

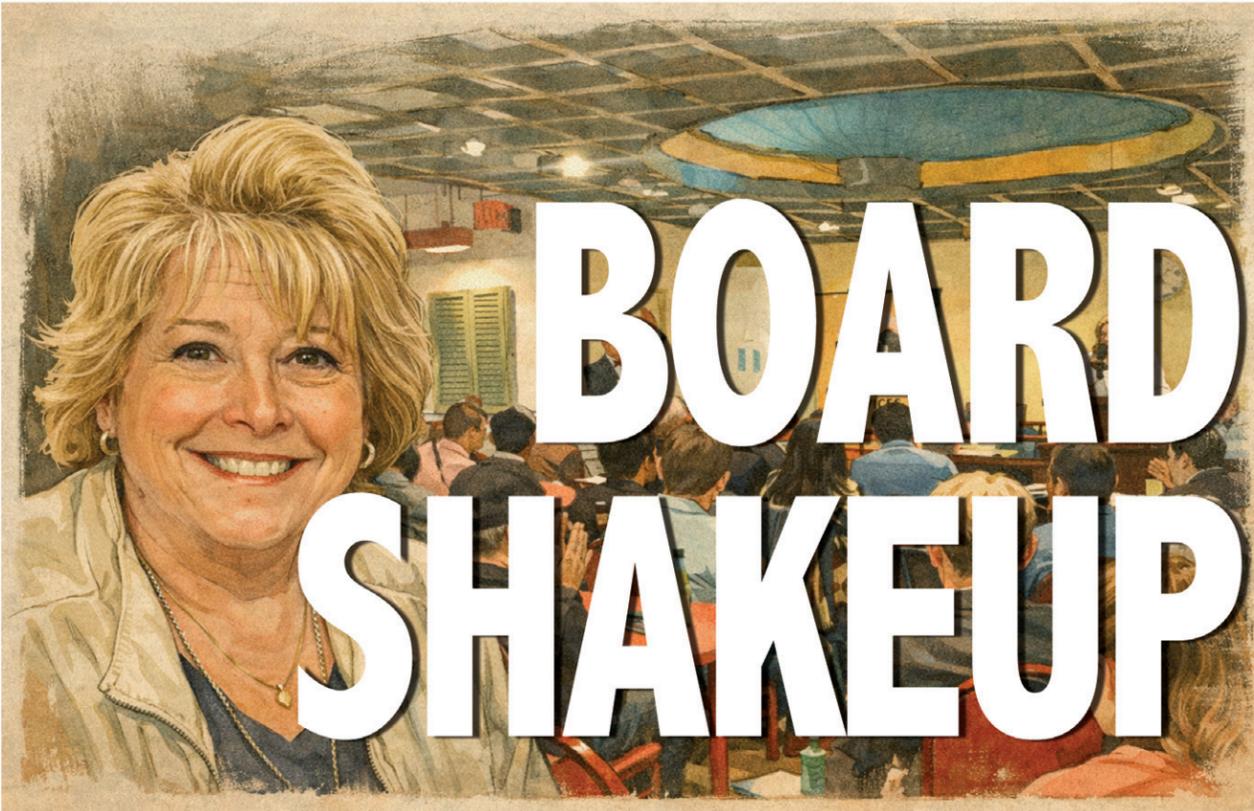
# WOODSIDE HERALD

SERVING SUNNYSIDE-WOODSIDE AND LONG ISLAND CITY

VOL. 93 NO. 10

WOODSIDE, L.I.C., N.Y. FRIDAY, MARCH 6, 2026

FREE



by Dr. Sharon M. Cadiz

The recent firing of the Community Board 2 District Manager Debra Markell Kleinert has triggered shockwaves of reaction among her colleagues. The firing is reported to have launched a major upset among 47 of the 50 district managers across the city who drafted an open letter of protest. In the letter they proclaimed their support for the quality of her long-term performance, noting that she has served with "dignity, professionalism and distinction."

Community Board 2 Chair Anatole Ashraf is said to have shared that it was a collective decision of the Board at a special meeting that was convened on February 12th. There appears to be no clear explanation as to grounds warranting her dismissal beyond the fact that she was an employee with "at-will" status. It is unclear if there were performance issues governing the decision; and in the letter from her colleagues they insisted that even at-will employees "deserve due process and an understanding of why they were fired." In the absence of further details, it is suspected that the cause of the firing might have been personal in nature.

