

# **Ready To Eat**

525 Hudson Street New York, NY 10014 www.readytoeatnyc.com

Family owned and operated since 1999

### **Catering Director**

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# 2022 DROP-OFF PRODUCTION CATERING MENU

### **About Us**

Ready to Eat is a premier Production Caterer for the Arts and Entertainment industry in New York City. Our culinary creations are rooted in the Levant and draw inspiration from across the globe. We offer savory Vegan and Vegetarian options and can readily accommodate special dietary requests such as gluten-free, diary-free and nut-free. Your crew will be well-fed at every meal!

# Menu Pricing Structure

All menu items are priced within a tiered, per-person model for ease of ordering. Any items in a lower tier may be included within your selections if you have opted for a higher menu tier. Please contact us with additional details about your catering needs, including number of days, anticipated head counts, location, timing, budget, etc. We will gladly provide you with a proposal tailored to your needs.

# **Lunch & Dinner**

Tier 1: Basic Tier
Main Dish: Select 1

Hot Entrée, Sandwich or Entrée

Salad

Side Dishes: Select 2

Tier 2: Plus Tier
Main Dish: Select 1

Hot Entrée, Sandwich or Entrée Salad

Side Dishes: Select 3

**Tier 3: Premium Tier** 

Main Dish: Select 2

Hot Entrée, Sandwich or Entrée

Salad

Side Dishes: Select 3

### **Breakfast**

**Tier 1: Basic Tier** 

Select any 2 Breakfast items

**Tier 2: Premium Tier** 

Select any 3 Breakfast items

## COVID-19 Disclaimer

All meals are prepared and supplied in full compliance with COVID standards and guidelines set by the city, state, and federal agencies, including NYC Department of Health, New York State, OSHA and the CDC. Meals can be individually packaged, as needed.

## Lunch & Dinner: sandwiches, salads, entrees & sides

#### **Sandwiches - All Tiers**

**Grilled Mixed Vegetables** - Hummus & Black Olive Spread on Baguette **Avocado Black Bean** - Roasted Red Pepper, Cheddar & Chipotle Mayo in Black Bean Wrap

Smoked Mozzarella & Tomato - Pesto on Ciabatta

Tuna Salad - Mixed Greens on Brioche Bun

**Grilled Chicken Breast & Arugula - Roasted Red Pepper Sauce on Baquette** 

Roasted Chicken Breast - Alfalfa Sprouts, Sliced Apple & Brie on Multi-Grain

Curried Chicken Salad - Apples & Raisins in Spinach Wrap

Chicken Caesar Salad Wrap - Caesar Dressing & Croutons

Turkey Club - Bacon, Lettuce, Roasted Red Peppers on Rye

Smoked Turkey & Munster - Mango-Chutney Mayo on Sourdough

Herb-Roasted Turkey & Arugula - Cranberry Dressing on Pumpernickel

**Mortadella, Prosciutto, Mozzarella** - Tomato, Basil on Whole Wheat Baquette

Black Forest Ham & Brie - Honey Mustard on Sourdough

Roast Beef & Slaw - Russian Dressing on Rye

Genoa Salami, Prosciutto & Provolone - Italian Vinaigrette on Ciabatta

### Tier 1 - Entrees

Vegetable Hawaj - Chickpeas, Carrots & Sweet Potato

Vegetable Baked Ziti - Seasonal Vegetables

**Tofu Shawarma** - Middle Eastern Spice Mix

Cheese Tortellini - Homemade Pesto or Arrabbiata sauce

Roasted Cod - Red Grape Tomatoes & Oregano

Moroccan Tilapia - Roasted Red Peppers & Cilantro

Tuscan Chicken - Quartered Artichoke & Fennel

**Grilled Breast of Chicken** - Herbs de Provence & Roasted Red Pepper Sauce **Chicken Hawaj Stew** - Boneless Chicken, Chickpeas, Carrots & Sweet Potato

