

WOODSIDE HERALD

SERVING SUNNYSIDE-WOODSIDE AND LONG ISLAND CITY

VOL. 93 NO. 42

WOODSIDE, L.I.C., N.Y. FRIDAY, OCTOBER 16, 2026

FREE

Proposed \$150 million project would make safety improvements permanent, expand pedestrian and bicycle space, and upgrade bus stops in Woodside

WOODSIDE, Queens — A major reconstruction of Queens Boulevard between Roosevelt Avenue and 73rd Street is expected to begin in summer 2027, advancing plans to make the busy corridor safer and more accessible for pedestrians, cyclists, bus riders and motorists.

Transportation officials presented an update on the project to the Transportation Committee of Queens Community Board 2 on October 6. The committee voted unanimously to send a letter supporting the project, according to local reporting published October 8. The presentation was an update on the plans, not a request for final project approval.

The first phase would replace the painted safety treatments installed in 2015 with permanent infrastructure. The project is estimated to cost nearly \$150 million and has received federal grant support, along with funding commitments from Queens Borough President Donovan Richards and Council Member Julie Won.

A REDESIGNED BOULEVARD

Plans call for reconstructing and expanding the service-road medians to create a continuous raised pedestrian path and a separated bicycle path. Planted buffers and trees would help distinguish these spaces from vehicle traffic.

The design also includes improvements to bus-stop accessibility, new lighting, public seating and landscaping. Several slip ramps would be reconfigured to reduce crossing distances and encourage safer, more predictable vehicle movements. Q60 bus stops would move from the curb to the reconstructed medians, with shelters and benches.

Additional features include a raised intersection near 60th Street and a bus-only lane on the main roadway between approximately 69th and 73rd streets. The plans also call for stormwater-management measures beneath portions of the parking lanes.

EARLIER SAFETY IMPROVEMENTS SHOW MEASURABLE RESULTS

The initial Queens Boulevard redesign between Roosevelt Avenue and 73rd Street was installed in 2015. According to figures from the New York City Department of Transportation presented to the community board on October 6, average annual pedestrian injuries fell 37%, from 12.7 before the redesign to 8.0 afterward.

Total injuries declined 4% when the three years after implementation were compared with the three years before. The department also reported that the rate of pedestrians killed or seriously injured per mile fell from more than 7.0 before the redesign to 4.1 in 2023.

These figures describe the earlier safety improvements. They do not measure the impact of the proposed reconstruction, which has yet to be built.

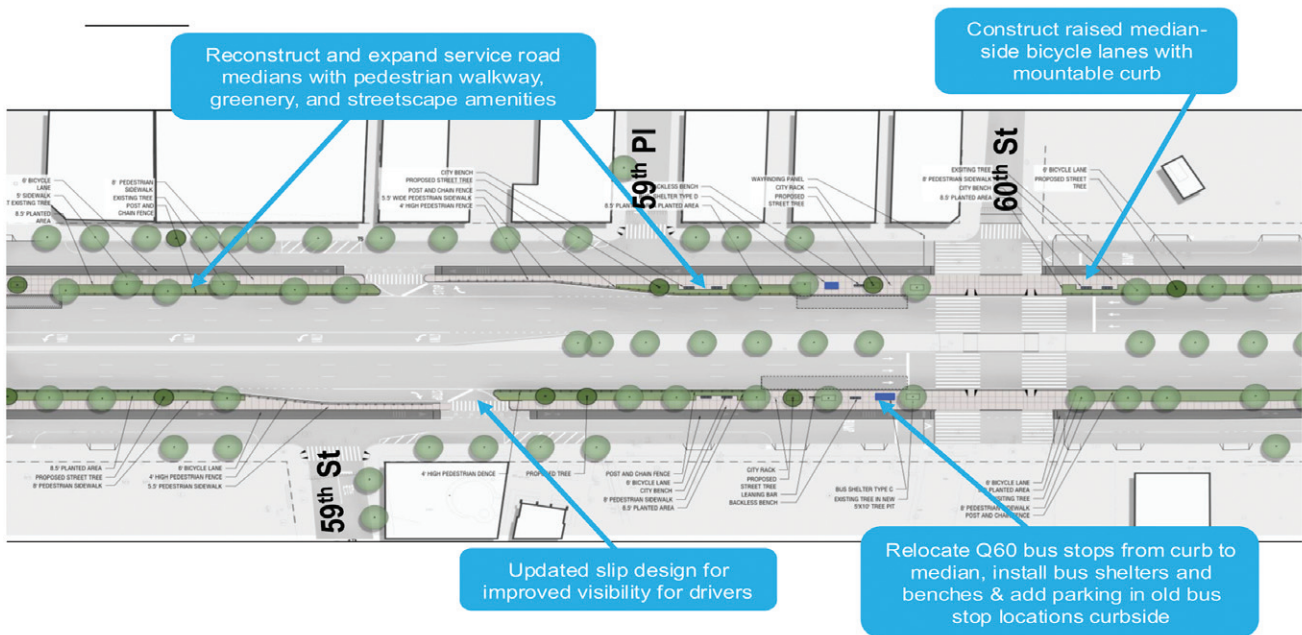
WHAT HAPPENS NEXT?

