

WOODSIDE HERALD

SERVING SUNNYSIDE-WOODSIDE AND LONG ISLAND CITY

VOL. 92 NO. 10

WOODSIDE, L.I.C., N.Y. FRIDAY, MARCH 7, 2025

FREE

ST PAT'S FOR ALL



The St. Pat's for All Parade lit up Queens this past weekend with a lively celebration of Irish culture and community spirit. Now in its 26th year, the parade has become a cherished tradition, welcoming people from all walks of life to join in the festivities. Led by grand marshals Judy Collins, the acclaimed singer-songwriter, and Micky Murray, Lord Mayor of Belfast, the event brought together over 100 groups. The streets of Sunnyside and Woodside buzzed with energy as musicians, dancers, local organizations, and families marched proudly, creating a colorful display of unity and heritage. This year's parade was not just a nod to Irish roots but also a powerful reminder of the strength found in community connection. With vibrant floats, traditional Irish music, and joyful cheers filling the air, the event left everyone with a renewed sense of hope and togetherness — a true celebration of the spirit of St. Patrick's Day.



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HOW TO DEAL WITH A DIFFICULT BOSS AT A JOB YOU LOVE

by Stan Popovich

What can you do if you like your job, but your boss causes you a lot of stress and anxiety? It can be stressful to be at your place of employment and have your supervisor constantly get on your case. As a result, here are seven tips on how you can deal with a difficult manager at your current job.

1. **Don't rush to conclusions:** Do not be quick to make judgements about your boss. Give it a month or two to see how things work out before getting upset. It usually takes some time to adjust to changes that take place regarding your job.

2. **Improve your work performance:** If you get a new boss, try doing some extra work to show that you are a good and dependable employee. A few extra hours of work during the week could impress your manager and could improve relations. Many managers like employees who go the extra mile.

3. **Try to reduce any future problems:** It is important to make sure you plan ahead to help reduce any potential issues that might occur between you and your manager. Make sure you meet all of your deadlines and talk to your manager if you have any questions about your performance.

4. **Watch your actions:** Be careful what you talk about when hanging out with others in your office. Do not talk about politics, religion, or any other sensitive topics that could get you into trouble. Focus on trying to do the best job you can instead of worrying what everyone else is doing.

5. **Focus on what your boss likes to do:** It doesn't hurt to ask your manager what they like to do when they are not working. Show an interest in what your manager likes to do. This will help to get to know your manager as a person rather than just as a boss.

6. **Talk to a career counselor for advice:** If you're still having trouble with your manager, talk to a career counselor who can give you advice on what you can do. Do not be quick to make any career decisions that could cause problems for you down the road.

Remember to take things one day at a time. Instead of worrying about how you will get through the rest of the week, try to focus on today. Each day can provide us with different opportunities and that includes learning how to deal with your problems at your job. Have an open mind regarding your current job and be on the lookout in finding ways to maintain the peace with your supervisor.

7. **You always have options:** Sometimes a person may need to change departments or find another job if they do not like working for their current supervisor. Do not be afraid to change jobs if it means that you will be happier. It is important to enjoy what you are doing and to work with a supervisor who is understanding and easy to work with.

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WHY I CARRY A BUSINESS CARD

by Rix Quinn

When I'm at an event with people I've never seen before, I depend on my business card for salvation. Even if you don't have a job, a card lets you display credentials to get one. You never get a second chance to make a first engraved impression. If Bob spends his life daydreaming, he can't brag about that on a resume'. But if his business card claims he's a "futurist," you'll consider him a dude with potential.

Educational titles on cards impress me. If you've got more degrees than a meat thermometer, a calling card is the place to display them. I've got a business card with both name and photo on it. It's not a good picture, because I look either surprised or confused. But I think that's a good way to get attention.

Pictures help people remember you better. Folks tell me I look very much like their ex-husband. That can be either good or bad. How else do you make your card stand out? How about a card that folds in half? Or one that's magnetic? If the card sticks on a customer's refrigerator, maybe your name will stick in their memories too.

