

Sober Livers



HOPE COMMUNITY

(Healing Ourselves with Peers and Education)

Peer Support Meetings & More!

Support That Meets You Where You Are, Providing:

- A safe, no-judgment space, filled with empathy and compassion
- Virtual peer support and education-focused meetings with holistic health experts
- Peer-peer connection program
- Private Facebook group
- Credible answers to mental & physical health questions
- Education, resources, newsletter and blog

Who we are:

An inclusive community offering no cost peer support and education, dedicated to individuals impacted by alcohol use disorder (AUD), those in remission, and anyone affected by liver disease or transplants due to alcohol or alcohol-related metabolic conditions.

Note: This is not an AUD treatment program, instead it is a companion to these programs.

For more information visit:

www.SoberLivers.org

FLF Fatty
Liver
Foundation



**The
Wellness
League.**