The latest timeline presented to the community board calls for construction to begin in summer 2027. The schedule remains an expectation and could change as planning and construction preparations proceed.

The project is part of a broader effort to make Queens Boulevard safer and more comfortable for people traveling by different modes of transportation. For Woodside residents, the proposed changes would bring more clearly defined pedestrian and bicycle space, improved bus stops and additional greenery. The permanent reconstruction would build on the existing safety treatments rather than represent the first introduction of bicycle and pedestrian improvements to the corridor.



GREAT STREETS TYPICAL: CAPITAL



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MANAGING BIPOLAR DISORDER: PRACTICAL TIPS

by Stan Popovich

Managing bipolar disorder often requires a combination of treatment, coping strategies, and support. Developing a consistent plan can help reduce mood disruptions and improve well-being.

What Are the Best Ways to Manage Bipolar Disorder?

Managing bipolar disorder involves working with healthcare professionals, following a treatment plan, monitoring mood changes, managing stress, building a support system, and maintaining healthy daily routines. Recognizing early warning signs and taking action can help reduce mood disruptions and improve overall well-being.

What Is Bipolar Disorder and How Does It Affect Daily Life?

Everyone experiences mood changes, but bipolar disorder involves extreme highs (mania) and lows (depression) that can significantly affect work, school, relationships, and daily routines. It may also increase the risk of anxiety or substance use. Recognizing early signs and seeking support can help you manage symptoms effectively.

What Are the Symptoms of Bipolar Disorder?

Manic episodes: Periods of intense energy, excitement, or irritability, often with rapid speech, difficulty focusing, or an inflated sense of self-worth.

Depressive episodes: Periods of deep sadness, hopelessness, low energy, changes in sleep, or loss of interest in usual activities.

What Should You Do If You Think You Have Bipolar Disorder?

It is important that you seek treatment if you suspect that you are experiencing these signs of bipolar disorder. Here is what you can do:

1. Educate yourself: Understanding bipolar disorder and how it affects your life is an important first step. Learning about your condition and seeking treatment early can help manage symptoms, prevent episodes from worsening, and improve long-term outcomes.
2. Seek professional help: Despite their mood extremes, people with bipolar disorder often don't know how much being emotionally unstable disrupts their lives and the lives of their loved ones. As a result, they don't get the treatment they need. If you have symptoms of bipolar disorder, see your healthcare or mental health professional.
3. Join a support group: Spending time with people who know what you're going through can be therapeutic. You can benefit from the shared experiences and advice of the group. Isolation and loneliness make bipolar disorder worse. If you don't have a support network you can count on, try to find an activity where you can meet others.
4. Keep your doctors updated: Your primary physician is an important part of the long-term management of bipolar disorder, even if you also see a psychiatrist and a mental health counselor. Make sure that everyone is updated with your medical situation.
- How Can You Cope With Depressive Episodes During Difficult Times?
- Major life changes—like a job loss, breakup, or health crisis—can trigger depressive episodes, leaving you feeling drained or overwhelmed. Notice changes in mood or energy without judgment. Ground yourself by taking slow, steady breaths or focusing on your surroundings.
- Take one small step: Use your wellness toolbox—journaling, a short walk, or deep breathing—to stabilize your mood and regain control.
- Reflect afterward: Each small action builds momentum and resilience. Over time, consistently using these tools empowers you to navigate depressive episodes with clarity, confidence, and self-trust.