What's the most impressive job name? One of my friends started a business. He wanted a title both impressive and vague.

WELCOME TO AMERICON

by Dr. Sharon M. Cadiz

All political parties are flawed because human beings are flawed. Although we can accept and acknowledge this reality of human nature, we must also recognize that we are currently seeing an amplification of the worst in politics and the worst in people who are supposed to have an allegiance to the welfare of a nation, not a leader. The result is that we are creating a national profile that showcases all of our nation's failings. The throng of supporters for this public display remind me of the passionate comic book fans who frequent "Comic Con," so I have taken the liberty of labeling the current depiction of the country as "Americon." I choose to remain an American and continue to do the work just like a caregiver tending to a sick relative.

The current "rebranding" speaks to the trend that popularizes the use of cut throat methods; high pressure bullying under a business model that reveres money as "king." This spectacle unfolds like some bizarre spectacle that celebrates the kinds of power plays one would expect to see in a comic book or action movie complete with villains and marginalized protagonists to create a bit of tension and suspense to hold the interest of the audience of onlookers. Americon is the unfortunate and tragic result of this amalgamation of actions and appetites coming together. So-called humanitarian gestures are steeped in a deal making framework that puts profit and gain ahead of people's safety and well-being. Retaliation, revenge, retribution and humiliation are the weapons used to maintain power and control against opposition. From this vantage point, those who oppose these methods are contrasted with an image of weakness and impotence. In "bottom line" terms, Americon could not be a reality without the fans that support it.

The reckoning that I have written about is the moment when this game of winners and losers is halted; when enough people realize the harmful consequences of playing. This week, in an act of self-interest, I pondered reasons for the recurring nightmare of leaders and their followers who endorse, in word and deed, the goal of striving to rule the world. History has shown that those who are grasping and controlling to an extreme; making a mad dash to claim and retain power, in reality are vulnerable insecure people who only feel safe with absolute power. If we were to consult with Stalin of Russia about his use of what is described as "strong state leadership and suppression of opposition" to achieve his goals for Russia's growth, we might find that he used the tactics which included detaining and killing those who opposed him as a way of protecting his ideas and choices. Just last night I saw a segment of a program reporting on grandmothers in El Salvador who took on the mission to find the children of women who were abducted while pregnant then murdered after their babies were born. As a part of this past political action against those in opposition, the babies were given to childless members of the military regime to raise. The report also highlighted the tireless search of one woman for her brother. Both were among the babies who were given away. The efforts to recover, restore and rebuild is left to the survivors of such horrors and so life goes on, but I have to ask myself why must we continue in this destructive pattern.

If we look at the fictional examples from literature or the entertainment industry, the profile would be the same. Darth Vader and Voldemort are just two examples of the archetypal characters driven in their pursuit of ultimate power and control. On the lighter side, we have the Wizard of Oz, although less lethal in his approach, he wanted to control from behind the curtain where he felt protected and safe as he implemented his will over the lives of the inhabitants of Oz. I am also reminded of Flash Gordon and the villain Ming "The Merciless." Ming was another fictional character that originated in the 1934 comic strip going on to be a part of a "cliffhanger" serials, films and television shows. Like Darth Vader and Voldemort, Ming was a "dark lord." There is some aspect in each that masks, conceals or uses subterfuge to gain and retain power that seems to satisfy the basic need for safety or protection against extinction from external threats and opposition. To my mind, that reveals how weak and vulnerable they are and causes me to think about how fear and insecurity breed horrifying actions which get played out in fictional story lines and actual reality. The repeated theme illustrates our collective familiarity and fascination with harsh, dictatorial leaders who seek absolute power. The formula works when there are enough people who relinquish their power to such leaders. Perhaps it is time to move forward and "turn the page" for the advancement of humankind; not continuing the human race to an imagined finish line, but to the development and betterment of all.

