

BRAG SHEET

Name: Sebastian Gaytan D'Amico

Rank in Class (if you know): 1

Check all that apply: NO 1st generation college student; YES single-parent household

YES US Citizen; NO Non-citizen; NO Health Challenges (Explain in Section X or XI)

I. Activities

School Clubs and Organizations/ Extracurricular Activities	9	10	11	12	Description of Activity
Music Production President and Club Founder	Y E S	Y E S	N / A	N / A	I created this club to broaden the horizons for people interested in learning about different musical instruments. I am the drums teacher, and I help people learn the basics of this instrument. I also have a guitar student teacher, piano student teacher, flute student teacher, and a specialist in digital music (Sound trap)
Key Club	Y E S	Y E S	N / A	N / A	This club is a volunteer club at my school where you have the opportunity to assist in many community service activities. I have participated in Key Club events for over 50 hours doing clean ups, senior bingo nights, packing free school supplies, and attending South Gate Kiwanis meetings.
King/Drew Leadership	N O	Y E S	N / A	N / A	I am a member of the Leadership Committee at my school that facilitates and creates a variety of school events and functions. As a member of King/Drew leadership,
Robotics	Y E S	Y E S	N / A	N / A	I am the Vice President of King/ Drew's Robotics team and I have participated in many First Inspires Robotics competitions with my team. I specialize in building and assembling robots.
MESA	Y E S	Y E S	N / A	N / A	I have participated in MESA for 3 years total, entering the MESA competition "Moon Base" and creating a cardboard model using principles of architecture and engineering. I have been the group leader of two MESA teams so far.

Athletics	9	10	11	12	Description of Activity
Volleyball	Y E S	Y E S	N / A	N / A	I play on the King/Drew volleyball team as a middle blocker. I enjoy this sport and I play nearly every day to hone my skills and develop my athleticism.
Cross Country	N O	Y E S	N / A	N / A	I was part of the King/Drew Cross Country team and earned a medal for top 5 frosh/soph in our Colosseum league tournaments.
SRLA	N O	Y E S	N / A	N / A	I am part of King/Drew's SRLA program, where I train to run a marathon. So far, I have ran over 150 miles, and I have done a half-marathon.

Community Organizations	9	10	11	12	Description of Activity
South Gate Kiwanis	N O	Y E S	N / A	N / A	This is the main service program of my local community, and I hold the people in this program close to my heart. I have been working with South Gate Kiwanis for nearly a year via King/Drew Key Club and I have been volunteering in various events, listed under Key Club.
Kollab Youth	N O	Y E S	N / A	N / A	This is a program that prioritizes the development of career choices and leadership skills for modern teenagers. Kollab Youth provides its members with various masterclasses on different careers paths, even allowing us to visit certain workplaces like Radiology Clinics, News Stations, and more. I have expanded my view to the many occupations available nowadays and I have made a connection with my peers and mentors in the program.

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Girls Build	N O	Y E S	N / A	N / A	I participated in the Girls Build program when I aided in a volunteer effort to pack and ship essentials for giveaway to the less fortunate. These essentials included blankets, toiletries, clothing, first aid, and more
			N / A	N / A	

II. Awards

School Awards	9	10	11	12	Description of Award
Rank 1 GPA for 9th and 10th	Y E S	Y E S	N / A	N / A	In 9th and 10th grade I maintained the highest GPA in my entire class, becoming rank 1 for two years straight.
Exploration Sci award Middle School	N /A	N / A	N / A	N / A	In Middle School I received the award for best student in Exploration Science class, which was given to one student per subject during 8th grade culmination.
Principal's Honor Roll	Y E S	Y E S	N / A	N / A	I got Principal's Honor Roll for 8th, 9th, and 10th grade.

Community Awards	9	10	11	12	Description of Award
Kollab Leadership	N O	Y E S	N / A	N / A	This isn't necessarily an award, but I hold the position of Youth leader in Kollab Youth, and I have the opportunity to guide others and hone my leadership skills through this position.
			N / A	N / A	
			N / A	N / A	

III. Academics

Classes of Distinction (AP, Electives, etc.)	9	10	11	12	Grade	Description of Class and Exam Result (Score)
AP Human Geography	Y E S	N O	N / A	N / A	A	This class teaches the patterns of human interaction throughout history, and shows how they shaped the world we live in. I had a consistent A in this class and got a 5 on the AP Exam.
AP World History	N O	Y E S	N / A	N / A	A	This class teaches the major historical events that defined the processes of our world and gave context to major turning points in overall history. I got a 5 on the exam.
			N / A	N / A		
			N / A	N / A		

Grade Point Average (GPA)	9	10	11	12	Weighted: 4.2	Non Weighted: 4.0
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V. Work Experience

Name and Location	Volunteer or Paid	Dates Worked	Description
Leadership work	Volunteer	8/1/23-2/1/24	As part of leadership in King/Drew, I have spent many hours handling money and doing transactions during concession stands

