



**YINGLING-RIDGELY POST 7472
VETERANS OF FOREIGN WARS
OF THE UNITED STATES
DISTRICT SEVEN, 4225 VFW LANE
ELLCOTT CITY, MARYLAND
21043. <http://vfw7472.org/> .**



JANUARY-FEBRUARY 2020

YINGLING-RIDGELY POST 7472
VETERANS OF FOREIGN WARS OF
THE UNITED STATES
DISTRICT 7, 4225 VFW Lane
Ellicott City, Maryland 21043
(410) 465-4240 www.vfw7472.org



YINGLING-RIDGELY VFW POST 7472

OFFICERS FOR 2018-2019

Commander William A. Milner, Jr.
Senior-Vice Commander Lawrence J. Buehler
Junior-Vice Commander William B. Braid
Quartermaster Gilbert M. Sherman
Adjutant Christian J. Buehler
Judge Advocate Leonard Lee
Surgeon Shelby L. Rogers
Chaplain Howard A. Clark

1 Year Trustee Daniel R. Hart
2 Year Trustee Robert A. Berlett, Sr.
3 Year Trustee Robert Kimmerle.

Service Officer Albert A. Hernandez

Officer Of The Day Jay M. Thorpe

POST CANTEEN HOURS OF OPERATION

OPEN

Monday - Wednesday 1600 hours

Thursday - Sunday 1200 hours

CLOSE

2000 hours or before

2000 hours or before

REMEMBER: The speed limit driving through the adjoining neighborhood is 25 mph; 09 mph in our parking lot and on Post property. The Canteen is closed on most holidays, Easter, Thanksgiving and Christmas. Hours-of-Operation are subject to change. If you plan to arrive at the Post after 1800 hours; especially in cases of inclement weather (prior to, during and afterwards), please call the Canteen to confirm our Hours-of-Operation, 410-465-4240. The bartender on duty has prior approval to close the Canteen early if situations like those above warrant such actions.

IMPORTANT DATES TO REMEMBER

OFFICERS MEETING: 1st Thursday of each month, 1900 Hours.

MEMBERSHIP MEETING: 2nd Thursday of each month, 1900 Hours

SUBMISSION DATE FOR NEWSLETTER PUBLICATION: UNLESS OTHERWISE STATED, THE DEADLINE FOR SUBMISSION OF NEWSWORTHY ITEMS FOR PUBLICATION IN THE POST NEWSLETTER IS THE 3rd SATURDAY OF THE MONTH PRECEDING THE MONTH THAT THE NEWSLETTER IS DUE FOR PUBLICATION

COMMANDER'S MESSAGE — VFW POST 7472 FOR JANUARY-FEBRUARY 2020

Well 2019 is behind us and 2020 begins. 2019 was a successful year at the Post. New and old members are participating in the Post activities. The last two months have been the busiest since I took office. We have had Oktoberfest, Veterans Day celebrations at two schools, replaced Flags at Good Shepard Cemetery, distributed poppies at two locations, successful Bull & Oyster Roast, lit a Christmas tree at Kendall's Hardware, Army/Navy Game Pot Luck and an out outstanding Christmas party put on by Comrade Mike Sherman's family and friends. None of this would have been possible without you, the members of the Post.

One last thing, don't forget we visit Loch Raven Hospital on the third Tuesday of the month. Come join us. We meet at the Post at 12 noon.

Hope to see you at the next meeting, and May God Bless America.

Yours In Service, Bill Milner, Post Commander



Post 7472 is now the home of the Chesapeake Chapter Three of the Blue Star Mothers in the State of Maryland. In the above photo is Chapter President Christeanna Levesque and three service members, one of whom is her son, who is being deployed to a combat zone. They visited the Post, during the Christmas Holidays, prior to deployment.