Since November of 2024, we have witnessed how the dynamics of power and control have unfolded for Americon; the alter ego of America. For some, the stark realization of how the media is largely owned by billionaires and trillionaires came with the discovery that the Washington Post is owned by Jeff Bezos of Amazon (Sounds like a comic strip character). The current changes that could impact the military and national security represent another part of the picture as a strategy to command both the media and the military under one leader and that leader's allies. Each week there are more and more officials and working people on the 'firing line' in what seems to be a hostile takeover.

The hour is late and there is no time to linger in bed oversleeping; waiting for this nightmare to pass. I am urging us all to boldly step up to, in the words of a former president, "build back better" right where you live with the highest ideals for how you, your family and neighbors can thrive; not just survive. Even as the prime movers and shakers in this real life drama resort to pressure, false promises, evasiveness and cowardice, we must strive to prevail by healing the worst of America; it's racism, sexism; ageism; bias; bigotry; violence; inequality, indifference and injustice, and the like. We are not a nation of cowards. We, in fact, are a nation of people who are getting a lesson in the consequences of being divided along the fault lines of those negative qualities. If we can manage to wake up from this episode of night terror to embrace a new reality, perhaps we can turn on the 'light' and send the frightened, power seeking villains scrambling and running for the nearest exit. Tragically, if we do not respond to this call to action, we will ultimately have to retire the flag and the creed of our United States hanging up a new sign that says: "Welcome to Americon" where journalists are jailed; wars are business deals, civilians are expendable, asylum is criminalized and criminals are given asylum. See you in the funny papers! (Postscript: Ask an elder about this way of signing off and saying good-bye. It may make for an interesting conversation and serve as an installment on healing a generational divide).

Drivers	Students
Slow down Stay off your phone	Stay alert Walk on sidewalks
Watch for kids Follow rules	Wear your helmet on a bike Put away electronics

FOR IMMEDIATE RELEASE Local Youth Program AHYES Hosts Poetry Event

Chateau Le Woof at 31-01 Vernon Blvd. welcomes AHYES for an evening of poetry on Thursday, March 13th at 6:30pm. The event is open to the public and features local poets and an Open Mic segment to inspire more awareness about the timeless value of this literary art form. Featured in the program will be Dr. Barbara Bethea, Maria Lisella and Aiysha Mayfield. Dr. Barbara Bethea is a poetry therapist who has lived and worked in the area for many years supporting youth and other vulnerable populations. Maria Lisella is the sixth Queens Poet Laureate with a distinguished record of achievement that includes being awarded an American Academy of Poets Laureate Fellowship. Aiysha Mayfield has a long and varied record of accomplishments that have utilized her talents as a writer in the service of youth and the community; in addition to being a former community liaison for Assemblywoman Catherine Nolan. The evening promises to be a wonderful gathering showcasing local talent.

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CELL: 917-502-5445

Please email Articles, Photos, Letters and Opinions for Woodside Herald to

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ALWAYS TAKE THE LONG ROAD

by Cyclo Pete

Happy almost spring, Woodsiders! Regardless of what the marmots saw last month, I can say one thing for sure, I got back on my bike this week and wore my sunglasses on my bike ride home. The temperatures and infamous March winds can be fickle, but why not take stock after some time off the bike and bring some new ideas to our rides this year? Let's go!

Ride Like it's Dark

One of the most frustrating things about riding a bike in the city, even as bike lane miles have grown, are those little gaps in the network. Those spots where you just don't feel safe, or that barely missed connection that forces you to go around the block or ride a few blocks in the wrong direction, adding what feel like unnecessary turns, conflicts, or minutes to your ride. A few years ago, after a long winter I decided to ride with lights on every ride all year, no exceptions. This year I am taking things a step further and am always taking the long road. There are a few pinch points on my regular routes that I avoid seasonally in the dark. Starting this spring, I am avoiding them altogether and taking the safer, and yes the longer, route every time.

