COLD SPRINGS UNITED METHODIST CHURCH

March 2023

The Fountain

Have you ever wondered what people are talking about when they say they're giving something up for Lent? Do you want to understand what Lent is and how it relates to Easter?

Lent is the 40 days (not including Sundays) from Ash Wednesday to the Saturday before Easter. Lent is often described as a time of preparation and an opportunity to go deeper with God. This means that it's a time for personal reflection that prepares people's hearts and minds for Good Friday and Easter.

What Are the Key Days During Lent?

Ash Wednesday is the first day of Lent. You may have noticed people with a smudged, black cross on their foreheads. Those are ashes from the Ash Wednesday service. The ashes symbolize our grief for the things we've done wrong and the resulting division of imperfect people from a perfect God.

Maundy Thursday is the day before Good Friday. It commemorates the night before Jesus died, when He shared the Passover meal with His closest friends and followers.

Good Friday is the day Christians remember Jesus' death. The "Good" reflects how Jesus' death was a sacrifice on our behalf so we can receive God's forgiveness for our wrongs, or sins.

Easter Sunday is the joyful celebration of Jesus rising from the dead to give us the opportunity of eternal life. While people still die, Jesus made the way for people to have a relationship with God in this life and to spend eternity with Him in heaven.

What Happens During Lent and Why?

The three main things people focus on during Lent are prayer, fasting (abstaining from something to reduce distractions and focus more on God) and giving, or charity.

Prayer during Lent focuses on our need for God's forgiveness. It's also about repenting (turning away from our sins) and receiving God's mercy and love.

Fasting, or giving something up, is a very common practice during Lent. The idea is that giving up something that's a regular part of life, like eating dessert or scrolling through Facebook, can be a reminder of Jesus' sacrifice. That time can also be replaced with more time connecting with God.

Giving money or doing something good for others is a way to respond to God's grace, generosity and love. For example, some people spend time volunteering or donate money they would normally use to buy something, like their morning coffee.

It's important to note that doing these things can never make us earn or deserve Jesus' sacrifice or a relationship with God. People are flawed and will never be good enough for a perfect God. Only Jesus has the power to rescue us from ourselves.

Jesus sacrificed Himself on Good Friday to bear the punishment for all our wrongdoings and offer us forgiveness. He was raised from the dead on Easter Sunday to give us an opportunity to have a relationship with God for eternity.

Spending time during Lent praying, fasting and giving can make Jesus' sacrifice on Good Friday and His resurrection on Easter even more meaningful.





Easter Sunday Sunrise Breakfast Following the Easter Sunrise Service on Sunday, April 9, the Cold Springs United Methodist Men will prepare and serve breakfast in Krimminger Hall. Please join us as we gather to enjoy breakfast, friendship

and fellowship. People come together with their families and friends to celebrate - what better way to celebrate than to spend time in church on Easter Sunday.



The Women of Faith Fellowship and Mission invite all ladies to a day event, "Come to the Lord's Table". Come and join your sisters in Christ as we replenish our faith, nurture our soul and praise God for our blessings.

> Saturday, April 22, 2023 10:00 am - 4:00 pm Krimminger Hall



Birthdays

3—Grant Caldwell
7—Dexter Allmon
9—Larry Clay
11—JoAnn Swaringen
13—Phoebe Talley
14—W.B. Allmon, Kathy Kolodge
16—Keith Pavey
21—Megan Moser
24—Carol Talley
28—Kay Jones
31—Eli Starr



Appiversaries

5—Homer & Carolyn Allman
12—Keith & Barbara Pavey
13—Tony & Diane Miller
15—Mark & Lynne Georgevich Scott & Melissa Brantley
24—Andre & Loretta Gifford

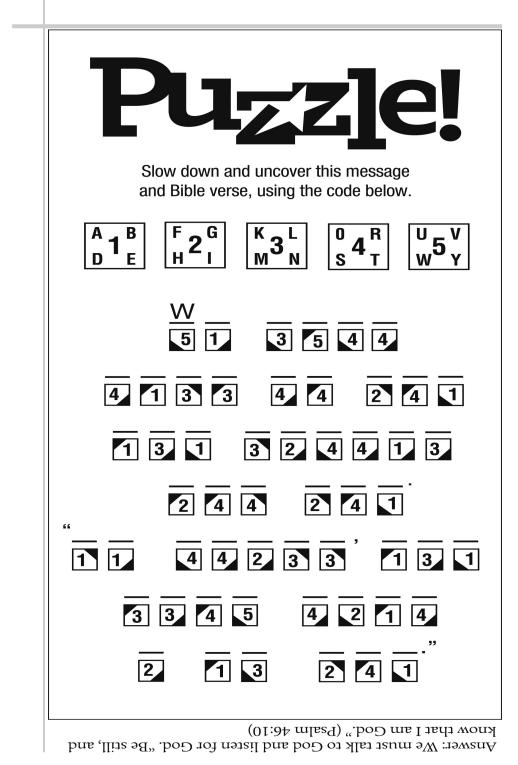
Our sincere sympathy is extended to the Hazel Simpson family upon her death on February 12, 2023. May the Spirit of the Living God continue to guide and direct this family of our church.