KNOW A VETERAN, TELL A VETERAN

Did you know that millions of Veterans don't know that they are eligible for the benefit of shopping online. So, it is up to us to tell all honorably discharged Veterans that they are eligible. This bears repeating - so that it is **LOUD AND CLEAR. VETERANS ARE NOW ELIGIBLE TO SHOP AT THE ONLINE EXCHANGE. TO LEARN MORE AND TO TAKE ADVANTAGE OF THIS VALUABLE BENEFIT, GO TO: www.shopmyexchange.com**

My HealtheVet

The Department of Veterans Affairs [My HealtheVet website](#) is designed to allow veterans enrolled in VA health care to check their health records, make and/or cancel appointments; or refill prescriptions from a computer or tablet. Veterans can send secure e-mails back and forth to their doctors about available treatments without having to go in for an appointment or wait for a phone call. The VA hopes to expand the program and other benefits under one specific app for Android or iPhones. For more veterans benefits info and updates, visit the [Military Advantage blog](#).

HALL or PICNIC PAVILION RENTALS

Planning a party, picnic, wedding or some other social function? Consider renting our Picnic Pavilion or Hall. We welcome members and non-members. For information and availability, please call the Commander at the number listed below. If the Commander is not available please leave a message on voicemail or with the bartender on duty. You may call the Post Canteen and speak to the bartender on duty 7 days/week, after 1200 hours Thu-Fri-Sat-Sun or after 1600 hours Mon-Tue-Wed at 410-465-4240.

Since space in our facilities fill up fast, please plan well in advance.

QUEEN OF HEARTS

The Queen Of Hearts game is now active at Post 7472. This is a Post Fund Raiser. Drawings take place at the Post each Sunday at 1700 hours. As of this writing, the jackpot is now at \$1,030.00. The largest Jackpot that I remember was over \$106,000 and it was paid by American Legion Post 166 in Ocean City, MD. Locally, Legion Post 109 in Arbutus had a jackpot of almost \$100,000. Will ours get that high, who knows? It is still young in the realm of jackpots. Come, play and make it grow. You do not have to be present to win, but you should come to the Post to play; or you can have one of your Post Comrades purchase a ticket in your name. The rules for playing the game are listed at the Post. Be on the lookout for more details regarding updates and/or any changes, e.g., ticket prices, drawing dates, payouts, prize amounts, etc.



“This flag which we honor and under which we serve, is the emblem of our power, our thought and purpose as a nation. It has no other character than that which we give it from generation to generation. The choices are ours. It floats in majestic silence above the hosts that execute those choices, whether in peace or in war. And yet, through silence, it speaks to us -- speaks of the past, of the men and women who went before us, and of the records they wrote upon us”.

President Woodrow Wilson, 1917

Maryland Center for Veterans Education and Training (MCVET)

Comrades, Post 7472 has become a repository to handle useable and serviceable clothing to be donated to the homeless Veterans who are overcoming homelessness and undergoing job training at the MCVET Organization located in Baltimore. Many times, they just show up with only the clothes they are wearing. If you have men's or women's clothing or shoes to donate, just bring them to the Post and give them to the bartender on duty. Please do not donate overly used, ripped, torn or dirty items of clothing.

REMEMBER: If you don't want to wear them, no one else will want them either. After a suitable number of articles are collected, they will be taken to the MCVET Organization and donated in the name of the VFW and Post 7472.

PROPER FLAG DISPOSAL

If you, or anyone that know, have old flags that are in need of disposal, we have an old mailbox at the Post that is there for the sole purpose of receiving those flags that have outlived their usefulness. Just deposit it into the mailbox that is sitting on our front porch; and that is all there is to it. If the mailbox is full and is overflowing, just come inside the Post and give it to whoever is on duty behind the bar. If you are unable to drop off the flags yourselves, just call the Post at 410-465-4240 and someone will come to you, within a reasonable distance, and pick up the flag(s) for disposal.

POST CHAPLAIN'S CORNER

Notify the **CHAPLAIN OR THE COMMANDER** if you know of the death or illness of any Post Comrade or family member, who is either at home, in the hospital or other medical treatment facility. The Post Chaplain may be contacted by calling the Post at 410-465-4240 and leave a message. He/She will return your call.

