

## A Broken Heart & Contrite Spirit Shall Yah Revive

- contrite (adj.) "broken in spirit by a sense of guilt, conscience-stricken and resolved to not sin again," c. 1300, from Old French contrit (12c.) and directly from Latin contritus, literally "worn out, ground to pieces," in Late Latin "penitent," past participle of conterere "to grind," from assimilated form of com "with, together" (see con-) + terere "to rub" (from PIE root \*tere- (1) "to rub, turn"). *ONLINE ETYMOLOGY DICTIONARY*
  - CONTRITE, adjective [Latin , to break or bruise; to rub or wear. See Trite.] Literally, worn or bruised. Hence, broken-hearted for sin; deeply affected with grief and sorrow for having offended God; humble; penitent; as a contrite sinner. *WEBSTER 1828*
  - ROOT HEBREW WORD FOR CONTRITE=אָכַף dâkâ', daw-kaw'; a primitive root (compare H1794); to crumble; transitively, to bruise (literally or figuratively):—beat to pieces, break (in pieces), bruise, contrite, crush, destroy, humble, oppress, smite. The KJV translates Strong's H1792 in the following manner: break (3x), break in pieces (3x), crush (3x), bruise (2x), destroy (2x), contrite (1x), smite (1x), oppress (1x), beat to pieces (1x), humble (1x).
  - The word translated as contrite in the Bible has three Hebrew words that essentially mean the same thing. First is the root word above. Below are the other two.
  - אָכַף dakkâ', dak-kaw'; from H1792; crushed (literally powder, or figuratively, contrite):—contrite, destruction. The KJV translates Strong's H1793 in the following manner: contrite (2x), destruction (1x).
  - הָכַח dâkâh, daw-kaw'; a primitive root (compare H1790, H1792); to collapse (phys. or mentally):—break (sore), contrite, crouch. The KJV translates Strong's H1794 in the following manner: break (3x), contrite (1x), crouch (1x).
  - Spirit=Emotional Mind
  - Contrite Spirit=One who has fallen to their knees in sorrow over their sins. They have beat themselves. They are disappointed over the fact they sinned and are crushed by it. Spirit is referring to your countenance or the emotional part of your mind. You don't have a spirit living in your body. That is called possession. Your body is the "living soul" and the spirit inside you according to the Bible can refer to the air you breathe, your mind/emotions, or God's word being inside you. So a contrite Spirit is someone who is sorrowful because of their sins and their emotional state shows it.
  - שָׁבַר shâbar, shaw-bar'; a primitive root; to burst (literally or figuratively):—break (down, off, in pieces, up), broken (-hearted), bring to the birth, crush, destroy, hurt, quench, × quite, tear, view (by mistake for H7663). The KJV translates Strong's H7665 in the following manner: break (115x), destroy (9x), break in pieces (8x), break down (4x), hurt (3x), torn (2x), give birth (1x), crush (1x), quench (1x), miscellaneous (6x).
  - Broken Heart=Someone who is sorrowful over their sin and with the thoughts of their mind they seek to rectify the situation. (Repentance)
  - Heart=Rational mind. In the Ancient world they believed the heart was the mind. The Israelites took this concept out of Kemet and thus use the same word for heart and mind. Aristotle, thought the heart, not the brain, was the location of intelligence and thought.
1. Psalm 34:17-19
    - Righteous cry=Prayers of those who keep Yah's commandments

- Verse 17=Yah will deliver the righteous. If you have not been delivered then check yourself before you wreck yourself
- Verse 18=Yah is close to those who are sorrowful over their sin and with the thoughts of their mind seek to rectify the situation; & those who show sorrow over sin through their emotions. I.E. crying, sadness, low feeling, etc...
- These are the sacrifices and offerings that Elohim wants for sinning. Not religious ritual. See next precept.
- Verse 19=Once in the truth people will come against you and Satan is going to attack you because now you are no longer on his team but the opposing team. Besides spiritual warfare another tactic is being wise as a serpent and harmless as a dove. For example the less non-believers you interact with or variables the less opportunity for attack.

