

BREAKFAST: PACKAGES STARTING AT \$10.95 P/P

- CHOICES: (PLEASE INQUIRE TO RECEIVE PRICE ESTIMATE)
 - BAGELS WITH CREAM CHEESE, BUTTER AND JELLY
 - CONTINENTAL: BAGELS, MUFFINS, DANISH, CROISSANT,
 - VANILLA YOGURT WITH GRANOLA (BERRIES OPTIONAL)
 - APPLE CINNAMON OATMEAL (GLUTEN FREE)
 - SCRAMBLED EGGS AND BACON
 - PANCAKES AND SYRUP
 - FRENCH TOAST
 - SMOKED SALMON PLATTER
 - FRUIT PLATTER/BOWL
 - BREAKFAST SAUSAGES
 - ISRAELI "SHAKSHUKA"
 - Assorted Egg Wraps
 - FRITTATAS SPINACH, MUSHROOM AND GOAT CHEESE OR POTATO, ONION AND PEPPER
 - Assorted Quiches
 - ASSORTED BAKED PASTRIES
 - CUSTOM VEGAN OR VEGETARIAN HOT MEALS
- COFFEE, HALF & HALF, SUGAR, STIR STICKS
- TEA SERVICE
- ORANGE JUICE (OTHER FRESH JUICES- PLEASE INQUIRE)
- PLASTICWARE, PAPER GOODS, SERVING UTENSILS, AND SETUP

LUNCH AND DINNER BUFFET OPTIONS:

- (V) "ONE FORK": ONE ENTRÉE AND ONE SIDE \$13.95 P/P
- (I) "Two Forks": One Entrée and Two Sides \$15.95 P/P
- "THREE FORKS": TWO ENTRÉES AND TWO SIDES \$17.95 P/P
- **Four Forks": Two Entrées and Three Sides** \$19.95 P/P

INCLUDES: PLASTICWARE, PAPER GOODS, SERVING UTENSILS, WIRE RACKS AND STERNOS, AND SETUP

CUSTOM VEGAN OR GLUTEN FREE MEALS ADD \$2.00 PER PERSON (MAIN MEALS WILL BE STRUCTURED TO MEAT SPECIALIZED DIETARY REQUIREMENTS WHENEVER POSSIBLE)

MAIN COURSES

POULTRY

CHICKEN PARMESAN

FAJITA CHICKEN WITH RED AND GREEN PEPPERS

CHICKEN MARSALA WITH MUSHROOMS

TUSCAN CHICKEN WITH FENNEL AND ARTICHOKE

GRILLED CHICKEN BREAST WITH ROASTED RED PEPPER SAUCE

CHICKEN TAJINE

CHICKEN SHAWARMA

CHICKEN MEATBALLS WITH GRAVY

CHICKEN TACO MEAT

CHICKEN MARRAKESH WITH POTATO, CHICK PEAS AND TOMATO

ROTISSERIE CHICKEN

CHICKEN LO MEIN

CHICKEN MILANESE

CHICKEN HAWAIJ

GROUND CHICKEN CHILI

POMEGRANATE CHICKEN

HUNGARIAN CHICKEN PAPRIKASH

GROUND CHICKEN CHILI WITH CHEDDAR CHEESE AND SOUR CREAM

GROUND TURKEY CHILI WITH CHEDDAR CHEESE AND SOUR CREAM

• <u>BEEF</u>

FAJITA HANGER STEAK WITH RED AND GREEN PEPPERS (ADD \$3.00 P/P) BAKED GROUND BEEF SENIA WITH EGGPLANT, TOMATO AND TAHINI SAUCE GROUND BEEF STEW WITH MUSHROOM, POTATO AND CARROT ITALIAN BEEF MEATBALLS WITH MARINARA SAUCE GROUND BEEF TACO MEAT SOUTHWESTERN BEEF MEATLOAF WITH RED WINE GRAVY GROUND BEEF CHILI WITH CHEDDAR CHEESE AND SOUR CREAM RIGATONI WITH MEAT SAUCE (COUNTS AS MAIN PLUS SIDE) BEEF MOUSSAKA (COUNTS AS MAIN PLUS SIDE) SHEPARD'S PIE WITH GROUND BEEF (COUNTS AS MAIN PLUS SIDE) GROUND BEEF MOUSSAKA (COUNTS A MAIN AND SIDE)

• <u>Fish</u>

ROASTED COD WITH RED GRAPE TOMATOES & OREGANO MOROCCAN TILAPIA WITH ROASTED RED PEPPERS & CILANTRO MISO-SAKI GLAZED TILAPIA FISH STEW WITH TURMERIC & PRESERVED LEMON

PASTA MAINS

FARFALLE WITH CREAMY MUSHROOMS AND PEAS BAKED JALAPENO MACARONI & CHEESE CREAMY PENNE PESTO BAKED ZITI PASTA PRIMAVERA RAVIOLI - WITH CHOICE OF SAUCE – CREAMY, TOMATO, ECT. VEGETABLE AND TOFU LO MEIN CHEESE TORTELLINI W/ VARIOUS SAUCES PENNE PESTO WITH SUN-DRIED TOMATOES & MOZZARELLA FARFALLE WITH SPINACH, SUN-DRIED TOMATOES, FETA & PINENUTS FUSILLI WITH SUN-DRIED TOMATOES, OLIVES & FETA SESAME CHINESE NOODLES WITH PEANUTS & SPROUTS