SICK CALL

James Shreve - Undergoing rehabilitation after a medical emergency

TAPS

Randolph W. (Randy) Roby, Life Member
John Garofolo, Life member

Some New Commissary Shoppers Will Be Able to Use This Letter for Base Access, 20 Dec 2019, [military.com](https://www.military.com) by Dorothy Mills-Gregg

Defense Department officials have announced a workaround that will allow more new shoppers to access base commissaries and exchanges on Jan. 1, when eligibility categories expand. Some veterans who don't have a Veteran Health Identification Card, or VHIC, from the [Department of Veterans Affairs](https://www.va.gov) will be able to use a VA benefits eligibility letter to get on base instead, according to new guidance presented Friday during a Military OneSource Facebook live video.

A new law that takes effect at the start of 2020 extends [commissary](#), ex-change and some Morale, Welfare and Recreation (MWR) facility use to about four million additional veterans and care-givers. Newly eligible categories include [Purple Heart](#) recipients, former prisoners of war, veterans with any service-con-nected disability and caregivers registered with the VA's Comprehensive Assis-tance for Family Caregivers program. But allowing those users on to secure mili-tary bases or to process through the commissary's checkout system, which re-quires ID cards be scanned to confirm shopping eligibility, has posed a challenge

Officials previously announced that only veterans who hold a VHIC and caregivers who are given an access letter would be permitted to use the benefit right away. Qualifying veterans not eligible for a VHIC and those who had not re-gistered for VA healthcare would be given access on an undetermined date as part of "phase two." Friday's guidance clears the way for base access officials to ac-cept, on a temporary basis, a VA Health Eligi-bility Center Form H623A for vet-erans who are in Priority Group 8E. That category con-tains veterans who have a non-compensable service-connected condition rated at 0% disabling, according to the VA's website. The letter must be paired with REAL ID-compliant identification, such as a passport or certain driver's licenses.

Not all new shoppers will fit into one of these two access categories, however. Qualified veterans who rate above Priority Group 8E but are not enrolled in VA health care and do not have a VHIC still have no apparent way to get on base. Also unclear is how VA letter-holders will have their documents scanned at commis-sary checkouts. Officials have said they continue to work out base access details for all eligible shoppers.

-- Dorothy Mills-Gregg can be reached at dorothy.mills-gregg@military.com. Follow her on Twitter at @DMillsGregg.

CALENDAR OF POST EVENTS: JANUARY-FEBRUARY 2020

UNLESS OTHERWISE NOTIFIED, ALL MONTHLY MEMBERSHIP AND OFFICERS MEETINGS WILL BE HELD AT THE POST HOME AT 1900 HOURS ON THE 1st & 2nd THURSDAY OF EACH MONTH

- 1. 02 Jan (Thu): Post officers meeting, 1900 hours.**
- 2. 06 Jan (Mon): Post Calendar Meeting, 1900 hours.**
- 3. 07 Jan (Tue): Howard County Commission For Vets and Military Families Meeting, 9830 Patuxent Woods Drive, Columbia, MD, 21046, 1900 hours.**
- 4. 08 Jan (Wed): VFW/Auxiliary Family Freedom Festival Planning Meeting, 1900 hours.**
- 5. 09 Jan (Thu): Post monthly meeting, 1900 hours.**
- 6. 11 Jan (Sat): District 7 meeting, Post 7472, 1000 hours.**
- 7. 15 Jan (Wed): Finance & Investment Committee Meeting, 1300 hours.**
- 8. 21 Jan (Tue): Monthly visit to the VA Loch Raven Medical Ctr. The Post Hospital Committee Volunteers leave from the Post parking lot at 1215 hours and return to the Post at about 1530 hours.**
- 9. 04 Feb (Tue): Howard County Commission For Vets and Military Families Meeting, 9830 Patuxent Woods Drive, Columbia, MD, 21046, 1900 hours.**
- 10. 06 Feb (Thu): Post 7472 officers meeting, 1900 hours.**
- 11. 08 Feb (Sat): District 7 meeting, VFW Post 10076, 107 South Main St., Mount Airy, MD.**
- 12. 13 Feb (Thu): Post monthly meeting, 1900 hours.**
- 13. 18 Feb (Tue): Monthly visit to the VA Loch Raven Medical Ctr. The Post Hospital Committee Volunteers leave from the Post parking lot at 1215 hours and return to the Post at about 1530 hours.**



