



Post Spray Tan Guide

WHILE DEVELOPING

- Do not get wet or sweat until after your first warm water rinse. Do not sweat or wash with any soap until 24 hours after your session. Please try to avoid the gym for the first 24 hours even if getting a sweat resistant solution.
- Make sure to avoid **ALL** fitted or tight clothing after your spray tan application. (Loose long sleeved T-shirts, long pants (PJ's or lightweight sweats) & flip flops or lightweight loose slippers are the BEST option to avoid color transfer or color absorption into the clothes. I prefer you looking homeless leaving me than messing up your fresh tan trying to look cute!

RINSE & AFTER CARE

- Wait for your designated time to rinse. Always rinse your hands up the wrist 1 hour after your session. Please do not forget.
- Tori will tell you at the end of your appointment of what time to rinse the rest of your body.

1st Shower:

- Use luke-warm water only (NO soap, pat to dry, don't rub)

2nd Shower: (24 hours after appointment)

- Use a PH balanced, mineral oil, sulfate, paraben, alcohol, phosphates **free**, spray tan safe body wash (spray tan safe body wash is available for purchase in the studio as well). Please also make sure that whatever you use they **do not** have exfoliating products.
- Hydrate after each shower with a sulfate, paraben, fragrance & mineral oil free moisturizer (ask about our tan extender & moisturizers available)

**I can't stress this enough, be sure to moisturize
& drink plenty of water, before, during & after your tan! - Tori**