

No-Bake Protein Balls



“When I need an afternoon energy boost, these protein balls are the perfect bite-size snack!”

Prep. 10 min. Chill: 1 hr.

Serves 20

INGREDIENTS:

- 1½ cups whole rolled oats
- 1 cup creamy natural peanut butter
- ¼ cup ground flaxseed
- ¼ cup honey
- 2 scoops protein powder, ¼ cup (I use 365 Organic Pea Protein, Unflavored)
- 1 teaspoon vanilla extract
- 6 tablespoons mini chocolate chips
- Pinch sea salt

DIRECTIONS:

1. In a large bowl, mix together the oats, peanut butter, flax, honey, protein powder, vanilla, and chocolate chips. The mixture will be thick.
2. Use a 2-tablespoon cookie scoop to scoop the mixture, then use your hands to roll it into balls.
3. Chill in the fridge for 1 to 2 hours, or until firm.
4. The protein balls keep well in the fridge for up to a week. They also freeze well.

<https://www.loveandlemons.com/no-bake-protein-balls/>