**The Goldmans
enjoy themselves
during the Post
7472 annual
Christmas Party**

- 14. 29 Feb (Sun): Post 7472 Shrimp Feast, 1300 hours to 1700 hours. Cost: \$35.00 for a table of ten. Otherwise, the cost will be \$40 per person. Call the Post Canteen for more information at 410-465-4240.**

DEPT OF VETERANS AFFAIRS DISABILITY CLAIMS

DO YOU HAVE A VA CLAIM TO FILE AND DON'T KNOW WHERE TO GO? WELL, YOU CAN FILE A CLAIM, FILE FOR THE INCREASE OF A CLAIM OR GET ASSISTANCE TO ACCOMPLISH ANY SUCH MATTERS WITH THE VFW SERVICE OFFICE (VFW S.O.) LISTED BELOW. THIS IS THE ONLY VFW LOCATION FOR CLAIMS PROCESSING.

YOU MAY CALL AND MAKE AN APPOINTMENT AT THE VFW SERVICE OFFICE IN DOWNTOWN BALTIMORE AT (410) 230-4480. FOR MORE INFORMATION, CONTACT OUR POST SERVICE OFFICER, AL HERNANDEZ AT 410-465-1801.

THE VFW SERVICE OFFICE HOURS ARE: MONDAY THROUGH THURSDAY
0830 HOURS TO 1130 HOURS: OPEN FOR BUSINESS
1230 HOURS TO 1500 HOURS: OPEN FOR BUSINESS
MONDAYS: ALL VETERANS. (WALK-IN)
TUESDAYS AND THURSDAYS: VFW MEMBERS (BY APPOINTMENT ONLY)
WEDNESDAYS: RETURNING VFW MEMBERS (BY APPOINTMENT ONLY)
FRIDAYS: THE OFFICE WILL BE CLOSED

BY ORDER OF THE STATE COMMANDER, VFW MEMBERSHIP WILL BE VERIFIED. IF YOU HAVE DIFFICULTY GETTING THROUGH BY PHONE, PLEASE E-MAIL. THE OFFICE WILL RESPOND TO ALL E-MAILS.

MARY WALTERS: SERVICE OFFICER FOR THE DEPARTMENT OF MARYLAND V.F.W.
FALLON FEDERAL BLDG, 31 HOPKINS PLAZA, SUITE 1226, BALTIMORE, MD 21201
PHONE: 410-230-4480, FAX 410-230-4481 OR mary.walters313@va.gov

Tricare Select, military.com

Tricare Select is a new health insurance plan that replaces Tricare Standard & Extra.

Who Is Covered By Tricare Select?

Everyone eligible for Tricare with the exception of active-duty members may enroll in the Tricare Select plan. The program is available worldwide.

Tricare Select Basics:

With Tricare Select you can get care from any Tricare-authorized provider, network or non-network. No referrals are required, but some care may require prior authorization. If you see a network provider you won't have to pay anything except your copay or file any claims. If you visit a non-network provider you may have to pay the full cost and file a claim with Tricare to be reimbursed.

How To Enroll:

For information on how to enroll see the [Tricare website](#):

Visit our [Tricare Select coverage](#) page for more information including coverage and costs.

Keep Up with Changes to Tricare and Your Other Benefits:

LISTED BELOW ARE THREE LOCAL BUSINESSES WITH SPECIAL TIES TO POST 7472. THEY ARE:

- 1. WARFIELD'S BARBER STYLING.** This barber shop is located at 4882 Montgomery Road, Ellicott City, MD 21043, PHONE NUMBER 410-750-6205. They are open Mon-Fri 0900 - 1900 hours; Sat 0830 - 1730 hours; Sun 1030 - 1600 hours. They cut the hair of men, women and children; and they are "Howard County's First Choice" and is open 7 days a week. **ALL VFW, AUXILIARY MEMBERS. AND MARINE CORPS LEAGUE MEMBERS WHO PRESENT THEIR I.D. CARDS WILL RECEIVE A \$1.00 DISCOUNT OFF HAIRCUTS.**
- 2. KELLY'S LIQUORS - FINE WINE, SPIRITS AND MICRO BREWS. THEY SPECIALIZE IN CATERING, WEDDINGS AND PARTIES.** They are located at 4882 Montgomery Road, Ellicott City, MD 21043. Phone Numbers are: 410-750-0330/0331. Fax 443-325-0562. Cell 443-677-5091. **ALL VFW, AUXILIARY MEMBERS. AND MARINE CORPS LEAGUE MEMBERS WHO PRESENT THEIR I.D. CARDS WILL RECEIVE A 10 PERCENT DISCOUNT OFF ALL WINE PURCHASES.**
- 3. KENDALL HARDWARE STORE, 12260 Clarksville Pike, Clarksville, MD 21029. 410-531-2111.** **ALL VFW, AUXILIARY MEMBERS, MARINE CORPS LEAGUE MEMBERS and AMERICAN LEGION MEMBERS WHO PRESENT THEIR I.D. CARDS WILL RECEIVE A 10 PERCENT DISCOUNT OFF ALL PURCHASES.**

