

PINNACLE HIGH SCHOOL WRESTLING

rev. October 4th, 2025

Welcome to the Pioneer WRESTLING Family!

COACHING STAFF:

Zack Surdyka, Head Coach: jsurdyka@pvschools.net
Rich Fawcett, Head Varsity Assistant Coach
Danny Hewlett, Head JV Coach
Tom Capaldi, Head Varsity Girls Coach
Mike Beck, Head Strength & Conditioning Coach
Louden Hewlett, Assistant Coach
Rylen Caul, Assistant Strength & Conditioning Coach

VOLUNTEER COACHES:

Bryan Fawcett, Stephen Jimenez, Troy Murawski, Eric Arias, Chris King & Ryder Surgenor

Team Website: www.pinnaclewrestling.com

**** Information, Pictures & Videos, Sponsor Info, Roster, Records, Coaches, etc. ****

**** Calendar with all Practice and Competition times ****

Social Media Accounts: [@pinnacle.wrestling](https://www.instagram.com/pinnacle.wrestling)



**** Pictures, Results, Day of Information, Updates & Fun ****

Remind App: [PHS Wrestling](#) | Class Code: [@bebold2025](#)

Text this message: [@bebold2025](#) to 81010

**** Get the Remind App for last minute alerts & reminders ****



North Valley Regional Training Center (NVRTC)

www.nv-rtc.com | Instagram [@nv_rtc](#) | Facebook [@NorthValleyRTC](#)

One of the largest wrestling clubs in Phoenix is right here on the Pinnacle Campus!

We offer a unique, Regional Training Center, providing year-round wrestling opportunities, working with 6+ high schools, 10+ coaches & over 100 wrestlers ranging from Kinder thru High School!

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PHS Wrestling Booster Club

BOOSTER CLUB CONTACTS:

Julie Dillon (*Reed*): julie.turpin.dillon@gmail.com or text 602-510-7989
Kelly Fawcett (*Andrew*): kellylfawcett@gmail.com or text 602-558-2250
Courtney Fligeltaub (*Will*): caclark808@gmail.com or text 206-914-6922
Joanne Palermo (*Anthony*): jlpalermo@cox.net or text 480-309-0791
Sarah Sehgal (*Kendrick*): scgambrel@gmail.com or text 910-474-5027
General Questions: Send an email to all boosters and cc Head Coach
Wrestler Specific Questions: Send an email directly to the Head Coach

What does it mean to be in the Booster Club?

The Wrestling Booster Club plans support for the wrestling team throughout the season through holding fundraisers, managing the snack shack, planning senior night, as well as organizing the kick-off party and the year-end season banquet. We also coordinate snacks, drinks, and select meals for away meets as well as hotel reservations for away meets.

The more members we have helps keep workloads small.
We also support the Coaching Staff and promote & support Wrestling!!

⇒ = Areas where all Parents can help out

➤ **Volunteer at the Snack Shack for Home Meets and Tournaments**

⇒ *Sign-up requests will be sent out prior to meets*

➤ **5th Annual NVRTC 'Preseason Classic'**

Saturday, October 25th, 2025

⇒ *This is a Preseason Joint Fundraiser for Pinnacle and Paradise Valley Wrestling. Plan to attend Paradise Valley HS to help & show support!!*

➤ **Senior Night**

Wednesday, February 4th, 2026

✓ *The Booster Club purchases gifts for the Seniors, flowers for Senior Parents, etc.*

➤ **Support our 10th Annual JV Tournament**

Saturday, February 7th, 2026

- ⇒ *We host one of the biggest JV tournaments in Arizona, with 30+ teams attending*
- ⇒ *Make and/or provide food for the Hospitality Room. We serve coaches breakfast & lunch!*
- ⇒ *Help in the Hospitality Room and/or Concession Stands*

➤ **End of Season Banquet**

Sunday, March 8th, 2026

⇒ *Booster Club sources catering, wrestler awards, gifts, etc.*

***** Please talk to a Booster Club Member about how you can help support the Team *****

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Schedule Must Knows:

- ✓ Full Printable Competition Schedule on home page of pinnacle wrestling website
- ✓ Can add the Full Pinnacle Wrestling Calendar to your phone's calendar by clicking "Add to Google Calendar" or "+" on the calendar on the pinnacle wrestling website
- ✓ Some Fall Sport athletes that started the wrestling season later than others may not wrestle. Please note, non-participating wrestlers' attendance is still required.

