



Ready to Eat Production Catering Menu

MAIN COURSES

- **POULTRY**

Chicken Parmesan

Fajita Chicken with Red and Green Peppers

Chicken Marsala with Mushrooms

Tuscan Chicken with Fennel and Artichoke

Grilled Chicken Breast with Roasted Red Pepper Sauce

Chicken Tajine

Chicken Shawarma

Chicken Meatballs with Gravy

Chicken Taco Meat

Chicken Marrakesh with Potato, Chick Peas and Tomato

Rotisserie Chicken

Chicken Lo Mein

Chicken Milanese

Chicken Hawaij

Ground Chicken Chili

Pomegranate Chicken

Hungarian Chicken Paprikash

Ground Chicken Chili with Cheddar Cheese and Sour Cream

Ground Turkey Chili with Cheddar Cheese and Sour Cream

- **BEEF**

Fajita Hanger Steak with Red and Green Peppers (Add \$3.00 per person)

Baked Ground Beef Senia with Eggplant, Tomato and Tahini Sauce

Ground Beef Stew with Mushroom, Potato and Carrot

Italian Beef Meatballs with Marinara Sauce

Ground Beef Taco Meat

Southwestern Beef Meatloaf with Red Wine Gravy

Ground Beef Chili with Cheddar Cheese and Sour Cream

Rigatoni with Meat Sauce (Counts as Main plus Side)

Beef Moussaka (Counts as Main plus Side)

Shepard's Pie with Ground Beef (Counts as Main plus Side)

Ground Beef Moussaka (Counts a main and side)

- **FISH**

Roasted Cod with Red Grape Tomatoes & Oregano

Moroccan Tilapia with Roasted Red Peppers & Cilantro

Miso-Saki Glazed Tilapia

Fish Stew with Turmeric & Preserved Lemon

- **PASTA MAINS**

Farfalle with Creamy Mushrooms and Peas

Baked Jalapeno Macaroni & Cheese

Creamy Penne Pesto

Baked Ziti

Pasta Primavera

Ravioli - with choice of sauce - Roasted Tomato & Garlic or Creamy Parmesan

Vegetable and Tofu Lo Mein

Cheese Tortellini W/ Various Sauces

Penne Pesto with Sun-dried Tomatoes & Mozzarella

Farfalle with Spinach, Sun-dried Tomatoes, Feta & Pinenuts

Fusilli with Sun-dried Tomatoes, Olives & Feta

Sesame Chinese Noodles with Peanuts & Sprouts

- **VEGETABLE**

Vegetarian Chili with Sour Cream and Cheddar Cheese

Vegetarian Moussaka (Counts a Main and Side)

Eggplant Rollatini

Eggplant Parmesan

Greek Salad

- **RICE**

Chicken Fried Rice

Vegetable Tofu Fried Rice

Miscellaneous Accompaniments

1. Hummus
2. Buns
3. Hard Taco Shells
4. Large Flour Tortillas
5. Cheddar Cheese
6. Sour Cream
7. Guacamole (Add \$2.00 per person)

SIDE DISHES

VEGETABLE SIDES

- **REG VEG SIDES**

Roasted Garden Vegetables

Roasted Butternut Squash

Candied Orange Carrots

Steamed Broccoli with Roasted Red Peppers

Sautéed Broccoli with Garlic

Sautéed Green Beans with Shallots & Slivered Almonds

Sautéed Kale with Garlic

Sautéed Spinach with Garlic

Roasted Yellow & Green Zucchini

Grilled Zucchini & Eggplant with Roasted Red Peppers

Sugar Snap Peas with Shallots & Mint

Roasted Parsnips

Mama's Roasted Brussels Sprouts

- ***Special Veg Sides*** (Add \$1.00 per person)

Asian Green Bean & Mushroom Salad with Soy Vinaigrette

Cauliflower, Lentil, Shaved Brussels Sprouts with Dijon-Mustard Vinaigrette

Green Beans with Mushrooms, Red Onion, Whole-Grain Mustard & Blue Cheese

GRAINS, PASTAS AND RICE SIDES

- **GRAINS**

Couscous

Couscous with Onions

Couscous with Fresh Herbs

Tabbouleh

Couscous with Lima-beans, Feta, & Crushed Tomatoes (Special)

- **LEGUMES**

Black Bean & Corn Salsa

- **RICE**

Rice Pilaf

Brown Rice & Edamame Salad with Bean Sprouts & Parsley (Special)

Butter-Bean Salad with Crushed Tomatoes, Celery & Balsamic (Special)

- **POTATOES**

Roasted Potatoes with Rosemary

Roasted Sweet Potatoes

Red Bliss Potato Salad with Mustard Dill Vinaigrette

- **PASTA**

Vegetable Lo Mein

Farfalle with Mushrooms & Balsamic Vinaigrette

Fusilli Puttanesca with Olives, Capers, Red Onion & Tomato

Penne with White Beans, Tomato & Basil

Sesame Chinese Noodles with Peanuts & Sprouts

Elbow Macaroni with Corn, Green & Red Peppers, Cilantro in a Yogurt Sauce

Pearl Pasta with Sautéed Mushrooms, Onions & Parsley

Orecchiette Pasta with Pesto, White Beans, Cherry Tomatoes & Parmesan

Wild Rice with Orzo, Dried Cranberries & Pinenuts

Couscous with Dried Cranberries, Wheatberries & Mint

Chick Peas & Orzo with Mint & Scallions

Quinoa Salad with Lentils

Baked Jalapeno Macaroni & Cheese

• **SALADS**

Field Greens with Tomato, Cucumber, Carrot with Balsamic Vinaigrette

Israeli Salad with Tomato, Cucumber, Cabbage & Artichoke Vinaigrette

Caesar Salad with Croutons and Shredded Parmesan

Greek Salad with Field Greens, Cucumber, Tomato, Feta, Black Olives and Chickpeas with Lemon

Arugula and Beet Salad with Goat Cheese with Red Wine Vinaigrette(\$2.00 extra Per Person)

Asian Salad with Sprouts, Cucumbers, Carrots, Peanuts, Chinese Noodles and Spinach

Kale Salad with Hearts of Palm, Kidney Beans, Pickled Red Peppers & Onions in a Lemon Vinaigrette

Baby Spinach with Cucumber, Tomato, Onions with Blue Cheese w/ Stone Ground Mustard

1) ***Additional Dressing Choices:***

- 1) Balsamic Vinaigrette
- 2) Blue Cheese
- 3) Lemon Vinaigrette
- 4) Caesar
- 5) Sesame Soy Vinaigrette
- 6) Blue Cheese and Stone Ground Mustard Vinaigrette
- 7) Red Wine Vinaigrette
- 8) Raspberry Vinaigrette
- 9) French