Thank you to everyone who has sent me cards and Valentine's Day cards. Special thanks to the Charles Page Sunday School class for all the cards and prayers on my behalf. Love, Lefty Cook

Spring forward Sunday. March 12







Answer: soil, sprout, garden, seeds, grow, spring



Lighthearted blessings

- \diamond May the hinges of your friendship never grow rusty.
- May the luck of the Irish lead to happiest heights and the highway you travel be lined with green lights.
- As you slide down the banister of life, may the splinters never point the wrong way.
- May you be in heaven a full half-hour before the devil knows you're dead!
- May you make many friends in whatever you do, and may trouble be always a stranger to you.
- May the good saints protect you and bless you today, and may troubles ignore you each step of the way.

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College Student/Military Addresses

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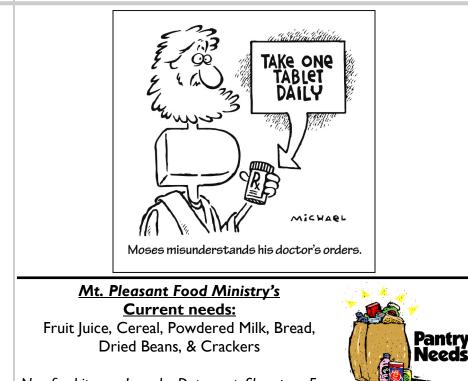
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Luke Howell 5500 Historic Springs Drive Concord, NC 28025 tarheelsrule33@gmail.com



As a ministry to our college-age students attending college, we periodically send gift cards to them to local fast-food restaurants so they can grab a "treat" on us and to let them know we are thinking and praying for them! If you would like to help support this ministry, please mark your contribution "college" and place in the offering plate or send to the church office. Your support is greatly appreciated!



<u>Non-food items</u>: Laundry Detergent, Shampoo, Face Soap, Toilet Tissue, Deodorant, Toothpaste, Diapers

The basket for donations to this food pantry is located in the hall behind the sanctuary beside the church mailboxes.



M.Y. Heart's ministry is collecting supplies to make blessing bags for the homeless. These items include such things as pocket Bibles, travel sham-

poos, conditioners, soap, and other necessities. A green bin is located under the mailboxes in the hallway behind the sanctuary and in the narthex. A list of other items are located on the flyer at these collection bins. If you have questions about this new outreach, email Julie Love at <u>jaxandcb@yahoo.com</u>. Our current needs for fall/winter: cold weather items such as toboggan hats, scarfs, thick socks, thermal underwear or white undershirts for men, gloves, and "hot hands".



Bennie Hunsucker Transitional Rehab Health Services 1810 Concord Lake Road Kannapolis, NC 28083 704-305-9752

> Betty Talley 240 Branchview Drive #301 Concord, NC 28025

JoAnn Swaringen 1100 Allman Road Ext. Mt. Pleasant, NC 28124 704436-2507

Shirley Hurlocker P O Box 121 Mt. Pleasant, NC 28124 704-202-3560 shirleyhurlocker2@gmail.com



If you have an event/announcement you would like advertised in the newsletter and/or email, please provide information to the church office. The deadline for the newsletter is

the 15th of the month to be included in the following month's newsletter. Events/announcements may also be sent out via church wide email. The office phone #704-782-1811 and the church office email address is adminassist@coldspringsumc.org

If you would like to be added to the church email group, please provide your email address to the office via a note in the offering plate or email/phone call to the church office.

When sending prayer requests via email, please send them to prayer@coldspringsumc.org or submit



them via the prayer request form on the church website. This will allow requests to still be sent out even STS when the church office is closed.

E	Events At	At Cold Springs	sbr		March 2023	2023
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			[1] 9:00am Bible Study – Conf Rm #2 5:00pm KH reserved – Cub Scouts	[2] 6:00pm Communal Prayer - Sanctuary	[6]	[4]
[5] 2:00pm UMM – CPSSC 2:00pm Task Force 2:00pm – Conf Rm #2	[6] 6:00m M Avett s/g – Conf Rm #2	[7] 6:00m Finance mtg – Conf Rm #3 6:00pm Bible Study – Conf Rm #2	[8] 9:00am Bible Study – Conf Rm #2	[6]	[10] Bus – Boy Scouts	[11] Bus – Boy Scouts
[12] 2:00pm Task Force 3:00pm Admin Council mtg – KH Bus – Boy Scouts	0am M Barnhardt s/g - Conf Rm #2	[14] 6:00pm Bible Study – Conf Rm #2		[16]	Participant	[18] KH reserved all day
[19] KH reserved all day – Girl Scouts	[20]	[21] 6:00pm Bible Study – Conf Rm #2	[22] 9:00am Bible Study – Conf Rm #2	[23]	[24]	[25] KH reserved all day – Cub Scouts
[26] 3:00pm SH reserved – JOY travel group	[27] 9:00am JY – YOC me00:9	[28] 6:00pm Bible Study – Conf Rm #2	[29] 9:00am Bible Study – Conf Rm #2	[30]	[31] KH reserved all day – Girl Scouts	

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We're on the web www.coldspringsumc.org