FOR MORE INFORMATION ABOUT ANY OF THE ABOVE: Contact Post 7472 Service Officer, Al Hernandez, U.S.M.C. (410) 465-1801: al.hernandez127@gmail.com

- 4. VETERANS' REAL ESTATE ADVANTAGE PROGRAM:** The Bob & Ronna Group Berkshire Hathaway Home Services PenFed Realty Veteran Owned and Operated. As a dynamic and enthusiastic married couple, Bob & Ronna (in addition to their entire Real Estate Group) work full-time establishing clients for life by providing superior service and extensive knowledge in the Maryland Real Estate market. Bob graduated from the U.S. Naval Academy in Annapolis, Maryland and recognized a need for better opportunities to Veterans in Real Estate. In response, The Bob & Ronna Group created a unique program that not only helps raise money for the USO-Metro and Howard County Veterans' Organizations (American Legion Post 156 and 300, Veterans of Foreign Wars Post 7472, and the Marine Corps League Detachment 1084), but also provides Veterans and their family members with Cash-Back and other benefits at settlement when you buy or sell with The Bob & Ronna Group. For every Real Estate transaction in our Veterans' Real Estate Advantage Program, The Bob & Ronna Group will proudly donate to the above organizations. Our cash-back credit EXCEEDS the amounts offered by the USAA and NFCU Real Estate Programs! Learn more about The Bob & Ronna Group's great service and how much you could save by visiting our website: www.bobandronna.com/veterans/ or call us at (410) 465-4440.