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			and student store. This is just one of the minor things I do for leadership, but it counts for work experience all the same.
Senior Bingo Night	Volunteer	6/1/23-2/1/24	During Senior Bingo Night, I assisted many senior citizens through the game and I provided them with food, water, and seating. I tended to their well-being and overall facilitated an event where they could enjoy themselves.
Girls Build Relief Bags	Volunteer	11/19/23	During the Girls Build Relief Bag event, I assisted in packing many bags full of essential goods. I also did this in South Gate Kiwanis, where I packed backpacks full of supplies for giveaway.
CHLA medical shadowing	Volunteer	6/25/23-6/30/23	In this program I stood a week at the CHLA shadowing the many different medical careers. I learned a lot about medicine and this inspired me to learn more about the various fields I shadowed. I shadowed professionals in Urology, Pharmacy, ER, and Nurse
Bioflex Program	Paid		Studied bioengineering, biomedical tech, biomedical financial strategies, antibody research, visited labs
USC CIRM Conference: Bioscience Event	Volunteer	Aug 12 2024	Visited labs, studied Stem cells and cancer research

VI. Summer Enrichment Experience

Name and Location	Dates Worked	Description (Include any presentations or published work).
UCLA EAOP Writing Foundations	7/21/23-7/23/23	During this summer enrichment experience, I was invited to stay the weekend at UCLA in order to improve my writing skills. During this experience, I connected a lot with people my age. I built connections and friendships that still last to this day. This program taught me a lot about writing but overall helped me the most by connecting me with others my age with similar aspirations and goals.
Health	1/6/23-1/8/23	I took an online health course during the 2023 summer to complete my A-G requirements.
UCLA AP Readiness		Learned about AP US History and AP English

VII. Hobbies, Special Talents, or Other Interests

Hobby, Talent, or Interest	Description
Drumming	Drumming is a big hobby of mine and it is something I have pursued for 2 years. I have grown proficient at the drums overtime and have participated in many school events such as the Multicultural festival and Music Production with my drumming. It is a creative outlet I use to express myself and grow myself in a positive way. I enjoy playing my favorite songs on the drums. Overall, drums are really amazing to me. I am glad I learned them.
Journaling	Journalism is something I have recently picked up 3 months ago, but it has had a major impact on my life so far. Every day, I write down a summary of what happened in my day and I recognize my faults and successes. I set goals for myself for the next day, and I make everyday something to be grateful and happy for. Journalism always builds my writing and thinking skills, which is beneficial to me.
Science	Science has always been something I am highly interested in, ever since I was a child. The natural order of our universe is something that completely fascinates me, and motivates many of my main life goals. I want to pursue a career that has at least something to do with science so I could put my interest to use. I plan to take science AP's in High School as well, to grow my knowledge and understanding of the subject.

VIII. Career Ambitions, Plans, and Goals

Ambition, Plan, or Goal	Description/Reason
Helping Others	In this lifetime, assisting my family and people close to me is a major goal of mine. I want to help the world by securing a career that contributes to positive change in this world, such as a career in healthcare. I also want to be there for people close to me whenever I am needed, physically and emotionally. I want to give back to show my gratitude for everyone who has supported me throughout my journey. I plan to do this by getting a good education and learning about myself and this world through many different perspectives. After that, I want to support my family and friends emotionally by growing out of bad habits in my behavior. I also want to help my family financially and gain more freedom. Overall, I plan to live life in a way I could look back with nothing but pride and gratitude. I still have much to learn, and that is completely fine.

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Volleyball Varsity Captain & City Champions	This may be a much less significant and more short term goal compared to my first goal, but it still is valuable to me all the same. I plan to become the captain of my school's volleyball team and win City Championship to challenge my mind and body and accomplish something I can be proud of. Volleyball is a major interest of mine, so having this goal in mind allows me to develop this skill over time with passion.
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IX. List four words to describe yourself:

- Committed Creative
- Solution-Oriented Amicable

X. Family Issues or Concerns/Family Education (MANDATORY IF APPLYING FOR EOP)

Please describe in detail any family issues or concerns that could impact your college application. Also please include your parent/guardian's family education.

I have a single mother and I often need to baby-sit my sister at home. I help my sister with her homework and make sure she stays on track while my mom provides by working her job as a teacher. I cook for my family and keep the house clean often, while also staying on top of my own responsibilities. My family is currently divided, so it is hard for me to find someone to look up to. I have also struggled with abusive households, but now things are more stable and I should be able to attend college with no issues. My mother and father both received college educations, but my Grandma and Grandpa from my mom's side are first generation immigrants who had no education.

XI. Additional Information

Please include any additional information that may be pertinent to your recommender.

I do not show much of who I am in the classroom, since I tend to focus on my work. I hope you can try and see deeper into me and my character especially after reading this brag sheet. I appreciate you for making this letter, and I hope I do not take up too much of your time. That is all, thanks for all your help!