

TEMPORARY HOUSING FOR DISPLACED SUNNYSIDE FAMILIES

Queens Borough President Donovan Richards Jr. and A&E Real Estate announced a plan to provide 22 tenants of 43-09 47th Avenue in Sunnyside — residents who were displaced following a devastating fire that destroyed much of their apartment building on December 20, 2023 — with an additional round of six-month temporary housing agreements.

In the immediate aftermath of the blaze, those impacted families accepted a six-month temporary housing agreement from A&E Real Estate, placing them in other residential buildings owned by the firm. Those original agreements expire tomorrow, July 2.

The additional temporary lease agreements will run through January 15, 2025, providing impacted families with an additional six months to secure more permanent housing.

"Through no fault of their own, our neighbors tragically lost their homes and their possessions in the heart of the holiday season last winter," said Borough President RICHARDS. "T'm thankful to A&E Real Estate for its partnership and for its support of these families by offering additional temporary lease agreements. Going forward my office will work tirelessly with our partners in city government to ensure those displaced by the fire have continuous access to stable and affordable housing."

One day after the fire, Borough President Richards visited both the scene of the fire and the reception center established by the Red Cross a few blocks away to meet with impacted tenants. The Borough President also helped raise funds for those families displaced by the fire. Under the terms of the deal, payment plans will be established with residents who have accrued arrears on their temporary accommodations.

"With our city in the midst of severe housing and homelessness crises, we must leave no stone unturned to preserve and build affordable housing at a rapid rate," added Borough President RICHARDS. "I'm proud to have signed off on nearly 10,000 units of housing during my term and to have negotiated significant set-asides for homeless residents in new developments across the borough, because no one, for any reason, deserves to end up in our homeless shelter system."



Governor Kathy Hochul launched the "Get Offline, Get Outside" summer campaign to promote physi-



expanded access to mental health care and resources for young people and their families, including school-based mental health clinics and Youth Assertive Community Treatment teams. This focus on youth supports and services continued with additional investments secured by the Governor in the FY2025 Enacted Budget.

Just as Governor Hochul is helping young people to avoid unhealthy habits and support their mental health, she is also making it easier for kids to get physically active and spend time outdoors with friends and family. Today's announcements to expand access to pools and transportation to swimming lessons will help more New Yorkers across the state to "Get Offline, Get Outside."

cal and mental health by helping New York's kids and families to put down their phones and computers, take a break from social media, and enjoy recreation and outdoor social gatherings. Governor Hochul kicked off the campaign by announcing that the State is waiving swimming pool entry fees at New York State Parks this summer. Additionally, Governor Hochul launched the \$1.5 million Connect Kids to Swimming Instruction Transportation Grant program to help with transportation to swimming lessons as part of the NY SWIMS initiative. This follows the Governor's historic \$150 million NY SWIMS investment to support pools in underserved communities – New York's biggest investment in swimming since the New Deal. Governor Hochul made today's announcement at Riverbank State Park Pools in New York City alongside local elected officials.

"We're making it easier for our young people to put down their phones and computers, enjoy time with friends and family, and stay active all across our state," Governor Hochul said. "Summer is here – get offline and get outside."

Governor Hochul's "Get Offline, Get Outside" campaign builds on her efforts to promote healthy living among young people and families across New York.

Governor Hochul recently signed nation-leading legislation – the Stop Addictive Feeds Exploitation (SAFE) for Kids Act and New York Child Data Protection Act – to protect kids from addictive social media feeds and shield their personal data from online platforms.

