SERVING SUNNYSIDE-WOODSIDE AND LONG SLAND OUTY

VOL. 92 NO. 27

WOODSIDE, L.I.C., N.Y. FRIDAY, JULY 11, 2025

FREE



New York Governor Kathy Hochul has officially launched a statewide program offering free community college for adults aged 25 to 55. Starting this fall, eligible students can attend SUNY or CUNY community colleges at no cost, including tuition, fees, books, and supplies.

The program, part of Hochul's "Reconnect" initiative, is designed to help working-age New Yorkers pursue associate degrees in high-demand fields like advanced manufacturing, cybersecurity, nursing, green energy, and artificial intelligence.

"No New Yorker should be held back by the cost of a college degree," said Governor Hochul. "We're opening the doors of opportunity through SUNY and CUNY so more people can achieve their dreams and enter New York's future workforce."

This new initiative expands on Hochul's 2025 State of the State promise to make education more affordable and accessible. With over 4 million adults in New York lacking a degree or credential, Reconnect offers a clear path to reenter the classroom, gain in-demand skills, and secure high-paying jobs in growing industries.

Students who qualify will also receive wrap-around services to support retention and success, including academic advising, career coaching, and personalized outreach. Funding will also go toward promoting the program to ensure awareness across the state.

THE BEHAVIORAL HEALTH OF NEW YORKERS

Governor Kathy Hochul announced that new network adequacy regulations give New Yorkers with qualifying health insurance plans access to an initial outpatient appointment for behavioral health care within 10 business days of the request. These new consumer protections also require these plans to post up-to-date and accurate lists of in-network providers on their websites, which will help to eliminate inaccurate or misleading directories.

As of July 1, New Yorkers covered by Medicaid Managed Care, Child Health Plus, and the Essential Plan are entitled to these important consumer protections for appointment wait times. For New Yorkers covered by commercial health insurance plans, these wait time standards will take effect on a rolling basis as their policies are renewed, modified, or purchased on and after July 1.

The regulations also require plans to have dedicated employees who can help their members find an in-network provider. Additionally, the plans must provide a list of available in-network providers within three business days, following a member's request.

New Yorkers unsure of their coverage should contact their insurer or employer. Those needing mental health or substance use disorder services should also check their health insurance policies for a list of what is covered.

Plans must post an accurate and up-to-date directory of their provider network, including health care professionals or facilities, the provider's location, telehealth options, languages spoken, any restrictions concerning the conditions treated or ages served, and facility affiliations, among other information.

Accurate directories will help to eliminate so-called 'ghost networks' —ones that give the appearance of offering in-network options, but instead list inaccurate information or providers that aren't taking appointments.

The new regulations also provide avenues for consumers to file a complaint against plans or insurers not in compliance. New Yorkers covered by Medicaid, Essential Plan, or Child Health Plus can contact DOH; those with state-regulated commercial insurance coverage may contact DFS.

The Community Health Access to Addiction & Mental Healthcare Project or 'CHAMP' is a resource available to help people with insurance issues related to substance use disorder and mental health care. CHAMP can answer questions, help file complaints against insurance companies, and assist with insurance denial appeals. Governor Hochul also secured \$1 million in the FY 2026 Enacted State Budget to help enforce state regulations so that insurers provide the mental health care and substance use disorder coverage their members deserve. This includes new resources to strengthen compliance and oversight, educate consumers and providers, and investigate and mediate complaints. The 988 Suicide & Crisis Lifeline connects New Yorkers to trained crisis counselors 24/7, who can help anyone thinking about suicide, struggling with substance use, experiencing a mental health crisis, or any other kind of emotional distress. New Yorkers can call, text or chat 988 if they are worried about someone who may need crisis support.

New Yorkers struggling with an addiction, or whose loved ones are struggling, can find help and hope by calling the state's toll-free, 24-hour, 7-day-a-week HOPEline at 1-877-8-HOPENY (1-877-846-7369) or by texting HOPENY (Short Code 467369).

Attorneys – at – Law

MARC CRAWFORD LEAVITT PAUL E. KERSON TALI B. SEHATI APRIL DEDELY MIRANDA, PARALEGAL

NEW OFFICES:

68-61 Yellowstone Blvd., Suite 116 Forest Hills, NY 11375 718-729-0986

We remain available to meet with clients in Sunnyside/Woodside by appointment MIDTOWN OFFICE:

620 5th Ave., 2nd Floor. NYC, NY 10020 Overlooking the Rockefeller Center Skating Rink

Serving the Community Since 1947

We are proud that our late senior partner, Benjamin Shaw, was founding lawyer for Sunnyside Community Services celebrating it's 50th Anniversary.





