



2020 Rehab Symposium
St. Luke's University Health Network & DeSales University



Caring for People after Limb Loss
Saturday & Sunday, March 14 & 15th, 2020
University Center, DeSales University
Center Valley, PA

Saturday March 14th

- 7:00-7:45** **Registration**
- 7:45-8:00** **Opening remark**
Dr. Jonathan Hosey, MD, FAAN
Network Chairman, Department of Neuroscience
St. Luke's University Health Network
- 8:00-8:30** **Keynote Speaker - A Story of H.O.P.E.**
Kristan Seaford, LPC
Objective: Recognize the physical and emotional challenges patients encounter with limb loss.
- 8:30-9:00** **Limb Loss: The Surgical Perspective**
Lynn Doctor, MD
Objective: Discuss the various surgical options and management of surgical patients after limb loss.
- 9:00-10:00** **Post-op Medical Management and Limb Care**
Dr. Geeta Sathe, MD
Objective: Describe post-operative medical management, including pain management and PMR intervention.
- 10:00-10:15** **Break**
- 10:15-11:00** **Therapy Management after Amputation**
Vanessa Amsler, PT, DPT
Objective: Explain the significance of therapy management and individual provider roles in acute care throughout patient-clinic interventions.



11:00-11:45 Psychosocial Aspect: Adjusting and Adapting after Limb Loss

Jenna Jebitsch, Psy. D.

Objective: Identify techniques and strategies for managing complicated psychosocial aspects of limb loss.

11:45-12:30 Lunch

12:30-1:30 Panel Discussion: Patients, Doctors, Prosthetists

Objective: Discuss current challenges with limb loss and methods to overcome them.

1:30-2:30 Advances in Prosthetics

Matthew Graham, CPO/LPO

Objective: Discuss advances in prosthetics for limb loss patients.

2:30-2:45 BREAK

2:45-3:15 Long-term Residual Limb Care and Prevention

Meghan Foley, OTR/L

Objective: Explain preventative and long-term management options for limb care.

3:15-4:15 Keynote Speaker – A Story of H.O.P.E.

Kristan Seaford, LPC

Objective: Develop strategies to overcome challenges and remain positive when dealing with limb loss.

4:15-4:30 Wrap-up



Sunday March 15th

7:30-12:30 LAB—Prosthetic Management and Assessment

Types of prosthetics, Proper fit, Gait analysis, Instructional tips, Upper Limb loss management

Objectives:

Demonstrate appropriate management, fit and use of prosthetics for limb loss

Identify techniques and strategies to manage gait deviations for individuals with limb loss

This day will be divided up into 3 separate labs lasting for 90 min each run by clinicians and prosthetists with patient involvement. There will be registration with continental breakfast 7:30-8am. There will be 10 minute breaks between each session.

Lab 1- Upper limb loss management

Lab 2- Prosthetic management and Care

Lab 3- Gait analysis and interventions

Course Description

Saturday 14th

This course is designed for physical therapists, physical therapy assistants, occupational therapists, occupational therapist assistants, social workers, nurses, physicians and mid-level practitioners interested in the rehabilitation process for patients that have suffered a limb loss. The topics covered will address surgical management, the rehabilitation process and psychosocial recovery after limb loss.

Sunday 15th

This lab day is intended for all skilled practitioners interested in the management of prosthetic limbs, analysis of gait deviations and education of their patients throughout the rehabilitation process.



About our Key Note Speaker:

Kristan Seaford, from Charlotte, North Carolina, is a wife and mother of five young kids, a licensed professional counselor, an owner of a private counseling practice, and a motivational speaker who has inspired audiences nationwide. She is also a quadruple amputee.

Six years ago, Kristan was struck with an often-fatal illness called sepsis. After a three-week-long medically-induced coma, 100 days in six different hospitals, many prayers, and a miracle; she survived. Kristan not only survived, she thrives. And she helps others thrive as well -- on stages all over the country, in hospitals and rehabilitation centers where she mentors new amputees, and from her private counseling practice in Matthews, North Carolina.

She'll share with us how resilience, and H.O.P.E., can help us solve problems and overcome both personal and professional struggles. You'll share tears of sorrow, laughter, and joy; and you are guaranteed to leave with more confidence in the strength and character of the entire human race.

Registration and Fees

Registration will be accepted for ***Saturday Only*** sessions or ***Saturday and Sunday*** Sessions

- SLUHN employees and credentialed medical staff, access My E-Learning from MyNet, Easy Access Desktop (EAD), or PNN. Use your St. Luke's username and password to log in. Browse for training and click link for Neuro Rehab Symposium

Cost for employees and medical staff will be *\$30 for Saturday only* or *\$40 for both days*, payable by credit card

- External participants: register at www.sluhnlearn.com

Cost for external participants will be *\$90 for Saturday Only* or *\$125 for both days*, payable by credit card

Residents, fellows and students are sponsored, free of charge by St. Luke's Acute Rehabilitation Center. To receive this special offer, contact us at 484-526-8884 or mel@sluhn.org

Registration deadline will be February 28, 2020. No late registrations will be accepted.



Accreditation

St. Luke's University Health Network is accredited by the Pennsylvania Medical Society to provide continuing medical education for physicians. St. Luke's University Health Network designates this educational activity for a maximum of 7.0 *AMA PRA Category 1 Credit(s)*[™] for Saturday only or 11.5 Credits for both days. Physicians should only claim credit with the extent of their participation in the educational activity. Faculty and all others who have the ability to control the content of continuing medical education activities sponsored by the St. Luke's University Health Network are expected to disclose to the audience whether they do or do not have any real or apparent conflicts(s) of interest or other relationships related to the content of their presentation(s).

Nursing Approved for 7.0 CE hrs (CME equivalent) for Saturday only or 11.5 CE hrs for both days.

DeSales University Doctor of Physical Therapy Program is a pre-approved sponsor of continuing education for physical therapists and physical therapist assistants in PA and NY. Earn a total of 7 contact hours for Saturday or 11.5 hours for both days of this course (2.0 direct access credits) for PA.



DESALLES UNIVERSITY

Occupational Therapists approved for 7.0 CE hrs. for Saturday only or 11.5 hours for both days.

Social workers, please submit individual approval application if seeking continuing education credits.



My Health. My Hospital.™



Refund Policy

All Pricing and Refund Policies are strictly adhered to.

- Pricing will be as listed in the catalogue up until registration is closed for the Event.
- Upon withdrawal, the cost of the event minus the applicable withdrawal fee will be refunded based on the original form of payment.
- Withdrawals made 8 days, or more, prior to the event start date will receive a refund of 90%.
- Withdrawals made within 3 - 7 days prior to the event start date will receive a refund of 80%.
- No refunds given for withdrawals made within 2 days of event start date.

St. Luke's University Health Network reserves the right to cancel or postpone any course or activity because of insufficient enrollment or other unforeseen circumstances.

If a program is canceled or postponed, St. Luke's University Health Network will refund registration fees but cannot be held responsible for any related costs, charges, or expenses, including cancellation/change charges assessed by airlines, hotels, or travel agencies. Preregistered participants will be notified if a program is filled or cancelled.

Participant Satisfaction

Any CE participant who is not satisfied for any reason should contact us at 484-526-8459 or email us at Edward.langehenning@sluhn.org within 30 days of the CE event. The program will respond to grievances from participants in a timely and ethical manner.

Requirements for Successful Completion

To receive the full 7.0 credits/11.5 credits, participants must attend the entire Saturday only or 2 day agenda, must sign in on the attendance record, and must complete the Pre/Post tests and course evaluation.