As part of her \$1 billion investment in mental health statewide, Governor Hochul has significantly

Removing Pool Fees at State Parks

Governor Hochul announced that the State is waiving pool entry fees for the rest of this summer at swimming pools located at State Parks throughout New York. Regular parking fees still apply at State Parks locations that include on-site parking. Governor Hochul has also initiated a pilot program at State Park pools to offer free sunscreen to help families stay safe in the sun and enjoy the outdoors. New Yorkers can now visit the following pools (to name a few) without being charged entry fees this summer:

New York City

-Roberto Clemente State Park Pool – Bronx -Riverbank State Park Pools (Indoor and Outdoor) – Manhattan Long Island -Jones Beach State Park West Bathhouse Pool – Wantagh -Montauk Downs State Park Pool – Montauk

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TIPS ON HOW TO DISCUSS YOUR MENTAL HEALTH WITH OTHERS

by Stan Popovich

It can be frustrating to struggle with your mental health and to get your family and friends to understand where you are coming from. Although most people may be understanding, there is usually one or two people who will make things more challenging for you. As a result, here are six suggestions on how to deal with the people you know regarding your mental health situation.

1. Listen to the professionals: Your friends may mean well, but when it comes down to it, the professionals are aware of your circumstances more than anyone. It is important that you listen and follow the advice from your doctor or medical professional rather than following the advice from your friends and other people you may know.

2. **Don't argue with others**: It is important that you do not get into arguments with those who are giving you a tough time. It is not your job to worry about how others may view your circumstances. Focus on managing your mental health rather than trying to get everyone's approval.

3. Choose your friends wisely: Distance yourself from those who won't make an effort to help understand what you are going through. You need to surround yourself with positive and supportive people. If you have problems or issues with a particular person, then its best to keep your distance and hang out with those people who are more supportive.

4. Attend a mental health support group: There are many mental health awareness support groups in any given area. Many hospitals, churches, and counselors in your area will be able to provide you with a list of these organizations. These groups will be aware of your situation and can give you additional advice regarding your concerns.

5. You are not alone: There are millions of people around the world who struggle with their fears, anxieties, and depression. Many of your relatives and friends more than likely struggled with anxiety and stress sometime in their life. Do not feel that you are alone when it comes to your mental health situation because there are all kinds of people around you who can relate.

6. Your goal is to get better: Focus on how you can handle the anxieties and stresses in your life rather than arguing with others who are giving you a difficult time. This isn't a public relations event where you need to get approval from everyone. This is your life, and you need to be more concerned about getting your life back on track rather than pleasing everyone else.





by Rix Quinn

Do you believe everyone should tell the truth? Well, I believe everyone else should...but occasionally I need to lie. I lie mostly for domestic tranquility. For instance, here are three questions from a spouse that could require an untruthful response:

1. "Do you think this haircut looks too young for me?"

2. "Where would our son find a magazine like this?"

3. "I'm sure I had a \$20 bill at the top of my purse. Have you seen it?

I didn't start out as a liar. But faced with a situation where I can get yelled at, I find fibs an attractive alternative. Lies are as old as humankind. But we don't know how old humankind is, because so many of them lied about their ages.

Stone Age storytellers also invented tales that taught important lessons. Today we call them "fables." Back then they were called "lying around the campfire." Some people lie for money. These stories could be called fiction, fabrication, or — in some cases — resumes. Truth-telling, however, builds trust. People buy from trustworthy people, who can use the money to start trust funds. I trust my funds to make money, so eventually I can just lie around.

Yep, in the long run it's better to tell the truth. I plan to do it myself...pretty soon.

