

WOODSIDE HERALD

SERVING SUNNYSIDE-WOODSIDE AND LONG ISLAND CITY

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FREE

CREATIVE COMMUNITY SPIRIT SURVIVES FREAKISH STORM

by Patricia Dorfman

Photos by Patricia Dorfman and Manny Gomez

After a beautiful morning, and crowds enjoying the exhibits of 33 artists, food, and music at the 14th Annual Queen of Angels Church Crafts & Art Fair presented by Sunnyside Artists on 43rd St near Skillman in Sunnyside last Saturday, suddenly powerful winds, heavy hail and then rain blew down the many tents and ended the event 2.5 hours earlier than scheduled. Volunteer Casey Smith joked “the tents were trying to get into heaven and failed.” Berk Koca said “We survived a return of Noah’s Flood.” Due to Covid, the usual venue of the Church Parish Hall, and no fairs possible last year, SunnysideArtists combined a crafts fair with a fine art fair. Normally, that would not occur, but Western Queens visitors made it work. Even exhibitors seemed to enjoy a location where one could find both hand painted glass holiday ornament by Syeda Quamer, who also is a painter, and an Ebru painting by Mustafa Yasar. Fair prices are improving, but one great fine art piece by Erick Teran for \$15,000 did not sell. Customers, you must up your game! Ernestina Barrera had some original tiny paintings for \$8, and they went quickly.

In years to come here, such friendly lack of pretense won’t be as likely. But it is fun for artists to dabble in any arena they wish without worry of the arbiters of art, galleries, museums, schools, critics, auction houses.

In the AM, visitors sampled sandwiches, salads and pastries from this year’s Patron of the Arts Café was managed by Vanessa Ceballos of Firefly Petit Café Bistro. DJ Ubaldo Camacho played mellow songs from many genres, and put many speakers throughout the enclosure. Things were going so well, one artist told another she was fearful she would run out of items needed for another an event the next day. Early in the day thought the only “tent story” was where we would store them and the great job Ray Gomez, Berk Koca and Manny Gomez did in erecting them.

But midafternoon, we all saw a scene from Hollywood. The wind came first. Tents were completely blown down and some over the fence, still lashed to one side. There were no injuries but eventually 12 tents joined the recycling world. The event brought some miracles and the best in many. Hoping this was a passing storm, everyone tried to help each other. Artist Merry Rose scaled the 7-foot fence over and back to rescue an item of another which blew over into the playground. For a few minutes, designer Swann Smith, looking like Tom Hanks in a Tom Hanks movie, used folded-up tables, of which we rented many, as ballast to hold the tents down. Photographer Arthur Nager, who brought photos and his new book out on the old arena Sunnyside Garden, was one of many who served as a human support for another’s tent. Security volunteer Casey Smith resecured bindings. Then one of the tables holding down a tent was lifted up two feet by a particularly hard gust. That was it.

(continued on page 5)



“MORE TURKEY, PLEASE!”

by Dr. Sharon M. Cadiz

A few years back, the PBS NewsHour published a guide to “Holiday Civility.” The contents of that guide has stayed with me, and I summon some of its advice as Thanksgiving and the other holidays approach. This advice was gathered from “experts across the political spectrum” to help us “avoid a political food fight” and get us “through Turkey Day in one piece!” (peace?) They tackled the tough question of “How to speak to relatives with opposing views?” Although most of us know the basic warning not to discuss politics or religion, one or both may inevitably arise during family gatherings, so I have carefully picked some of the choicest pieces of advice for you to feast upon.

Susan David said: “You can have compassion and feel love toward someone, and it doesn’t mean you agree with everything they agree with. We can love someone and disagree.” Jose Antonio Vargas said: “I don’t think we, as a country, know how to have conversations anymore. We all just project instead of listening. Listening is a radical act. More than anything, we need to listen to each other.” Finally, on establishing reasonable ground rules, Kali Holloway says: “You have to go into it knowing that mountains don’t move overnight. You can’t expect to have a conversation that is going to end up with you and who you are talking to ending up on the same page.” So there you have it; a few thoughts to savor as you prepare for the upcoming feast day. I will only add that remembering the values that brought you together might take the sting out of the zinger tossed across the cranberry sauce. Happy Day of Giving Thanks!!!