SUNNYSIDE GARDENS PARK

Oktoberfest

SAT OCT 17

12-5PM

Biergarten with Live Music • Crafts for Kids

Pumpkin Patch • Rides

BBQ with German Fare

Arts & Crafts Fair

handmade items from local artists

QUINN QUESTIONS - WHAT DID SIDEKICKS DO?

by Rix Quinn

If you grew up in the 1950s through 1970s, television westerns introduced you to a thankless career. Here's the job description. You work for a cowboy who travels constantly and appears to have no source of income. You don't decide how you spend your day. You've got no house or apartment.

Have you guessed your profession? Yes, that's right...you are a sidekick.

Because sidekicks live in the 1800s Wild West, they've got no car, bicycle, taxi, or access to public transportation. They ride horses most of the time. They rarely change clothes, because their entire wardrobe is rolled up behind the saddle.

Gender equality? Forget it. All the heroes – except for one notable exception – are males. And the folks they hire for sidekicks are guys too. The worst part is the social life. There's no Top 40 music, unless they can create it on a harmonica or accordion. They spend days chasing bad guys, and nights next to a campfire drinking stale coffee. They can't call a lady for a date, because she ain't got a phone, she doesn't live nearby, and it's hard for a sidekick to smell good if he hasn't bathed since April.

So, to sum up: No car. No phone. No bed. No bath. No soap. No shampoo. No deodorant. No cologne. No clean clothes. No music. No dance. No dates. What could make a guy want to be a sidekick? The only advantage I can see is...he would live forever in reruns.

GATHER ON VERNON

by Dr. Sharon M. Cadiz

Astoria has undergone extensive growth and change with an emerging identity that hinges on a perception of the “old” and “new.” This could very easily become a point of difference and separation; yet, the challenge of creating a sense of unity and wholeness is what inspired Shivani Dhir, founder of Leo Strategies, to spearhead the “Gather on Vernon” event that recently took place on 30th Drive between Vernon Blvd and 12th Street. She was joined in this effort by a host of sponsors and community partners that included: Socrates Sculpture Park, Chateau Le Woof, Zone 126, Astoria Houses Youth Enrichment Services, Astoria Film Festival, Queens Economic Development Corporation, Fit Club Astoria Physical Therapy, Rescuing Leftover Cuisine, Fresco’s Cantina, Second Chance Candles and others. The event showcased local vendors, artists and makers providing an array of opportunities for interaction followed by an outdoor cinema program at Socrates Sculpture Park. When asked about her motivation to spearhead this event, she said:

“This corridor has some of the richest arts and culture in New York, from historic anchors like Socrates Sculpture Park and The Noguchi Museum to community-led work like the Welling Walls murals. Gather on Vernon was about putting the people who carry that legacy forward front and center. Local artists, small business owners, and makers shared their work and met their neighbors, and community organizations connected with the people they serve and also with those who are interested in serving their community. It was a celebration of both people and place.”

The vision and mission put forth by Dhir meets the challenge presented by the prospect of the current level of change and growth creating a “tale of two cities” instead of a vibrant, diverse, integrated and engaged community of longstanding residents, established services, organizations and stores; along with new residents, buildings and businesses. The spark of inspiration that she has helped to ignite provides a pathway to demonstrate sustainable ways to work and live together as a stronger community where everyone can benefit from the richness produced from collaboration and cooperation. The “Gather on Vernon” event showcased possibilities for further interaction that brings Astoria residents together.

I look forward to seeing what might develop from this effort because Astoria has a great history shaped by innovative thinkers, planners, residents, small businesses and community organizers who have succeeded in preserving some affordable housing; an abundance of greenspace, cultural institutions and transportation access; in addition to

a substantial waterfront that borders Astoria Park with its renovated Astoria Pool which was built in the 1930’s. Central Astoria Local Development Coalition, United Community Civic Association, Astoria Park Alliance and the “Old Astoria Neighborhood Association” are among the groups and organizations that make Astoria a desirable place to live and welcome others willing to grow a bright future through a commitment to positive, collective action. When I see neighbors flock to local events and using the various resources such as the pool in summer; as well as the outdoor areas and shopping districts all year round, I am encouraged to know that a blending of “old” and “new” holds the secret for harmony and unity that will make Astoria even better and stronger for a bright future.

FILIPINO AMERICAN HISTORY MONTH



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PARADE & BLOCK PARTY

SUNDAY, OCTOBER 18, 2026, FROM 12:00 PM TO 6:00 PM
BLOCK PARTY: 70TH STREET & ROOSEVELT AVENUE, WOODSIDE, NY 11377
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Senator Joseph P. Addabbo, Jr.