Upcoming Dates

Pinnacle Wrestling Team Store Opens

Sunday, October 5th

Pinnacle Wrestling Team Store Closes

Thursday, October 23rd

- ✓ We use Compound Sportswear - qr code below:
- ✓ Wrestlers must purchase a polo and a t-shirt for match days (featured); the rest is optional
- ✓ Wrestling Gear Flyer attached to packet



Register My Athlete Complete

Friday, October 31st

- ✓ RMA, Mandatory Online Videos, Physical, etc - qr code below:
- ✓ All due BEFORE athletes can participate during the Regular Season
- ✓ Can also find Athletic Trainers' Erin Maloney and Katrina Boyd contact info on the site below



Regular Season Starts - 1st Day of Practice

Monday, November 3rd

- ✓ Strength & Conditioning: 3:45 - 4:45pm
- ✓ Wrestling: 5:00 - 7:00pm

Sports Impact Testing – 3:30pm

Friday, November 7th

- ✓ Bring their school issued Chromebooks to practice for Baseline Concussion Testing.

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Annual Kick-Off Party:

Saturday, November 8th

- ✓ *Our start to the season for the wrestlers & families. Meet the coaches & other parents, hear a short team speech, while the team bonds in a non-wrestling setting.*
- Please bring an appetizer or a dessert to share
- **Fawcett Residence – 24430 N 24th Way, Phoenix, AZ 85024**



Zeffy Fundraiser - 3:45pm

Wednesday, November 12th

- ✓ *Takes place during strength and conditioning*
- ✓ *Must have list of (20) email addresses or phone numbers ready (flyer on our website)*

“First Wrestle-Offs at Mountain Trail MS” - 5pm

Wednesday, November 19th

- ✓ *Only practice that parents and family are invited to attend.*
- ✓ *Practice will consist of team warmups and matches for most wrestlers.*
- ✓ *Wrestlers will meet at Pinnacle (3:30pm) and take a bus to/from Mountain Trail.*
- ✓ *AIA wrestling officials will go over any rule changes as well as officiate the matches.*

20th Annual Mountain Run:

Saturday, November 22nd

- ✓ *We encourage all family members to join us for this traditional event!*
- ✓ *Team Pictures and our Seniors will speak at the end.*
 - **Pinnacle Peak Park – 26802 N. 102nd Way, Scottsdale**
 - **Arrive – 6:50am | Start Time – 7:00am | Done approx. – 9:30am**



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Other Important Dates

First Competitions of the Season:

✓ *All Levels:*

Sandra Day O'Connor HS

Wednesday, December 3rd

Thanksgiving Wrestling Practices:

11/27/25 to 11/28/25

Christmas Wrestling Practices:

12/22/25 to 1/2/26

Team & Individual Picture Day:

Tuesday, January 6th (Tentative Date)

✓ *We use Chapter Next for our team photos – www.chapternext.com*

10th Annual JV Tournament

Saturday, February 7th

✓ *ALL non-participating wrestlers are required to help work the event.*

AIA State Tournament

2/19 to 2/21/26

✓ *ALL wrestlers are encouraged to attend the State Tournament!*

Donations

Each wrestler is responsible for bringing their own healthy snack options for competitions, however the booster provides a small amount of snacks and drinks as well. We welcome donations if you would like to contribute bottled water, gatorade (or similar drink), and healthy non-perishable snacks. Please bring your donations to the wrestling room.

While convenient, we want to limit items with high protein & fat at competition
That means limiting Jerky, Trail Mix, Granola Bars, Protein Bars, etc.

Check out the Dietitian and Wrestling Nutritionist, Jackie Slomin:

- ⇒ Instagram: [@weightcut.nutritionist](https://www.instagram.com/weightcut.nutritionist)
- ⇒ Website: www.jackieslomin.com

Arizona Extracurricular Activities **TAX CREDIT PROGRAM**

- **AZ Public School Tax Credit** will reduce your state taxes each year, dollar-for-dollar.
- You can make your payment, through Tax Day, for the prior tax year.
 - ✓ *Up to \$200 for single filers or \$400 for joint filers*
- Pay online at the PHS Webstore <https://az-paradisevalley.intouchreceipting.com>
 - ✓ *Sign-in per instructions & choose **Wrestling TC Donation** from the Menu*
- *Or send a check to Pinnacle High School:*
 - ✓ *Attention: Finance Office*
 - ✓ *Write Wrestling Tax Credit on the memo line*

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Corporate or Personal Sponsorship Levels

➤ BRONZE SPONSORSHIP

\$400 or above

- ✓ Logo placed on digital screen inside gym for home wrestling meets.
- ✓ Logo will be posted on our team's social media pages and on our website.
- ✓ Quarter-page ad in our annual wrestling program, distributed at home meets.

