Children's Hospital of Wisconsin Community Services Northwoods Family Resource Center Network

Antigo

Antigo Family Resource Center N4013 Hwy. 45 Antigo, WI 54409 (715) 627-1414

Merrill

Lincoln County Family Resource Center 201B Stange St. Merrill, WI 54452 (715) 539-9228

Rhinelander

Family Resource Connection 1020 Kabel Ave. Rhinelander, WI 54501 (715) 361-2935

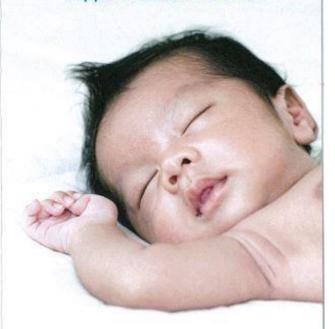
chw.org/communityservices



© 2016 Children's Hospital of Wisconsin. All rights reserved. CS065 GEN

Northwoods Healthy Families

Support for New Parents



Pregnant with your first baby?

Wondering about your new baby's development?

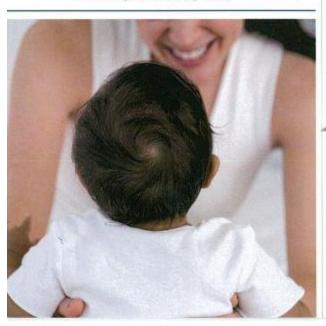
Questions about where to get what you need for you and your baby?



Kids deserve the best.



A way to help get your baby off to a healthy and happy start



What is Northwoods Healthy Families?

- · Support during and after pregnancy
- Activities designed for your baby and your family
- · Bridge to other local resources
- · Free and voluntary

What can Northwoods Healthy Families do for me?

Here's what our parents have to say:

- Other parents should join the home visiting program because it gives you someone to talk to and who doesn't judge you. 33
 - They help in a variety of ways, from bringing information I had questions about or about other resources that would help my family.
- My home visitor recognized my potential as a parent when I had very low self-esteem and questioned my (own) abilities. She encouraged and supported me to be the best parent for my twins. Today I feel confident.
 - You help me set goals, then keep me on track so I can achieve them. 33