## 2. Psalms 51:16-17\_1-4\_7-14

- Blot out my transgression=Keep my name in the book of life
- Verse 2=This happens when you are baptized. If you sin again afterwards like David in this passage ask Yah to do it again.
- Verse 3=You must first acknowledge your wrong before you can repent or turn from that sin. Refusal to do so is rejecting Yah's word/Blaspheming the Holy Ghost which is unforgivable sin. Sin is what? 1 John 3:4 "Whosoever committeth sin transgresseth also the law: for sin is the transgression of the law." Who revealed the law to man? The Holy Ghost. Acts 7:51-53 "51 Ye stiffnecked and uncircumcised in heart and ears, ye do always resist the Holy Ghost: as your fathers did, so do ye. 52 Which of the prophets have not your fathers persecuted? and they have slain them which shewed before of the coming of the Just One; of whom ye have been now the betrayers and murderers: 53 Who have received the law by the disposition of angels, and have not kept it." The Holy Spirit is Elohim's word because he is the one who brings/reveals it to man. When you reject his word/refuse to keep his law you are blaspheming the Holy Ghost. You cannot be forgiven because you are not sorry nor do you think you are wrong so you do not repent. Mercy/grace requires repentance. If that were the case no one would be tossed in the lake of fire and man could do whatever he wanted. Use Plea bargain example with you as defendant, Satan the snitch, Jesus the Judge, and the Holy Ghost the prosecutor.
- Verse 4=Elohim is always justified in mollywopping you when you sin. When you don't get mollywopped; Jesus got the Father to do you solid. Jesus is also justified in tossing the sinners into the Lake of fire on judgement day.
- Verse 8=The mollywop
- Verse 9=Pray Yah keeps you in the book of life
- Verse 10= Create in me a clean heart, O God=Ask Yah for help clearing your conscience of sin. Renew a right spirit within me=Give me a mind bent on keeping the commandments. You cannot have a clear conscience unless you are keeping his commandments/word. I.E. walking after the Spirit. Romans 8:1-2 "1 There is therefore now no condemnation to them which are in Christ Jesus, who

walk not after the flesh, but after the Spirit. 2 For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.”

- Verse 11=When you continue to sin the Holy Ghost/or your angel will be taken from you. Psalms 34:7 “The angel of the LORD encampeth round about them that fear him, and delivereth them.”
- Verse 13-14=After true repentance then go back to inviting people to the party/handing out tickets. 2 Timothy 4:2 “Preach the word; be instant in season, out of season; reprove, rebuke, exhort with all longsuffering and doctrine.”

3. Hebrews 10:26-31

4. Ezekiel 3:17-21

- Verse 19=Blaspheming the Holy Ghost or unforgivable sin. The Holy Ghost is a type of watchman.
- Verse 20=Stumblingblock=When the righteous turn from righteousness to iniquity/sin & are unrepentant; Elohim will lay a stumbling block for you leading to death. No one made you walk over the stumbling block. If you were being CIRCUMSPECT then you would have walked around it. Exodus 23:13 “And in all things that I have said unto you be circumspect: and make no mention of the name of other gods, neither let it be heard out of thy mouth.” Ephesians 5:15-16 “15 See then that ye walk circumspectly, not as fools, but as wise, 16 Redeeming the time, because the days are evil.”

5. 1 Kings 13 (Stumblingblock)

- Verse 18=Stumblingblock. Should have tested the spirits. 1 John 4:1 “Beloved, believe not every spirit, but try the spirits whether they are of God: because many false prophets are gone out into the world.”
- Verses 33-34=Jeroboam refused to have a broken heart & contrite spirit. Therefore he refused to repent which ultimately leads to death literally & spiritually at the second death. Men; as head of household your sin will affect those under your dominion. Numbers 14:18 “The Lord is longsuffering, and of great mercy, forgiving iniquity and transgression, and by no means clearing the guilty, visiting the iniquity of the fathers upon the children unto the third and fourth generation.” (Look at diehard Sunday/Roman Christians offsprings and families. Usually have issues like sickness, multiple marriages, broken homes, homosexuality, drug dependency, criminals, etc...

6. 1 Kings 14:1-20

7. 2 Chronicles 13:1-22

- Verse 21-22=Does not cosign multiple wives. Moses allowed multiple wives for men who had a problem keeping their thing in their pants. That is why Moses said “If a man has two wives” not “Yah says man may have more than one wife.” Just because someone in the bible does something does not make it right if it goes against Yah’s commandments. If a man had sex with an unmarried/virgin woman then she automatically became his wife according to the Torah. This does not mean Elohim wanted a man doing this. To the contrary in numerous places he speaks against it. Malachi 2:15 “And did not he make one? Yet had he the

