



SPRING EDITION 2025

# ***FELLOWSHIP OF THE FIRST RESURRECTION***

Firstresurrectionfellowship.com

*Then we which are alive and remain shall be caught up together with them in the clouds, to meet the Lord in the air. 1 Thessalonians 4:17*

## **History Nugget**

### **PROOF KENYA WAS A CHRISTIAN NATION BEFORE THE WAZUNGU (COLONIZER OR WHITEMAN)**

By Pastor Lanny Ross II

Here is a little known fact about Kenya. Prior to British Colonization the Northern half of Kenya was a territory of the Judeo-Christian King of Ethiopia. Essentially it was a vassal state to the Judeo-Christian Abyssinian Kingdom. The Ethiopian Empire claimed all of Lake Turkana & their border was established at the southern end of it; stretching eastward to the Indian Ocean.

Proof of this can be found when the British were negotiating its Kenya Colony boundaries with Menelik II; sovereign of Ethiopia, during the late 1800's. Menelik instructed the British of this boundary line, but the British simply waited till after his death, & extended the line northward to its current extent in 1920.

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# New Moon Dates

ABIB 1st month 3/29/25

ZIF 2ND month 4/28/25

SIVAN 3rd month 5/27/25

4th month 6/25/25

CHAMIYSHIY 5thmonth 7/25/25

ELUL 6th month 8/23/25

ETHANIM 7th month 9/22/25

BUL 8th month 10/21/25

CHISLEU 9th month 11/20/25

TEBETH 10th month 12/20/25







# Feast Dates



## **PASSOVER**

4/11/25 (EVENING@NIGHTFALL) SERVICE AT DUSK

***CONTACT CHURCH IF UNCLEAN BECAUSE OF DEATH OR PREGNANCY & NEED TO  
PARTAKE OF SECOND PASSOVER***

## **FIRST DAY**

4/12/25 (EVENING@NIGHTFALL) SERVICE AT NOON

## **LAST DAY**

4/18/25 (EVENING@NIGHTFALL) SERVICE AT NOON

## **SHAVUOT**

6/07/25(EVENING@NIGHTFALL) SERVICE AT NOON

## **YOM TERUAH**

9/22/25 (EVENING@NIGHTFALL) SERVICE AT DUSK

## **YOM KIPPUR**

10/1/25 (EVENING@NIGHTFALL) SERVICE AT DUSK

## **SUKKOT**

10/6/25(EVENING@NIGHTFALL) SERVICE AT NOON

## **SHEMINI ATZERET**

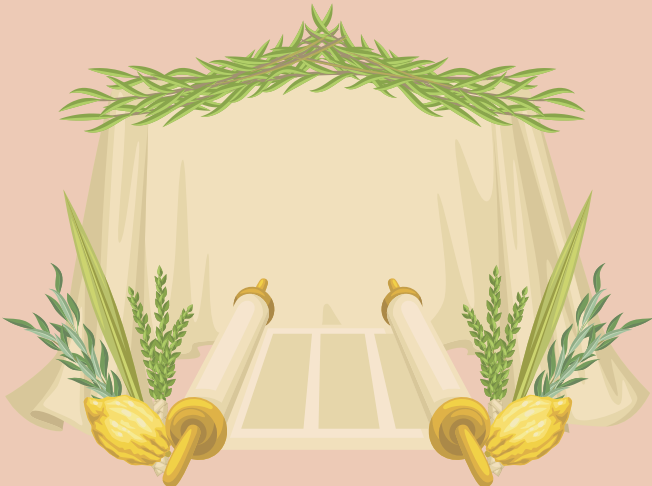
10/13/25 (EVENING@NIGHTFALL) SERVICE AT NOON

