasting, or giving something up, is a very common practice during Lent. The idea is that giving up something that's a regular part of life, like eating dessert or scrolling through Facebook, can be a reminder of Jesus' sacri-

fice. That time can also be replaced with more time connecting with God.

Giving money or doing something good for others is a way to respond to God's grace, generosity and love. For example, some people spend time volunteering or donate money they would normally use to buy something, like their morning coffee.

It's important to note that doing these things can never make us earn or deserve Jesus' sacrifice or a relationship with God. People are flawed and will never be good enough for a perfect God. Only Jesus has the power to rescue us from ourselves.

Jesus sacrificed Himself on Good Friday to bear the punishment for all our wrongdoings and offer us forgiveness. He was raised from the dead on Easter Sunday to give us an opportunity to have a relationship with God for eternity.

Spending time during Lent praying, fasting and giving can make Jesus' sacrifice on Good Friday and His resurrection on Easter even more meaningful.

## HOLY WEEK



## WORSHIP SCHEDULE

- Saturday, April 1: Children's Easter Egg Hunt
- Sunday, April 2: Procession of Palms at both services
- Thursday, April 6: 6:00pm Maundy Thursday Service
- Sunday, April 9: 7:30am Easter Sunrise Service  
*(outdoor, weather permitting —bring a chair)*
- 8:00am Easter Breakfast
- 9:00am Sunday School for all ages
- 10:00am Combined Easter Worship Service  
*Bring fresh flowers to place on the cross*



## ***Easter Sunday Sunrise Breakfast***

Following the Easter Sunrise Service on Sunday, April 9, the Cold Springs United Methodist Men will prepare and serve breakfast in Krimminger Hall. Please join us as we gather to enjoy breakfast, friendship and fellowship. People come together with their families and friends to celebrate - what better way to celebrate than to spend time in church on Easter Sunday.

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# Save the Date...

The Women of Faith Fellowship and Mission invite all ladies to a day event, "***Come to the Lord's Table***". Come and join your sisters in Christ as we replenish our faith, nurture our soul and praise God for our blessings.

**Saturday, April 22, 2023**

**10:00 am - 4:00 pm**

**Krimminger Hall**



## Birthdays

- 3—Grant Caldwell
- 7—Dexter Allmon
- 9—Larry Clay
- 11—JoAnn Swaringen
- 13—Phoebe Talley
- 14—W.B. Allmon, Kathy Kolodge
- 16—Keith Pavey
- 21—Megan Moser
- 24—Carol Talley
- 28—Kay Jones
- 31—Eli Starr



## MARCH BIRTHDAYS & ANNIVERSARIES

## Anniversaries

- 5—Homer & Carolyn Allman
- 12—Keith & Barbara Pavey
- 13—Tony & Diane Miller
- 15—Mark & Lynne Georgevich  
Scott & Melissa Brantley
- 24—Andre & Loretta Gifford

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*Our sincere sympathy is extended to the Hazel Simpson family upon her death on February 12, 2023. May the Spirit of the Living God continue to guide and direct this family of our church.*



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*Thank you to everyone who has sent me cards and Valentine's Day cards. Special thanks to the Charles Page Sunday School class for all the cards and prayers on my behalf. Love, Lefty Cook*

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**Spring forward  
Sunday, March 12**



# Puzzle!

Slow down and uncover this message and Bible verse, using the code below.

A	1	B
D		E

F	2	G
H		I

K	3	L
M		N

O	4	R
S		T

U	5	V
W		Y

W  

5	1	3	5	4	4
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4	1	3	3	4	4	2	4	1
---	---	---	---	---	---	---	---	---

1	3	1	3	2	4	4	1	3
---	---	---	---	---	---	---	---	---

2	4	4	2	4	1
---	---	---	---	---	---

“

1	1	4	4	2	3	3	1	3	1
---	---	---	---	---	---	---	---	---	---

3	3	4	5	4	2	1	4
---	---	---	---	---	---	---	---

2	1	3	2	4	1
---	---	---	---	---	---

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Answer: We must talk to God and listen for God. "Be still, and know that I am God." (Psalm 46:10)




# *A seasonal reminder*


Signs of spring remind us of God's promises.


*Directions: Use the picture code and clues to complete Isaiah 61:11, NIV.*


 plants grow here

 to coil and jump  
*(also a season of the year)*

 to expand and get bigger




 seeds are planted in this

 when watered, these make plants

 another word for seedling

For as the \_\_\_\_\_ makes the \_\_\_\_\_

\_\_\_\_\_  come up and a \_\_\_\_\_  causes

\_\_\_\_\_  to \_\_\_\_\_, so the  
\_\_\_\_\_  \_\_\_\_\_ 

Sovereign LORD will make righteousness

and praise \_\_\_\_\_ up before all nations.