residue of the spirit. And wherefore one? That he might seek a godly seed. Therefore take heed to your spirit, and let none deal treacherously against the wife of his youth." Elohim could have given Adam multiple wives but he didn't. That would've made sense because he said be fruitful and multiply. Why not then? To raise up a Godly seed. Notice even the chapter we just read the Northern Kingdom Israel/Samaria was warring against the Southern Kingdom Judah. Both Kingdoms have the same Father but both do not have the same mothers. They are fighting each other. Joseph's brothers despised him because Jacob showed favoritism toward him because he was the firstborn of Rachel. Hotmessness. You see this today with men with multiple babymommas. Usually the offspring of the different babymommas do not get along. Matthew 19:7-9 "7 They say unto him, Why did Moses then command to give a writing of divorcement, and to put her away 8 He saith unto them, Moses because of the hardness of your hearts suffered you to put away your wives: but from the beginning it was not so. 9 And I say unto you, Whosoever shall put away his wife, except it be for fornication, and shall marry another, committeth adultery: and whoso marrieth her which is put away doth commit adultery." Deductive reasoning here tells you that Jesus or Yah does not approve of multiple wives. Deductive reasoning, also deductive logic, is the process of reasoning from one or more statements to reach a logically certain conclusion. Also Torah tells us that Abijah the King in the chapter we just read was out of pocket for having so many wives. Deuteronomy 17:15-17 "15 Thou shalt in any wise set him king over thee, whom the Lord thy God shall choose: one from among thy brethren shalt thou set king over thee: thou mayest not set a stranger over thee, which is not thy brother. 17 Neither shall he multiply wives to himself, that his heart turn not away: neither shall he greatly multiply to himself silver and gold." First two people in the Bible who actively pursued multiple wives were Cain's descendant and Esau. Explain Lot anomaly. The patriarchs were not seeking multiple wives. Isaac had only one. Sarah in a lack of faith offered another woman to Abraham. Abraham thinking with his little and also lacking faith gave in. Now we have to deal with the Ishmaelites. Jacob wanted Rachel and was deceived into having two wives. Then pulled a his grand daddy when offered two more women by those two wives. Book does not tell us why Samuel's father had two wives. But it does tell us he had drama because of it. Outside of them only Judges and Kings are mentioned to have multiple wives and Torah forbade King's to do so. Look at the Judge Gideon. He had 70 sons from his many wives. One of his sons killed all the other sons who were not of his own MOM except for one. Solomon had a thousand wives and they turned his heart to idolatry and now we are not even for certain if he is going to make the Kingdom. David had a lust issue. The showbread incident bore witness and Bathsheba proved it. As we will see later. His lust issues were passed on to his sons; specifically, Solomon, the one who threw a party on David's wives on the rooftop, and the one who raped his own half sister Tamar. Men who intentionally seek multiple wives have lust issues. No man in his

right mind says I want to financially, emotionally, and physically take care of multiple women. Those of you with Bbabymommas would you want to live with all of them? Would all of them get along? The only reason anyman looks for that is because of sex different women. Use firstborn son's mom's grandpa ask example. In order to work in the church you need to only have one wife. The epistles tell us that. Titus 1:5-6 5 "For this cause left I thee in Crete, that thou shouldest set in order the things that are wanting, and ordain elders in every city, as I had appointed thee: 6 If any be blameless, the husband of one wife, having faithful children not accused of riot or unruly." 1 Timothy 3:2 "A bishop then must be blameless, the husband of one wife, vigilant, sober, of good behaviour, given to hospitality, apt to teach;" 1 Timothy 3:12 "Let the deacons be the husbands of one wife, ruling their children and their own houses well." Just like the Levites noticed "A wife" not "wives" to raise a Godly seed Leviticus 21:13-15 "13 And he shall take a wife in her virginity. 14 A widow, or a divorced woman, or profane, or an harlot, these shall he not take: but he shall take a virgin of his own people to wife. 15 Neither shall he profane his seed among his people: for I the Lord do sanctify him."

8. Ezekiel 18:21:-32

- New heart/spirit=Renewed mind/mind of Christ. A mind filled with the word of Yah. Romans 12:2 "And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God." Philippians 2:5 "Let this mind be in you, which was also in Christ Jesus"

9. Ezekiel 36:26-27\_31

10. 2 Kings 22 (Josiah & David as examples of a Broken Heart & Contrite Spirit)