## **HANUKKAH**

12/14/25 (EVENING@NIGHTFALL) SERVICE AT DUSK

## **HANUKKAH 8TH DAY**

12/21/25 (EVENING@NIGHTFALL) SERVICE AT DUSK



# Bible Calendar 2025

1 <sup>st</sup> Month							2 <sup>nd</sup> Month							3 <sup>rd</sup> Month							
1 <sup>st</sup> Day	2 <sup>nd</sup> Day	3 <sup>rd</sup> Day	4 <sup>th</sup> Day	5 <sup>th</sup> Day	6 <sup>th</sup> Day	7 <sup>th</sup> Day	1 <sup>st</sup> Day	2 <sup>nd</sup> Day	3 <sup>rd</sup> Day	4 <sup>th</sup> Day	5 <sup>th</sup> Day	6 <sup>th</sup> Day	7 <sup>th</sup> Day	1 <sup>st</sup> Day	2 <sup>nd</sup> Day	3 <sup>rd</sup> Day	4 <sup>th</sup> Day	5 <sup>th</sup> Day	6 <sup>th</sup> Day	7 <sup>th</sup> Day	
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26	27	28	29 SEBAT	30	31		9	10	11	12	13	14	15		9	10	11	12	13	14	22
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1 <sup>st</sup> Day	2 <sup>nd</sup> Day	3 <sup>rd</sup> Day	4 <sup>th</sup> Day	5 <sup>th</sup> Day	6 <sup>th</sup> Day	7 <sup>th</sup> Day	1 <sup>st</sup> Day	2 <sup>nd</sup> Day	3 <sup>rd</sup> Day	4 <sup>th</sup> Day	5 <sup>th</sup> Day	6 <sup>th</sup> Day	7 <sup>th</sup> Day	1 <sup>st</sup> Day	2 <sup>nd</sup> Day	3 <sup>rd</sup> Day	4 <sup>th</sup> Day	5 <sup>th</sup> Day	6 <sup>th</sup> Day	7 <sup>th</sup> Day	
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20	21	22	23	24	25	26		19	20	21	22	23	24	22	23	24	25	26	27		28
27	28 ZIF	29	30				26	27 SIVAN	28	29	30	31		29	30		4 <sup>TH</sup> MONTH				
July							August							September							
1 <sup>st</sup> Day	2 <sup>nd</sup> Day	3 <sup>rd</sup> Day	4 <sup>th</sup> Day	5 <sup>th</sup> Day	6 <sup>th</sup> Day	7 <sup>th</sup> Day	1 <sup>st</sup> Day	2 <sup>nd</sup> Day	3 <sup>rd</sup> Day	4 <sup>th</sup> Day	5 <sup>th</sup> Day	6 <sup>th</sup> Day	7 <sup>th</sup> Day	1 <sup>st</sup> Day	2 <sup>nd</sup> Day	3 <sup>rd</sup> Day	4 <sup>th</sup> Day	5 <sup>th</sup> Day	6 <sup>th</sup> Day	7 <sup>th</sup> Day	
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Weekly Sabbath	NO: working (ANY WORK), buying selling, cooking. YES: REST, go to church	Every Saturday
New Moon	NO: buying selling. YES: cooking, go to church	Beginning of biblical month
Passover	Drink wine, eat bread, cook. Throw out all cakes, bread, leavened products, etc	April
1 <sup>st</sup> Day - Feast of Unleavened Bread(FUB)	NO: working, buying selling, goto church, eat unleavened bread for 7 days. YES: cooking	April
7 <sup>th</sup> Day - Feast of Unleavened Bread(FUB)	NO: working, buying selling, goto church YES: cooking	April
Pentecost	NO: working, buying selling, go to church. YES: cooking	June
Memorial Blowing of Trumpets	NO: working, buying selling, go to church. YES: cooking	October
Atonement	All day fasting. NO: food, water, work	October
1 <sup>st</sup> Day - Feast of Tabernacles	NO: working, buying selling, goto church. YES: cooking, temporary booths for 7 days	October
8 <sup>th</sup> Day - Feast of Tabernacles	NO: working, buying selling, goto church. YES: cooking	October



## **PROOF KENYA WAS A CHRISTIAN NATION BEFORE THE WAZUNGU (COLONIZER OR WHITEMAN) Continued**

This means the Northern Kenyan Counties of Turkana, Wajir, Marsabit, & Mandera; were under Judeo-Christian Ethiopian control & or influence, from Ancient times to British Colonization. During that time Ethiopia was ruled by Judeo-Christian Kings. Christianity & Judaism competed for the throne. So this would have been the religious influence in Northern Kenya along with Islam in the Somali northeast. So Judaism & Christianity in Kenya existed in large numbers prior to British colonialism. This is not including the large Jewish merchant class population in around Mombasa & the Swahili City-States.

Those Northern counties in pre-colonial times were majority Nilotic & Cushitic as they remain today. Most of the Cushitic population eventually converted to Islam while the Nilotic population continues to practice both paganism & Christianity. There were & are significant Bantu minority populations in the area as well. In conjunction with the documented presence of Jews among the Bantu traders in the Swahili City-States; all three major ethnic divisions of Kenya (Bantu, Nilotic, & Cushitic), were exposed to Judaism & Christianity before European Colonization.