Walk Your Shared Bike

Another thing I've started doing more consciously is walking my Citi bikes at the beginning or end of my ride. One of the great things about bike share is the impromptu nature of being able to pick up a bike. But that's also one of its pitfalls with people riding to and from stations in all directions. If you pick up a bike outside of the 46th St. station, do not ride the wrong way down 46th Street towards 43rd Avenue, or worse Skillman. Undock and walk one block east to 47th Street and take its northbound bike lane. Take the slightly longer route!

Riding in the winter is a great lesson in safety, so why not heed those lessons all year? Too much can go wrong in the few minutes you save by "salmoning" for a couple of hundred yards. Judge safety by what can go wrong, not by assuming nothing will go wrong. So to use another tired adage, take the extra mile this year, and ride safe, Woodside!

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W O I M Woodside ON THE MOVE

MONTHLY WORKSHOP SCHEDULE MARCH 2025

04 TUESDAY	HOUSING CONNECT 10AM - 4PM 51-23B QUEENS BLVD.
11 TUESDAY	1:1 LEGAL CONSULTATION 10AM - 4PM 51-23B QUEENS BLVD.
18 TUESDAY	BENEFIT SERVICES WORKSHOP 10AM - 4PM 51-23B QUEENS BLVD.
25 TUESDAY	KNOW YOUR RIGHTS 6PM-8PM 51-23B QUEENS BLVD.

ALL WORKSHOPS REQUIRE AN APPOINTMENT

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JULIE WON
COUNCIL MEMBER



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APRIL 7 AND 21, 1-5 P.M.

In partnership with Communities Resist, our office is offering free, reliable, and confidential legal consultations for tenants in District 26.

Contact our office at (718) 383-9566 or district26@council.nyc.gov to make an appointment.






Affordable Housing Resource Fair

Believe New York is partnering with Stavros Niarchos Foundation Library to bring you access to resources, info, and support for NYC affordable housing and tenant needs. This tabling event will feature 20+ NYC-based service providers, including representatives from the Mayor's Office, NYC Human Resources Administration (HRA), and Housing Connect

Sat, March 15 | 11 am to 3 pm EST

Stavros Niarchos Foundation Library | 455 5th Avenue New York, NY

<https://housingfair.eventbrite.com> Register





hosted by Believe New York @ SNFL



Early Commitment Program

Submit your NYC Teacher Application by **March 6** to learn more about Early Commitment opportunities!



- ✔ Candidates in **high-need certification areas** may be eligible to receive a **commitment from a school to be hired** before the summer peak hiring season.
- ✔ Qualified candidates who accept an **early commitment offer** from an **eligible school** and complete the Early Commitment Form by June 16 may be eligible to receive a **\$1,000 stipend!**

EARLY COMMITMENT SCHOOL DISTRICTS	EARLY COMMITMENT CERTIFICATION AREAS
<ul style="list-style-type: none"> Bronx Districts 7 – 12 Brooklyn Districts 16, 17, 19, 23, 32 Queens District 27 District 75 Select Access schools Select early childhood special education classrooms citywide 	<ul style="list-style-type: none"> Students with Disabilities Math Science English as a New Language World Languages Bilingual Education Career and Technical Education



JULIE WON
COUNCIL MEMBER

UPDATE: MURRAY PLAYGROUND

- Following advocacy from Council Member Won and the community, **soil remediation** for all contaminated areas will be integrated into the **Murray Playground Synthetic Turf Field and Dog Run Reconstruction capital project**.
- The lawn areas, garden, and dog run at Murray Playground remain closed until remediation is completed.
- The **project's design phase** is expected to be completed by **Winter 2026**.
- Since February 2024, Council Member Won has continued to advocate for soil remediation and secured over **\$15.24 million for capital improvements and soil remediation**.

For more information on remediation efforts, please contact Peter Wu at peter.wu@parks.nyc.gov



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TIPS FOR YOUR PERSONAL SAFETY

What Can I Do?

