

Life Preparation Lessons

After commending teachers for their efforts to bless the youth, President Henry B. Eyring of the First Presidency said, “But [our students] need more. Too many graduates of seminary fail to qualify for the mission field. Too many of our faithful students never receive the blessings of the temple ordinances. The proportion of those tragedies among them will increase if we do not change” (“We Must Raise Our Sights” [CES Conference, Aug. 14, 2001], Gospel Library).



It has been over 20 years since President Eyring gave that statement. Our youth face even greater challenges and opposition—not just to their faith but in other areas of their life as well. Life Preparation lessons are designed to address needs of the youth of this generation. These Life Preparation lessons give students opportunities to apply the Savior’s teachings to:

- Handle difficult questions and challenging life circumstances.
- Build self-reliance to provide for self and family.
- Become more physically and emotionally healthy.
- Develop skills to succeed in school.
- Make plans to prepare for future education and employment.
- Prepare for missionary and Church service.
- Prepare to make and keep covenants in the temple.



These lessons will help address the challenges youth face in a Christ-centered, scripture-based, and learner-focused way that is Spirit directed. Along with the Scripture Course lessons, Life Preparation lessons can help deepen students’ conversion to Jesus Christ and His restored gospel.

[Click here to view the teacher video.](#)

[Click here to view the student video.](#)