

-Minimum of 20 Guests-

Breakfast: Packages starting at \$7.95 per person

- Entrees:
 - Bagels with Cream Cheese, Butter
 - Continental: Bagels, Muffins, Danish
 - Vanilla Yogurt with Granola (Berries optional)
 - Apple Cinnamon Oatmeal (Gluten Free)
 - Scrambled Eggs
 - Bacon
 - Breakfast Sausage
 - Pancakes & Syrup
 - French Toast & Syrup
 - Israeli "Shakshuka"
 - Assorted Egg Wraps
 - Frittatas Spinach, Mushroom and Cheese or Potato, Onion and Pepper
 - Assorted Quiches (in multiples of 8 servings)
 - Custom Vegan or Vegetarian Meals
- Coffee, half & half, sugar, stir sticks
- Tea Service
- Orange Juice
- Plasticware, Paper Goods, Serving Utensils, and Setup 0

Lunch and Dinner Buffet Options:

"One Fork": One Entrée and One Side \$13.95 per person (IV) "Two Forks": One Entrée and Two Sides \$15.95 per person (I) (I) "Three Forks": Two Entrées and Two Sides \$17.95 per person "Four Forks": Two Entrées and Three Sides \$19.95 per person

Includes: Plasticware, Paper Goods, Serving Utensils, Wire Racks and Sternos, And Setup Custom Vegan or Gluten Free Meals add \$2.00 per person (Main meals will be structured to meat specialized dietary requirements whenever possible)

MAIN COURSES

• POULTRY

Chicken Parmesan

Fajita Chicken with Red and Green Peppers

- Chicken Marsala with Mushrooms
- Tuscan Chicken with Fennel and Artichoke
- Grilled Chicken Breast with Roasted Red Pepper Sauce
- Chicken Tajine
- Chicken Shawarma
- Chicken Meatballs with Gravy
- Chicken Taco Meat
- Chicken Marrakesh with Potato, Chick Peas and Tomato
- Rotisserie Chicken
- Chicken Lo Mein
- Chicken Milanese
- Chicken Hawaij
- Ground Chicken Chili
- Pomegranate Chicken
- Hungarian Chicken Paprikash
- Ground Chicken Chili with Cheddar Cheese and Sour Cream
- Ground Turkey Chili with Cheddar Cheese and Sour Cream
- BEEF

Fajita Hanger Steak with Red and Green Peppers (Add \$3.00 per person) Baked Ground Beef Senia with Eggplant, Tomato and Tahini Sauce Ground Beef Stew with Mushroom, Potato and Carrot Italian Beef Meatballs with Marinara Sauce Ground Beef Taco Meat Southwestern Beef Meatloaf with Red Wine Gravy Ground Beef Chili with Cheddar Cheese and Sour Cream Rigatoni with Meat Sauce (Counts as Main plus Side) Beef Moussaka (Counts as Main plus Side) Shepard's Pie with Ground Beef (Counts as Main plus Side) Ground Beef Moussaka (Counts a main and side)

• FISH

Roasted Cod with Red Grape Tomatoes & Oregano Moroccan Tilapia with Roasted Red Peppers & Cilantro Miso-Saki Glazed Tilapia Fish Stew with Turmeric & Preserved Lemon

• PASTA MAINS

Farfalle with Creamy Mushrooms and Peas
Baked Jalapeno Macaroni & Cheese
Creamy Penne Pesto
Baked Ziti
Pasta Primavera
Ravioli - with choice of sauce - Roasted Tomato & Garlic or Creamy Parmesan
Vegetable and Tofu Lo Mein
Cheese Tortellini W/ Various Sauces
Penne Pesto with Sun-dried Tomatoes & Mozzarella
Farfalle with Spinach, Sun-dried Tomatoes, Feta & Pinenuts
Fusilli with Sun-dried Tomatoes, Olives & Feta
Sesame Chinese Noodles with Peanuts & Sprouts
VEGETABLE

Vegetarian Chili with Sour Cream and Cheddar Cheese

Vegetarian Moussaka (Counts a Main and Side)