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MANAGING YOUR PERSISTENT FEARS AND ANXIETIES

Are you looking for all of the answers on how to reduce your persistent fears and anxieties? Fear and anxiety can ruin your life if you do not know how to overcome it. As a result, here is a brief list of techniques that a person can use to help manage their everyday anxieties, stresses, and fears.

1. Take your fears apart: When facing a current or upcoming task that overwhelms you with a lot of anxiety, divide the task into a series of smaller steps and then complete each of the smaller tasks one step at a time. Completing these smaller activities will make the stress more manageable and increases your chances of success.
2. Take a break: Sometimes we get stressed out when everything happens all at once. When this happens, take a deep breath and try to find something to do for a few minutes to get your mind off of the problem. A person can get some fresh air, listen to some music, or do an activity that will give them a fresh perspective on things.
3. Get all of the facts of the situation: Gathering the facts of a certain event can prevent us from relying on exaggerated and fearful assumptions. By focusing on the facts, a person can rely on what is reality and what is not. This is a great way to take control of your mental health.
4. Use Self-Visualization: Sometimes, we can get anxious over a task that we will have to perform in the near future. When this happens, visualize yourself doing the task in your mind. For instance, you have to play in the championship volleyball game in front of a large group of people in the next few days. Before the big day comes, imagine yourself playing the game in your mind. By doing this, you will be better prepared when the time comes.
5. You can't predict the future: While the consequences of a particular fear may seem real, there are usually other factors that cannot be anticipated and can affect the results of any situation. We may be ninety-nine percent correct in predicting the future, but all it takes is for that one percent to make a world of difference.
6. Think of a red stop sign: At times, a person might encounter a fearful thought that may be difficult to manage. When this happens, visualize a red stop sign, which can serve as a reminder to stop thinking about that thought. Regardless of how scary the thought may be, do not dwell on it. This technique is great in dealing with your negative thinking and will help reduce your fears.
7. Get some help: Sometimes, it helps to be able to talk to someone about your stressful situations. Talking to a trusted friend, counselor, or clergyman can give you additional advice and insights on how to deal with your current problem. Overcoming fear and anxiety takes practice. In time, you will become better able to deal with your stressful problems.



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DEADLINE IS TUESDAY AT 5PM

INFRASTRUCTURE & BUILD BACK BETTER: COUNT US IN

by Dr. Sharon M. Cadiz

The President signed the Infrastructure Investment and Jobs Act this week amid the lingering *debates and differences* that mirror what has become an all too familiar picture of the sweeping American landscape. I was surprised to find that the Build Back Better Act was not a part of this major initiative “to rescue, recover and rebuild the country,” but even if both were paired and funded appropriately, more would be needed to address the breach of trust that has left the average citizen questioning the intentions of government, leadership and even their neighbors. This kind of repair will likely require much more citizen engagement and a rekindling of shared values aimed at a collective vision of our nation’s future. Material resources are not the only ones in need of repair. Trauma and mental illness have taken a toll on the well-being of countless people. Human resources have suffered from the kind of erosion that makes folks who are a danger to themselves and others the “new normal.” These fixes require far more than anything we can get from the corner store, the local bank, the gas station, or in a paycheck.

I have had to pause over the past week to process some of the damage done to the shared ideals of life, liberty and the pursuit of happiness. Personal experiences have left me with concerns about what we have become. The damage is also visible in the cost of corporate greed and power driven politics where deals replace the duty to serve; and money is allowed to determine election results, in part, because of a sagging electorate. Television news and commercials for Medicare advantage plans, prescription drugs and food that promotes disease are

just a few of the ills that have been allowed to proliferate at the expense of a society dangerously focused more on air fryers than the quality of the air; more prone to indulging inter-group differences than recognizing, in the end, we are planted row upon row in the cemetery right next to those who we presumed to hate.