What has surfaced to suggest a context for the firing of Debra Markell Kleinert from her position as District Manager is a discussion at the February 5th meeting where there was reportedly "a terse exchange between Ashraf and Markell Kleinert." The firing has also been described as "political purging." In any case, it appears highly unlikely that the decision for her termination will be overturned.

The larger issue related to this recent development in local politics is the negative ripple effect that will likely linger and contribute to reactions that will foster high levels of distrust and animosity among groups and individuals within the community. Regrettably, political differences and related decisions can spark a climate of conflict that challenges the very purpose and mission of Community Boards. They are charged with serving "as the most local, grassroots level of municipal government;" acting as a direct link between neighborhoods, city agencies, and elected officials as advisory bodies advocating for local needs and voicing concerns that are considered in municipal decision-making to improve quality of life within their specific area. There are instances such as this when the dynamics can lead to polarizing political differences that stifle the execution of those duties. At this point, it is difficult to understand how this firing decision serves the needs of the community.

In the interest of full-disclosure, the community deserves to know what factors contributed to the firing decision. Without clarity and understanding, we will continue to stumble over the all too familiar pattern of choosing sides; making enemies and nurturing grievances that will divide and diminish the efforts that are intended to build, unite, and strengthen our communities. If the decision making body comprised of the Community Board 2 members cannot offer an open forum for disclosure of how and why the firing decision was reached, it will in effect devalue their role in the performance of their public service duties. Clearly, they have been given the discretion to fire an employee "at will;" however, it seems that causal factors leading to that decision should be openly shared to prevent any residual fallout. If we do not hold ourselves to a high standard of conduct and transparency at the local level, how can we expect 'big' government to function in a responsible and accountable fashion.

## ST PAT'S FOR ALL

Photos and Story by Thomas J Mituzas



The 27th annual St. Pat's for All Parade took place on Sunday, March 1st, in the neighborhoods of Sunnyside and Woodside. It commenced in Sunnyside at the intersection of 43rd Street and Skillman Avenue, proceeding eastward along Skillman Avenue before turning north onto Woodside Avenue and concluding at 58th Street in Woodside. The Parade operates under the guiding principle of "Cherishing All the Children of the Nation Equally," a motto derived from the 1916 Easter Rising Proclamation. This foundational document, read by Patrick Pearse on April 24, 1916, outside Dublin's General Post Office, proclaimed Ireland's independence from the United Kingdom, established a provisional government, guaranteed religious and civil liberties, and promised equal rights for all citizens.

(continued on page 5)

Attorneys – at – Law  
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 in Sunnyside/Woodside by appointment**

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*Overlooking the Rockefeller Center Skating Rink*

**Serving the Community Since 1947**  
*We are proud that our late senior partner, Benjamin Shaw, was founding  
 lawyer for Sunnyside Community Services celebrating it's 50th Anniversary.*

# HOW TO MANAGE YOUR MENTAL HEALTH

by Stan Popovich

Are you having trouble finding places to get some assistance for your mental health? Nowadays, many places have waiting lists, and some places can be very expensive. This can be very frustrating when you need help right away. As a result, here are 7 options you can use to start the process of getting some assistance as quickly as possible.

1. **Contact your doctor:** Your doctor is a great source in finding available mental health resources in your area. Explain your situation to your doctor and ask if he or she knows of anyone that can help you. Chances are your doctor will be able to give you some referrals.
2. **Go to the nearest hospital:** Your local hospitals can give you immediate assistance for your mental health issues. The people who work at a hospital know of other professionals in your area that can provide you with additional treatment. In addition, some hospitals may offer various mental health services that are available to the public.
3. **Talk to the insurance companies:** Your insurance company can provide a list of mental health services and other treatment programs that are covered in your health plan. If you do not have health insurance, you could still contact some of those companies and see if they can point you in the right direction regarding your current circumstances. There could be some affordable programs in your area that you do not know about.
4. **Talk to the local churches:** Your local churches may know of programs in your area that you could go to in overcoming your anxieties and stresses. Many churches offer mental health and addiction programs that anyone can take advantage of. A priest or minister can also provide additional advice to your situation.
5. **Find a support group:** There are all kinds of mental health support groups that can help you with your issues. Go to a support group in your area and meet people who are also struggling with addiction and depression. A person can go on the internet or talk to some of the local mental health organizations to get more information about what is in their area.
6. **Network with others:** Many people have dealt with fear and anxiety sometime in their life. Talk to the people that you trust to see if they have any suggestions on where you can go for some assistance. Make sure that your friends can keep things confidential and do not get into the habit of giving out too much personal information to others.
7. **Contact your local mental health organizations:** There are many private, public, nonprofit, and governmental organizations that specialize in various mental health services that you can talk to for some assistance. The people at these places can give you some ideas on where you can find some mental health programs and counselors that can help you right away.

