



Ask A Question,  
Save A Life.

QUESTION. PERSUADE. REFER.

# QPR Facilitator Certification Training

This certification course trains instructors to teach QPR for Suicide Prevention to their community. Participants first learn about the nature of suicidal communications, what forms these communications take and how they may be used as the stimulus for a QPR intervention. To gain perspective, participants are introduced to the history of suicide, suicide prevention and the spectrum of modern day public health suicide prevention education efforts. The history, background and research support for QPR are reviewed. Participants then learn to market QPR, target potential Gatekeepers, and how to teach the QPR curriculum.

## Course Objectives:

- To understand the nature, range and importance of suicidal communications and their importance in preventing suicide.
- To review and understand the groups at greatest risk of suicide and why QPR can work for them.
- To train participants to teach QPR Gatekeeper Training for Suicide Prevention.
- To gain a historical perspective about suicide prevention and how QPR fits into national efforts.
- To acquire specific knowledge about how audiences may respond to the QPR message and how to react in a helpful manner.
- To learn how to effectively promote suicide prevention in their own communities.
- To gain the competence and confidence to teach others how to save lives and help prevent suicidal behaviors.

March 24th, 2025  
8:00 AM to 5:00 PM

**AND**

March 25th, 2025  
8:00 AM to 4:00 PM

*(Please arrive promptly so that the training can begin on time.)*

Cambria County  
Academic Center  
110 Franklin Street  
Johnstown, PA 15901

*Participants are asked to attend both dates of this training to earn their facilitator certification.*

To register for this training, please complete the Microsoft Form at  
<https://forms.office.com/r/jm9UmVtYBe>