In the same week, I saw young people from across the globe demonstrating to demand action plans related to climate change. Those young people sparked my hopefulness about the future. They are awake and engaged; involved as potential architects of their future. It appears that the elders have betrayed the scared trust to prepare for the next seven generations, so these *self-starters* hold the future in *their* hands. My husband was so proud of the youngster who took the COVID vaccine and replied on camera saying: “Now *I* am a part of history.” Such acts put the quarreling and petty differences of adults to shame. She didn’t need to debate her position or win favor for her actions; she simply spoke her truth with the basic courage that can make nations great.

In contrast to the inspiring actions of these young people who I have described, I had personal encounters with two elders who represent the limited vision of the future. One was a prominent elder who tried to convince me of the truth in his statement that gentrification and displacement within targeted communities is “urban legend” and not to be believed. The other was a security guard who approached me in the co-op playground while I was there with my grandson on Veterans Day. He approached me and asked if I lived there, to which I replied, “No, I don’t.” To this he responded by

saying, he would let it go this time, but the playground was only for residents and their children. I thought to myself, “Pardon my confusion, but I brought my children to this park for many years. Apparently, something has changed.” As I stood in this moment with my grandson, I looked out across the fence to see a man with his three children; one in his arms, a child of about four and another who looked about twelve, crossing the street. They had just been told to leave the playground by the same security guard because they were not wearing masks and did not live there, so they had two counts against them. I couldn’t help wondering what the children were thinking at that moment. I don’t need to be on a soap box to redress either of these two individuals, I simply need to ask, “*How will we heal and repair the kind of damage produced in our diverse working class communities that experience the narrowing of access and opportunity implicit in the changes that have taken place?*” The young, the old, the different and the vulnerable in our communities easily become the low hanging fruit that gets picked off. The President and our government cannot sign something into law to repair this. It is up to *us* as individuals whether we are in the board room, lunch room or in the playground. Social inclusion helps us to feel like we belong and belonging makes us strong and courageous. I can’t shame America into being the land of the free and home of the brave, but I truly hope that we get there so that our children can see their country that way; and those of us who pass on can do so with a whisper of gratitude in our hearts for a country that gave abundantly to us all.

HELP THE NEEDY THIS SEASON



It’s never too late to receive, or to give during November through December. Sunnyside, Woodside, and Long Island City continue to be centers of hope, where folks give generously to needy families and neighbors. Parishes like Queen of Angels, St Teresa, St Raphael, St. Sebastian, St Mary’s (Winfield), Corpus Christi, and Mosaic Church, along with groups and agencies in our Community provide non-perishable food, clothing, and other resources. If you are in need of food, resources, or would like to donate items, visit our website @ <https://deaneryq2.blogspot.com/2019/01/resources-for-needy.html> or use the QR Code to get more details.

Catholic War Veterans Post No. 870 Woodside, NY



Wanted Vendors and Shoppers for the first Catholic War Veterans **Flea Market** of the year. Join us just in time for the Christmas Shopping Season Saturday December 4th 10 AM to 6 PM at St. Sebastian's CWV Post No. 870 located 39-46 61st Street in Woodside. Please contact Commander Marvin Jeffcoat at (347) 841-4335 or jeffcoatm505@aol.com to reserve your table while they last.

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.....
UPCOMING EVENTS
.....



Annual Community Tree Lighting
Thursday, December 2nd, 7pm
Please join us in this lovely community tradition. Meet at SRC at 7pm and join the carol procession down Skillman Avenue to Queen of Angels Church. All are welcome!



St. Nicholas Bazaar
Saturday, December 4th, 11am-4pm
Please join us for our Christmas Bazaar!
We will have baked goods, story telling, ornament making, holiday gifts for sale, raffles and more!

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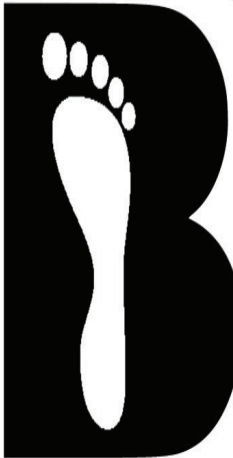




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DONATE

DON'T THROW OUT YOUR OLD CLOTHES!

Clothing recycling is back- for one night. Sunnyside CSA has partnered with Wearable Collections, who ran the clothing / textile recycling at the farmer’s market until Covid hit, for a one-time clothing recycling event here in Sunnyside.