IMPORTANT PHONE NUMBERS, ADDRESSES & WEB SITES FOR VETS

1. **National Personnel Records Center (NPRC), 1 Archive Drive, St. Louis, MO 63132-5100** or you may visit the website at: <http://www.archives.gov/veterans>. If you are an Army Veteran or the next-of-kin (un-remarried widow, eldest child, parent, eldest sibling, eldest grandchild) of an Army Veteran, you may request a set of authorized medals and decorations by sending a written request along with a copy of the veteran's DD Form 214 (or other discharge if available) and death certificate (if applicable) to the address above. If you are a veteran and you have never received a set of your medals, your request will be processed free-of-charge. If this is a replacement set, there will be a nominal fee. If you are the primary next-of-kin, only one request for medals will be honored. After the NPRC processes your request, they will send you a list of the medals you are authorized. You can check on the status of your request, as well as view some general information about medals and decorations at: www.veteranmedals.army.mil. The Veteran Medals Unit is located on the U.S. Naval Support Activity Philadelphia at U.S. Army Clothing and Heraldry, Product Support Integration Directorate, Veteran Medals Unit, Building 6B, North Room 328, 700 Robbins Avenue, P.O. Box 57997, Philadelphia, PA 19111, 877-827-9026, OP #4 or go to the website listed above.
2. **Department of Veterans Affairs Regional Office (National Call Center): 800-827-1000.**
3. **Department of Veterans Affairs Voc. Rehab. Office, Baltimore, MD: 410-230-4500.**
4. **To reach the nearest VA Regional Office to your desired location, contact: VA Home Loan Guaranty, Atlanta Regional Office Loan Center, U.S. Dept. of Veterans Affairs, 1700 Clairmont Road, Decatur, GA. 30033 or call 888-768-2132. Hours of operations 0800 to 1630 hours EST.**
5. **To reach the nearest VA Regional Office for the District of Columbia, KY, MD, VA, & W.VA. Write to The Department of Veterans Affairs Regional Loan Center, 210 Franklin Road S.W., Roanoke, VA 24011 or call: 800-933-5499.**
6. **Department of Veterans Affairs, Health Care Enrollment Center: 877-222-8387.**
7. **Department of Veterans Affairs, Gulf War Era Benefits (Direct Deposit): 800-749-8387.**
8. **VA Benefit Payment Option, (Direct Deposit) 877-838-2778.**
9. **Arlington National Cemetery: the final resting place of many who gave their lives in service to the country. Two US, Hours: Open, 8:00 am - 7:00 pm, Website: <http://www.arlingtoncemetery.mil> Phone: (877) 907-8585, Address: Memorial Dr, Fort Myer, VA 22211.**
10. **American Battle Monuments Commission: 703-696-6897.**
11. **Memorial Headstones or Marker status: 800-697-6947.**
12. **Military Headstone Honors (Maryland National Guard): 410-576-6133.**
13. **Maryland Center for Veterans Education & Training (MCVETS), 301 N. High St., Baltimore, MD 21202: 410-576-9626, Fax - 410-576-9628.**
14. **www.va.gov/vaforms.**
15. **www.va.gov/healtheligibility.**
16. **www.va.gov/directory (for a current telephone list of VA facilities) Or: call the VA Health Benefits Service Center (HBSC) at 1-877-222-VETS to get the telephone number of your local health care facility.**
17. **<http://www.va.gov/health/aca/>.**
18. **Below is the link for the online copy of The Federal Benefits for Veterans, Dependents & Survivors handbook for 2018. This is the latest edition and has many pages of new information. The book can be found at the website at <https://www.va.gov/opa/publications/benefits-book.asp>**

Editor's Notes

The Post Surgeon has begun to supply, for the Post and its Comrades and Auxiliary members, copies of various pamphlets and brochures which contain very important medical information. This information is provided there for you to take with you to read and digest at your leisure. This reading material is located at the left rear of the Post Canteen. The materials are in plastic brochure and pamphlet holders that are affixed to the wall under the TV set in the corner. The Post is in possession of three portable nebulizers and, if you are in need of this type of medical equipment; please contact our Post Canteen Manager, Donna Melzer at 410-465-4240.

Veterans with Base Access Still Face Delays on New Commissary Benefit, 3 Dec 2019, Military.com | By Dorothy Mills-Gregg

Having prior access to a base won't be enough to allow newly eligible veterans to shop at its [commissary](#) and exchange Jan. 1, Military.com has learned. Beginning Jan. 1, [Purple Heart](#) recipients, former prisoners of war, veterans with any service-connected disability will be eligible to shop at on-base facilities -- if they hold a Veterans Health Identification Card. But access will be delayed for those who do not have a VHIC as military officials negotiate access to secure military facilities for what may potentially be millions of new shoppers.

And that delay applies even to those prospective customers who are able to get on base under other forms of Defense Department or Coast Guard identification, such as contractors and DoD civilian employees. This is because there's no other way to differentiate one Department of Defense or [Coast Guard](#) credential holder from someone who is eligible to shop at commissaries, exchanges and MWR facilities, like golf courses or movie theaters, a DoD spokeswoman said via email.

The DoD and [Department of Veterans Affairs](#) announced last month it will let eligible veterans gain access to these facilities in two phases. The first group to be able to shop on bases are veterans with a VHIC that displays their status. They are joined by veteran caregivers registered in the VA's caregiver program and equipped with a letter certifying their eligibility.

It has not yet been announced when the second group, veterans without this VA health insurance card, will be allowed base access. "While DoD and Coast Guard civilian employees and contractors have access to installations through DoD and Coast Guard-issued credentials," the spokeswoman wrote, "if those credentials do not authorize commissary or exchange access in the capacity for which they were issued (specific affiliation with the DoD or Coast Guard), they cannot be accepted for access to benefits outside of that affiliation with DoD or the Coast Guard."

"Bottom line," she concluded, "the credential used must be authorized for access to the benefit."

