

Sober Livers Presents

HOPE a Peer Support Program

(Healing Ourselves with Peers and Education)



Monthly Meetings, 2nd Tuesday, 7 pm ET!

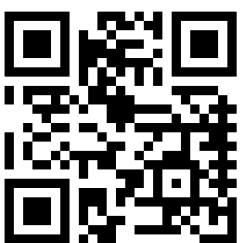
What is the HOPE Program?

We are a no cost, peer support & education program dedicated to people with AUD & AUD remission, with any liver disease or transplant due to alcohol.

Note: We are not an AUD treatment program, instead a companion to these programs.

Participants will receive access to:

- Monthly virtual group peer and education support meetings with expansion plans based on participation and participant feedback.
- Bi-monthly presentations from health experts.
- Private Facebook group for meeting participants.
- Education, resources, monthly newsletter and blog.
- Credible answers to mental & physical health questions from Sober Livers' Whole Health Advisory Council.
- Lived-experience facilitators (go to Website for bios):
 - Jenn Jones, Founder: recompensated, cirrhotic liver
 - Beth Lehman, Principal Strategic Advisor: cirrhosis, liver cancer & liver recipient
- A safe, no judgment space, filled with empathy and compassion.



To join our meetings, Facebook Group,
& for more information, go to:

www.SoberLivers.org

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Sober Livers™
Fatty Liver Foundation
Impact Program