FRIDAY, JULY 5, 2024

REMEMBER WHEN

by Dr. Sharon M. Cadiz

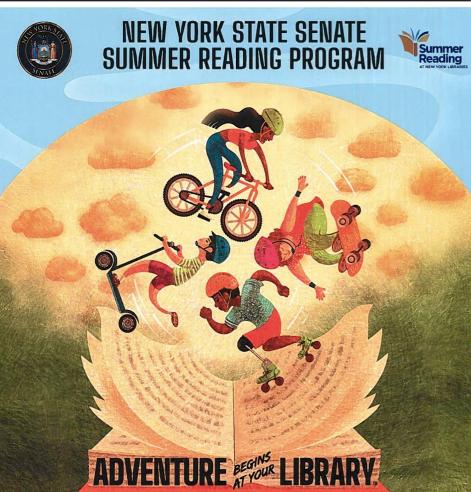
I watched an episode of "Date While You Wait," a program that appears on the PBS NYC Life channel featuring Thomas C. Knox. The show harkens back to the mask wearing days of the pandemic, and is set in the subway system of New York City where Thomas invites strangers who are waiting for trains to join him to play a game and engage in conversation. The first episode aired on May 26, 2021 and, given where we are today, the premise for the show might seem bizarre and unfathomable; yet, as I watched I was truly inspired by his sincerity and genuine commitment to changing the world one conversation at a time. There was significance in the tenderness of his approach that welcomed each person with eager anticipation. He asked them about themselves and listened to understand more about each person as they sat opposite him at a modest table. Since the start of the series, he set up a table and chairs in the subway and greeted various people passing by. As I watched a musical duo play a love song to New York for Thomas; and afterwards heard their remarks expressing their deep appreciation to the city in the context of where they were during the pandemic, I longed to be back there in that brief moment when human interaction was a prized gift. The humble offering of a song of gratitude was a magnificent treasure back when live musical performances were not a typical occurrence. Certainly, I don't want to suggest that I prefer to be returned to the horrors of the pandemic, but instead, I am wistful about the quality of spirit that it brought out in us.

It seems that we have traveled light years from these moments of gratitude and appreciation for the simple things lost to COVID 19. We seem to have forgotten so much that helped us get through an extreme/y challenging time filled with staggering losses and mounting uncertainty. Essential workers and first responders have disappeared into the mainstream workforce; and others may have been subjected to hiring freezes and budget cuts that underscore the rapid change into the current state of what is presented as shrinking resources. Many have lost jobs as a result of downsizing and chain store closings attributed to the pandemic. I ask myself, "How is possible that we forgot the spiritual lessons of the pandemic?"

Until I saw Thomas on his show, I wondered what was wrong with me because I felt out of step with the "goose stepping" rigidity, harshness and scarcity thinking that is rebounding from coast to coast; pillar to post. I wanted to write about the coming of another summer, but even that has been marred by contempt, callousness, a global climate of conflict and a cash and carry system of political warfare that uses money and influence to buy decisions that rob us of the public will to serve and protect liberty, justice and freedom. I wanted to flow forward into a better day, but it seems beyond imagination. Our pandemic past holds more riches in the form of simple rewards such as sitting in the company of a friend; gathering together to celebrate special days, traveling or simply being together to hear a musician sing a song. Our collective disconnection from the sense of unity that flashed into our consciousness when we were "all in it together," is sorely missed by me in a post-pandemic world where the next four years will determine the fate of our democracy and the human rights that we fought to get; and now struggle to keep.

What consoles me was a moment last week when I sat with neighbors on the great lawn at Central Astoria Local Development Coalition's 40th Anniversary Fireworks display at Astoria Park in celebration of Independence Day 2024. I relished the opportunity to be listening to the songs of freedom and pride expressing the aspiring hopes for our country. I saw neighbors crowded together from every part of the community and city. I witnessed the way that we shared the space and held to both our differences and the things that unite us. As the loud bursts of thundering explosions filled the night sky with spectacular color, and the recorded voices of Kate Smith, Whitney Houston, Neil Diamond, Ray Charles, among others, echoing with the glory of our charge to preserve our shared legacy, I found enough peace to sustain my hopes for the future of our country. Welcome to summer and all the positive possibilities which it holds!







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Learn more about how to register for the public hearing or comment on the plan.

PATHFINDER SCOUTERS HONOR THEIR OWN

Story and Photos by Peter Ross

On Tuesday, June 18, 2024, Boy Scout leaders and their supporters (family and friends) came from across Northwest Queens to the G.W. Hudson Council Knights of Columbus Hall in Woodside for a night of fellowship and recognition. After a catch-up year last year where several seasons worth of awards were presented to make up for the lost time from the pandemic, the leaders of Pathfinder District were back on schedule to have a relaxed night of social interaction after another successful year of programming with their units and as a district. Covering neighborhoods in Queens from Long Island City/Astoria to Kew Gardens and Jackson Heights/Elmhurst to Maspeth, Middle Village and Glendale, the Pathfinder District GNYC serves Queens youth (boys and girls!) from ages 5 to 21 through the Cub Scouting, Scouts BSA, Venturing and Exploring programs under the Boy Scouts of America banner (soon to be known as Scouting America).

