

PINNACLE HIGH SCHOOL WRESTLING

rev. September 30th, 2026

Welcome to the Pioneer WRESTLING Family!

COACHING STAFF:

Zack Surdyka, Head Coach: jsurdyka@pvschools.net

Rich Fawcett, Head Varsity Assistant Coach

Danny Hewlett, Head JV Coach

Tom Capaldi, Head Varsity Girls Coach

Louden Hewlett, Assistant Coach

Joe Broquard, Assistant Coach

VOLUNTEER COACHES:

Bryan Fawcett, Chris King, Mike Gorraiz, Ryan Whaley & Mike Beck

ATHLETIC TRAINERS:

Erin Maloney - emaloney@pvschools.net

Katrina Boyd - kaboyd@pvschools.net

Team Website: www.pinnaclewrestling.com

**** Information, Pictures & Videos, Sponsor Info, Roster, Records, Coaches, etc. ****

**** Calendar with all Practice and Competition times ****

Social Media Accounts: [@pinnacle.wrestling](https://www.instagram.com/pinnacle.wrestling)



**** Pictures, Results, Day of Information, Updates & Fun ****

ParentSquareApp: PHS Wrestling 26-27

See Parent Square page in this packet for instructions on joining

**** Get the App for last minute alerts & reminders ****



North Valley Regional Training Center (NVRTC)

www.nv-rtc.com | Instagram [@nv_rtc](https://www.instagram.com/nv_rtc) | Facebook [@NorthValleyRTC](https://www.facebook.com/NorthValleyRTC)

One of the largest wrestling clubs in Phoenix is right here on the Pinnacle Campus!

We offer a unique, Regional Training Center, providing year-round wrestling opportunities, working with 6+ high schools, 10+ coaches & over 100 wrestlers ranging from Kinder thru High School!

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2026-2027 PARENT PACKET

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PinnacleWrestling.com | @pinnacle.wrestling

PHS Wrestling Booster Club

BOOSTER CLUB CONTACTS:

President: Kelly Fawcett (Andrew): kellylfawcett@gmail.com/ 602-558-2250
Vice President: Nikki Bonelli (Austin): nicoleherndon82@gmail.com/ 602-341-0167
Secretary: Chelsea Surdyka (Mason): chelseamarie808@gmail.com/ 808-291-5198
Treasurer: Kristy Pulkrabek (Carson): Kristy_glenn2002@yahoo.com/ 480-617-3359
Snack Shack Coordinator: Matt Morell (Max): mmorell_21@yahoo.com/ 425-681-9180
Swag/ Merch Coordinator: Lesley Whaley (Hunter): Lawhaley17@gmail.com/ 480-202-0583

General Questions: Send an email to all boosters and cc Head Coach
Wrestler Specific Questions: Send an email directly to the Head Coach

What does it mean to be in the Booster Club?

The Wrestling Booster Club plans support for the wrestling team throughout the season through holding fundraisers, managing the snack shack, planning senior night, as well as organizing the kick-off party and the year-end season banquet. We also coordinate snacks, drinks, and select meals for away meets as well as hotel reservations for away meets.

The more members we have helps keep workloads small.
We also support the Coaching Staff and promote & support Wrestling!!

⇒ = Areas where all Parents can help out

Key Booster Events

➤ Volunteer at the Snack Shack for Home Meets and Tournaments

⇒ Sign-up requests will be sent out prior to meets

➤ 6th Annual NVRTC 'Preseason Classic' - COMPLETE Saturday, September 26th, 2026

⇒ This is a Preseason Fundraiser for Pinnacle Wrestling at Pinnacle HS. Thank you for all that donated and/or helped run the event!