Presents

DOMESTIC VIOLENCE AWARENESS

Info Session

October is Domestic Violence Awareness Month

Wednesday, October 21st
7:00 p.m. - 8:30 p.m.

Richmond Hill Block Association
"One Stop" Community Center
110-08 Jamaica Avenue
Jamaica, NY 11418

Keynote Speaker: Dr. Coralanne Griffith-Hunte
Human, Industrial, and Trauma Psychologist,
and Domestic Violence Victims Advocate

In Partnership with:
Safe Horizon, NYPD Gender-Based Violence Policy and Training Unit, & The Richmond Hill Block Association

For More Information, Contact Senator Addabbo's Office at 718-738-1111

An average of 24 people per minute are victims of rape, physical violence or stalking by an intimate partner in the United States – more than 12 million women and men over the course of a single year.

The National Domestic Violence Hotline.

ACTIVITIES
RESOURCES
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Queens Small Business Resource Fair

Tuesday, October 20 | 10 AM - 1 PM

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NOV. 3, 2026

GENERAL ELECTION

CRUCIAL "LAST DAY" DATES:

OCT. 19:

For a registered voter change of address to be RECEIVED by DCBOE

OCT. 24:

For an application to be eligible to vote to be RECEIVED by DCBOE

For a Ballot Application to be RECEIVED by DCBOE (by mail or online portal)

OCT. 24- NOV 1:

EARLY VOTING: DCBOE, 97 Main St., Delhi

Sat-Sun 9am-5pm

Mon.-Fri. 8:30am-4:30pm*

(* Tues. Wed. extended hours to 8pm)

NOV. 2:

To apply in person at DCBOE for an for an absentee ballot

NOV. 3:

ELECTION DAY (Polls Open 6am-9pm)

Last Day for Absentee Ballot Postmark (or deliver to DCBOE or polling site)

Must be received by DCBOE by Nov. 10

NEW YORK CITY

CHARTER PROPOSALS

TUESDAY, NOV. 3, 2026

WHAT VOTERS NEED TO KNOW

FLIP THE BALLOT!

@sabine_french

In addition to voting for candidates, NYC voters will decide on five proposed amendments to the City Charter – the rules that govern how our city operates.

THE PROPOSALS WILL APPEAR ON THE BACK OF THE BALLOT.

1

PUBLIC SPACE & OUTDOOR DINING

Streamlines the approval process for using public sidewalks and streets for outdoor dining, accessibility ramps, benches, planters and similar uses.

2

CITY CONTRACTING & NONPROFITS

Provides more flexibility in procurement rules to reduce paperwork and speed up the process for nonprofits and businesses seeking city contracts.

3

TRANSPORTATION, CITY LAND & OFFICE LEASING

Streamlines review of certain street-safety and transit projects, and changes processes for the sale or lease of certain small, unused city-owned properties and office space.

4

CONSTRUCTION PERMITTING

Creates a centralized permitting hub by bringing about 40 construction approvals from 18 agencies into one system, and moves waterfront permitting to the Department of Buildings.

5

RAINY DAY FUND

Sets a reserve target equal to 12% of the City's prior-year tax revenue and requires a formula for contributions to the revenue stabilization fund, subject to the annual budget process.

VOTER REGISTRATION DEADLINE

OCT. 24, 2026

EARLY VOTING

OCT. 24 – NOV. 1, 2026

ELECTION DAY

TUESDAY, NOV. 3, 2026

FOR THE FULL, OFFICIAL BALLOT LANGUAGE, VISIT NYC VOTES (NYC BOARD OF ELECTIONS).

B

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A HERO AMONG US

Dr. Richard Belli, a podiatrist in Sunnyside, Queens, is preparing to rejoin a medical mission to the Peruvian Andes in October 2026. The team of 45 doctors and staff will travel more than 14,000 feet into remote communities to care for families and children with limited access to medical care.

During the 2025 mission, the team treated more than 3,500 people in four days, and Dr. Belli personally cared for 200 patients. This fundraiser will cover medical supplies and travel expenses, with all proceeds going directly toward the mission so the team can reach even more people.

I’m grateful you took a moment to read about this work. If you’re able, please visit the GoFundMe page through the shared link to donate or pass it along to someone who may want to support Dr. Belli’s return to Peru.