- Entrance**: Use only entrances marked by a green indicator, where there is a clerk present 24 hours a day.
- Ready**: Have your money or metro card available.
- Sit**: Sit in the center of the car, away from the door, to avoid a purse or chain snatch.
- Sidewalk**: Wait for the bus on the sidewalk away from the curb.
- Off Hour Waiting Area**: Use designated waiting areas during off-peak hours.
- Wait**: Use designated waiting areas during off-peak hours.
- Awake**: Stay awake and aware and exit with the crowd.
- Jewelry**: Cover jewelry; turn stone rings toward the palm side of your hand.
- Sit in Front**: Sit near the front of the bus.
- Ride**: Ride in the conductor's car during off-peak hours.
- Walk**: Wait and walk close to the wall.
- Stay Alert**: Be aware of your wallet/purse to avoid a pickpocket.



NEW YORK CITY COUNCIL
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 COUNCIL MEMBER

KNOW YOUR RIGHTS WITH ICE

What can I do if ICE is at my door?

- You **do not** have to open the door for ICE.
- Remember **you have the right** to remain silent.

From **behind the closed door**, you can ask them who they are and to show their badge, ID, or business card through the window, peephole, or pass it under the closed door.

- If you confirm ICE/Immigration is at your door, **ask if they have a judicial arrest warrant.**
 - If they say **NO, I do not have a warrant**, you do not have to let them in. You may say, **"I do not want to speak with you."**
 - If they say **YES, I have a warrant**, ask them to slide it under the door.
 - If ICE is looking for someone who is not in your home, **you do not need to speak.**

What can I do if ICE is inside my home?

If ICE enters your home without your permission, you can tell them clearly: **"I do not consent to you being in my home. Please leave."**

If ICE starts to search rooms or items in your home, you can tell them, **"I do not consent to your search."**

If you or a loved one are at risk of deportation, make a plan.

- Explore your legal options. Talk to a **trusted attorney** and avoid fraud.
 - Call 1-800-354-0365, Monday to Friday, 9 a.m. to 6 p.m.
 - Interpretation is available
- For more information on ICE community arrests, please see IDP's longer booklet at immigrantdefenseproject.org/ice-arrests or contact KYR@immdefense.org
- If you want to report a raid within NYC, call IDP at 212-725-6422

What are my rights if I am being arrested by ICE?

- You have the right to **remain silent**. You have the **right to speak to a lawyer.**
- DO NOT LIE**. It can only hurt you in the future.
- You do **NOT have to share any information** about where you were born, what your immigration status is, or your criminal record. Ask to speak to a lawyer instead of answering questions.
- You do **NOT have to give them your consular documents or passport** unless they have a warrant from a judge.
- You do **not have to sign anything.**

Visit council.nyc.gov/julie-won/know-your-rights for additional resources in Spanish, Arabic, French, Mandarin, Korean, and Bangla.



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TEEN DATING VIOLENCE PREVENTION EVENT AT JOHN ADAMS HIGH SCHOOL

In commemoration of February as Teen Dating Violence Awareness Month and in an effort to educate youth on this important topic, Senator Joseph P. Addabbo, Jr. partnered with Day One, Safe Horizon and the NYPD to host a special presentation at John Adams High School, for its students only, on February 26, 2025. It replaced eight regular health classes with a maximum of 33 students in each class over the course of the entire day. In the future, Senator Addabbo plans to bring more special programs to individual schools around his district.

“By holding this event at a high school, we aim to empower our youth with the knowledge to recognize and prevent dating violence, fostering a safer community for all,” Senator Addabbo said.

Founded in 2003, Day One provides critical education and guidance to New York City’s youth on dating abuse and domestic violence; how to identify and maintain healthy relationships, obtain legal protection when necessary, and assist others experiencing abuse.