-- Dorothy Mills-Gregg can be reached at dorothy.mills-gregg@military.com. Follow her on Twitter at @DMillsGregg.

All Veterans Would Get Dental Care Help Under This Proposed Plan, 16 Dec 2019, Military.com | By [Jim Absher](#)

A proposed [Department of Veterans Affairs \(VA\)](#) pilot program would help all veterans access free or discounted dental services in their local communities. Currently, VA only provides dental care to veterans who have a service-related dental problem, are former POWs or are rated as totally disabled as a result of their military service. Under this current law, only about 8% of veterans are eligible for dental care from the VA.

In 2014, in an effort to help offer more dental care for veterans, the VA partnered with private insurers to offer a reduced rate on dental insurance through their [VA Dental Insurance Program \(VADIP\)](#). VADIP, however, is scheduled to end in 2021 and is only available to veterans enrolled in VA healthcare or families enrolled in [CHAMPVA](#).

Now, according to [a notice published in the Federal Register](#), VA wants to begin an at least five year long pilot program that would connect veterans with dentists in their area who offer free or discounted dental care to all veterans -- not just those with a service-connected disability. VA says it would create a website where veterans can find participating dentists. The veteran would then make an appointment and be responsible for any charges.

VA may coordinate care and make recommendations for civilian dentists under the proposed plan, but they would not provide any additional dental services or expand existing eligibility for dental care. Dental care isn't cheap, and VA says they spent over \$1.1 billion offering dental care to veterans in 2018. This new program wouldn't end all VA dental care, just make it easier for all veterans to find affordable dental care in their communities.

Comments on the pilot program are due by Jan. 13, 2020. [For more details check the Federal Register notice.](#)

Tricare Select Details - military.com

Tricare Select is a fee-for-service insurance plan that lets you see any doctor. If you visit a network doctor you normally will only have to pay a small copay when you visit. This plan is available to family members, veterans, and retirees. It is available world-wide. If you visit a non-network doctor you may have to pay all charges up-front and file a claim with Tricare for reimbursement.

Tricare Groups: Tricare has two groups of members: Group A consists of those who entered the service before Jan. 1, 2018 and Group B is those who entered after that date.

Enrollment Fee: For ALL active duty family members there is no enrollment fee.

For family members of veterans/retirees in Group A there is no enrollment fee. For family members of veterans/retirees in Group B there is a \$471 individual or \$942 family enrollment fee each year.

Deductible: The annual deductible amount is what you pay out-of-pocket before Tricare (See SELECT on page 13)

(SELECT from page 12)

makes any payments.

The deductible amounts are:

Group A:

- **Active duty family members - sponsor rank E-4 and below:**
 - **\$50 Individual**
 - **\$100/Family**
- **Active duty family members - sponsor rank E-5 and above:**
 - **\$150 Individual**
 - **\$300 Family**
- **Retirees:**
 - **\$150 Individual**
 - **\$300 Family**

Group B:

- **Active duty family members - sponsor rank E-4 and below:**
 - **\$52 Individual**
 - **\$104 Family**
- **Active duty family members - sponsor rank E-5 and above:**
 - **\$156 Individual**
 - **\$313 Family**
- **Retirees:**
 - **\$156 Individual**
 - **\$313 Family**

Catastrophic Cap — The catastrophic cap is the maximum out-of-pocket amount you have to pay for Tricare covered services. This amount resets every year. The current catastrophic cap amounts are:

- **Active Duty Group A: \$1,000**
- **Active Duty Group B: \$1,044**
- **Retired Group A: \$3,000**
- **Retired Group B: \$3,655**

Copay Amounts — A co-pay is what you are usually required to pay when you visit a doctor, the hospital, or receive any healthcare service. These amounts are for in-network care

Service:	Group A	Group B
Primary Care:	Active Duty Family: \$22.00	Active Duty Family: \$30.00
	Retirees: \$30.00	Retiree: \$26.00

(See SELECT on page 14)