<https://gofund.me/2460b620b>

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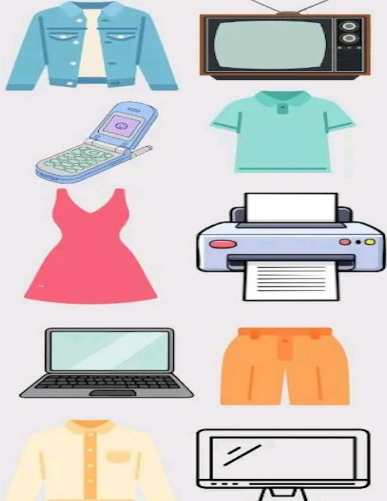
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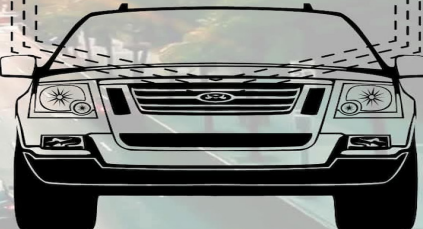
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To:
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Joan Davidson,
Charles Morrow,
Thomas Morrow,
Diane Marsala,
Maria Theresa Masin,
Vincent Mazziotti,
Theresa Ann Pastrana,
Estate of Irene Peterson,
Mary Ann Fox,
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Douglas Fox,
Jaclyn Mazziotti,
Jennifer Manning,
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Anthony Piselli,
Marilyn Fox,
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Jennifer Thomas Mensch, if living
and if dead, to their heirs at law,
next of kin and distributees whose
names and places of residence are
unknown and if they died
subsequent to the decedent herein,
to their executors, administrators,
legatees, devisees, assignees and
successors in interest whose names
and places of residence are
unknown and cannot be
ascertained after due diligence.
Being the persons interested as
creditors, legatees, distributees or
otherwise in the Estate of Dorothy
Kawas aka Dorothy **J. Kawas aka
Dorothy Joan Kawas aka
Dorothy J. Mazziotti Kawas aka
Dorothy Joan Mazziotti Kawas**,
deceased, who at the time of death
was a resident of 51-53 72nd
Street, Woodside, NY 11377, in
the County of Queens, State of
New York.
SEND GREETING:
Upon the petition of Jacqueline
M. Mazzola Public Administrator
of Queens County, who maintains
her office at 88-11 Sutphin
Boulevard, Jamaica, Queens
County, New York 11435, as
Temporary Administrator of the
Estate of Dorothy Kawas aka
Dorothy **J. Kawas aka Dorothy
Joan Kawas aka Dorothy J.
Mazziotti Kawas aka Dorothy
Joan Mazziotti Kawas**, deceased,
you and each of you are hereby
cited to show cause before the
Surrogate at the Surrogate’s Court
of the County of Queens, to be
held at the Queens General
Courthouse, 6th Floor, 88-11
Sutphin Boulevard, Jamaica, City

and State of New York, on the 3rd
day of December, 2026 at 9:30
o’clock in the forenoon, why the
Account of Proceedings of the
Public Administrator of Queens
County, as **Temporary**
Administrator of the Estate of said
deceased, a copy of which is
attached, should not be judicially
settled, and why the Surrogate
should not fix and allow a
reasonable amount of
compensation to GERARD J.
SWEENEY, ESQ., for legal
services rendered to petitioner
herein in the amount of \$87,618.61
and that the Court fix the fair and
reasonable additional fee for any
services to be rendered by
GERARD J. SWEENEY, ESQ.,
hereafter in connection with
proceedings on kinship, claims
etc., prior to entry of a final Decree
on this accounting in the amount
of 4.5% of assets or income
collected after the date of the
within accounting; and why the
Surrogate should not fix and allow
an amount equal to one percent on
said Schedules of the total assets
on Schedules A, A1, and A2 plus
any additional monies received
subsequent to the date of this
account, as the fair and reasonable
amount payable to the Office of
the Public Administrator for the
expenses of said office pursuant
to S.C.P.A. §1106(3); and why
the Last Will and Testament dated
February 14, 1995, copy attached,
should not be admitted to Probate;
and why the Letters of Temporary
Administration issued to the
Public Administrator should not
be revoked; and why Letters of
Administration CTA should not
be issued to the Public
Administrator; and why the net
residuary estate should not be paid
pursuant to the Last Will and
Testament as follows;
STATEMENT OF PROPOSED
DISTRIBUTION
100% To Mount Sinai West
formerly known as Roosevelt
Hospital to be used to construct an
affordable unit or wing, with a
plaque
Dated, Attested and Sealed
15th day of September, 2026
HON. CASSANDRA A.
JOHNSON
Surrogate, Queens County
Janet Edwards Tucker
Chief Clerk
GERARD J. SWEENEY, ESQ.
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REQUESTED. YOU HAVE A
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ATTORNEY APPEAR FOR
YOU, AND YOU OR YOUR
ATTORNEY MAY REQUEST A
COPY OF THE FULL ACCOUNT
FROM THE PETITIONER OR
PETITIONER’S ATTORNEY
Accounting Citation
9/18/26, 9/25/26, 10/2/26, 10/9/
26

