

Lauren Young

November 17, 2025

@LaurenYoungDrums on Facebook, Instagram, Threads, Tik Tok, and YouTube

Drumming Since: 2018

Lives In: United States

Biggest Influences: John Bonham, Dave Grohl, Glen Sobel, Jen Ledger

Artist Bio:

Lauren is a rising professional drummer from the Phoenix, Arizona area. She started playing in grade school and has continued her musical education ever since.

She has earned an international following and captured the attention of world class musicians and celebrities. Lauren is well known for adding her dynamic play and visual performance to many iconic recordings on social media. Her posts are reaching 3,600,000+ fans each week and the engaged audience of more than 1,192,5500+ followers/subscribers continues to grow.

Lauren has opened for Alice Cooper, Rob Halford, Scott Stapp, and others. She loves playing classic rock and many other genres. She plays live shows for thousands of people each month, including large church services, with more opportunities coming her way.

Be on the lookout for Lauren Young as she brings her beat to new recordings and projects being announced in the near future.

For more info:

<https://LaurenYoungDrums.com/EPK>

Videos:

Sweet Child O' Mine - Drum Cover:

<https://youtube.com/shorts/fHXrgxZuNkl?si=050daXks6n9YRcy1>

You Give Love A Bad Name - Drum Cover:

https://youtube.com/shorts/LNy7_wu12DI?si=QN0vkkfl_GwRKUU

Social Media:

Facebook (433.8k): <https://www.facebook.com/LaurenYoungDrums>

Instagram (142.7k): <https://www.instagram.com/laurenyoungdrums/>

Threads (31.5k): <https://www.threads.net/@laurenyoungdrums>

TikTok (468.2k): <https://www.tiktok.com/@LaurenYoungDrums>

YouTube (117.8k): <https://www.youtube.com/c/LaurenYoungDrums>