ISAIAH 61:11, NIV

## Bible Quiz

In the Gospels, Jesus raised several people from death. Which of the following was not one of them?

- A. Tabitha
- B. Jairus's daughter
- C. A widow's son
- D. Lazarus



Answer: A (See Acts 9, Mark 5, Luke 7, John 11.)

**UNITED METHODIST ~ Cold Springs United Methodist Men Meeting** ~ The Cold Springs United Methodist Men will meet on *Sunday, March 5 at 2:00 PM in the Charles Page SS Class*. Thanks to everyone who is supporting this group as we reorganize. The UMM looks forward to preparing and serving the *Easter Sunrise Service Breakfast* on April 9. ~Terry Bowers, President UMM

### Lighthearted blessings

- ◇ May the hinges of your friendship never grow rusty.
- ◇ May the luck of the Irish lead to happiest heights and the highway you travel be lined with green lights.
- ◇ As you slide down the banister of life, may the splinters never point the wrong way.
- ◇ May you be in heaven a full half-hour before the devil knows you're dead!
- ◇ May you make many friends in whatever you do, and may trouble be always a stranger to you.
- ◇ May the good saints protect you and bless you today, and may troubles ignore you each step of the way.

## College Student/Military Addresses

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 YOUNG ADULT  
 MINISTRY

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*As a ministry to our college-age students attending college, we periodically send gift cards to them to local fast-food restaurants so they can grab a “treat” on us and to let them know we are thinking and praying for them! If you would like to help support this ministry, please mark your contribution “college” and place in the offering plate or send to the church office. Your support is greatly appreciated!*





**Mt. Pleasant Food Ministry's**

**Current needs:**

Fruit Juice, Cereal, Powdered Milk, Bread,  
Dried Beans, & Crackers

Non-food items: Laundry Detergent, Shampoo, Face  
Soap, Toilet Tissue, Deodorant, Toothpaste, Diapers



*The basket for donations to this food pantry is located in the hall behind the sanctuary beside the church mailboxes.*



M.Y. Heart's ministry is collecting supplies to make blessing bags for the homeless. These items include such things as pocket Bibles, travel shampoos, conditioners, soap, and other necessities. A green bin is located under the mailboxes in the hallway behind the sanctuary and in the narthex. A list of other items are located on the flyer at these collection bins. If you have questions about this new outreach, email Julie Love at [jaxandcb@yahoo.com](mailto:jaxandcb@yahoo.com). ***Our current needs for fall/winter: cold weather items such as toboggan hats, scarfs, thick socks, thermal underwear or white undershirts for men, gloves, and "hot hands".***



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Betty Talley  
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JoAnn Swaringen  
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If you have an event/announcement you would like advertised in the newsletter and/or email, please provide information to the church office. The deadline for the newsletter is the 15<sup>th</sup> of the month to be included in the following month's newsletter. Events/announcements may also be sent out via church wide email. The office phone #704-782-1811 and the church office email address is [adminassist@coldspringsumc.org](mailto:adminassist@coldspringsumc.org)

If you would like to be added to the church email group, please provide your email address to the office via a note in the offering plate or email/phone call to the church office.


*When sending prayer requests via email, please send them to [prayer@coldspringsumc.org](mailto:prayer@coldspringsumc.org) or submit them via the prayer request form on the church website. This will allow requests to still be sent out even when the church office is closed.*



REQUESTS  
— FOR —  
PRAYER

# Events At Cold Springs

# March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
[5] 2:00pm UMM – CPSSC 2:00pm Task Force – Conf Rm #2	[6] 6:00pm M Avett s/g – Conf Rm #2	[7] 6:00pm Finance mtg – Conf Rm #3 6:00pm Bible Study – Conf Rm #2	[8] 9:00am Bible Study – Conf Rm #2	[9]	[10]	[11]
[12] 2:00pm Task Force – Conf Rm #2 3:00pm Admin Council mtg – KH  Bus – Boy Scouts	[13] 10:00am M Barnhardt s/g - Conf Rm #2	[14] 6:00pm Bible Study – Conf Rm #2	[15] 9:00am Bible Study – Conf Rm #2	[16]	[17] 	Bus – Boy Scouts [18] KH reserved all day
[19] KH reserved all day – Girl Scouts	[20]	[21] 6:00pm Bible Study – Conf Rm #2	[22] 9:00am Bible Study – Conf Rm #2	[23]	[24]	[25] KH reserved all day – Cub Scouts
[26] 3:00pm SH reserved – JOY travel group	[27] 9:00am JOY – KH	[28] 6:00pm Bible Study – Conf Rm #2	[29] 9:00am Bible Study – Conf Rm #2	[30]	[31] KH reserved all day – Girl Scouts	

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**We're on the web**  
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