File No.: **2025-3001/B**
CITATION
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AND INDEPENDENT
To:
Calvin Roberts,
Rotchell Roberts,
Karen Roberts,
Attorney General of the State of
New York
The unknown distributees,
legatees, devisees, heirs at law and
assignees of MERVIN RICARDO
ROBERTS, deceased, or their
estates, if any there be, whose
names, places of residence and
post office addresses are unknown
to the petitioner and cannot with
due diligence be ascertained
Being the persons interested as
creditors, legatees, distributees or
otherwise in the Estate of
MERVIN RICARDO ROBERTS,
deceased, who at the time of death
was a resident of 31-17 97th Street,
East Elmhurst, NY 11369, in the
County of Queens, State of New
York.
SEND GREETING:
Upon the petition of
JACQUELINE M. MAZZOLA,
Public Administrator of Queens
County, who maintains her office
at 88-11 Sutphin Boulevard,
Jamaica, Queens County, New
York 11435, as Administrator of
the Estate of MERVIN RICARDO
ROBERTS, deceased, you and
each of you are hereby cited to
show cause before the Surrogate

at the Surrogate’s Court of the
County of Queens, to be held at
the Queens General Courthouse,
6th Floor, 88-11 Sutphin
Boulevard, Jamaica, City and State
of New York, on the 10th day of
December, 2026 at 9:30 o’clock
in the forenoon, why the Account
of Proceedings of the Public
Administrator of Queens County,
as **Administrator** of the Estate of
said deceased, a copy of which is
attached, should not be judicially
settled, and why the Surrogate
should not fix and allow a
reasonable amount of
compensation to GERARD J.
SWEENEY, ESQ., for legal
services rendered to petitioner
herein in the amount of \$94,067.01
and that the Court fix the fair and
reasonable additional fee for any
services to be rendered by
GERARD J. SWEENEY, ESQ.,
hereafter in connection with
proceedings on kinship, claims
etc., prior to entry of a final Decree
on this accounting in the amount
of 4.5% of assets or income
collected after the date of the
within accounting; and why the
Surrogate should not fix and allow
an amount equal to one percent on
said Schedules of the total assets
on Schedules A, A1, and A2 plus
any additional monies received
subsequent to the date of this
account, as the fair and reasonable
amount payable to the Office of
the Public Administrator for the
expenses of said office pursuant
to S.C.P.A. §1106(3); and why

each of you claiming to be a
distributee of the decedent should
not establish proof of your kinship;
and why the balance of said funds
should not be paid to said alleged
distributees upon proof of kinship,
or deposited with the
Commissioner of Finance of the
City of New York should said
alleged distributees default herein,
or fail to establish proof of kinship,
Dated, Attested and Sealed
8th day of October, 2026
HON. CASSANDRA A.
JOHNSON
Surrogate, Queens County
Janet Edwards Tucker
Chief Clerk
GERARD J. SWEENEY, ESQ.
(718) 459-9000
100 Jericho Quadrangle, Suite 328
Jericho, NY 11753
NOTICE: THIS CITATION IS
SERVED UPON YOU AS
REQUIRED BY LAW. YOU
ARE NOT REQUIRED TO
APPEAR; HOWEVER, IF YOU
FAIL TO APPEAR IT WILL BE
ASSUMED YOU DO NOT
OBJECT TO THE RELIEF
REQUESTED. YOU HAVE A
RIGHT TO HAVE AN
ATTORNEY APPEAR FOR
YOU, AND YOU OR YOUR
ATTORNEY MAY REQUEST A
COPY OF THE FULL ACCOUNT
FROM THE PETITIONER OR
PETITIONER’S ATTORNEY
Accounting Citation
10/16/26, 10/23/26, 10/30/26, 11/
6/26



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<http://CCWoodsideNY.org>

St. Raphael
35-20 Green Point Ave Long Island City, NY 11101
718-729-8957 - Office

Food Pantry is Open
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Saturday 1:30PM to 3:00PM

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