On November 4th, the Thursday after Halloween, bring all your unused clothes, halloween costumes, and whathaveyou to Sunnyside Community Services (43-31 39th St, next to the NY Sports Club) between 5-8pm. There is a door to the left of the main entrance where CSA members pick up their vegetables- you can bring your clothes to them there. You don’t have to be a CSA member to donate clothes- we want everyone in Sunnyside to use this opportunity- donating clothes, even old, ragged ones, keeps them from the landfill. Usable clothes get reused, unusable clothes get recycled. Go here for more info about what you can and can’t bring: www.wearablecollections.com/faq

DONATE CLOTHING!

Please visit St Teresa in Woodside NY, to donate clothing to the St Vincent De Paul Clothing Bins, located in the Parking Lot, next to the Church. Queen of Angels does not accept clothing for adults. We do take baby and children’s clothing, non-perishable food, and medical equipment. St Teresa, 50-20 45th Street, Woodside (50 Ave / Parking Lot is open on 44th Street / 45th Street Gate is open to the Parking Lot)

SUNNYSIDE CLOTHING SWAP

EVERY SATURDAY & SUNDAY: FROM 4:30-8PM.

If you need clothes or want to give clothes, visit the Sunnyside Clothing Swap near Noonan Playground (42nd Street & Greenpoint Ave)! If you have any questions, please DM @hebish.2 on Instagram or email zhoque13@gmail.com.

*Letters To
The Editor*



*The following letters are the
opinions of its author and not
necessarily those of the
Woodside Herald.*

**PUBLIC
TRANSPORTATION**

Dear Editor,

Here are is one option to improve public transportation connections to LaGuardia Airport as opposed to former Governor Cuomo’s \$2.05 Billion Air Train. It could be implemented far more quickly than either the Air Train or any subway extension at a far less cost.

One of the previous NYC seven private franchised bus operators, Triboro Coach once operated the Q57 express bus. It ran from the Queensbridge NYC Transit subway station at 21st Street and 41st Avenue served by the F train to LaGuardia Airport in 1990. It was marketed as the “QT (Quick Trip) LaGuardia Express” bus route. The service was discontinued in May 1991 due to lower than expected ridership. The service ran every 20 minutes,

arriving at the airport in 25 minutes, and stopping at all terminals. The route operated via 21st Street and Astoria Boulevard to LaGuardia Airport. Service was provided from 21st Street between 6 a.m. and 11 p.m. and from LaGuardia between 6:35 a.m. and 11 p.m. Restoration of this service might only require six buses to maintain a twenty-minute headway along with operating assistance to cover deficits. Farebox revenue will not meet all operating costs. MTA would also have to market this new route along with other existing subway to airport bus connections.

Sincerely,
Larry Penner

Be Heard!

To submit your
Letters to the Editor:
Mail to 43-11 Greenpoint Ave.
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Please include your full
name, mailing address,
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“CIVICS IN THE CLASSROOM”

Young people have gotten involved in their communities and the political process in record numbers in recent years, but there is still much work to be done to properly engage our youngest Queens residents. To do just that, Queens Borough President Donovan Richards, Jr. today announced the launch of “Civics in the Classroom” — a boroughwide initiative to supplement existing curriculum by connecting with high school students across the borough about the importance of civic engagement.

“The youngest among us are courageously leading nationwide movements around systemic discrimination, gun violence, voting rights, climate change and more, giving us all so much hope for the future of our society. But there are still far too many young people who are unaware of their power or unsure of their place in our city,” said Borough President RICHARDS. “With ‘Civics in the Classroom,’ we hope to not only educate our students about civic engagement but empower them to be the changemakers our city and country need.”

Led by Borough President Richards’ Civic Engagement Coordinator Tim Chubinidze, “Civics in the Classroom” will visit one Queens high school each week and include interactive presentations and quizzes about the roles of local and citywide elected officials’ offices, how to address quality-of-life issues through city government and the significance of civic involvement.

The initiative kicked off this morning, November 16, at Bayside High School. Borough President Richards and school principal Tracy Martinez hosted an engaging discussion with hundreds of students about the importance of voting, being involved in one’s community and much more.