➤ SILVER SPONSORSHIP

\$750 or above

⇒ *In addition to the Bronze level sponsorship details:*

- ✓ Sponsorship announcement during each home meet.
- ✓ Upgrade to half-page ad in our annual wrestling program.

➤ GOLD SPONSORSHIP

\$1,500 or above

⇒ *In addition to the Bronze & Silver level sponsorship details:*

- ✓ Free admittance to all home meets.
- ✓ Logo added to back of our annual JV Tournament t-shirt.
- ✓ Upgrade to prominent full-page ad in our annual wrestling program.

Our 2025-26 fundraising goals are to purchase new Backpacks, new Headgear, multiple breakfasts, lunches, and dinner, as well as attending a second travel tournament. Big purchases we would like to make in the near future are new wall mats for the wrestling room and a trophy case.

** See Full Sponsorship Packet on our website***

*** Make Checks payable to 'Pinnacle High Boosters' with 'Wrestling' in the memo ***
501c3 Tax ID #: 86-0994121

**** Please send your Company Name and Logo in electronic format to our Booster Club ****

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PVUSD Participation Fee vs. Booster Club Fee

PVUSD Sports Participation Fee (due No Later Than): **Friday, November 28th**

✓ *Payment portal opens on Wednesday, November 5th*

- PVUSD Sports fee is **\$200** per athlete
 - ✓ *Multi-sport athletes & sibling cap of \$400 per school year*
- Payable through PHS Webstore or Bookstore/Finance Office on campus
 - ✓ *Webstore accepts all major Credit Cards*
 - ✓ *Username: Student ID Number – Password: Last Name (first initial capital)*
 - ✓ *Please select wrestling, with either 'tax credit' or 'non-tax credit'*
 - ✓ *<https://az-paradisevalley.intouchrecepting.com/>*

Booster Club Fee Due By: **Sunday, November 9th**

- The PHS Wrestling Booster Club fee is **\$200** per athlete
 - ✓ *The Booster Club Fee is collected through our [Zeffy link](#).*

Booster Club Fee Includes:

- Seasonal Wrestling Item(s):
 - ✓ *Season Kick-Off Party Costs*
 - ✓ *Programs for Home Meets*
 - ✓ *End of Season Gifts for Team*
 - ✓ *Tournament Registration Fees*
 - ✓ *Travel Costs (Hotels & Food)*
 - ✓ *New Equipment & Supplies*

TWO Ways to Pay the Booster Club Fee:

- **Zeffy:** Credit or Debit Card on our Zeffy link
- **Sponsorships:** Waive the fee by obtaining a Bronze level or higher sponsorship



A New Booster and Fundraising Platform

We are excited to introduce Zeffy as Pinnacle Wrestling's New Fundraising and Booster Payment Platform! Non-Profits utilize Zeffy because they keep 100% of the donations collected. That's right! 100%!

Donation Platform – Keep an Eye/Ear Out

Fundraising is essential to the success of Pinnacle's Wrestling Program. In comparison to many high school sports, wrestling teams run a very lean budget. However, there are operating expenses such as food, travel, and team equipment that are not covered by the school and can only be purchased with Booster led fundraising.

In **November**, Coach Zack will ask each wrestler to send a Zeffy Donation link to family and friends. Wrestlers **will need** to have a list of 20 e-mails/phone numbers that they can utilize. Parents on our mailing list will also receive the link. It can't be said enough – we **RELY** on these funds to run our team!

Booster Fee

This year we have also changed our system for the collection of the Booster fee. Previously, the Booster fee was yielded through a parent equipment purchase at the beginning of the season. Unfortunately, the team did not receive these funds for several months. In order to best utilize these funds, we are asking parents to pay through Zeffy which provides monthly disbursements. A link is included on the Pinnacle Wrestling site and a QR code will be available at the parent meeting. The Booster fee is also essential to the operating budget of the team.

Questions

If you have any questions about these changes or Zeffy, please feel free to reach out to our Boosters. Their contact information is included in this packet.