Specialist:	Active Duty Family:	\$33.00	Active Duty Family:	\$45.00
	Retirees:	\$26.00	Retiree:	\$21.00
Ambulance:	Active Duty Family:	\$68.00	Active Duty Family:	\$90.00
	Retirees:	\$15.00	Retirees:	\$62.00
ER:	Active Duty Family:	\$89.00	Active Duty Family:	\$41.00
	Retirees:	\$118.00	Retirees:	\$83.00
Hospital:	Active Duty Family:	\$19.99/day	Active Duty Family:	\$62.00
	Retiree:	\$250.00/day	Retirees:	\$182.00



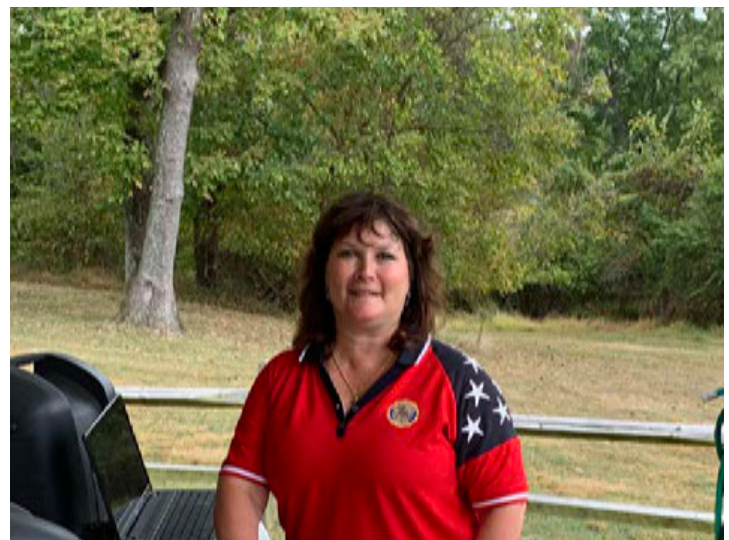
Assorted photos from members and guests attending the different events at the Post, e.g. the Crab Feast, Bull and Oyster Roast and Christmas Party and other Post patriotic celebrations during 2019.



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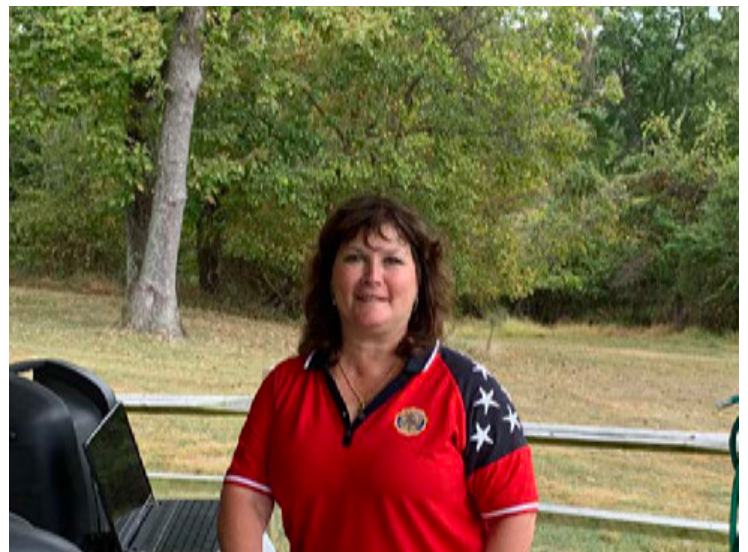
Assorted photos from members and guests attending the different events at the Post, e.g. the Crab Feast, Bull and Oyster Roast and Christmas Party and other Post patriotic celebrations during 2019.



Top Photo: Photo of the volunteers who participated in the our semi-annual Post picnic for the Veteran patients from the Perry Point VA Medical Center that was held on the Post Picnic Pavilion on 28 Sep 2019.

Bottom Photo: Post 7472 Auxiliary President, Bobbie Goldman; immediate VFW Past National

President, Sandi Kreibel, CEO of Kid Time Enterprises LLC, Tyler Blackstone and Post Commander Bill Milner. On 10 October 2019, Tyler was presented with a Certificate of Achievement from the Commander and Post Auxiliary.



Assorted photos from members and guests attending the different events at the Post, e.g. the Crab Feast, Bull and Oyster Roast and Christmas Party and other Post patriotic celebrations during 2019.



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