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- **Incoming Students - Wrestling Showcase** (TBD) Mid November/ Mid January
 - ✓ *Promote Pinnacle Wrestling to potential incoming Pinnacle Students*

 - **Senior Night** **Wednesday, January 6th, 2026**
 - ✓ *The Booster Club purchases gifts for the Seniors, flowers for Senior Parents, etc.*

 - **Support our 11th Annual JV Tournament** **Saturday, February 6th, 2027**
 - ⇒ *We host one of the biggest JV tournaments in Arizona, with 30+ teams attending*
 - ⇒ *Make and/or provide food for the Hospitality Room. We serve coaches breakfast & lunch!*
 - ⇒ *Help in the Hospitality Room and/or Concession Stands*

 - **End of Season Banquet** **Sunday, March 7th, 2026**
 - ✓ *Booster Club sources catering, wrestler awards, gifts, etc.*
- *** Please talk to a Booster Club Member about how you can help support the Team *****

Schedule Must Knows:

- ✓ *Full Printable Competition Schedule on home page of Pinnacle wrestling website*
- ✓ *Can add the Full Pinnacle Wrestling Calendar to your phone's calendar by clicking "Add to Google Calendar" or "+" on the calendar on the Pinnacle wrestling website*

Upcoming Dates

Pinnacle Wrestling Team Store Opens

Wednesday, October 28th

Pinnacle Wrestling Team Store Closes

Friday, November 6th

- ✓ *We use Buddy's All-Stars*
- ✓ *Orders are scheduled to be fulfilled and shipped three weeks post the team's website closing date. Once in transit, and depending on shipping destination, delivery may take up to 3-5 business days.*
- ✓ *Wrestlers must purchase a polo and a long sleeve t-shirt for match days (featured); the rest is optional*
- ✓ *Wrestling Online Store Preview at the end of this packet*
- ✓ *All gear will be packaged individually, BUT shipped to the PHS Wrestling Room; we will coordinate a pick up date/ time with everyone who ordered items*

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Register My Athlete Complete

Friday, October 30th

- ✓ RMA, Mandatory Online Videos, Physical, etc - qr code below:
- ✓ All due BEFORE wrestlers can participate during the Regular Season
- ✓ Any RMA questions can be sent to Athletic Assistant Star Harris staharris@pvschools.net

Participate in Athletics



Regular Season Starts - 1st Day of Practice

Monday, November 2nd

- ✓ Wrestling: 4:30 - 7:00pm

Sports Impact Testing – 2:30pm

Thursday, November 5th

- ✓ Bring their school issued Chromebooks to practice for Baseline Concussion Testing.
- ✓ For: Freshman, Juniors, Transfers or any FIRST year/ FIRST season athlete at Pinnacle

Banner Health Nutritionist - 3:30pm

Thursday, November 12th

- ✓ We will have a Banner Health Nutritionist come in to talk to all of the wrestlers

Baseline Tanita Weigh-Ins - 2:30pm

Friday, November 13th

- ✓ All Wrestlers will do their official Tanita Weigh-Ins and MUST be hydrated
- ✓ Tanita weigh-ins are quick body-composition checks that use a specialized scale to measure a wrestler's weight and hydration-related data to help establish a safe, healthy minimum wrestling weight.

Workout/ Goal Planning/ Team Bonding - 8:30am

Saturday, November 14th

- ✓ We will do a team workout on the field, set short term, mid term and long wrestling goals, review the wrestler code of conduct and also do a team bonding activity to get to know some of the other wrestlers

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Annual Kick-Off Party - 2pm

Sunday, November 15th

- ✓ *Our start to the season for the wrestlers & families. Meet the coaches & other parents, hear a short team speech, while the team bonds in a non-wrestling setting.*
 - Please bring an appetizer or a dessert to share
 - **Fawcett Residence – 24430 N 24th Way, Phoenix, AZ 85024**

Zeffy Fundraiser - 3:45pm

Monday, November 16th

- ✓ *Must have list of (20) email addresses or phone numbers ready (**flyer on our website**)*

Wrestler Code of Conduct - Signed and Returned

Tuesday, November 17th

- ✓ *We will review the Wrestler code of conduct as a team on Sat, 11/14*
- ✓ *This needs to be reviewed, signed by the athlete and parent, and emailed to coach*

Intrasquad Wrestle Offs - Wrestling at 5pm

Wednesday, November 18th

- ✓ *This is the first opportunity wrestlers will have the ability to wrestle off for varsity and #1 JV positions; we will also use this opportunity to just get some practice matches in*
- ✓ *This will be held at Mountain Trail Middle School and we will have AIA refs at the event*
- ✓ *All Family and Friends are encouraged to attend*