Eggplant Rollatini

Eggplant Parmesan

Greek Salad

• RICE

Chicken Fried Rice

Vegetable Tofu Fried Rice

Miscellaneous Accompaniments

- 1. Hummus
- 2. Buns
- 3. Hard Taco Shells
- 4. Large Flour Tortillas
- 5. Cheddar Cheese
- 6. Sour Cream
- 7. Guacamole (Add \$2.00 per person)

SIDE DISHES

VEGETABLE SIDES

• REG VEG SIDES

Roasted Garden Vegetables

Roasted Butternut Squash

Candied Orange Carrots

Steamed Broccoli with Roasted Red Peppers

Sautéed Broccoli with Garlic

Sautéed Green Beans with Shallots & Slivered Almonds

Sautéed Kale with Garlic

Sautéed Spinach with Garlic

Roasted Yellow & Green Zucchini

Grilled Zucchini & Eggplant with Roasted Red Peppers

Sugar Snap Peas with Shallots & Mint

Roasted Parsnips

Mama's Roasted Brussels Sprouts

• Special Veg Sides (Add \$1.00 per person)

Asian Green Bean & Mushroom Salad with Soy Vinaigrette

Cauliflower, Lentil, Shaved Brussels Sprouts with Dijon-Mustard Vinaigrette

Green Beans with Mushrooms, Red Onion, Whole-Grain Mustard & Blue Cheese

GRAINS, PASTAS AND RICE SIDES

525 Hudson Street New York, NY 10014 • TEL: 212-229-1013 • FAX: 212-229-1373 • WWW.READYTOEATNYC.COM

• GRAINS

Couscous

Couscous with Onions

Couscous with Fresh Herbs

Tabbouleh

Couscous with Lima-beans, Feta, & Crushed Tomatoes (Special)

• LEGUMES

Black Bean & Corn Salsa

RICE

Rice Pilaf

Brown Rice & Edamame Salad with Bean Sprouts & Parsley (Special)

Butter-Bean Salad with Crushed Tomatoes, Celery & Balsamic (Special)

• POTATOES

Roasted Potatoes with Rosemary

Roasted Sweet Potatoes Red Bliss Potato Salad with Mustard Dill Vinaigrette

PASTA

Vegetable Lo Mein

Farfalle with Mushrooms & Balsamic Vinaigrette Fusilli Puttanesca with Olives, Capers, Red Onion & Tomato Penne with White Beans, Tomato & Basil Sesame Chinese Noodles with Peanuts & Sprouts Elbow Macaroni with Corn, Green & Red Peppers, Cilantro in a Yogurt Sauce Pearl Pasta with Sautéed Mushrooms, Onions & Parsley Orecchiette Pasta with Pesto, White Beans, Cherry Tomatoes & Parmesan Wild Rice with Orzo, Dried Cranberries & Pinenuts Couscous with Dried Cranberries, Wheatberries & Mint Chick Peas & Orzo with Mint & Scallions Quinoa Salad with Lentils Baked Jalapeno Macaroni & Cheese

• SALADS

Field Greens with Tomato, Cucumber, Carrot with Balsamic Vinaigrette

Israeli Salad with Tomato, Cucumber, Cabbage & Artichoke Vinaigrette

Caesar Salad with Croutons and Shredded Parmesan

Greek Salad with Field Greens, Cucumber, Tomato, Feta, Black Olives and Chickpeas with Lemon

Arugula and Beet Salad with Goat Cheese with Red Wine Vinaigrette(\$2.00 extra Per Person)

Asian Salad with Sprouts, Cucumbers, Carrots, Peanuts, Chinese Noodles and Spinach

Kale Salad with Hearts of Palm, Kidney Beans, Pickled Red Peppers & Onions in a Lemon Vinaigrette

Baby Spinach with Cucumber, Tomato, Onions with Blue Cheese w/ Stone Ground Mustard

1) Additional Dressing Choices:

- 1) Balsamic Vinaigrette
- 2) Blue Cheese
- 3) Lemon Vinaigrette
- 4) Caesar
- 5) Sesame Soy Vinaigrette
- 6) Blue Cheese and Stone Ground Mustard Vinaigrette
- 7) Red Wine Vinaigrette
- 8) Raspberry Vinaigrette
- 9) French