The presenters from Day One focused their presentation on dating and technology abuse, which is the topic the school leadership felt would be the most relevant to its students when given an array of subjects to choose from. Indeed, when asked several questions, the students’ responses were concerning. Many said they digitally share their location, phone password, and social media passwords with their partner.

Aimer Torres, one of the instructors from Day One, spoke about healthy relationships and sustaining relationships while using technology, identifying controlling and harmful aspects of technology in relationships and best practices for building safe and healthy relationships online.

Torres also shared some interesting statistics such as 50 percent of 14 – 24-year-olds experience some form of digitally abusive behavior. 27 percent have had their partner use social media to track their whereabouts and 21 percent of young people have had their partner read their texts without their consent.

“The students were highly engaged, sharing their experiences and gaining the language to define them—ultimately leaving more informed than when they arrived,” said Alexia P. Walker, Community Educator with Day One. “The more knowledge our young people have, the better equipped they are to support their peers and connect them to life-changing resources. A heartfelt thank you to Senator Addabbo for creating this invaluable opportunity for both professionals and young adults.”

When sharing tips on prevention and protection, Day One stressed that the victim is not to blame for the abuser’s actions. They recommended the following tips. Clearly state your wish to stop communication. Inform trusted individuals about the situation, avoid responding to the abuser’s messages, preserve evidence like texts, emails, etc. without responding and later decide if you would like to contact any authorities or support lines.

Safe Horizon representatives and Crime Victim Advocates from the NYPD 106th Precinct were stationed in the school’s cafeteria for the entire day to provide assistance and resources to anyone who needed it.

After the day’s events were completed, Assistant Principal Scott Silverman, offered the following words of wisdom. “Empower your mind, protect your future — choose real connections over digital distractions,” he said.

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 COUNCIL MEMBER

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- **P.S. 150 and P.S. 343 The Children's Lab School** have new crossing guards.

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 To create one, go to MySchools.nyc and click on “Create New Account.” Enter the required information. To add your child to your account, enter their 9-digit student ID number and MySchools account creation code. You can find this information by contacting your child’s school.
2. Add programs to your child’s application. Add all of the programs that interest you to your child’s application to give them the best chance to receive an offer.

Summer Rising 2025

NYC Public Schools Department of Youth & Community Development
 Delivering for you. Every day. Everywhere.
on.nyc.gov/SummerRising

Only list programs that you genuinely wish for your child to attend. Rank them in your true preference order.

3. Submit your application.

Apply any time by Friday, March 28—all applications will be treated the same.

After submitting your application, you will receive an email confirming it has been received.

Offers will be released in April.

Pastoral Idea for your Church using QR Codes

Angelicus News
<https://angelicusnews.blogspot.com/>

If you can't use books or paper materials at Mass, why not invite parishioners to use their Mobile Device? Follow the Mass and more! See what Queen of Angels did. Check out the story on Angelicus News. If you have an Iphone, open up your Camera App and point it at one of the QR CODES.

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FOOD PANTRY


Dispensa de Comida



<p>St Theresa of Lisieux 50-20 45th Street Woodside, NY 11377 718-784-2123 - Office</p> <p>Food Pantry is Open Tuesday 3:00PM to 4:30PM</p> <p>www.SaintTeresaChurch.org</p>	<p>Corpus Christi 31-31 60th Street Woodside, NY 11377 718-278-8114 - Office</p> <p>Food Pantry is Open Wednesday 11:00AM to 1:00PM</p> <p>http://CCWoodsideNY.org</p>
<p>St. Raphael 35-20 Green Point Ave Long Island City, NY 11101 718-729-8957 - Office</p> <p>Food Pantry is Open Thursday 10:30AM to 12:00PM Saturday 1:30PM to 3:00PM</p> <p>http://StRaphael-Queens.org/</p>	

For more information on Helping the Needy

Click on [Deanery Q2](http://DeaneryQ2)
Or Use the QR Code



www.DeaneryQ2.org

