

Reduced-Rate Therapy with Elissa Jasmin

Warm, collaborative support
for children, young adults,
and neurodivergent clients

Elissa Jasmin is a Social Work Intern at George Mason University who offers a warm, grounded, and person-centered approach to therapy. She helps clients feel heard and understood while exploring emotions, life changes, overwhelm, and nervous system responses at a manageable pace.



Different
Brains.
Brighter
Futures.

AREAS OF SUPPORT:



Neurodivergence, including autism and ADHD



Emotional overwhelm and nervous system regulation



Life transitions



Children and young adults



Identity, self-understanding, and personal strengths



Trauma-responsive support



Play-based support for children

ABOUT ELISSA:

Elissa brings two years of experience in Applied Behavior Analysis and additional social work internship experience in an ABA clinic. Her approach respects each client's identity, autonomy, strengths, and individual way of experiencing the world.

Now accepting new clients
at a \$40 intern rate



Refuel Life Trauma Center



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