VEGETABLE

VEGETARIAN CHILI WITH SOUR CREAM AND CHEDDAR CHEESE VEGETARIAN MOUSSAKA (COUNTS A MAIN AND SIDE) EGGPLANT ROLLATINI EGGPLANT PARMESAN GREEK SALAD

<u>RICE</u>
CHICKEN FRIED RICE
VEGETABLE TOFU FRIED RICE

SIDE DISHES

VEGETABLE SIDES

REG VEG SIDES
ROASTED GARDEN VEGETABLES
ROASTED BUTTERNUT SQUASH
CANDIED ORANGE CARROTS
STEAMED BROCCOLI WITH ROASTED RED PEPPERS
SAUTÉED BROCCOLI WITH GARLIC
SAUTÉED GREEN BEANS WITH SHALLOTS & SLIVERED ÅLMONDS
SAUTÉED KALE WITH GARLIC
SAUTÉED SPINACH WITH GARLIC
ROASTED YELLOW & GREEN ZUCCHINI
GRILLED ZUCCHINI & EGGPLANT WITH ROASTED RED PEPPERS

SUGAR SNAP PEAS WITH SHALLOTS & MINT

ROASTED PARSNIPS

MAMA'S ROASTED BRUSSELS SPROUTS

• SPECIAL VEG SIDES (ADD \$1.00 PER PERSON)

ASIAN GREEN BEAN & MUSHROOM SALAD WITH SOY VINAIGRETTE

CAULIFLOWER, LENTIL, SHAVED BRUSSELS SPROUTS WITH DIJON-MUSTARD VINAIGRETTE

GREEN BEANS WITH MUSHROOMS, RED ONION, WHOLE-GRAIN MUSTARD & BLUE CHEESE

GRAINS, PASTAS AND RICE SIDES

• GRAINS

Couscous

COUSCOUS WITH ONIONS

COUSCOUS WITH FRESH HERBS

TABBOULEH

COUSCOUS WITH LIMA-BEANS, FETA, & CRUSHED TOMATOES (SPECIAL)

• LEGUMES

BLACK BEAN & CORN SALSA

• RICE

RICE PILAF

BROWN RICE & EDAMAME SALAD WITH BEAN SPROUTS & PARSLEY (SPECIAL) BUTTER-BEAN SALAD WITH CRUSHED TOMATOES, CELERY & BALSAMIC

• POTATOES

ROASTED POTATOES WITH ROSEMARY

ROASTED SWEET POTATOES RED BLISS POTATO SALAD WITH MUSTARD DILL VINAIGRETTE

• Pasta

VEGETABLE LO MEIN FARFALLE WITH MUSHROOMS & BALSAMIC VINAIGRETTE FUSILLI PUTTANESCA WITH OLIVES, CAPERS, RED ONION & TOMATO PENNE WITH WHITE BEANS, TOMATO & BASIL

SESAME CHINESE NOODLES WITH PEANUTS & SPROUTS

ELBOW MACARONI WITH CORN, GREEN & RED PEPPERS, CILANTRO IN A YOGURT SAUCE

PEARL PASTA WITH SAUTÉED MUSHROOMS, ONIONS & PARSLEY

ORECCHIETTE PASTA WITH PESTO, WHITE BEANS, CHERRY TOMATOES & PARMESAN

WILD RICE WITH ORZO, DRIED CRANBERRIES & PINE NUTS

COUSCOUS WITH DRIED CRANBERRIES, WHEATBERRIES & MINT

CHICK PEAS & ORZO WITH MINT & SCALLIONS

QUINOA SALAD WITH LENTILS

BAKED JALAPENO MACARONI & CHEESE

• SALADS

FIELD GREENS WITH TOMATO, CUCUMBER, CARROT WITH BALSAMIC VINAIGRETTE

ISRAELI SALAD WITH TOMATO, CUCUMBER, CABBAGE & ARTICHOKE VINAIGRETTE

CAESAR SALAD WITH CROUTONS AND SHREDDED PARMESAN

GREEK SALAD WITH FIELD GREENS, CUCUMBER, TOMATO, FETA, BLACK OLIVES AND CHICKPEAS WITH LEMON

ARUGULA AND BEET SALAD WITH GOAT CHEESE WITH RED WINE VINAIGRETTE (\$2.00 EXTRA PER PERSON)

ASIAN SALAD WITH SPROUTS, CUCUMBERS, CARROTS, PEANUTS, CHINESE NOODLES AND SPINACH

KALE SALAD WITH HEARTS OF PALM, KIDNEY BEANS, PICKLED RED PEPPERS & ONIONS IN A LEMON VINAIGRETTE

BABY SPINACH WITH CUCUMBER, TOMATO, ONIONS WITH BLUE CHEESE W/ STONE GROUND MUSTARD

ADDITIONAL DRESSING CHOICES:

- 1) BALSAMIC VINAIGRETTE
- 2) BLUE CHEESE
- **3)** LEMON VINAIGRETTE
- 4) CAESAR
- 5) SESAME SOY VINAIGRETTE
- 6) BLUE CHEESE AND STONE GROUND MUSTARD VINAIGRETTE
- 7) RED WINE VINAIGRETTE
- 8) RASPBERRY
- 9) FRENCH

MISCELLANEOUS ACCOMPANIMENTS AND DIPS:

- 1. Hummus
- 2. Buns
- 3. HARD TACO SHELLS
- 4. LARGE FLOUR TORTILLAS
- 5. CHEDDAR CHEESE
- 6. SOUR CREAM
- 7. GUACAMOLE (ADD \$2.00 PER PERSON)