WOODSIDEHERALD

43-11 Greenpoint Ave., Sunnyside, NY 11104
Telephone (718) 729-3772

Sherilyn Jo Sabba Editor CONTRIBUTING WRITERS

Dr. Sharon Cadiz, Rob MacKay, Peter Ross, Cycle Pete
CONTRIBUTING ARTISTS AND PHOTOGRAPHERS
Joe Gurrado, Robert Flanagan, Peter Ross

ALCOHOL AND SUBSTANCE ABUSE WILL NOT TAKE AWAY YOUR FEARS

by Stan Popovich

Using drugs and alcohol will not take away your problems and fears. In the short run, they might make you feel better, but in the long run these addictions will only make things worse. As a result, here are eight tips on how to manage your persistent fears and anxieties without using drugs and alcohol.

- 1. **Take it one day at a time**: Instead of worrying about how you will get through the rest of the week or month, try to focus on today. Each day can provide us with different opportunities to learn new things and that includes learning how to deal with your issues. In addition, you will not feel overwhelmed with everything if you focus on one thing at a time.
- 2. **Learn how to manage your fearful thoughts**: When experiencing a negative thought, read some positive statements and affirmations that will help lift your spirits and make you feel better. Remember that your fearful thoughts may be exaggerated so balance these thoughts with realistic thinking and common sense.
- 3. **Do not do everything all at once**: Learn how to break your fears into a series of smaller steps. Completing these smaller tasks one step at a time will make the stress more manageable and increase your chances of success. You will also feel more confident in getting things accomplished rather than worrying about what you need to do.
- 4. **Drugs and alcohol are not the answers to your problems**: Getting the help you need and learning how to deal with your situation are the most effective ways in managing your fears, anxieties, and addictions. In time, you will become better able to maintain your mental health.
- 5. **Managing your anxieties will take some hard work**: Trying to avoid your addictions will do nothing in getting rid of your fears and anxieties. Sooner or later, you will have to confront your mental health issues. Remember that all you can do is to do your best each day, hope for the best, and take things in stride.
- 6. **Drugs and alcohol can make things difficult**: Drugs and alcohol can make your problems even more complicated. Many professionals have said that substance abuse will only add more misery to your situation. Be smart and learn how to cope with your mental health issues the right way.
- 7. **Talk to a former addict**: If you think that drugs and alcohol will solve your problems, then try talking to someone who has already been down that road. By talking to a former addict, you will get the truth on how substance abuse can ruin your life.
- 8. **Take advantage of the help that is available around you**: If possible, talk to a professional who can help reduce your fears and anxieties. They will be able to provide you with additional advice and insights on how to deal with your current situation. By talking to a professional, a person will be helping themselves in the long run because they will become better able to deal with their problems in the future.





Free online therapy + mental health support

for NYC Teens ages 13 to 17 talkspace.com/nyc

THE TRUTH

by Rix Quinn

Do you believe everyone should tell the truth? Well, I believe everyone else should...but occasionally I need to lie. I lie mostly for domestic tranquility. For instance, here are three questions from a spouse that could require an untruthful response:

- 1. "Do you think this haircut looks too young for me?"
- 2. "Where would our son find a magazine like this?"
- 3. "I'm sure I had a \$20 bill at the top of my purse. Have you seen it?

I didn't start out as a liar. But faced with a situation where I can get yelled at, I find fibs an attractive alternative. Lies are as old as humankind. But we don't know how old humankind is, because so many of them lied about their ages. Stone Age storytellers also invented tales that taught important lessons. Today we call them "fables." Back then they were called "lying around the campfire."

Some people lie for money. These stories could be called fiction, fabrication, or — in some cases — resumes. Truth-telling, however, builds trust. People buy from trustworthy people, who can use the money to start trust funds. I trust my funds to make money, so eventually I can just lie around.

Yep, in the long run it's better to tell the truth. I plan to do it myself...pretty soon.

A SUNNYSIDE GARDEN HAVEN

by Dr. Sharon M. Cadiz

One can easily walk down a familiar street and miss the magical beauty that comes into view when we slow our pace and simply pause momentarily to take a closer look. I believe that a closer look is what inspired local Sunnyside resident Diane Kimbrell to come upon the fine gardening work of fellow neighbor Yvonne Noradunghian on 47th Avenue. Diane turned her experience of the beauty she discovered into a desire to share it with others and the result became my pleasure in visiting the garden and meeting these two lovely ladies for a wonderful tour, and an opportunity to hear how it all began.