Hype Video (All) and Senior Pics - 3pm

Friday, November 20th

- ✓ *A fun experience where ChapterNext will take videos of all the wrestlers to help make a 2 minute 26-27 Wrestling Hype video we will share with all*
- ✓ *ChapterNext will also take pictures of our Seniors and a few other wrestlers*

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21st Annual Mountain Run:

Saturday, November 21st

- ✓ We encourage all family members to join us for this traditional event!
- ✓ Team Pictures and our Seniors will speak at the end.
 - Pinnacle Peak Park – 26802 N. 102nd Way, Scottsdale
 - Arrive – 6:50am | Start Time – 7:00am | Done approx. – 9:30am



Other Important Dates

First Competitions of the Season:

Note: VB = Varsity Boys, JVB = JV & Frosh Boys, VG = Varsity Girls, JVG = JV Girls, ALL = All Wrestlers

- | | | |
|----------|------------------------|---|
| ✓ Girls: | Boulder Creek HS | Tuesday, December 1st |
| ✓ ALL: | Sandra Day O'Connor HS | Wednesday, December 2nd |

Thanksgiving Wrestling Practices:

11/26/26 to 11/27/26

Christmas Wrestling Practices:

12/21/26 to 1/1/27

Team & Individual Picture Day:

Friday, January 8th

- ✓ We use Chapter Next for our team photos – www.chapternext.com

11th Annual JV Tournament

Saturday, February 6th

- ✓ ALL non-participating wrestlers are required to help work the event.

AIA State Tournament

2/18 to 2/20/27

- ✓ ALL wrestlers are encouraged to attend the State Tournament!

ParentSquare

To join the **PHS Wrestling Parents 26–27** group:

1. Download the ParentSquare app

- iPhone/iPad: Search **ParentSquare** in the Apple App Store
- Android: Search **ParentSquare** in the Google Play Store

2. Open the app and sign in

- Use the **email address or phone number connected to your school account**
- If you are new to ParentSquare, follow the prompts to activate your account

3. Join the Pinnacle Wrestling parent group

- Scan the **PHS Wrestling ParentSquare QR code**
- Or use the group join link provided by Coach Surdyka -
<https://www.parentsquare.com/groups/join/tmr3sis5jw>

4. Once joined, you'll be able to:

- Receive quick wrestling updates
- Ask general team questions
- Coordinate carpools or travel
- Communicate with other Pinnacle Wrestling parents

Important

Please use the group for **general Pinnacle Wrestling communication only**. Please keep individual wrestler concerns, lineup decisions, discipline matters, and other personal issues out of the group chat and contact Coach Surdyka directly.



PHS Wrestling ParentSquare
Scan to join

Donations

Each wrestler is responsible for bringing their own healthy snack options for competitions, however the booster provides a small amount of snacks and drinks as well. We welcome donations if you would like to contribute bottled water, gatorade (or similar drink), and healthy non-perishable snacks. Please bring your donations to the wrestling room.

While convenient, we want to limit items with high protein & fat at competition
That means limiting Jerky, Trail Mix, Granola Bars, Protein Bars, etc.

Check out the Dietitian and Wrestling Nutritionist, Jackie Slomin:

- ⇒ Instagram: [@weightcut.nutritionist](#)
- ⇒ Website: [www.jackieslomin.com](#)

Arizona Extracurricular Activities **TAX CREDIT PROGRAM**

- **AZ Public School Tax Credit** will reduce your state taxes each year, dollar-for-dollar.
- You can make your payment, through Tax Day, for the prior tax year.
 - ✓ *Up to \$200 for single filers or \$400 for joint filers*
- Pay online at the PHS Webstore <https://az-paradisevalley.intouchreceipting.com>
 - ✓ *Sign-in per instructions & choose **Wrestling TC Donation** from the Menu*
- Or send a check to Pinnacle High School:
 - ✓ *Attention: Finance Office*
 - ✓ *Write Wrestling Tax Credit on the memo line*

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Corporate or Personal Sponsorship Levels

➤ BRONZE SPONSORSHIP

\$400 or above

- ✓ Logo placed on digital screen inside gym for home wrestling meets.
- ✓ Logo will be posted on our team's social media pages and on our website.
- ✓ Quarter-page ad in our annual wrestling program, distributed at home meets.