Parent Responsibilities

- **Make sure your wrestler is protected** by showering thoroughly within ONE HOUR of every practice/event with antifungal soaps (*tea tree oil*). Use antibacterial soap for all other showers.
- **Support your wrestler** with nutritious foods at home, and healthy snacks for meets and tournaments. They need good FUEL to perform their best.
 - **Check out the Dietitian and Wrestling Nutritionist, Jackie Slomin:**
 - Instagram: [@weightcut.nutritionist](https://www.instagram.com/weightcut.nutritionist)
 - Website: www.jackieslomin.com
- **Support the team** with our only outreach-based Fundraiser – Zeffy
- **All wrestlers** are expected to support their teammates by remaining in attendance at competitions.
- **Volunteer** in the wrestling program. There are many ways you can be involved in our wrestling program. By volunteering, you will be getting to know other parents in our program and supporting your wrestler.
 - ⇒ ***Without volunteers, we cannot have a successful program.***
- **Areas to volunteer at our team events:**
 - ✓ Preseason Classic – *One of the biggest preseason tournaments in AZ*
 - ✓ Concession Stand
 - ✓ Senior Night
 - ✓ Incoming Freshman Night
 - ✓ PHS Wrestling F/JV Tournament
 - ✓ End of Season Banquet
 - ✓ Photographing and taking Videos
- ⇒ If you are interested in serving on the Booster Club Board, or helping this season, please contact a PHS Wrestling Booster Club member!

Wrestler Responsibilities

- **Be on time.** Strength & Conditioning is not optional, and attendance is required.
- **Protect yourself** and your teammates from skin issues by showering thoroughly within ONE HOUR after every practice/event with antifungal soaps (*tea tree oil*). Use antibacterial soap for all other showers.
- **Be hygienic** and keep your fingernails trimmed at all times.
- **Wrestlers that are managing their weight throughout the season:**
 - **Check out the Dietitian and Wrestling Nutritionist, Jackie Slomin:**
 - Instagram: [@weightcut.nutritionist](https://www.instagram.com/weightcut.nutritionist)
 - Website: www.jackieslomin.com
- **Uniforms** will be issued by the coaching staff and must be returned at the end of the season. Failure to return will result in school fines.
- A **Gear Apparel** package can be purchased on our online team store starting 10/9/25 and is theirs to keep and wear at the appropriate times.
- **Water Bottles/ Hydro Flasks and Wrestling shoes** are required to be purchased by each wrestler.
 - ✓ Loaner shoes are available for temporary use.
- **Mouth guards** are highly recommended.
 - ✓ Mouth guards are required for wrestlers with braces.
- **Paperwork** completed ASAP *(All forms located on website, under INFO)*
 - ✓ Code of Conduct
 - ✓ Zeffy email addresses or phone numbers
- **Attendance** at a Varsity meet means wearing your PHS Wrestling Gear to support your team, even if you are not wrestling. All competing wrestlers are required to stay until the last wrestler competes. We stay as a team!
- **Sign up on the Remind App** for last minute alerts & reminders.
www.pinnaclewrestling.com | Instagram, Facebook, and Twitter: [@pinnacle.wrestling](https://www.instagram.com/pinnacle.wrestling)

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Pinnacle HS Wrestling

Website: <https://cmpsportswear.chipply.com/PinnacleHSWrestling/>



Featured Products (REQUIRED)



1 Color Option(s) \$20.00
C2 Sport - Performance T-Shirt



1 Color Option(s) \$45.00
Port Authority ® Diamond
Jacquard Polo

Performance



Performance Long Sleeve Shirt



Pro Series Fight Shorts

Spiritwear



Soft Touch T-Shirt



1 Color Option(s) \$20.00
C2 Sport - Performance T-Shirt



Jersey Long Sleeve Tee



Hooded Sweatshirt



Joggers

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Badger Shorts



1 Color Option(s) \$45.00
Port Authority ® Diamond
Jacquard Polo

Accessories



1 Color Option(s) \$28.00
Yupoong - 12" Cuffed Beanie



1 Color Option(s) \$30.00
R-Flex Adjustable Trucker

Custom gear is not eligible for returns or exchanges. All sales are final.

Orders ship 4-6 weeks after the shop close date of 10/23/2025.

If you need assistance with your custom team gear order please contact us at (866) 267-5955 or email us at teamsupport@cmpsportswear.com



Refer Questions To:
Compound Sportswear
8662675955
teamsupport@cmpsportswear.com
<https://cmpsportswear.com/>