Yvonne shared that she came to live in the building at 41-16 47th Avenue fifty three years ago as a "young woman." She saw the front entrance to the building as "dark and depressing" partly due to the lack of sunlight. She noted that the gardener responsible for the care back then lacked what she felt would enliven the space, so she got involved and started planting things to enhance the appearance. Yvonne recalled that when the apartment building turned into a co-op thirty-eight years ago, she became a member of the board and asked permission to do the gardening herself. After a process of exploring laws and issues of liability, it was decided that she would do the caretaking of the spaces around the building. Over the years, when asked, 'Why are you doing this?' she replies, "To make the building nice and if others see what I am doing, maybe they will emulate me." She adds that "It is not an overnight process and it takes a lot of work."

Yvonne said that she never had a garden of her own and was not trained to know about how to garden, but her deep desire to make the space more beautiful fueled her actions that, over the years, have enabled her to make sound decisions about how different types of plants thrive under certain conditions. For example, she pointed out plants that "love shade," or others that require "low maintenance." Walking around the building, I saw the beautiful symmetry of four prominent plants arranged like "obelisks" on either side of the main entrance to the apartment building. In addition, I saw street trees surrounded by assorted flowers; a naturally occurring canopy from the leaves of a tree just inside the gate down an inviting path to an inner courtyard filled with perennials like the elegant, shadeloving hostas, as well as annuals that grace the garden by returning every year; all carefully placed to create a harmonious blended effect. Colorful hydrangea plants were everywhere along with found items that Yvonne repurposes to become containers or planters that adorn the garden. Four vintage sinks in pale pink have become separate showcases for delicate flowers that sit within each of the sink spaces. A table with three chairs is in the center of this lovely courtyard, along with another seating area just beyond; each inviting visitors to sit and stay awhile. I saw miniature roses, day lilies, gladiolus, boxwood shrubs and an assortment of lush green

plants and moss. Perhaps my favorite piece in the garden was a tiered placement of plants cascading like a fountain. Yvonne generously shared her acquired knowledge that roses don't favor extreme heat. She also showed how some wire mesh, at the base of some of the plants, prevents squirrels from digging through the soil and destroying the flowers.

As we strolled through the garden Diane shared how she first saw Yvonne upon a ladder, and how she marveled at her engagement with her caretaking work. It was on a separate occasion a couple of weeks ago when she was taken through the wrought iron gate to the inner courtyard where she was delighted by more of Yvonne's handiwork. Both of the women acknowledged the seemingly divine source that nurtures an appreciation for creating beauty. I found out that Yvonne is an architect and although she "had no schooling or training" in horticulture, it seems that her professional skills and "ambition" which she says has her "working all the time," has given her the discipline required to devote years to the endeavor of beautifying her small part of the larger community. I am also impressed with Diane's desire to let others know about the garden, showing her deep appreciation for Yvonne's mission to serve as an example of what others can do.

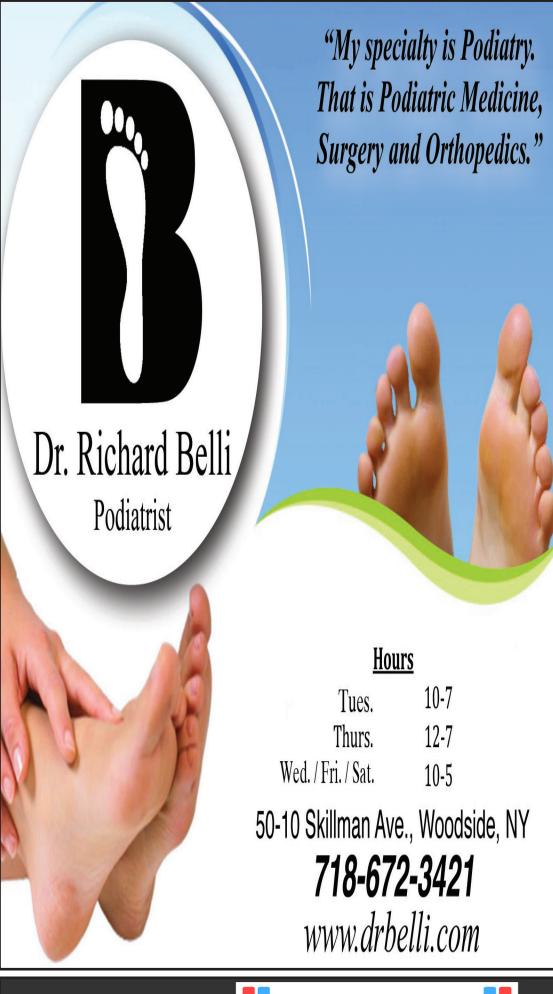
On my visit to this garden, I witnessed the nobility of spirit that springs from what one person can do and how valuing the shared contributions to one's community can provide a fundamental building block defining who we are as a nation. In the aftermath of Independence Day celebrations and the intense debates about who and what represents our country, I am reminded by the example of Yvonne and Diane, that the positive actions and civic-minded intentions of neighbors make the places and spaces that we occupy feel like home; give us a sense of belonging and ultimately define the best of who we are as Americans. Let's celebrate that!