Over half of Kenya's population is Bantu. I have a book in my personal library that is almost 150 years old & was written by a Bantu Zulu Chief. In this book he wrote that the royal historians & his great grandparents told him that the Bantu originated in Egypt near the Sinai Peninsula (Goshen). According to the Torah (Books of Moses or First Five Books of Old Testament); that is where Yahweh separated the Israelites or Jews out as his people, & to become their own nation. This was after the Fourth Plague of the Biblical Exodus the Children of Israel were in Goshen, Egypt. After migrating into the Middle East (Palestine); they moved back into East Africa in what is known as the Bantu migrations.

These Bantu migrants were primarily Jews. The Bantu's of Kenya have their heritage in the Jewish migration during the Prophet Jeremiah's time after the Kingdom of Judah was destroyed by the Chaldeans Circa 587 BC. Jeremiah along with the entire Jewish population of the Kingdom of Judah at time migrated to Tahpanhes, Egypt, which is located in the region of Goshen. From their the Book of Jeremiah says they eventually migrated further south in East Africa. This aligns with the origins story of the Bantu elders as to the location of the start of our migrations. I say our because I am of Bantu ancestry; Bakongo & some admixture with Malagasy. Smaller populations of Jews had also made it to Kenya prior to this when King Solomon sent Jewish envoys to the Queen of Sheba.

**In closing remember this; the Abrahamic Religions are native to Africa. These are Judaism, Christianity, & Islam. Kenya is a country on the African continent. Therefore Judeo-Christianity is also indigenous to Kenya. Shalom!**





# Preparing for The Feast of Unleavened Bread

**Leviticus 23:6** And on the fifteenth day of the same month is the feast of unleavened bread unto the Lord: seven days ye must eat unleavened bread.

**Leaven means “puffed up”.**

**Leavened Items to throw out:**

All “BREAD” products (i.e. Breads, Waffles, Donuts, Cookies, Brownies, Croissants, Breaded Chicken/Fish, Pancakes, etc.) that are leavened (Puffed Up) should be removed from your home before the end of Passover. This includes Pet food that is leavened.

**Do Not have to throw out:**

You do not have to throw away your baking powder, baking soda or yeast during this feast because these products are in dry form and haven’t been mixed with water, or other liquid and dry ingredients to activate them. Dry mixes (**bread mix, cake mix, etc.**) containing leavening agents do not have to be thrown out because they have not been leavened (**puffed up**).

**Unleavened Bread Options:**

Matzo (Matzah) bread, Hot Water Cornbread, Chapati Bread or Pita Bread. If you purchase Pita Bread make sure that it isn’t puffed up.



# Passover & Feast of Unleavened Bread Do's & Don'ts

## Passover

### You CAN:

Work, Buy, Sell, Trade and Cook  
Bread & Wine at Nightfall

**CONTACT CHURCH IF UNCLEAN BECAUSE OF DEATH OR  
PREGNANCY & NEED TO PARTAKE OF SECOND PASSOVER**

## Feast of Unleavened Bread

### You CAN:

1st & 7th Day / Holy Convocation: Cooking,  
Pleasures

Throughout Week you may cook, work, buy, sell,  
trade & pleasures (If falls on weekly sabbath than  
NO)

### You CAN'T:

1st & 7th Day NO working, buying, selling or trade  
Must Eat Unleavened Bread All Week

# Follow along with our recipe below to make **Zanzibar Pizza** at home, tonight.

## INGREDIENTS:

- 2 cups plain flour
- ½ teaspoon salt
- ½ cup of water
- 1 cup cooking oil \*fresh fry\*
- 500g finely minced meat \*beef\*
- 1 teaspoon garlic paste
- 1 teaspoon ginger paste
- 3 - 4 fresh bullet chilies chopped  
(or any other chili you have)
- 1 red onion, very finely chopped
- 6 eggs
- Salt, pepper and/or spice to taste



## Instructions:

### The Dough:

1. Sift the flour into a large bowl. Add salt and gradually add water, mixing until the dough forms a smooth consistency.
2. Knead the dough for 2-3 minutes until it becomes elastic.
3. Divide the dough into 6 equal-sized balls and place them in a shallow dish.
4. Pour the oil over the dough balls, ensuring they are evenly coated.
5. Cover the dish and let the dough rest for 2 hours.

### The Stuffing

1. In a bowl, combine the minced meat, salt, pepper, garlic, and ginger paste. Mix well.
2. Heat a pan over medium heat and fry the meat mixture, stirring continuously, until the meat is fully cooked and browned.
3. Allow the cooked meat to cool.
4. Once cooled, add the finely chopped onion, coriander, and chopped chilies to the meat mixture. Mix until well combined.