After the opening ceremony and remarks, the attendees sunk into the delicious dinner selections offered and served buffet style. Once all had their fill, Eagle Scout and District Vice-Chairperson Anthony Zalak (T-106) adeptly acted once again as the Master of Ceremony and with the assistance of several Scouters including Noel Guzman (S-441), Eduardo Castro (P-201) and District Executive (DE) Emily Rodriguez, the presentations of a number of awards and recognitions were made in view of the almost 60 guests in attendance. After presenting formal recognition to thirteen of last year's recipients (as the award plaques were not available for the prior event), this year's honorees were given their due. The Unit Leader Award went to Troop 65 Scoutmaster Katherine McCroary-Jay. Cub Leadership Awards for adult volunteers of Cub Scout Packs (dealing with youth aged 5 to 10 years old) were presented to Pack 90 leaders David Hancock Turner and Tonna Miller-Valles. Scouter Leadership Awards for adult volunteers of Scouts BSA units (formerly denoted as Boy Scout Troops) for boys and girls aged 11 to 17 years old were bestowed on Sheila Healy (T-201), Orel Martin (T-17 and T-201), Suheyl Rodriguez (T-65) and Justin King (T-349). Several awards related to Sea Scouting were presented by Skipper Noel Guzman to William Biscelgia for his work with Ship 441 and a number of appreciation awards were given to DE Emily Rodriguez for her support of the program and Ship in the last year. Marlene Ozoria, Scoutmaster of Troop 1923G (one of two all female units in the district presently), was presented the William D. Boyce New Unit Organizer Award for helping found that unit over five years ago. Long-time Sunnyside Scouter Peter Ross (formerly of Troops 172 and 390) was conferred with the James E. West Fellowship Award for fiscal support of Scouting at the Council level. The highlight award of the evening was the District Award of Merit, typically given, if at all, to one member each year (depending on the number of District units) for outstanding service and dedication to Scouting at the District level. It is the highest award a volunteer member may earn at the District Scouting level. The award this year was bestowed on Kyriakos "Charlie" Bournis of Troop 23, who celebrated 40 years of Scouting service during this past year and helped increase District activities including co-organizing a merit badge fair and helping restart monthly Round Table meetings. Charlie was also voted to be the District Vice-Chairperson for the upcoming program year. Additional honors were accorded to leaders for Veterans Service (starting with 10 years and up; highlight acknowledgement given to Noel Guzman for 65 years of service!), and for Scouter's Training Awards within the various program levels (with recipients at each level from Cub Scouting through District Committee). For all of the above awards, nominations and/or applications were required (made by their fellow adult leaders) and each were vetted by an Awards Committee who reviewed the nominees' Scouting and outside organizational histories. At the end of the award presentations, the attendees enjoyed coffee, dessert and dancing, for those willing to show off their skills (including two "couple's specific requests at the night's end). Special thanks go out to the GW Hudson Knights of Columbus (Council # 3701) for making the Hall available for the event (and to Bill and Brian for coordinating on their end), to Frank's Deli of Maspeth for the delicious catering, to Anthony Zalak, Henry Zalak, Peter Ross, Trudy Gaynor and District Executive Emily Rodriguez for their planning, organizing, decorative and administrative efforts in regards, to DJ William Knight for the wonderful music and special requests played throughout the night and to those who thought enough of our stalwart adult leaders to nominate them so they may be recognized at this event. For more information about volunteering with Scouting in Western Oueens, whether to start a new Scouting unit, work with an existing one, with the Pathfinder District Committee or on the Queens Council Committee (helping to support Scouting throughout the Borough) or to donate / contribute to Scouting's various programs, contact Pathfinder Queens District Executive Emily Rodriguez at Emily.Rodriguez@scouting.org. Help keep Scouting (and Outing) alive in Queens and New York City!