Call us **718-786-4141**

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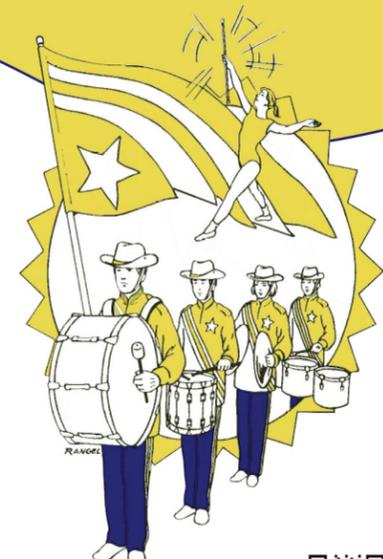
**NO** experience needed  
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- Self-Esteem
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- Team-Work
- Excellence
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- Friendship

**Saturday morning**  
**10am - 12pm**

**Sunnyside Drum Corps**

Get more info at  
[sunnysidedrumcorps.com](http://sunnysidedrumcorps.com)




All Saints Church 43-12 46th Street Sunnyside



## Parent Advisory Board Meeting

*Community Mental Health Lab Series:  
Creating, Connecting, and Caring Together*

**PART 2 | COMMUNITY SPEAK OUT &  
TEEN VIOLENCE AWARENESS MONTH**

Wednesday, March 11, 6:30pm | Virtual



**DONOVAN RICHARDS JR.**  
QUEENS BOROUGH PRESIDENT

# QUINN MINUTE – FINDING A CAREER

by Rix Quinn

I'm jealous of people who find their life's work early. For some, the discovery starts in elementary school. Ray was a very likeable, outgoing guy. He got along well with everybody, including the teachers. The rest of us tried to stay under a teacher's radar, praying they would not call on us. We never raised our hands unless we wanted a trip to the restroom.

In music class we were required to sing solos. The girls would sing something sweet and lyrical. But guys would pick simple tunes that required little vocal range.

We each stood up, bellowed something resembling a moose call, and sat down. If the entire song was just three or four notes, we were fine with that. But Ray would stand, and he'd say something like "I'd like to sing one of my Broadway favorites." Then he'd launch, acapella. This amazed the girls and horrified the guys. Around sixth grade Ray's voice changed to low baritone, and he occasionally gave school announcements. By high school, this guy started working part-time in local top 40 radio, writing humor segments and making actual money. By college he had his own talk-music show, and then he hit the big time. He was hired by larger and larger radio stations, and then for decades he had his own morning show in a major market.

Today he owns a company that records both his and other professional voices. I still hear him in commercials. I ran into him at a grocery store not long ago. He greeted me and started talking. But I couldn't help feeling like that voice was coming out of the radio.

## WOODSIDE HERALD

**718-729-3772**

email: [ssabba@woodsideherald.com](mailto:ssabba@woodsideherald.com)



writers  
wanted

**VOLUNTEER POSITION**

## WOODSIDE HERALD

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# REALITY HOUSE HONORS LT. GOVERNOR DELGADO



by Dr. Sharon M. Cadiz

As Black History Month drew to a close, staff and clients of Reality House (located at 31-75 23<sup>rd</sup> Street, 4<sup>th</sup> Floor, Long Island City, NY 11106) honored Lt. Governor Antonio Delgado. He has the distinction of being “the first African-American and the first person of Latino descent to be elected to Congress from Upstate New York as well as the first Latino to hold statewide office in New York.” He formerly served as the U.S. Representative from New York’s 19<sup>th</sup> congressional district from 2019-2022, before assuming the role of Lt. Governor. As an attorney and graduate of Harvard Law School he has spent ten years in political office. In his remarks, Lt. Governor Delgado shared how his faith, family and community connection keep him grounded. He spoke about the importance of accountability in political leadership; citing how the power afforded to political leaders can become dangerous, if they forget who gave them the power. The event unfolded with celebratory recognition for his accomplishments and a program that included “spoken word” and musical performances coordinated by Reality staff member Lorraine Moore, along with the support of the Program Director Terrence Reid and Chief Administrative Officer Dawn Reaves.

