

# READY TO EAT

## THE ENTREES

☆ *All entrees include 1 side*

*(unless noted)*

► *Sides may be split into 2*

☆ *Stews come with rice only*

### *Daily*

Meatloaf	\$10 <sup>95</sup>
Chicken Breast	\$13 <sup>95</sup>
Turkey Patty	\$11 <sup>95</sup>
Chicken Meatballs	\$15 <sup>95</sup>
Crabcakes	\$14 <sup>95</sup>
Roasted Cod	\$13 <sup>95</sup>
Lamb Meatballs	\$14 <sup>95</sup>
Sirloin Tips	\$15 <sup>95</sup>
Grilled Salmon	\$15 <sup>95</sup>
Poached Salmon	\$15 <sup>95</sup>
Pasta w/ Meat Sauce	\$15 <sup>95</sup>
Spanakopita (only)	\$ 7 <sup>95</sup>

### MONDAY

Whole Grilled Branzino	\$18 <sup>95</sup>
Salmon Burger	\$12 <sup>95</sup>
Chicken Schwarma (w/rice)	\$12 <sup>95</sup>
Cod Fish Stew	\$12 <sup>95</sup>
Traditional Beef Stew	\$12 <sup>95</sup>
Chicken Tagine Stew	\$12 <sup>95</sup>
Leek Prasa Meatballs	\$11 <sup>95</sup>

### TUESDAY

Buttermilk Fried Chicken	\$13 <sup>95</sup>
Miso-Sake Stripped Bass	\$19 <sup>95</sup>
Sofrito Chicken Stew	\$12 <sup>95</sup>
Beef Moussaka (w/rice)	\$13 <sup>95</sup>
Leg of Lamb	\$15 <sup>95</sup>
Chicken Marsala	\$12 <sup>95</sup>
Homemade Brisket	\$14 <sup>95</sup>

### WEDNESDAY

Paella (only)	\$14 <sup>95</sup>
Eggplant Lasagna	\$13 <sup>95</sup>
Pomegranate Glazed Chicken	\$12 <sup>95</sup>
Italian Sausage	\$12 <sup>95</sup>
Moroccan Tilapia	\$13 <sup>95</sup>
Pork Schnitzel (w/potato salad)	\$13 <sup>95</sup>

### THURSDAY

Chicken Hawaj Stew	\$12 <sup>95</sup>
Beef Puff Pastry	\$13 <sup>95</sup>
Lamb Tagine Stew	\$13 <sup>95</sup>
Turkey or Chicken Milanese	\$14 <sup>95</sup>
Beef Kebab	\$14 <sup>95</sup>

### FRIDAY

Stuffed Pepper & Cabbage	\$12 <sup>95</sup>
Eggplant Beef Senia (w/rice)	\$13 <sup>95</sup>
Thai Beef Stew	\$14 <sup>95</sup>
Turkey or Chicken Parmesan	\$14 <sup>95</sup>
BBQ Half Chicken	\$13 <sup>95</sup>
Moroccan Fish Balls	\$11 <sup>95</sup>

## THE SIDES

### *Seasonal Vegetables*

Broccoli
String Beans
Sautéed Kale
Kale & Mushrooms
Carrots
Cauliflower
Beets
Sweet Potatoes
Potato Salad
Sesame Noodles
Penne & Pesto
Pasta Salad
Quinoa & Lentils
Brussels Sprouts
Brussels Sprouts Salad
Roasted Eggplant
Fava Bean & Couscous
Black Bean & Edamame
Cucumber & Fennel
Cucumber & Chickpea
Pearl Pasta & Mushroom
Brown Rice & Edamame
Chickpea Salad
White Bean & Zucchini
Mac & Cheese

# *READY TO EAT*

*.. just a Side \$5.95 (or split 2)*

☆ *"Three Side Deal" \$14.95*

# READY TO EAT

☆ **CATERING** ☆  
**212-229-1013**

<b>DIPS</b>	\$5 <sup>95</sup>
Hummus	
Babaganoush	
Matbucha	
Labneh	
<b>SOUPS</b>	
Veggie	\$4 <sup>95</sup>
Meat or Fish	\$5 <sup>95</sup> - \$7 <sup>95</sup>
<b>DESSERTS</b>	\$2 <sup>95</sup> - \$6 <sup>95</sup>

Half Bird \$8<sup>95</sup>  
W/ Side 13.95

## ROTISSERIE CHICKEN

*Local and Hormone free*

Whole Bird \$14<sup>95</sup>



## JUICE

**FANCY** \$6<sup>95</sup>

### **GREEN POP**

*Kale, Cucumber, Parsley, Apple,  
Celery, Lemon*

### **ORANGE IS THE NEW**

*Orange, Pineapple, Carrot, Apple*

### **CHINA RED**

*Beet, Apple, Lemon, Carrot,  
Ginger*

### **WATERMELONADE**

*Watermelon, Lime, Basil or Mint,  
Ginger*

**PLAIN** \$5<sup>95</sup>

APPLE  
ORANGE  
PINEAPPLE  
CARROT  
CELERY  
CUCUMBER

50¢ add on..

GINGER  
CAYENNE  
LEMON  
PARSLEY  
KALE