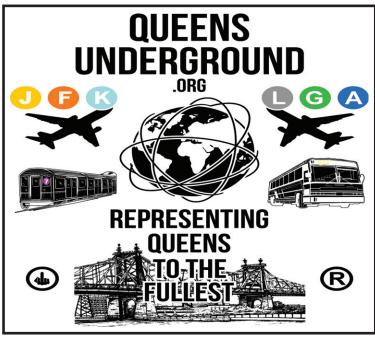
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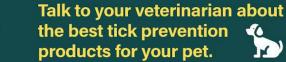
Prevent Tick-borne Diseases

Before You Go Outdoors

- Use insect repellent with DEET, picaridin or IR3535.
- Treat clothing and gear with products containing 0.5% permethrin.
- Wear long pants, long-sleeved shirts and closed toe shoes, and tuck pant legs into socks.
- Avoid wooded and brushy areas with tall grass or leaf litter and walk in the center of trails.
- Wear light-colored clothing so that you can easily see and brush off any crawling ticks.

After You Come Indoors

- Check your clothing for ticks and remove any that are found.
- Put dry clothes in a dryer on high heat for 10 minutes to kill ticks. Wet or damp clothes will need more time in the dryer.
- Shower as soon as possible.
- Check yourself, children and pets for ticks.









The Elder Justice program at Sunnyside Community Services (SCS) supports older adults over 60 years of age who are experiencing emotional or physical buse, neglect, financial exploitation, or other circumstances that limit their independence. Identifying common warning signs is a critical first step to tackling elder abuse. To combat this issue, SCS offers educational trainings and outreach to community partners, professional groups, and the public SERVICE AREA The Elder Justice program provides service to individuals living in Queens (Community Districts 1-7 and 11), including Long Island City, Sunnyside, Astoria, Jackson Heights, Corona, Flushing, Rego Park, and many other neighborhoods.

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CITY PARKING VIOLATIONS service, or within thirty (30) days the premises known as 25-26 to the court where your case is

Supreme Court of New York, BUREAU; NEW YORK CITY after completion of service where Curtis Street, East Elmhurst, NY pending for further information on how to answer the summons and protect your property. Sending a payment to your mortgage company will not stop this foreclosure action. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT. FRIEDMAN VARTOLO, LLP 1325 Franklin Avenue, Suite 160 Garden City, NY 11530, Attorneys for Plaintiff. 6/21/24, 6/28/24, 7/5/24, 7/12/24

TRANSIT ADJUDICATION BUREAU; "JOHN DOE" AND "JANE DOE" said names being fictitious, it being the intention of Plaintiff to designate any and all occupants of premises being foreclosed herein, Defendants Index No. 725390/2023 Mortgaged Premises: 25-26 Curtis Street East Elmhurst, NY 11369 Block: 1654 Lot: 41 TO THE ABOVE NAMED DEFENDANTS: YOU ARE HEREBY SUMMONED to answer the Complaint in the above captioned action and to serve a copy of your Answer on the Plaintiff's attorney within twenty (20) days after the service of this Summons, exclusive of the day of

service is made in any other manner than by personal delivery within the State. The United States of America, if designated as a Defendant in this action, may answer or appear within sixty (60) days of service hereof. In case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the Complaint. NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT THE OBJECTIVE of the above captioned action is to foreclose on a Mortgage to secure \$101,997.91 and interest, recorded in the Office of the City Register of the City of New York on January 22, 2008 in CRFN 2008000028667, covering

11369. The relief sought herein is a final judgment directing sale of the premises described above to satisfy the debt secured by the mortgage described above. Plaintiff designates Queens County as the place of trial. Venue is based upon the County in which the mortgaged premises is located. NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home. Speak to an attorney or go

Public Legal Notices ssabba@woodsideherald.com

FRIDAY, JULY 5, 2024

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