

## **Preparing for The Feast of Unleavened Bread**

Leviticus 23:6 And on the fifteenth day of the same month is the feast of unleavened bread unto the Lord: seven days ye must eat unleavened bread.

**Leaven means “puffed up”.**

### **Leavened Items to throw out:**

All “BREAD” products (i.e. Breads, Waffles, Donuts, Cookies, Brownies, Croissants, Breaded Chicken/Fish, Pancakes, etc.) that are leavened (Puffed Up) should be removed from your home before the end of Passover.

### **Do Not have to throw out:**

You do not have to throw away your baking powder, baking soda or yeast during this feast because these products are in dry form and haven’t been mixed with water, or other liquid and dry ingredients to activate them. Dry mixes (bread mix, cake mix, etc.) containing leavening agents do not have to be thrown out because they have not been leavened (puffed up).

### **Unleavened Bread Options:**

Matzo (Matzah) bread, Hot Water Cornbread, Chapati Bread or Pita Bread. If you purchase Pita Bread make sure that it isn’t puffed up.