

WOODSIDE HERALD

SERVING SUNNYSIDE-WOODSIDE AND LONG ISLAND CITY

VOL. 92 NO. 18

WOODSIDE, L.I.C., N.Y. FRIDAY, MAY 9, 2025

FREE

DISTRACTION FREE LEARNING

Governor Kathy Hochul announced that New York is becoming the largest state in the nation to require statewide, bell-to-bell restrictions on smartphones in K-12 schools. Following this agreement and enactment of the FY 2026 State Budget, New York State's distraction-free schools policy will take effect this fall for the 2025-2026 school year. The announcement builds on Governor Hochul's nation-leading commitment to protecting youth mental health and promoting student success in the digital age, following her action last year to secure and sign a first-in-the-nation law to restrict addictive social media feeds for minors.

This new requirement will take place in the 2025-26 School Year and applies to all schools in public school districts, as well as charter schools and Boards of Cooperative Educational Services (BOCES).

Governor Hochul's cellphone policy creates a statewide standard for distraction-free schools in New York including:

- * **No unsanctioned use of smartphones and other internet-enabled personal devices on school grounds in K-12 schools for the entire school day (from "bell to bell"), including classroom time and other settings like lunch and study hall periods.**
- * **Allows schools to develop their own plans for storing smartphones during the day — giving administrators and teachers the flexibility to do what works best for their buildings and students.**
- * **Secures \$13.5 million in funding to be made available for schools that need assistance in purchasing storage solutions to help them go distraction-free.**
- * **Requires schools to give parents a way to contact their kids during the day when necessary.**
- * **Requires teachers, parents and students to be consulted in developing the local policy.**
- * **Prevents inequitable discipline.**

Governor Hochul's policy clarifies that students would still be authorized to have access to simple cellphones without internet capability, as well as internet-enabled devices officially provided by their school for classroom instruction, such as laptops or tablets used as part of lesson plans.



REAL ID

Governor Kathy Hochul is reminding New Yorkers that beginning May 7, 2025, standard licenses will no longer be accepted to fly within the United States and is urging travelers to be prepared and plan ahead before arriving at the airport to help avoid delays. The Governor also sent a letter to the U.S. Department of Homeland Security seeking additional Transportation Security Officers for New York's busiest airports — John F. Kennedy International Airport and LaGuardia Airport — to ensure efficient and safe travel during the transition to REAL ID.

As of May 7, 2025, travelers flying within the United States are required to present a REAL ID, Enhanced ID, U.S. Passport or passport card (both of which are REAL ID-compliant), or another form of federally compliant identification to board domestic flights and access certain federal facilities. In addition to a compliant state-issued ID, the Transportation Security Administration (TSA) will accept more than one dozen types of identification after the REAL ID Act becomes enforceable for all airline passengers 18 years and older.

Last year was the busiest year on record at both JFK and LaGuardia, with over 96 million passengers combined between the two airports. New York State, in partnership with the Port Authority of New York and New Jersey, has taken significant actions to prepare for the transition to REAL ID, including providing increased staff, educating customers, and developing a clear operational plan at security checkpoints. The New York State Department of Motor Vehicles (DMV) has also undertaken an extensive public outreach campaign and made a number of accommodations, including expanded appointment availability to Saturdays and extended weekday hours, in an effort to create more opportunities for New Yorkers to transition to REAL ID. However, if someone does not have imminent travel plans or their license is set to expire, customers are asked to put off a DMV visit so that people who need a REAL or Enhanced ID to travel immediately can be accommodated.

Despite these efforts, delays are anticipated at major travel hubs as travelers across the nation adjust to the new requirement. To reduce delays, additional TSA screenings, and the possibility of not being allowed into the security checkpoint, all travelers should ensure they have a compliant form of identification prior to departure to an airport for either domestic or international travel. While TSA does not require children under 18 to provide identification when traveling within the United States, proof of identification for underaged air travelers is subject to airline-specific policies.