On hand for the event were Amanda De Santis, Chief of Staff for the Office of Lt. Governor and community partners that included MD Noman, CEO of Tribune Training Academy, along with Katherine Munguia (40-38 75<sup>th</sup> Street, Elmhurst, NY 11373); Megan Hoare, Outreach Coordinator for Comprehensive Employment Services at NADAP (355 Lexington Avenue, 2<sup>nd</sup> Floor, New York, NY 10017); and Alma Cruz and Yanay Williams representing The Floating Hospital (21-01 41<sup>st</sup> Avenue Long Island City, NY 11101).

The Lt. Governor is quoted as saying: “Grateful for the opportunity to join the community at Reality House in Queens. Every time I visit, I walk away inspired by the power of community-based recovery programs designed to help individuals achieve independence, maintain health, and contribute to their communities.”

Reality House is a non-profit program providing medically supervised outpatient and rehabilitative residential addiction treatment and mental health care. For more information, call 212-281-6004 or email: info@rhi.org.

## Annual Black History Month Celebration

Wednesday, March 18, 6pm

Refreshments at 5pm and program at 6pm

Helen Marshall Cultural Center at Queens Borough Hall  
120-55 Queens Boulevard, Kew Gardens, NY

DONOVAN RICHARDS JR.

QUEENS BOROUGH PRESIDENT

## Council Member Won’s Statement: Proposed Sunnyside Yards Project

“One day after President Trump’s State of the Union, where he attacked and degraded our immigrants and trans communities, the mayor opted to meet with the President re-proposing a failed housing project in my district. Six years ago, Congresswoman Alexandria Ocasio Cortez, Senator Gianaris and my predecessor— Council Member Jimmy Van Bramer, along with community advocates, ended the Sunnyside Yards project due to a myriad of concerns.

Any proposal that reshapes Sunnyside Yards must begin with the neighbors who live here. Our community deserves a seat at the table long before anyone, including the mayor, makes headlines in the Oval Office especially for a project they have previously rejected. Currently, there are no public approvals in place for this project— City Hall should commit to a ULURP process with the Council and the community for such a significant change for a project of this scale. The City’s housing crisis demands solutions that center local voices and working families. Community centered planning requires transparency, early engagement, firm commitments to affordability, social infrastructure, feasibility, and protections against displacement. I welcome the opportunity to build more deeply affordable housing and other federal investments for public transit and other infrastructure, but it cannot be done behind closed doors unilaterally.



02/27/2026

Hey Ridgewood, want **M**ore subways?

# QueensLink Town Hall

At the Ridgewood Democratic Club  
Mar. 10th, 7PM  
60-70 Putnam Ave. Ridgewood, NY



**W**oodside  
**ON THE MOVE**  
51-23B Queens Blvd Woodside, NY 11377

woodsideonthemove.org

# Upcoming Workshops



**03/10**  
Tuesday

**Housing Legal Consultation**  
10am - 4pm | 51-23B Queens Blvd.

Work in-person with a housing attorney.  
45 minute consultation. Spanish available.

↗

**03/24**  
Tuesday

**Know Your Rights**  
6pm - 8pm | 51-23B Queens Blvd.

Learn your tenant rights, NYC rent policies,  
and get answers from housing experts.

↗

**03/26**  
Thursday

**Immigration Consultation**  
10am - 4pm | Virtual Call

Work virtually with an immigration attorney.  
45 minute consultation. Spanish available.

↗

Call to schedule appointment

(718) 476-8449



# GET BACK OUT FOR A CHANGE

by Cyclo Pete

Happy trails, Woodsiders! As winter 2026 marches on, let's take some time to take stock of the season and prepare for warmer and brighter days ahead. It has been a long one, and it ain't over til later this month, but we can always prepare to get back on the bike so we're ready to go the same day everyone else takes out their shorts. Let's roll!