To Advertise E-mail SSabba@WoodsideHerald.com or call 718-729-3772









Reminder:

Helmets will only be given to those present while supplies last!

Adults over 18

receiving a helmet

must sign a waiver. A parent or legal guardian must be present to sign a waiver for children

under age 18.

Fitting & Giveaway

Saturday July 19, 2025

11:00 AM - 2:30 PM

Torsney/Lou Lodati Playground 41-15 Skillman Ave Sunnyside, NY 11104







108th Community Council

NATIONAL NIGHT OUT FOOD & BEVERAGE DONATIONS

Make a difference with your donation.

We are looking for food and beverages donations for <u>Night Out.</u> As always all council donations are used exclusively for the purpose of advancing public safety, quality of life, and policecommunity relations.



Checks are preferred and payable to the 108th Community Council Mail to:

108th Precinct 547 50th Ave Queens, NY 11101 Attention Community Affairs

This year's National Night Out will be on Tuesday, August 5, 2025, 5:00 to 8:00 pm at Lou Lodati Park, Located On Skillman Avenue between 41st
Street and 42nd Street

Contact Us:

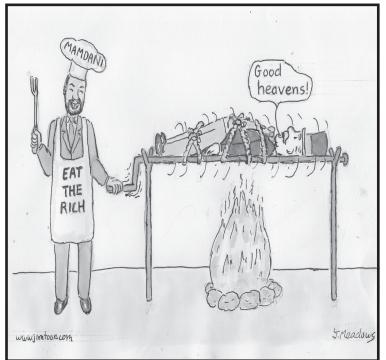
📞 347-602-3616 - Diane Ballek

917-670-4463 - Kevin Romero

108communitycouncil@gmail.com



NYC Pistol or Rifle License required to become a member







Mossaiccommunitycenter.org

43-01 46th Street, Sunnyside, NY

> Mon-Sat 9AM-5PM Food Distribution 10AM

MOSAIC COMMUNITY CENTER

Food Distribution, Infant/Toddler Supplies, Hot Food, Pet Supply Drop & Pick Up

JAZZ NIGHT AT CHOWK WITH THE WOODSIDERS



EVERY TUESDAY 8-11PM

59-10 Woodside Ave, Woodside, NY 11377
Live Jazz / Jam Session co-sponsored by KEYED UP!

No Cover / BYOF

2 drinks minimum

CHOWK E Course

JAZZ generation

JUP!

Follow us on Instagram for updates @woodsiderscollective

Woodside ON THE MOVE

DONATIONS FOR MOSAIC CHURCH

ALL DONATIONS REQUIRE

A SCHEDULED DROP OFF CALL 201 746-5149

TO SCHEDULE A DROP OFF

DO NOT LEAVE ANYTHING OUTSIDE

SI DEAEA UNA DONACIÓN A LA

IGLESIA MOSAIC, DEBE HACER

POR FAVOR, LLAME AL 201 746-5149

NO DEJA LAS DONACIÓNES

EN LA PUERTA.

UNA CITA PARA DEJARLA.

MOSAIC EXTENDS THE FOLLOWING INSTRUCTION, WITH GRATITUDE, FOR ALL THE RESOURCES THAT HAVE COME THROUGH THE CENTER OVER THE YEARS.

The Mosaic Community Center has served tens of thousands of west queens neighbors over the past 6 years, giving critical resources during critical times.

Currently the center serves over 150 young mothers from the community, and an additional 300+ families every month, giving away close to 5,000\$ dollars of food, infant and toddler supplies, and clothing each and every month. We want to serve the community we love for years to come, but we need your help to do so.

It's pretty simple and straightforward...

