



JULY 2022

Monday	Tuesday	Wednesday	Thursday	Friday
				1. 2oz Chicken Filets ¼ Mixed Vegetables ¼ Fruit Cocktails WG Bread 6oz Milk
4. JULY 4TH CLOSED	5. 2oz Macaroni & Cheese ¼ Green Beans ¼ Apple Slices WG Bread 6oz Milk	6. 4pcs Chicken Nuggets ¼ Broccoli Normandy ¼ Pears WG Bread 6oz Milk	7. 2oz Fish Fillet ¼ Mixed Vegetables ¼ Pineapples WG Bread 6oz Milk	8. Roast Beef & Cheese on WG Bread ¼ Peas ¼ Apricots 6oz Milk
11. Beef Burrito ¼ Corn ¼ Mangos WG Bread 6oz Milk	12. 2oz Beef Ravioli ¼ Broccoli ¼ Orange Slices WG Bread 6oz Milk	13. 2oz BBQ Chicken ¼ Vegetable Medley ¼ Pineapple WD Bread 6oz Milk	14. 2oz Salisbury Steak ¼ Mashed Potatoes ¼ Peaches WG Bread 6oz Milk.	15. 2oz Turkey & Cheese ¼ Carrots ¼ Apples 6oz Milk
18. 2oz Macaroni & Cheese ¼ Corn ¼ Peaches WG Bread 6oz Milk	19. 4pcs Chicken Nuggets ¼ Mixed Vegetables ¼ Tropical Fruit WG Bread 6oz Milk	20. 2oz Fish Fillet ¼ Peas ¼ Pears WG Bread 6oz Milk	21. 2oz Kidney Beans And Rice ¼ Carrots ¼ Apples WG Breads 6oz Milk	22. 2oz Turkey Sausage ¼ Tater Tots ¼ Pineapples WG Bread 6oz Milk
25. 2oz Beef Chilli ¼ Rice ¼ Mixed Vegetables ¼ Pears 6oz Milk	26. 2oz Chicken Patty ¼ Broccoli ¼ Peaches WG Bread 6oz Milk	27. 3pcs Meatballs ¼ Peas ¼ Mandarin Oranges WG Bread	28. Turkey & Cheese Sandwich ¼ Cucumbers ¼ Apricots 6oz Milk	29. 1- Slice Pizza ¼ Garden Salad ¼ Fruit Cocktail 6oz Milk