### Change Patterns

Extreme weather certainly influences our behavior. We cross to the sunny side of the street in winter and to the shady side during the summer. And unless you're a potentially unhealthy mixture of foolhardy and courageous you probably shelved your bike for a decent chunk of the last three months. Did you miss it? If you take the Manhattan-bound train at 69th or 52nd, you surely did. Perhaps the wistful period served to highlight an errand or outing that a bike ride would make that much easier. Let's build back our biking routine on these thoughts in the spring, before the winter is so far in the rearview that we forget all those rides we yearned to take when we couldn't.

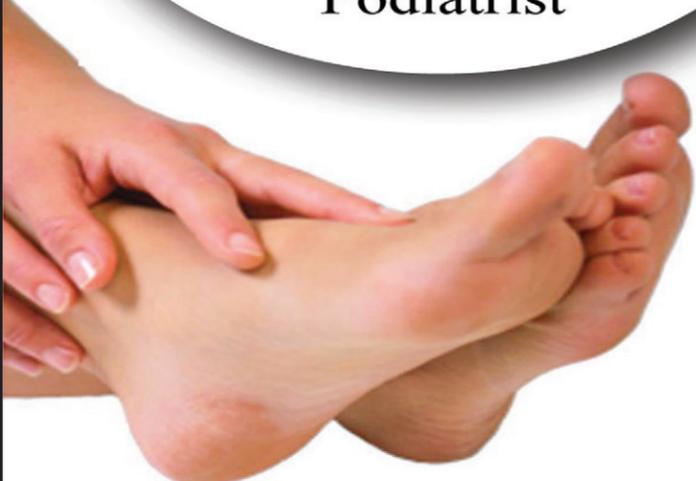
### Gear Up

Spring riding, when safe to achieve, is one of the toughest seasons to dress for. The wild swings from comfortable riding temperatures to bone chilling wind-chilled conditions take some planning in advance. Now is a great time to pick up some "end of season" layers that you may not have. Enter the light packable jacket. Not meant to be your main piece off the bike, by all means wear your fashion jacket or hoodie out, but if you pack your helmet, also reach for your jacket. And packable doesn't need to mean that it zips into its own pocket, that's a gimmick. A decently protective but still ventilating layer can start around \$20-\$40 at your local discount shop and will pack down very small in your back. Grab one while they're cheap and in stock in your size!

Are you ready for winter to be over? You're not alone! So here's to wider snow-free streets and sidewalks, warmer days, and longer nights starting this weekend! Say what you will about the need for losing an hour of sleep, it's almost time to get back out and rolling. So until then, let's get ready to ride safe, Woodside!



**Dr. Richard Belli**  
Podiatrist



***"My specialty is Podiatry. That is Podiatric Medicine, Surgery and Orthopedics."***



**Hours**

Thurs. 12-5  
Tues. / Wed. / Sat. 10-3

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**108th Precinct Community Council Meeting**



Here is the current meeting schedule for the first half of 2026

Meetings in Sunnyside will be held at the Sunnyside Community Center, located at 43-31 39th St, Sunnyside, NY.

Meetings in Long Island City will be held at Culture Lab LIC, 5-25 46th Ave, Long Island City, NY 11101

- January 28th, at 7 pm in Sunnyside
- February 24th, at 7 pm in Long Island City
- March 31st, at 7 pm in Sunnyside
- April 28th, at 7 pm in Long Island City
- May 26th, at 7 pm in Sunnyside
- June 24th, at 7 pm in Long Island City

**Executive Board**

President Kevin Romero  
Vice President Tommy Mituzas  
Sgt. Of Arms Richard O'Connor



**108th Precinct**  
Commanding Officer:  
Captain Hameed Armani  
108 Community Affairs:  
P.O. Francisco Maria  
P.O. Shiva Sharma

To donate to the 108 Precinct Community Council, contact:  
Kevin Romero at (917)-670-4463, or  
P.O. Francisco Maria at (718)-784-5420



