



Carroll County Cloggers Return to Practice During COVID-19 Action Plan

The Carroll County Cloggers will resume in person classes/practices outdoors in the covered carport at the home of Marsha Sudol located at 3508 Pleasant Plains Drive, Reisterstown Road, MD, 21136 on Mondays from 6-8:30pm beginning on Monday, July 13, 2020. All participants are required to read, sign and electronically return the "Carroll County Department of Recreation and Parks Waiver and Release – COVID-19" to Lynn Grassi, at email: carrollcountycloggers5678@gmail.com before participation. The following procedures will be followed in an attempt to prevent the spread of COVID-19.

Requirements for Participation

- Check your temperature before attending practice/class. If your temperature is 100.4° or higher, please do not attend practice/class.
- Must be COVID-19 symptom free. Symptoms may appear 2-14 days after exposure to the virus. As per the CDC, people with the following symptoms may have COVID-19:
 - ❖ Fever or chills
 - ❖ Cough
 - ❖ Shortness of breath or difficulty breathing
 - ❖ Fatigue
 - ❖ Muscle or body aches
 - ❖ New loss of taste or smell
 - ❖ Sore throat
 - ❖ Congestion or runny nose
 - ❖ Nausea or vomiting
 - ❖ Diarrhea

(This list does not include all possible symptoms of COVID-19.)
- If you have traveled to a high-risk area, attended a crowded high risk event, or been exposed to someone who is COVID-19 positive, please be considerate to others and do not attend practice/class for the recommended amount of time.

Face Masks/Coverings

- Face masks/coverings must be worn when the attendee:
 - ❖ Enters and exits the "dance floor."
 - ❖ Cannot maintain the recommended social distancing of at least six (6) feet between persons.
 - ❖ Enters, remains in and leaves the practice venue building.
- Face masks/coverings must be worn properly, covering both the mouth and nose.
- Face masks/coverings do not need to be worn while clogging if the recommended social distancing of at least six (6) feet between dancers is observed.

Dance Floor

- Dancers must clog in a designated dance square.
- Dance squares will be approximately 6'x6' with some space in between squares allowing cloggers to adhere to the recommended social distancing of at least six (6) feet between persons.
- 12 dance squares will be marked under the covered carport.
- 3 additional dance squares will be marked on the driveway.
- Additional dance space will be available on the grass on either side of the carport and driveway if needed.

Restroom Facilities

- Restroom facilities will be available.
- Face masks/coverings must be worn when inside the facility.
- Use of hand sanitizer is required before entering and leaving the facility.
- Persons must use a paper towel to open & close doors; operate light switches; flush toilet and turn on & off the facets in the restroom facilities. A fresh paper towel should be used to dry hands after proper handwashing.

Hand Sanitizer

- All participants must bring their own hand sanitizer.
- Hand sanitizer should be used:
 - ❖ Before and after attending class/practice.
 - ❖ Before entering and upon leaving the dance floor.
 - ❖ Before and after using the restroom facilities.

Attendance

- Will be taken by one person designated by the Board of Directors.
- Attendance records will be accurately maintained to facilitate contact tracing should the need arise.

Club Notebook & Supplies

For safety reasons the following procedures have been adapted to lessen widespread contact of materials.

- The club notebook will no longer be available for general use at class/practice. If you need information from the binder, please send an email to Lynn Grassi with your request.
- Cue sheets and DVD teaches will not be available at class/practice. If you would like a cue sheet, please send an email to Lynn Grassi with your request. The cue sheet will be sent via email.
- Sound equipment, music source and microphone will be used by one person designated by the Board of Directors.

Items to bring to class/practice

- Face mask/covering
- Hand sanitizer
- Plenty of drinking water
- 1 roll of paper towels to donate to the facility
- Clogging shoes (older shoes are recommended as the carport surface is concrete and the driveway is blacktop)
- Sneakers (to be worn if you are clogging in the grassy area or do not have older clogging shoes)
- Chair (There is plenty of space on the lawn and back patio surrounding the dance floor area where chairs can be placed maintaining the recommended social distancing of at least six (6) feet between persons.)
- Suntan lotion and/or bug spray if needed

Inclement Weather Policy

In the event of inclement weather such as, but not limited to severe storms, thunder and lightning, excessive heat and/or humidity, class/practice will be held via Zoom Meeting.



The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, [410.386.3600](tel:410.386.3600) or [1.888.302.8978](tel:1.888.302.8978) or MD Relay 7-1-1/[1.800.735.2258](tel:1.800.735.2258) as soon as possible but no later than 72 hours before the scheduled event.