The Port Authority recommends that all travelers should check current wait times for TSA security checkpoints at their departure airport terminal before leaving for the airport. Additional airport staff will be available to assist customers at terminals, but travelers should allow for extra travel time, especially during the first few days.

New Yorkers who have not yet obtained a REAL ID are strongly encouraged to make an appointment online before their next flight. To avoid mistakes and help New Yorkers prepare, the DMV has implemented several online tools such as a document guide and an online application pre-screening process. New Yorkers applying for a REAL ID are required to provide appropriate proof of residency, and proof of full legal name. There is no additional cost beyond the renewal fee to get a REAL ID.

New Yorkers who have not yet obtained a REAL ID and plan to fly domestically in the near future should remember the following tips:

- **Show Up Early:** You will be subject to an identity verification process, additional security screening and delays, so be sure to arrive at the airport well in advance of your flight.
- **Bring your Passport:** A US Passport is an acceptable substitute for a REAL ID, so if you have one, bring it.
- **Don't wait:** Preparing for a trip is stressful enough, so don't wait until the last minute to upgrade your ID. Make an appointment with DMV to get a REAL or Enhanced ID well in advance of your next flight.

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HOW TO FIND A GOOD MENTAL HEALTH COUNSELOR

by Stan Popovich

Many people have a difficult time in finding an effective mental health counselor that will help them get their life back on track. The key is to find someone that you can trust in discussing your anxieties and depression. With this in mind, here are seven suggestions on how to find a great mental health counselor that works for you.

- 1. Talk to your doctor or primary care physician:** Your medical or family doctor is a great source in finding a therapist. Explain to your doctor your problems and he or she can point you in the right direction in seeking the proper treatment. Your primary care physician may even know of some low-cost services that you can use to your advantage.
- 2. Go to your local hospital:** Your local hospital is another source you can use to find a good counselor and they also know of many different mental health programs in your area. Your emergency center can also handle your situation right away if you are struggling with fear and anxiety.
- 3. Ask your friends and relatives for advice:** Use your network of friends and relatives to see if they know of any reputable counselors that are nearby. Many churches and nonprofit agencies offer a variety of mental health programs in your area. Asking the people who attend these groups may be aware of some programs.
- 4. Join a local mental health support group:** Go to a support group in your area and ask if anyone knows of a therapist that can help you with your mental health issues. Many people who are active in these groups will be able to give you some names of people in the area that can help you out. In addition, the people in these groups will be able to relate to your situation.
- 5. Find a counselor that you can work with:** When asking for a therapist, always ask for someone who has a good reputation. Remember that finding a counselor to help you depends on how you interact with them and how they interact with you. It may take a couple of times to find the right person, but do not give up. Finding the right person will pay off for you in the long run.
- 6. Measure your progress:** The key components of having an effective therapist is affordability, the ability to effectively talk to your counselor, and how effective they are in finding the answers to your current problems. Remember that your main goal is to find the answers that will help get rid of your mental health issues.
- 7. Do what is best for you:** Choose a mental health professional that you feel comfortable talking to and then go from there. You can always change counselors down the road so don't pressure yourself if things don't work out. If you do not see any improvement in your mental health after a couple of months, you may want to find someone else who can help reduce your fears, anxieties, and depression.

Asian American Pacific Islander (AAPI) Heritage Celebration

Thursday, May 15, 6–8pm

Helen Marshall Cultural Center at Queens Borough Hall
120-55 Queens Boulevard, Kew Gardens, NY

Donovan Richards Jr.
QUEENS BOROUGH PRESIDENT

SPECIAL ABILITIES

by Rix Quinn

I've always been jealous of people who discover their talents early. There was this kid in my middle school class named Karen. She drew nature scenes better than anybody. Any time the school needed pictures of flowers, vegetables, baked goods – or even background scenery for school plays – they called on Karen. Sadly, she left school because the family moved back to their home state.

We often asked ourselves: Why did she have to leave? Did she branch out into other types of art? Then, there was the big question: If she specialized in painting bread only, could she make a lot of dough?