DO NOT LEAVE your clothes, toys, or other donations at the door.

Please call (201) 746-5149 to schedule a donation.

If no one answers. Leave a message. But please, DO NOT leave your donations at the door.

Though we have staff and/or volunteers that are at the center 4-5 days per week, often a neighbor in need, or those simply wanting free clothing will open up bags that have been left outside, take what is wanted, and leave the rest in disarray. Oftentimes this keeps our guests, and those needing resources from getting them in the first place. (which we hope is your motivation in making the donation to begin with) Recent donations have been left all over the street in ways that would make any quality neighbor upset.

Sunnyside neighbors, please do your best to abide by the following....

Top 9 rules of being a good and responsible Mosaic partner and donor:

- 1) Call (201) 746-5149 to organize a drop with a Mosaic leader
- 2) Do not leave your goods at the door under any circumstance
- 3) Do not donate clothing that you would not give a loved one
- 4) Ain't nobody want your used underwear (haha!)5) Do not donate food that is past its expiration date
- 6) Do not donate toys that you would not want your own child playing with
- 7) Consider our neighbors and ask the question, "Would I want garbage bags and loose items hanging on the street near my place?"
- 8) We do have interior and exterior surveillance. We are not in the shame game, but we do want to continue to have the ability to serve our neighbors for years to come. Don't make us use that footage!!
- 9) Once again call (201) 746-5149 to schedule donations

Lastly, The Mosaic Community center is not simply about charity. We exist to affirm the dignity in all of our neighbors especially when life gets toughest. We are in this work for relationships with our most vulnerable neighbors and with those who live in the very building where our community center resides.

We lose credibility and relationships when we are known for the trash outside our doors, instead of the mobilization of resources, our cleanliness, professionalism, and structure.

Once again, we are incredibly grateful for the donations and the mobilization of resources throughout the years. Let's keep it going. Thank you for your understanding

-The Mosaic Community Center team

NEW SCHOOL CROSSING GUARDS

 P.S. 150 and P.S. 343 The Children's Lab School have new crossing guards.

JOB OPPORTUNITY

- P.S./I.S. 78 and P.S. 384 Hunters Point Elementary School are looking for crossing guards.
- Visit nyc.gov/site/nypd/careers/civilians/ school-crossing-guard.page to learn more and apply.

FREE ENGLISH CLASSES

Summer Session

July 1 - August 28

Monday-Thursday 9:00 am-12:00pm Free in person Classes

Call Text WhatsApp Email

english@scsny.org 347-635-9335



SHINING STARS

Helping Special Needs Families Navigate The System *DISCOVER SHINING STARS:

Guiding Families with Special Needs* Are you navigating the complex world of special needs/

Autism support? At Shining Stars, we are here to help. With 40 years of personal experience, our dedicated team offers

comprehensive guidance for families with special needs members from kindergarten age to adulthood.

OUR SERVICES INCLUDE:

- Personalized support plans Advocacy and resource navigation
- Educational guidance and assistance
- Emotional and social support for families

Let us light the way for your family's journey. Join the Shining Stars community today and experience the difference expert care and genuine compassion can make.

CONTACT HOWARD: 917-972-5587, Daily 9a-5p EMAIL: hlbrick@aol.com **DONATIONS GREATLY APPRECIATED**



• LEGAL NOTICE • LEGAL NOTICE • LEGAL NOTICE

STATE OF NEW YORK COUNTY OF QUEENS INDEX NO. 702399/2025 Date Filed: 06/17/2025 SUPPLEMENTAL SUMMONS Plaintiff designates QUEENS County as the place of trial. The basis of venue is: The location of real property being foreclosed. BANK OF AMERICA, N.A., Plaintiff, against BOBBIE SOLOMON, AS EXECUTRIX AND HEIR OF THE ESTATE OF LONNIE BALDWIN A/K/A LONNIEL. BALDWIN; JACKIE BALDWIN, AS HEIR OF THE ESTATE OF LONNIE BALDWIN A/K/A LONNIE L. BALDWIN, if they be living and if they be dead, the respective heirs-at-law. next-of-kin, distributees, executors, administrators, trustees, devisees, legatees, assignees, lienors, creditors and successors in interest and generally all persons having or claiming under, by or through said defendant(s) who may be purchase, deceased, bу inheritance, lien or inheritance, any right, title or interest in or to the real property described in the Complaint; SHARON MOORE, AS HEIR OF THE ESTATE OF LONNIE BALDWIN A/K/A LONNIE L. BALDWIN; GREGORY BALDWIN, AS HEIR OF THE ESTATE OF LONNIE BALDWIN A/K/A LONNIE L. BALDWIN; BRENDA BONDS, AS HEIR OF THE ESTATE OF LONNIE BALDWIN A/K/A LONNIE L. BALDWIN: HOUSEHOLD FINANCE REALTY CORPORATION OF NEW YORK; NEW YORK CITY TRANSIT ADJUDICATION BUREAU; UNITED STATES OF AMERICA INTERNAL