### Assemble the Stuffed Pizza

1. Roll out each dough ball into a thin 10-inch circle, making the edges thinner than the center.
2. Place a portion of the prepared meat stuffing in the center of the dough circle.
3. Crack an egg over the stuffing.
4. Fold the dough by bringing the sides together, sealing the filling inside, forming a stuffed pocket.

### Cook the pizza

1. Heat 1 tablespoon of oil in a medium-sized griddle or iron skillet over medium heat.
2. Place the stuffed dough onto the pan and fry on both sides until golden brown and the egg inside is fully cooked (approximately 3-4 minutes per side).
3. Repeat the process for the remaining dough balls.

*Cut into desired size and serve with salad or chutney*



# children's corner



10 MINUTES OF QUALITY TIME



Isaiah 54:13 And all thy children shall  
be taught of the LORD; and great  
shall be the peace of thy children.

# children's corner

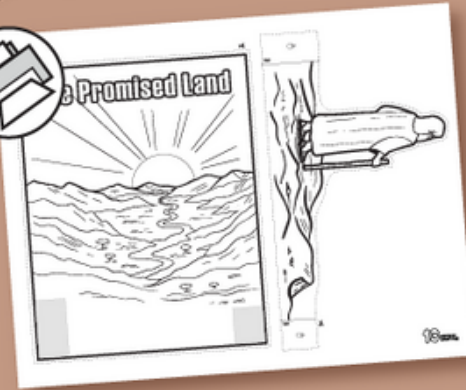
10 MINUTES OF  
QUALITY TIME





# children's corner

All you need



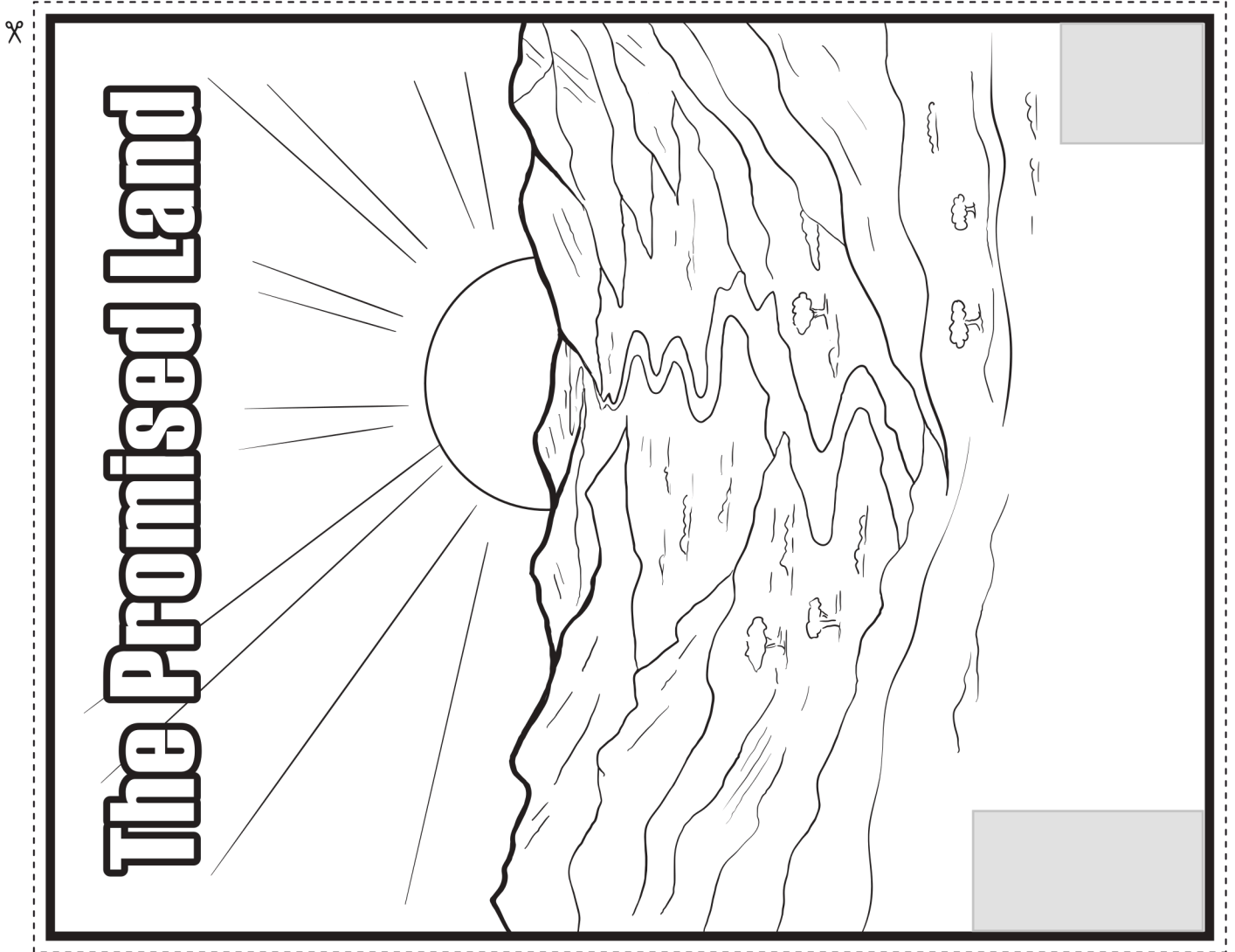
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MINUTES OF  
QUALITY TIME