A guy named Charlie could swallow air, then burp for up to 45 seconds (we timed him). He saved his most spectacular outbursts for the cavernous auditorium. The sound echoed throughout the seats, and students broke into applause. Charlie even bet several people that he could recite the alphabet in one burp. He mostly won, but occasionally ran out of gas at “w.”

Dan – who moved out of town in fifth grade – brought his pet parakeet Gertrude to show-and-tell. He asked the bird questions, and Gertrude replied with short answers. Dan even entered her in the talent show, which Gertrude won by singing “Surfer Bird.” But during that performance, a teacher noticed that the bird’s mouth never moved. It turned out the real Gertrude had flown away, and this bird was a silent imposter. Dan spent so much time training the parakeet, he became a first-rate ventriloquist.

The judges disqualified the bird imposter for singing. But they awarded Dan a special recognition for Fowl Sounds.

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Tags: Seeds, Plants, Gifts, Herbs, Flowers

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Way

**SUNDAY
MAY 11**
1:30PM

44TH STREET & 28TH AVENUE
(NORTHWEST CORNER)

ASTORIA • QNS

A resident of Astoria for well over 50 years, Elizabeth White Marcum served in volunteer and leadership positions in the neighborhood for decades, fighting for civil rights for all, including the LGBTQ community. Join us as we celebrate her life as the street she called home is named in her honor.



The family would like to thank City Councilmember Tiffany Caban for sponsoring this street co-naming in honor of our mom, grandmother, great-grandmother, sister, aunt, friend, & neighbor!

Get plenty of exercise.

Each week adults need 150 minutes of moderate-intensity physical activity, though some physical activity is better than none. You can build more exercise into your day by:

- Getting off the subway a stop early.
- Taking the stairs instead of the elevator.
- Biking to do errands.



Tips for Staying Healthy this Winter

NYC Health

Subway and Bus.

TIPS FOR YOUR PERSONAL SAFETY

What Can I Do?

Entrance

Use only entrances marked by a green indicator, where there is a clerk present 24 hours a day.

Ready

Have your money or metro card available.

Wait

Use designated waiting areas during off-peak hours.

Ride

Ride in the conductor's car during off-peak hours.

Sit

Sit in the center of the car, away from the door, to avoid a purse or chain snatch.

Walk

Wait and walk close to the wall.

Awake

Stay awake and aware and exit with the crowd.

Jewelry

Cover jewelry; turn stone rings toward the palm side of your hand.

Stay Alert

Be aware of your wallet/purse to avoid a pickpocket.

Sidewalk

Wait for the bus on the sidewalk away from the curb.


Sit in Front

Sit near the front of the bus.




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Angelicus News
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Supplemental Summons and Notice of Object of Action Supreme Court Of The State Of New York County Of Queens Action To Foreclose A Mortgage Index #: 716509/2024 Freedom Mortgage Corporation Plaintiff, vs Allan R. Scrubb AKA Allan Scrubb, Yucklyn Lieufatt, New York City Environmental Control Board, New York City Department Of Sanitation John Doe (Those unknown tenants, occupants, persons or corporations or their heirs, distributees, executors, administrators, trustees, guardians, assignees, creditors or successors claiming an interest in the mortgaged premises.) Defendant(s). Mortgaged Premises: 219-13 114th Road Cambria Heights, NY 11411 To the Above named Defendant: You are hereby summoned to answer the Complaint in this action, and to serve a copy of your answer, or, if the Complaint is not served with this Supplemental Summons, to serve a notice of appearance, on the Plaintiff(s) attorney(s) within twenty days after the service of this Supplemental Summons, exclusive of the day of service (or within 30 days after the service is complete if this Supplemental Summons is not personally delivered to you within the State of New York). In case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the Complaint. The Attorney for Plaintiff has an office for business in the County of Erie. Trial to be held in the County of Queens. The basis of the venue designated above is the location of the Mortgaged Premises. TO Defendant In this Action. The foregoing Supplemental Summons is served upon you by publication, pursuant to an order of HON. Kevin J. Kerrigan of the Supreme Court Of The State Of New York, dated the Twenty-Fifth day of March, 2025 and filed with the Complaint in the Office of the Clerk of the County of Queens, in the City of Jamaica. The object of this action is to foreclose a mortgage upon the premises described below, executed by Allan R. Scrubb AKA Allan Scrubb and Yucklyn Lieufatt to secure the sum of \$379,103.00. The Mortgage was recorded at CRFN 2012000102554 in the City Register of the City of New York, Queens County on March 13, 2012. The mortgage was subsequently assigned by an assignment executed October 9, 2018 and recorded on October 26, 2018, in the City Register of the City of New York, Queens County at CRFN 2018000357707. The property in question is described as follows: 219-13 114th Road, Cambria Heights, NY 11411