SUPREME COURT OF THE

YORK STATE DEPARTMENT OF TAXATION AND FINANCE; and "JOHN DOE No. 1" through "JOHN DOE No. 100" inclusive, the name of the last 100 defendants being fictitious, the true names of said defendants being unknown to plaintiff, it being intended to designate fee owners, tenants or occupants of the liened premises and/or persons or parties having or claiming an interest in or a lien upon the liened premises, if the aforesaid individual defendants are living, and if any or all of said individual defendants be dead, their heirs at law, next of kin, distributees, executors. administrators, trustees, committees, devisees, legatees, and assignees, lienors, creditors and successors in interest of them and generally all persons having or claiming under, by, through, or against the said defendants named as a class, of any right, title, or interest in or lien upon the premises described in the complaint herein,, Defendant(s). To the above named Defendants: YOU ARE HEREBY SUMMONED to answer the complaint in this action and to serve a copy of your answer, or, if the complaint is not served with this summons, to serve a notice of appearance on the plaintiff's attorney(s) within 20 days after the service of this summons, exclusive of the day of service (or within 30 days after service is complete if this summons is not personally delivered to you within the State of New York); and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint. NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME If you do not respond to this Summons and Complaint by serving a copy

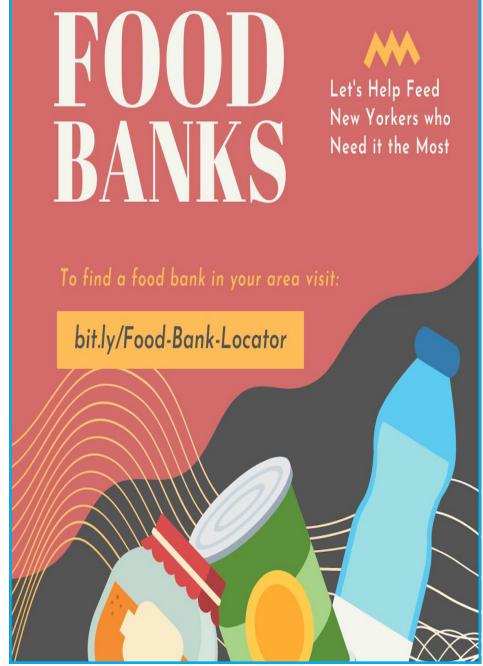
of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to your mortgage company will not stop this foreclosure action. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT. The foregoing summons is served upon you by publication pursuant to an order of the Honorable Kevin J Kerrigan, a Justice of the Supreme Court of the State of New York, Queens County, granted on the 5th day of June, 2025, and filed with the Complaint and other papers in the office of the County Clerk of Queens County. The object of this action is to foreclose a consolidated mortgage upon the premises described below, executed by LONNIE BALDWIN to BANK OF AMERICA, N.A., bearing date June 23, 2009 and recorded in 2010000053972 in the County of Queens on February 17, 2010. Said premises being known as and by 10015 203rd Street, Hollis, NY 11423, bearing tax map designation Block: 10870 Lot: 60, which is more fully described in the Schedule "A" attached to the Complaint. Aldridge Pite, LLP, Attorneys for the Plaintiff, 40 Marcus Drive, Suite 200, Melville, NY 11747 File 1092-13447B 7/11/25, 7/18/25, 7/25/25, 8/1/25

REVENUE SERVICE; NEW











St Theresa of Lisieux 50-20 45th Street Woodside, NY 11377 718-784-2123 - Office

Food Pantry is Open Tuesday 3:00PM to 4:30PM Corpus Christi 31-31 60th Street Woodside, NY 11377 718-278-8114 - Office

Food Pantry is Open Wednesday 11:00AM to 1:00PM

www.SaintTeresaChurch.org

http://CCWoodsideNY.org

St. Raphael

35-20 Green Point Ave Long Island City, NY 11101 718-729-8957 - Office

Food Pantry is Open Thursday 10:30AM to 12:00PM Saturday 1:30PM to 3:00PM