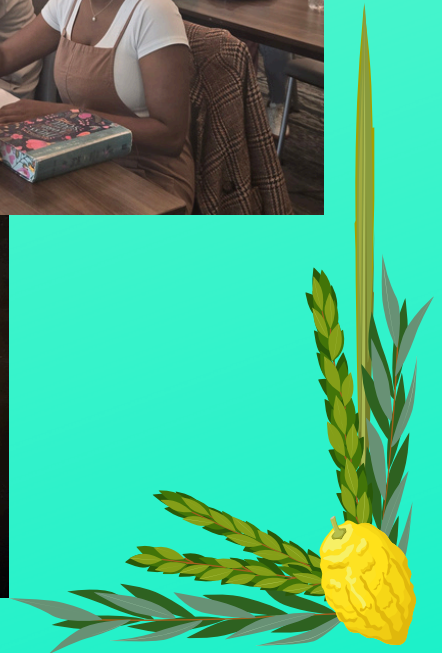
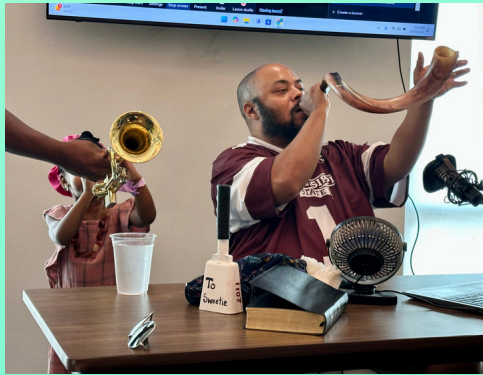
10

MINUTES OF  
QUALITY TIME





# Sukkot 2024





# Hanukkah 2024 Decorations Contest

# WINNER

Sis Chassidy







Baptism

In Carolinas

Oct. 27, 2024

Sis Malika



# NOTARY *Service*

Are you in need of a reliable notary service? Look no further I've got you covered..

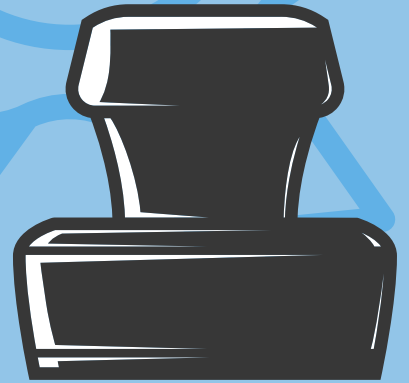
## OUR SERVICE :

- ✓ Online Remote Notary
- ✓ Power of attorney
- ✓ Wills and trusts
- ✓ Real estate documents

**CONTACT US**



[firstresurrectionnotary.com](https://firstresurrectionnotary.com)



# ICE



## BIG SNO VENDING

### OUR SERVICE:

- ✓ DISPENSE 10 LB BAG OF ICE PER PURCHASE
- ✓ DISPENSE 1 GALLON OF FILTERED WATER PER PURCHASE
- ✓ ACCEPT CREDIT/DEBIT CARD, APPLE/GOOGLE PAY

## 2 LOCATIONS



LOCATION #1:  
2438 SHADER ROAD  
ORLANDO, FL 32804

LOCATION #2:  
220 NORTH ORANGE  
BLOSSOM TRAIL  
ORLANDO, FL 32805