Fajita Chicken - Peppers and Onions

Chicken Shawarma - Pickled Onions

Chicken Marsala - Mushroom & Marsala Wine

Turkey Chili - Cheddar & Sour Cream

Turkey Milanese - Breaded Cutlet

Traditional Beef Stew - Pearl Onions & Mushrooms

Southwestern Meatloaf - Red Wine Gravy

Grilled Beef Meatballs - Green Peas and Onion

Beef Ragu - Over Creamy Polenta

#### Tier 2 & 3 - Entrees

Grilled Salmon - Cucumber, Dill

Poached Salmon - Lemon Wedges

Barramundi Fillet - Pan Seared

Chicken Parmesan - Smoked Mozzarella

Chicken & Shrimp Paella (No Side) - Chorizo, Yellow Rice

Marinated Skirt Steak - Red Wine Reduction

Beef Moussaka - Eggplant, Tomato, Béchamel

Pork Schnitzel Cutlet - Dijon Mustard

Lamb Tagine - Carrots, Apricot, Green Olive, over Couscous

### **Breakfast Items**

#### **Basic**

Yogurt, Granola, & Fresh Berries

**Seasonal Fruit Salad** 

Egg Salad - Dill (1/4 lb Per Person)

Breakfast Salad - Cucumber, Tomato, Feta & Chopped Cabbage

Oatmeal - Includes Fixings (Dried Fruit, Nuts & Maple Syrup)

**Scrambled Eggs -** 2 Eggs

Pancakes - Silver Dollar Size, Maple Syrup, Butter

Classic French Toast - Maple Syrup, Butter

#### **Entree Salads - All Tiers**

**Kale Salad** - Hearts of Palm, Hummus, Kidney Beans, Pickled Red Peppers & Onions with a Lemon

Pickled Hed Peppers & Onlons with a Lemor Vinaigrette

Niçoise Salad - Tuna, Green Beans, Beets, Potato,

Tomato, Egg, Olives, Anchovy & Greens

Greek Salad - Grape Leaves, Cucumber, Tomato,

Feta, Black Olives, Chickpeas & Greens

Grilled Chicken Caesar Salad - Romaine, Croutons

& Parmigiano

#### Tier 1 - Sides

Chopped Kale - Chickpea, Romaine, Red Onion & Za'atar Vinaigrette

Chopped Kale - Button Mushroom, Red Onion & Cucumber

Mixed Green Salad - Cherry, Tomatoes, Cucumber, Carrots &

Balsamic Vinaigrette

Israeli Salad - Tomato, Cucumber, Cabbage & Lemon Vinaigrette

Brown Rice & Edamame Salad - Bean Sprouts & Parsley

Mama's Roasted Brussels Sprouts - Parmesan & Breadcrumbs

Basmati Rice - Gluten Free

Roasted Garden Vegetables - Charred Seasonal Selection

Sautéed Broccoli - Garlic

Sautéed Bok Choy - Soy Sauce

Roasted Butternut Squash - Lightly Salted

Green Beans - Shallots

Sautéed Broccoli Rabe - Garlic

Mashed Potatoes - Rosemary & Butter

Roasted Potato Spears - Lemon

Curried Pearl Pasta - Sautéed Onion

Moroccan Couscous - Mint

Mezze Rigatoni - Spicy Vodka Sauce

Penne Pesto - Arugula, Cherry Tomato

### Tier 2 & 3 - Sides

Greek Salad - Cucumber, Tomato, Feta, Capers, Olive

Avocado & Tomato Salad - Red Onion, Jalapeno, & Coriander

Green Bean Salad - Mushrooms, Red Onion, Mustard & Blue Cheese

**Shaved Brussels Sprouts** 

Roast Cauliflower, Lentil, Dijon - Mustard Vinaigrette

Eggplant Caponata - Stewed Eggplant with Tomato

Curried Cauliflower - Chickpeas & Red Onion

Penne Pesto - Sun-Dried Tomatoes & Mozzarella

Fusilli - Sun-dried Tomato, Olives & Feta

Elbow Macaroni - Corn, Peppers & Cilantro in Yogurt-Mayonnaise

Pearl Pasta - Sautéed Mushrooms, Onions & Parsley

Orecchiette - Pesto, White Beans, Cherry Tomatoes & Parmesan

Chickpeas & Orzo - Mint & Scallions

Orzo & Bulgar - Sun-dried Tomato & Mushroom

Baked Macaroni & Cheese - Jalapeño

#### Plus

**Egg Wraps** - Scrambled Egg with Bacon; Scrambled Western with

Egg Whites with Peppers & Onions

Vegan Hash - Black Beans, Sweet Potato, & Kale

Shakshuka - Poached Eggs in a Spicy Tomato Sauce

Frittatas - Spinach, Mushroom, Goat Cheese, Peppers, Onions &

Breakfast Meats - Sausage, Bacon, Ham, Turkey