

PINNACLE HIGH SCHOOL WRESTLING

rev. October 30th, 2023

Manager, Code of Conduct for Pinnacle High School Wrestling (PHSW)

Purpose: Provide clear expectations of the personal conduct expected as a member of the PHSW team.

*** This document shall be considered an addendum to the PVUSD Parent & Student Handbook.

PHS Wrestling Core Values:

- Family – Recognize that you belong to a group BIGGER than yourself. #BeBold
 - ✓ *In wrestling we are NOTHING without a partner & it is definitely a TEAM effort!*
- Commitment – Consistency is the key to.... Consistency is more important than....
 - ✓ *Show up! There is never a shortcut to any of our successes.*
- Purposeful Hard work – Focus on the improvement process, not the outcome.
 - ✓ *Embrace the challenges and have a purpose every day!*
- Gratitude – Enjoy our time together. Embrace the grind. Fall in love with YOUR journey.
 - ✓ *It's not about the goal, but who you become in the process!*

On & Off Campus Behavior:

- You represent WRESTLING as well as PHSW. Be respectful at all times.
- Follow all PHS rules and regulations, as well as the PVUSD Parent & Student Handbook.
- Substance use/abuse, in any capacity, is strictly forbidden.
- Tobacco use/abuse, regardless of student-manager's age, is strictly forbidden.
- All members of the team will be treated equally. NO forms of hazing will be tolerated!
- All violations will result in disciplinary action at the discretion of the Head Coach.

Social Media Policies:

- Student-managers are encouraged to follow all PHS Wrestling social media platforms.
 - ✓ *Support the Team – Results – News – Updates – Technique – Encouragement*
- Student-managers are **not** allowed to follow the coaching staff's personal accounts.
 - ✓ *Coaches are **not** allowed to follow the student-manager's personal accounts.*
- Suggested Header: Pinnacle HS | 20XX | Wrestling 138 | 3.5 GPA (School, Graduation, Sport Info, GPA)
- Be respectful on social media, as student-managers represent more than just themselves.
 - ✓ *Student-manager's social media is monitored through the Team Accounts.*

Academic Eligibility:

- Maintain PVUSD academic standards. Student-manager's eligibility based on end of Quarter grade.
 - Failing at End of Quarter: Ineligible to attend competitions with team.
 - Passing at 1st Grade Check: Eligibility reinstated.
 - Failing (One Class): Ineligible to attend competitions for (3) additional weeks.
 - Failing (Two or more Classes): Suspended from team until next Grade Check.
 - Passing at 2nd Grade Check: Eligibility reinstated. May attend at Head Coach discretion.
 - Failing at 2nd Grade Check: Student-manger will be removed from the team.

Page 1, Manager – COC

PINNACLE HIGH SCHOOL WRESTLING

Manager Training:

- Wrestle-offs will be the third or fourth week of practice, final date to be determined.
 - ✓ A 'Wrestle-Off' consists of one match, between two wrestlers, with the winner generally being awarded with the starting Varsity position for that weight class.
- The first wrestle-off of the season serves as our training session for student-managers.
 - ✓ Certified AIA officials will be used at the first wrestle-off of the season.
- **Student-managers are expected to be in attendance, regardless of prior experience.**

Manager Attendance:

- Absences are submitted by the student-manager. Parent/guardian communications not preferred.
- Excused absences are submitted in email form ONLY.
 - ✓ *Sick AND missed school*
 - ✓ *Doctor appointment*
 - ✓ *Other required school functions*
 - ✓ *Personal and/or other miscellaneous absences are unlikely to be excused.*
- Excessive tardiness and/or unexcused absences will result in disciplinary action.

Equipment:

- Student-managers will use score-keeping notebooks, computer tablets, laptops, and/or video equipment at team functions and/or competitions.
- Any equipment that is used and/or issued to a student-manager must be returned in its original condition at the end of each event, end of the season, or when agreed upon by the Head Coach. PHSW reserves the right to charge the student-manager for the cost to replace any damaged, ruined, and/or lost equipment.

Competition Expectations:

- Student-managers are expected to treat our high school events in a professional manner.
- Wrestling meets are generally held on Wednesdays after school, starting at 4pm.
 - ✓ Completion time depends on the number of competing teams:
 - ✓ Duals = 2 teams
 - ✓ Tri-meets = 3 teams
 - ✓ Quad-meets = 4 teams
- Tournaments are two-day events, held on Friday and Saturday. These events are long and are usually all-day events, with tournament finals taking place on Saturday evening.
 - ✓ Freshman and JV tournaments are one day events, generally held on Saturdays.
- Student-managers are expected to be on time to team functions and assist at each event.
 - ✓ Transportation will be provided by school bus and/or van.
- Student-managers are encouraged to bring snacks/water with them to competitions.
 - ✓ School assignments may be brought and worked on during breaks, or manager rotations, as long as it does not hinder managerial duties.

Varsity Letter:

- Student-managers may earn a Varsity Letter for their work with PHSW.
 - ✓ To earn a Varsity Letter, must be a member of the team for two consecutive seasons.

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The participation of students in high school athletics, is a privilege that shall be respected, and in turn may be taken away. Student-managers choosing not to adhere to the PHSW Code of Conduct outlined herein may be subject to the full range of disciplinary penalties including, but not limited to: additional conditioning, suspension, or dismissal from the team. The final decision for any and all disciplinary actions, in regards to PHSW, is at the sole discretion of the Head Coach, unless delegated.

Respectfully,

Chris Reid

Chris Reid
Head Wrestling Coach
chreid@pvschools.net



*** Please keep the first two pages for your personal records. ***

*** Sign and remove the last page, returning to the Head Coach. Thank you. ***

By signing, the undersigned acknowledges they have read, understood, and will abide by the PHSW – COC.

Student-Manager (print name): _____

Signature: _____ Date: _____

Parent/Guardian (print name): _____

Signature: _____ Date: _____