HELP FOR HOMEOWNERS IN FORECLOSURE NEW YORK STATE LAW REQUIRES THAT WE SEND YOU THIS NOTICE ABOUT THE FORECLOSURE PROCESS. PLEASE READ IT CAREFULLY. SUMMONS AND COMPLAINT YOU ARE IN DANGER OF LOSING YOUR HOME. IF YOU FAIL TO RESPOND TO THE SUMMONS AND COMPLAINT IN THIS FORECLOSURE ACTION, YOU MAY LOSE YOUR HOME. PLEASE READ THE SUMMONS AND COMPLAINT CAREFULLY. YOU SHOULD IMMEDIATELY CONTACT AN ATTORNEY OR YOUR LOCAL LEGAL AID OFFICE TO OBTAIN ADVICE ON HOW TO PROTECT YOURSELF. SOURCES OF INFORMATION AND ASSISTANCE The state encourages you to become informed about your options in foreclosure. In addition to seeking assistance from an attorney or legal aid office, there are government agencies and non-profit organizations that you may contact for information about possible options, including trying to work with your lender during this process. To locate an entity near you, you may call the toll-free helpline maintained by the New York State Department of Financial Services at 1-800-342-3736 or the Foreclosure Relief Hotline 1-800-269-0990 or visit the department's website at WWW.DFS.NY.GOV. RIGHTS AND OBLIGATIONS YOU ARE NOT REQUIRED TO LEAVE YOUR HOME AT THIS TIME. YOU HAVE THE RIGHT TO STAY IN YOUR HOME DURING THE FORECLOSURE PROCESS. YOU ARE NOT REQUIRED TO LEAVE YOUR HOME UNLESS AND UNTIL YOUR PROPERTY IS SOLD AT AUCTION PURSUANT TO A JUDGMENT OF FORECLOSURE AND SALE. REGARDLESS OF WHETHER YOU CHOOSE TO REMAIN IN YOUR HOME, YOU ARE REQUIRED TO TAKE CARE OF YOUR PROPERTY AND PAY PROPERTY TAXES IN ACCORDANCE WITH STATE AND LOCAL LAW. FORECLOSURE RESCUE SCAMS Be careful of people who approach you with offers to "save" your home. There are individuals who watch for notices of foreclosure actions in order to unfairly profit from a homeowner's distress. You should be extremely careful about any such promises and any suggestions that you pay them a fee or sign over your deed. State law requires anyone offering such services for profit to enter into a contract which fully describes the services they will perform and fees they will charge, and which prohibits them from taking any money from you until they have completed all such promised services. § 1303 NOTICE NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this Foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to your mortgage company will not stop this foreclosure action. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT. DATED: March 28, 2025 Gross Polowy LLC Attorney(s) For Plaintiff(s) 1775 Wehrle Drive, Suite 100 Williamsville, NY 14221 The law firm of Gross Polowy LLC and the attorneys whom it employs are debt collectors who are attempting to collect a debt. Any information obtained by them will be used for that purpose. 85173 4/18/25, 4/25/25, 5/2/25, 5/9/25

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