108th Precinct Community Council



SUNNYSIDE SHINES PRESENTS

# HOLI Celebration

**FRIDAY, MARCH 6**

**5:30 pm - 7 pm**

**Sunnyside Community Services**

**43-31 39th St**

**Food and Performances By:**



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Dance Troupe**



**Bharati Sukul Kemraj of the Bharati  
Foundation**



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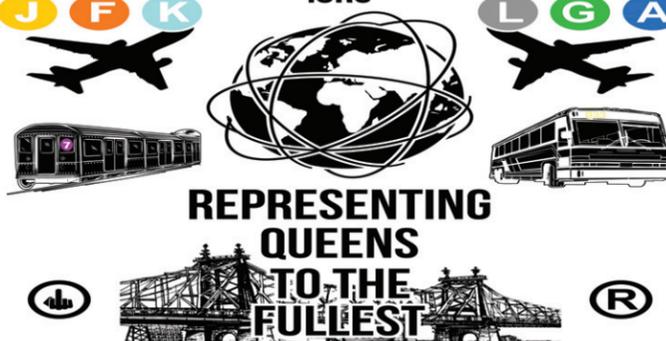
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Sunnyside, NY

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[SSabba@woodsideherald.com](mailto:SSabba@woodsideherald.com)

**WOODSIDE HERALD**  
SERVING SUNNYSIDE-WOODSIDE AND LONG ISLAND CITY



718-472-4585



# Medicaid Recipients

You may be eligible for food, housing, and transportation support. To learn more and complete a screening, please contact our team at **877-577-9337** or email **careconnections@scsny.org**. We're here to help!



Public Health Solutions | WholeYouNYC



Assembly Member  
**JESSICA GONZÁLEZ-ROJAS**

## PAPER SHREDDING EVENT

**SATURDAY, MARCH 7, 2026**  
**10:00 AM - 1:45 PM**

GET YOUR PERSONAL DOCUMENTS SHREDDED FOR FREE!

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62-07 Woodside Ave, 3rd Floor  
Woodside, NY 11377

### Blessed Virgin Mary St. Mary's Winfield

Thursdays, 9:30-11:45 a.m.  
70-31 48th Ave, Woodside, NY 11377

### Hour Children - Hour Pantry

Mondays & Thursdays, 2-4 p.m.  
Tuesday, 10:30 a.m.-12:30 p.m.  
36-49 11th St, Long Island City, NY 11106  
(inside St. Rita's parking lot)

### Iglesia Alianza Cristiana Misionera Ebenezer

Saturdays, 8 a.m.-1 p.m.  
43-02 38th St, Long Island City, NY 11101

### Jacob A. Riis Neighborhood Settlement After School Program

Monday through Friday, 3-3:30 p.m.  
10-25 41st Ave, Long Island City, NY 11101

### Jacob A. Riis Neighborhood Settlement Hot Meal Distribution

Tuesdays, Wednesdays, & Thursdays,  
11:30 a.m.-12:30 p.m.  
10-25 41st Ave, Long Island City, NY 11101

### La Jornada

Wednesdays, 8 a.m.-1 p.m.  
Saturdays, 8 a.m.-1 p.m.  
39-04 61st St, Woodside, NY 11377

### St. Raphael RC Church Food Pantry

Thursdays, 10:30 a.m.-12 p.m.  
Saturdays, 1:30-3 p.m.  
35-20 Greenpoint Ave, Long Island City, NY 11101

### St. Teresa Church Saint Vincent DePaul Society

Tuesdays, 4-5:30 p.m.  
50-20 45th St, Woodside, NY 11377

### The Urban Upbound Bread of Life Pantry

Tuesdays & Thursdays, 12-3 p.m.  
Wednesdays, 11 a.m.-2 p.m.  
Thursdays, 12-3 p.m.  
38-49 12th St, Long Island City, NY 11101

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71-02 CYPRESS HILLS STREET  
THURSDAYS @8:00AM  
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- FENIX COMMUNITY FRIDGE  
586 SENECA AVENUE  
FRIDAYS @5:00PM  
(718) 821-2121
- CENTRAL QUEENS Y-FOOD  
PANTRY  
108-13 67<sup>TH</sup> RD, FOREST HILLS  
(718) 268-5011
- COMMUNITY CENTER SERVICES  
ORGANIZATION  
93-15 CORONA AVENUE ELMHURST  
(332) 228-8525
- ST. THERESA CHURCH, ST. VINCENT  
DEPAUL  
50-20 45<sup>TH</sup> STREET WOODSIDE  
(718) 784-2123
- EVANGEL FOOD PANTRY  
39-21 CRESCENT ST, ASTORIA  
(718) 361-5454
- RIDGEWOOD COMMONS  
585 WOODWARD AVENUE

