



The Art of Lovee

“Crazy|Sane” written by 21 year old Published Author Brandon Lovee

A steady hand is a steady heart, while a steady eye is a steady mind. Carefully understanding those first two sentences alone outlines the importance of reading and writing. Growing up, my father heavily enforced reading two books each summer, and by the end of each summer for my sister and I to have two essays written and prepared to present for the books that were read. One thing I’ve realized over the years, with our vast technological advances, many young individuals no longer find interest in reading literature. Usually distracted by the gaming system or social media, our young people rarely read books by choice. Our attention span shifts every 15 seconds, so the ability to hold someone’s attention for anything longer is truly a gift.

On my 21st birthday, April 7th, 2019, I, Brandon Lovee, released my first 2 in 1 flipside book, “Crazy/Sane.”. When read in one direction, you have “CRAZY,” a testimony of where I come from, where I’ve been, and where I’m going. “Crazy” dives into the path that life has taken me as a young black male born and raised in South Side Richmond, VA, while painting a picture of the highs, the lows, the good, the bad, and the ugly. When read upside down and in the opposite direction, you have “SANE,” a compilation of 7 spoken word pieces that I have presented over the last 3 years, using creative writing as a self de-escalation technique to cater to my mental health.

This bipolar creation allows the reader to connect with themselves by walking in my shoes with two different mindsets. This book is designed for all ages, races, religions, and backgrounds; however it’s target audience is pre-teens, teenagers, and young adults. It addresses the trials and temptations of life, while also giving the blueprint to finding oneself in a world that influences us to be like someone else. This book was created to show the reader that we all have a book inside of us. We all have a story to tell, so never be afraid to tell yours. If you have a young person, a black parent, or caucasian friend who needs to clearly visualize the perspective of a 21 years young African-American male born and raised in the Confederate Capital of America, who continues to push through the struggles of his environment, look no further! Purchase books in bulk for a significant discount! Let’s make reading and writing cool again!