11. 2 Samuel 11

12. 2 Samuel 12:1-25

- Verse 8=Does not prove God gave David multiple wives nor does it say he would have given him even more wives. Master's wives here are not referring to Saul. David did not take any of Saul's wives as his own. Such and such added does not mean wives. Does such and such mean wives? Saul had two wives Ahinoam daughter of Ahimaaz and Rizpah. 1 Chronicles 3 lists all of David's wives Ahinoam of Jezreel, Abigail the Carmel, Maachah the daughter of King Talmai of Geshur, Haggith, Abital, Eglah, Bath-shua (Bathsheba) the daughter of Ammiel; minus Michal. So David had 8 wives in total. None of these were Saul's former wives. The Ahinoams are two separate women. One is the daughter of Ahimaaz and the other is a Jezreelitess. Beside David married his Ahinoam while Saul was still King and married to his Ahinoam. Marrying another man's wife is forbidden by Yah/Torah. Furthermore, Saul's Ahinoam was the mother of David's first wife Michal. Marrying your mother-in-law is also forbidden by Yah/Torah. The hebrew word used for Master here Adown meaning lord or master. The hebrew word here for wives is ishshah which means אִשָּׁה 'ishshâh, ish-shaw'; feminine of H376 or H582; irregular plural, נָשִׁים nâshîym;(used in the same wide sense as

H582) a woman:—(adulter) ess, each, every, female, × many, none, one, together, wife, woman. The KJV translates Strong's H802 in the following manner: wife (425x), woman (324x), one (10x), married (5x), female (2x), miscellaneous (14x). So maybe it is referring to how David got two wives from God and helping him against his enemies who word lord's over him at the time. I.E. Maacah the daughter Talmai the King of the Gershurites whom David acquired after the conquered Geshur and made it a vassal state; or Abigail whom he acquired after Yah killed his enemy Nabal. WE DON'T KNOW. BUT WHAT WE DO KNOW IS THIS VERSE IN CONTEXT WITH ALL VERSES AGAINST MULTIPLE WIVES IS NOT ESTABLISH MULTIPLE WIVES AS A DOCTRINE. DOCTRINE MUST BE ESTABLISHED UPON TWO TO THREE PRECEPTS. I GAVE YOU TWO TO THREE FORBIDDENING MULTIPLY WIVES.

Deuteronomy 21:15-17 does not establish a doctrine of multiple wives being condoned by Yah. "15 If a man have two wives, one beloved, and another hated, and they have born him children, both the beloved and the hated; and if the firstborn son be hers that was hated: 16 Then it shall be, when he maketh his sons to inherit that which he hath, that he may not make the son of the beloved firstborn before the son of the hated, which is indeed the firstborn. 17 But he shall acknowledge the son of the hated for the firstborn, by giving him a double portion of all that he hath: for he is the beginning of his strength; the right of the firstborn is his." Remember we have already read three precepts where the Most High does not approve of multiple wives. Do not put into this passage what you want to believe or twist it because you lack understanding. All this passage is doing is giving instructions to a man who finds himself in a situation where he has more than one wife. Remember if you sleep with her she becomes your wife according to Yah's law. You have freewill. Just because elohim does not approve of multiple wives does not mean he is going to forcibly stop a man from sleeping around. Also Exodus 21:10 does condone multiple wives either. These are the other two main passages used to condone multiple wives. Read (Go To) Exodus 21:7-11 for context. All verse 10 is saying is that if a father has a servant girl and he betroth or promise her as a wife for his son; & then his son marries another woman instead of the servant girl who was betrothed to him; then the father must deal with the servant girl as such and such. Has nothing do with multiple wives and more to do with arranged marriages.

13. Psalms 32:1-5 (David's prayer of forgiveness further showing a Broken Heart and Contrite Spirit)
14. Isaiah 66:1-2
  - Verse 2=Trembelth at my word=Philippians 2:12 "Wherefore, my beloved, as ye have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling."
15. Isaiah 57:15
  - The Elohim is plural. El & eloah are singular. Eloah is where you get allah from. There are two members of the Elohim or Godhead (God Family). John 1:1-3 "1 In

the beginning was the Word, and the Word was with God, and the Word was God. 2 The same was in the beginning with God. 3 All things were made by him; and without him was not any thing made that was made.”

- high and lofty One that inhabiteth eternity, whose name is Holy=The holiest name is Jesus because it is over all things on earth and in heaven. Philippians 2:10 “That at the name of Jesus every knee should bow, of things in heaven, and things in earth, and things under the earth;”. Jesus is the father’s name; remember, Christ came in his Father’s name. John 5:43 “I am come in my Father’s name, and ye receive me not: if another shall come in his own name, him ye will receive.”
- High and holy place=Third heaven atop the mountain of God. This is where Satan attempted to ascend to.
- with him also that is of a contrite and humble spirit=Christ or the Son of God, Ahayah, Yah, etc...
- to revive the heart of the contrite ones=Christ is the one revivess or quickens the contrite ones. John 5:21 “For as the Father raiseth up the dead, and quickeneth them; even so the Son quickeneth whom he will.” 1 Corinthians 15:45 “And so it is written, The first man Adam was made a living soul; the last Adam was made a quickening spirit.”