➤ SILVER SPONSORSHIP

\$750 or above

⇒ In addition to the Bronze level sponsorship details:

- ✓ Sponsorship announcement during each home meet.
- ✓ Upgrade to half-page ad in our annual wrestling program.

➤ GOLD SPONSORSHIP

\$1,500 or above

⇒ In addition to the Bronze & Silver level sponsorship details:

- ✓ Free admittance to all home meets.
- ✓ Logo added to the back of our annual JV Tournament t-shirt.
- ✓ Upgrade to a prominent full-page ad in our annual wrestling program.

Our 2026-27 fundraising goals are to purchase new Singlets, Warm Up Tops/ Bottoms, Backpacks, Headgear, multiple breakfasts, lunches, and dinner, as well as attending two travel tournaments. Big purchases we would like to make in the near future are new wall mats for the wrestling room, a trophy case and possibly a wrestling trip to Hawaii in the 27-28 season!

** See Full Sponsorship Packet on our website***

*** Make Checks payable to 'Pinnacle High Boosters Inc.' with 'Wrestling' in the memo **
501c3 Tax ID #: 86-0994121*

**** Please send your Company Name and Logo in electronic format to our Booster Club ****

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PVUSD Participation Fee vs. Booster Club Fee

PVUSD Sports Participation Fee (due No Later Than):

Friday, November 28th

✓ *Payment portal opens on Wednesday, November 5th*

➤ PVUSD Sports fee is **\$200** per athlete

✓ *Multi-sport athletes & sibling cap of \$400 per school year*

➤ Payable through PHS Webstore or Bookstore/Finance Office on campus

✓ *Webstore accepts all major Credit Cards*

✓ *Username: Student ID Number – Password: Last Name (first initial capital)*

✓ *Please select wrestling, with either 'tax credit' or 'non-tax credit'*

✓ *<https://az-paradisevalley.intouchrecepting.com/>*

Booster Club Fee Due By:

Tuesday, December 1st

➤ The PHS Wrestling Booster Club fee is **\$225** per athlete

Booster Club Fee Includes:

➤ Seasonal Wrestling Item(s):

✓ *Season Kick-Off Party Costs*

✓ *Programs for Home Meets*

✓ *End of Season Gifts for Team*

✓ *Tournament Registration Fees*

✓ *Travel Costs (Hotels & Food)*

✓ *New Equipment & Supplies*

TWO Ways to Pay the Booster Club Fee:

➤ **Zeffy:** Credit or Debit Card on our Zeffy link (**see QR Code below**)

➤ **Sponsorships:** Waive the fee by obtaining a Bronze level or higher sponsorship



Zeffy Booster Fee



A New Booster and Fundraising Platform

We are excited to introduce Zeffy as Pinnacle Wrestling's New Fundraising and Booster Payment Platform! Non-Profits utilize Zeffy because they keep 100% of the donations collected. That's right! 100%!

Donation Platform – Keep an Eye/Ear Out

Fundraising is essential to the success of Pinnacle's Wrestling Program. In comparison to many high school sports, wrestling teams run a very lean budget. However, there are operating expenses such as food, travel, and team equipment that are not covered by the school and can only be purchased with Booster led fundraising.

In **November**, Coach Zack will ask each wrestler to send a Zeffy Donation link to family and friends. Wrestlers **will need** to have a list of 20 e-mails/phone numbers that they can utilize. Parents on our mailing list will also receive the link. It can't be said enough – we **RELY** on these funds to run our team!

Booster Fee

As of the 25-26 season, we have also changed our system for the collection of the Booster fee. Previously, the Booster fee was yielded through a parent equipment purchase at the beginning of the season. Unfortunately, the team did not receive these funds for several months. In order to best utilize these funds, we are asking parents to pay through Zeffy which provides monthly disbursements. A link is included on the Pinnacle Wrestling site and a QR code will be available at the parent meeting. The Booster fee is also essential to the operating budget of the team.

Questions

If you have any questions about these changes or Zeffy, please feel free to reach out to our Boosters. Their contact information is included in this packet.

