MOUTH AFTERCARE INSTRUCTIONS:

* Make sure to clean your piercing with antiseptic mouth wash and warm water with salt at least twice daily. Make sure your balls or jewelry are tightened daily.
* Make sure to wash your hands and then move your piercing around. You don’t want your skin to heal around your jewelry.
* No alcohol or beer the day of your piercing. These thin out your blood and cause you to bleed out of your piercing.
* Wait for your piercing to heal before changing out your jewelry. Clean all new jewelry with alcohol before changing out jewelry.
* If you have any other questions that I have not addressed, please contact me via Instagram or text. Instagram: Piercedbysmiley

**I hope you enjoy your piercing!**

**Thank you.**

Stephanie

972-972-0474 cell.

*Please be sure to give us a review!*