School administrators who would like more information or wish to participate in Borough President Richards’ ‘Civics in the Classroom’ initiative can do so by contacting Tim Chubinidze via info@queensbp.org.

In addition to “Civics in the Classroom,” which will continue after NYC Schools’ Thanksgiving recess, Borough President Richards’ Civic Engagement Committee, made up of dozens of community stakeholders, has been active throughout 2021. On behalf of the Borough President, the Committee has sponsored various public-facing events such as three separate Ranked Choice Voting Training sessions this spring and a Virtual Redistricting Town Hall this fall, as well as regular tabling appearances across Queens to meet with borough residents in their own communities.

**TOILETRY AND HOLIDAY
CARD DRIVE FOR VETERANS
DEPLOYED OVERSEAS**

Inspired by this year’s Veterans Day, State Senator Joseph P. Addabbo, Jr. has created a holiday card/toiletry drive to support our troops overseas during the holiday season.

From November 15 through Monday, December 6, Addabbo’s three District Offices - Howard Beach office, located at 159-53 102nd Street, the Middle Village office, located at 66-85 73rd Place and the Rockaway office, located at 88-08 Rockaway Beach Boulevard, will serve as drop off locations for this drive. The Senator, who sits on the NYS Veterans, Homeland Security and Military Affairs Committee, encourages all to donate to support the troops.

Items accepted include, toothbrushes, toothpaste, mouthwash, floss, soap, shampoo and conditioner, disposable razors and shaving cream, deodorant, feminine hygiene products like pads and tampons, disposable wipes, and more. Addabbo will also be collecting any holiday cards and candy like M&Ms and Skittles from the community to send to the troops to brighten up their holiday.

Addabbo will be sending the care packages to three separate units assigned to the U.S. Army’s 4th Security Force Assistance Brigade stationed throughout Europe, as well as Echo Co. 2/8 Marines stationed in Okinawa, Japan.

“While the United States recently ended the war in Afghanistan, we must remember that we still have troops stationed around the world protecting our freedoms,” Addabbo said. “These brave men and women will be stationed abroad for the holidays, not celebrating with their families and friends, so I wanted to send them some care packages and holiday cards from residents of the neighborhood to show them that we are still thinking about them and appreciate their sacrifices, especially during the holiday season.”

For more information, call Addabbo’s office at 718-738-1111.

<p>• LEGAL NOTICE</p> <p>Notice is hereby given that an Order entered by the Civil Court, Queens County on October 25, 2021, bearing Index Number NC-000723-21/QU a copy of which may be examined at the Office of the Clerk, located at 89-17 Sutphin Boulevard, Jamaica, NY 11435, grants me (us) the right to: Assume the name of (First) KRYSTAL (Middle) ALEXANDRA (Last) VIAFARA RUIZ My present name is (First) KRYSTAL (Middle) ALEXANDRA (Last) GONZALEZ (infant) The city and state of my present address are Woodside, NY My place of birth is Queens, NY The month and year of my birth are April 2008</p>	<p>• LEGAL NOTICE</p> <p>Notice is hereby given that an Order entered by the Civil Court, Queens County on October 18, 2021, bearing Index Number NC-000685-21/QU a copy of which may be examined at the Office of the Clerk, located at 89-17 Sutphin Boulevard, Jamaica, NY 11435, grants me (us) the right to: Assume the name of (First) ISABELLA LOUISE (Middle) BALABAT (Last) ROSALES My present name is (First) ISABELLA (Middle) LOUISE (Last) ROSALES (infant) The city and state of my present address are Sunnyside, NY My place of birth is STATEN ISLAND, NY The month and year of my birth are July 2018</p>	<p>• LEGAL NOTICE</p> <p>Notice is hereby given that an Order entered by the Civil Court, Queens County on October 18, 2021, bearing Index Number NC-000712-21/QU a copy of which may be examined at the Office of the Clerk, located at 89-17 Sutphin Boulevard, Jamaica, NY 11435, grants me (us) the right to: Assume the name of (First) DODA (Last) NIKIC My present name is (First) DON (Last) NIKIC The city and state of my present address are Sunnyside, NY My place of birth is MONTENEGRO The month and year of my birth are February 1950</p>
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