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## Navigate The System



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EMAIL: hlbrick@aol.com  
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To find a food bank in your area visit:

[bit.ly/Food-Bank-Locator](http://bit.ly/Food-Bank-Locator)



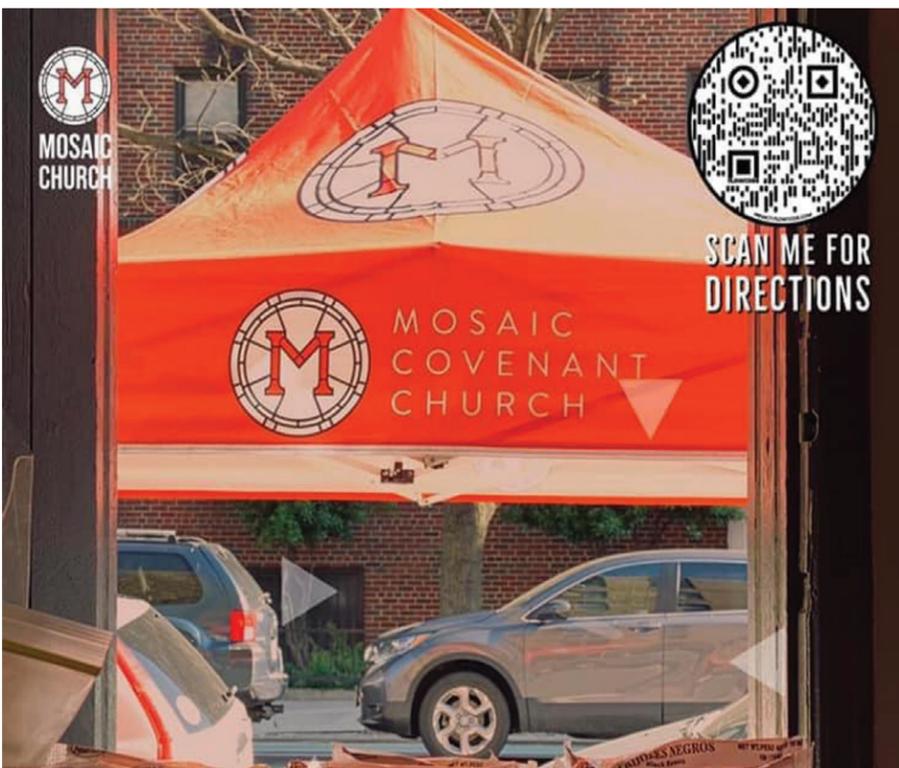

MOSAIC CHURCH



SCAN ME FOR DIRECTIONS



MOSAIC COVENANT CHURCH



**FREE FOOD PANTRY**  
MOSAIC COMMUNITY CENTER  
43-01 46TH ST  
DONATIONS ARE GREATLY APPRECIATED  
MON-FRI  
5-8PM

Deanery Queens<sup>2</sup>  
**FOOD PANTRY**  
*Dispensa de Comida*



<p><b>St Theresa of Lisieux</b> 50-20 45th Street Woodside, NY 11377 718-784-2123 - Office</p> <p>Food Pantry is Open Tuesday 3:00PM to 4:30PM</p> <p><a href="http://www.SaintTeresaChurch.org">www.SaintTeresaChurch.org</a></p>	<p><b>Corpus Christi</b> 31-31 60th Street Woodside, NY 11377 718-278-8114 - Office</p> <p>Food Pantry is Open Wednesday 11:00AM to 1:00PM</p> <p><a href="http://CCWoodsideNY.org">http://CCWoodsideNY.org</a></p>
<p><b>St. Raphael</b> 35-20 Green Point Ave Long Island City, NY 11101 718-729-8957 - Office</p> <p>Food Pantry is Open Thursday 10:30AM to 12:00PM Saturday 1:30PM to 3:00PM</p> <p><a href="http://StRaphael-Queens.org/">http://StRaphael-Queens.org/</a></p>	

For more information on Helping the Needy  
Click on [Deanery Q2](http://DeaneryQ2)  
Or Use the QR Code



[www.DeaneryQ2.org](http://www.DeaneryQ2.org)