Parent Responsibilities

- **Make sure your wrestler is protected** by showering thoroughly within ONE HOUR of every practice/event with antifungal soaps. Antibacterial soap for all other showers.
- **Support your wrestler** with nutritious foods at home, and healthy snacks for meets and tournaments. They need good FUEL to perform their best.
 - **Check out the Dietitian and Wrestling Nutritionist, Jackie Slomin:**
 - Instagram: [@weightcut.nutritionist](https://www.instagram.com/weightcut.nutritionist)
 - Website: www.jackieslomin.com
- **Support the team** with our only outreach-based Fundraiser – Zeffy
- **All wrestlers** are expected to support their teammates by remaining in attendance at competitions. They should ride with the team to the event and back.
- **Volunteer** in the wrestling program. There are many ways you can be involved in our wrestling program. By volunteering, you will be getting to know other parents in our program and supporting your wrestler.
 - ⇒ ***Without volunteers, we cannot have a successful program.***
- **Areas to volunteer at our team events:**

✓ Concession Stand	✓ End of Season Banquet
✓ Senior Night	✓ Photographing and taking Videos
✓ PHS Wrestling F/JV Tournament	
- ⇒ If you are interested in serving on the Booster Club Board, or helping this season, please contact a PHS Wrestling Booster Club member!

Wrestler Responsibilities

- **Be on time.** 15 minutes early is on time. Attendance is required for all practices/ events.
- **Protect yourself** and your teammates from skin issues by showering thoroughly within ONE HOUR after every practice/event with antifungal soaps (*tea tree oil*). Use antibacterial soap for all other showers.
- **Be hygienic** and keep your fingernails trimmed at all times.
- **Wrestlers that are managing their weight throughout the season:**
 - **Check out the Dietitian and Wrestling Nutritionist, Jackie Slomin:**
 - Instagram: [@weightcut.nutritionist](#)
 - Website: [www.jackieslomin.com](#)
- **Uniforms** will be issued by Pinnacle's Equipment Manager Tanner Maroney and must be returned at the end of the season. Failure to return will result in school fines.
- A **Gear Apparel** package can be purchased on our online team store starting 10/28/26 and is theirs to keep and wear at the appropriate times.
- **Water Bottles/ Hydro Flasks and Wrestling shoes** are required to be purchased by each wrestler.
 - ✓ Loaner shoes are available for temporary use.
- **Daily Practice journals** will be given to the wrestlers.
 - ✓ Wrestlers must bring these to practice daily.
- **Mouth guards** are highly recommended.

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- ✓ Mouth guards are required for wrestlers with braces.
- **Paperwork** completed ASAP (All forms located on website, under INFO)
 - ✓ Code of Conduct - Due by 11/17/26
 - ✓ Zeffy email addresses or phone numbers - Due by 11/16/26
- **Attendance** at a Varsity meet means wearing your PHS Wrestling Gear to support your team, even if you are not wrestling. All competing wrestlers are required to stay until the last wrestler competes. We stay as a team!
- **Sign up on the ParentSquareApp** for last minute alerts & reminders.

Preview of Online Wrestling Store

Mandatory For Wrestlers - one polo & one long sleeve shirt[View Category Page](#)

			
Badger Men's Sportswear On The Rise Polo	Badger Women's Sportswear On The Rise Polo	District Perfect Blend CVC Men's Long Sleeve Shirt	District Perfect Blend CVC Women's Long Sleeve Shirt
\$22.00	\$22.00	\$16.00	\$16.00

www.pinnaclewrestling.com | Instagram, Facebook, and Twitter: [@pinnacle.wrestling](#)

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APPAREL

[View Category Page](#)



Next Level Apparel Men's S/S Tri-Blend Tee

\$18.00



Next Level Apparel Women's S/S Tri-Blend Tee

\$18.00



Badger Sportswear Men's On The Rise Shorts

\$14.00



Badger Sportswear Ladies On The Rise Shorts

\$14.00



Russell Men's Legend Tech Fleece Hoodie (FRONT & BACK LOGO)

\$69.00



Holloway Men's Ventura Soft Knit Jogger

\$38.00



District Women's Re-Fleece Full-Zip Hoodie (Front & Back logo)

\$38.00



Holloway Ladies Ventura Soft Knit Jogger

\$38.00

ACCESSORIES



Pacific Headwear Perforated F3 Performance Flexfit® Cap

\$20.00

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Pinnacle High School Wrestling, 3535 East Mayo Boulevard, Phoenix, Arizona 85050